

Poetry Series

**Zia Jaycee May Trent**  
**- poems -**

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## Zia Jaycee May Trent()

I really just write poetry because it is relaxing. Any comments or suggestions are welcome! Feel free to comment on ways I can improve...I am fairly new to poetry. Thanks! Check out my Novels and short stories on

# A Bird Cry

I hear a bird cry  
it needed help,  
my heart cried,  
the poor thing was hurt,

for this relates to you,  
for I am hurt,  
But I do not need help  
for you are nothing now  
but the person  
that walks by a crying bird

Zia Jaycee May Trent

# A Blank Page

Anxiety  
Cold  
Hurt  
Empty-hearted  
lost

a Different World,  
my mind on its  
own path  
regrets  
lost

Eyes searching,  
no answer  
friends no,  
enemies yes.  
lost

no one cares  
depression  
unkind  
lost

a blank page

Zia Jaycee May Trent

# A New Day

Darkness Fails

In this crisp summer valley

Clouds are awoken

By the rainbow of dew

The grass turns green

While the moon floats away

But my heart melts

At the thought of a new day

Zia Jaycee May Trent

# Anatomy Of A Flower

A blue, blissful seed  
Bubbles to breathe  
Its breaths are quite quick  
For the dire dirt is heavenly high

A mean, green, seed  
Grows into a small smiling stem  
and intensely increases  
to sky high expenses

Wintry white petals bloom  
The surprising scents of spring  
Stupendous, sometimes superstitious  
The pollen shares a story

Zia Jaycee May Trent

# Atonement

desolate and lonely  
is what you feel  
pain and agony  
are weighted on your back  
hate and frustration  
is what you fear to feel  
hope and love  
is what you receive instead

Zia Jaycee May Trent

# Breathing Of The Ocean

you exhale  
then inhale-sucking up your sins and  
regrets from your life  
washing away the pain you neglected  
the shells left on shore are your only  
memory of everything  
the sand-your companion is always there  
for you but never forgets  
your insanity when your anger floods  
out onto the dunes and rocks  
your breathing is no simple matter  
the Sun and Gravity controlling  
your every move just as an officer  
to a prisoner  
but you keep forgetting to forget what  
you have done and just live  
Leave the shells on shore  
they are your only memory

Zia Jaycee May Trent

# Closer

better now  
i feel  
but still  
empty  
like the vast ocean  
empty empty  
even the rushing tide cannot fulfill  
my hunger and soul for eternity  
empty empty  
confused  
lost  
but better  
closer  
closer to me

Zia Jaycee May Trent

# Closing Time

a new beginning  
a new life  
a new time  
a new you

lost  
in this vast  
adult world  
of jobs, taxes, homes  
lost

i want to close  
close the door  
the door of time  
i want to stop  
stop for one second  
and  
and breathe

Zia Jaycee May Trent

# Collectively

He whispers

Like He was near me

I listen

Forgiving

like a warm mitten

He loves even when we stop living

He holds us close

We linger

I suppose

He is lovely

He glistens

Non misgiving

and never to expose

Our covenant is now and forever

I know the love will never end

and our hearts greatly befriend

and we are both active in this endeavor

and our hearts can never close

Collectively

I listen

Like he was near me

He whispers

Zia Jaycee May Trent

# Colliding

The days are colliding-  
Yesterday is nothing but a memory  
Be as gentle as can be-

Even whispers can be heard  
Although screaming is what I see

Zia Jaycee May Trent

# Colors Of The Sun

red, orange, yellow  
ahh- the sun at its best  
For I wish I knew  
why it's colors were so zest

Why couldn't they be  
turquoise or aqua-marine  
or maybe solid purple  
so bees could see

But for now-  
we shall wait  
for the colors to  
show how the truth awaits

Zia Jaycee May Trent

# Consistit

When will it stop  
everything  
time will close its doors  
and we are left  
alone  
without the ticking  
the constant measure of failure  
when will it end?  
the infuriating seconds  
the lonesome minutes  
the deadly hours  
when?  
Will the clock ever stop?  
will  
will it ever?

Zia Jaycee May Trent

# Cycle Of Time

are we all stuck?  
In this vicious cycle of time?  
one  
two  
three  
you cannot escape  
the desolate diminishing demoralizing sound  
one  
two  
three  
stuck stuck stuck  
is there ever a place  
where time  
stops stops stops  
and you can listen  
to the silence?  
maybe maybe maybe

Zia Jaycee May Trent

# Cyclic Destiny

birth  
life  
death  
a cyclic destiny  
that flows through  
your veins  
your blood  
your soul  
birth  
life death  
a cyclic destiny  
that never ends

Zia Jaycee May Trent

# Dear God

you say there is a meaning to everything  
every decision  
every destiny  
every failure  
but why do you challenge me?  
This is a game that is hard to win!  
Why do you push me farther?  
Why do you make me fail?  
Is the failure a lesson for my behavior?  
Why do you challenge me?  
Am I your easiest opponent?  
Or your toughest competition?  
Sometimes I even doubt myself...  
so why do you believe in me?  
Why?  
Why do you challenge me  
to decide my own destiny?

Zia Jaycee May Trent

# Emergency Exit

Wanting to be  
myself  
but only finding  
darkness

The lights were  
out,  
having no path  
to follow

Lost and not moving  
on-  
Need help  
darkness

no emergency exit

lost.

Zia Jaycee May Trent

# Failure

pain  
tears  
dread  
uncertainty  
what is failure?  
a roadblock  
a sign  
a bridge  
why must we fail?  
why must we feel pain?  
Does the pain  
ever end...  
or does it lead  
to  
success?

Zia Jaycee May Trent

# Floating

Floating,  
higher  
and  
higher

Reaching  
for the  
sky

hoping for  
destiny  
and embrace

Wanting to  
exceed,  
but  
learning to be  
patient

Not knowing  
which path  
is right...

But following  
my  
heart.

Zia Jaycee May Trent

# Fly

Why can't they understand  
sometimes  
you gotta let go  
and fly

Gravity not pulling you down,  
your heart pushing with passion,  
Flying  
Higher and higher

Sometimes you gotta  
feel the happiness  
Let go-  
Feel as if you are lifeless,  
yet so alive  
Let go-  
You destiny, faith, love  
Let go-  
and smile

Zia Jaycee May Trent

# Heaven

how do we tell  
who goes to heaven  
and who goes to hell?  
How does God  
make that decision  
or does he trust  
each and every one  
of us  
to make the decision  
for ourselves...

Zia Jaycee May Trent

# Hide N' Go Seek

confused

life is a game of hide n' go seek

for yourself

for your beliefs

for your values

for your destiny

what if

it doesn't want to be found?

Zia Jaycee May Trent

# Jump

just jump  
that ocean wants you  
all of you  
for eternity  
your soul  
your spirit  
wants you to  
jump, just  
off that cliff  
into  
into the ocean  
almost there  
just jump  
and let your soul  
be free

Zia Jaycee May Trent

# Lost

Lost

I am lost.

sand

wind

sun

a clock.

lost

tick

tick

tick

it won't stop

tick

tick

tick

where am I?

lost

tick

tick

tick

it won't stop.

Zia Jaycee May Trent

# Maze

Mind lost,  
in a maze.  
There is no way  
out.

Eyes like an owl,  
Ears listening  
Trying to find  
the way out

Don't know what  
'out will be'  
a sign?  
a symbol?  
But don't know why  
I'm suffering like this

Following myself,  
my heart,  
and  
my conscience

hoping for a way

out

Zia Jaycee May Trent

# Meditation

meditation

being one with the Divine

the Divine love of our God

closing your eyes

listening

to his soft and simple words

His love flows through your bloodstream

and warms your hands and fingertips

the silence is eternal

you feel complete

its like heaven

you are with Him

Zia Jaycee May Trent

# Miracles And Dreams

My steps are hurting me  
since I'm walking alone  
and I feel the sun fading  
For the light is down the road

I can see the magic moving  
through the trees  
For the moonlight upon us  
is hope for a dream

I knew life should be  
a miracle in progress  
for this was bigger  
This was the miracle

Zia Jaycee May Trent

# Mistakes

I didn't want  
for this to change  
even I make mistakes  
For all are human

But for some its  
tough  
For others  
it's fatal

Zia Jaycee May Trent

# Mother Nature

The moons dark shadow  
Drops among the stars  
The wind whispers  
the wise words of Mother Nature  
the grass shivers  
Along the rolling hills

And the sky falls  
into an intimate daydream  
While the Earth  
Enjoys its final day

Zia Jaycee May Trent

# Ocean Of Memories

i fell off the raft  
the memories are taking me  
away  
away from everything i know  
away away  
i can't escape  
these memories surge  
and i am under  
under myself in  
this ocean of uncertainty  
it puzzles me  
but then i see the light  
the pure ring of endless light  
and i am ashore  
i will follow this light  
and find myself

Zia Jaycee May Trent

# Ode To Grief

Pain, sorrow, dissatisfaction  
the sweet life of misery  
many people endure this life  
while others watch in harmony  
grief can sometimes be healthy  
for those who seek perfection

but is can also be a dangerous matter  
when fallen into the wrong hands  
so live your life at your fullest extent  
and don't be afraid of grief

Zia Jaycee May Trent

# One Soul

one soul  
one soul lost  
in the endless shadows of time  
its voice can be heard  
by all the lost souls stuck in time  
'Stop! ' it says  
'Live! ' it beckons  
we run and pray  
for the world  
the earth  
the lost souls

Zia Jaycee May Trent

# People Change

Why do people change?  
What is the problem with being yourself?  
Are you scared of ruining your image?  
Is that more important?  
Why do people change?  
Can't they just be themselves?  
Why do they go away?  
Do they think they're cool because they wear the same jeans?  
Why do people change?  
Can't the world just stay the same?  
Who cares if your hair isn't straight?  
Who cares if your mouth isn't always open?  
Why do people change?  
Why do people hide under a mask?  
Are they afraid they won't be accepted anymore?  
Who do people shun others who are unlike?  
Why do people change?  
Is the change for the good of the world?  
Or is it for the need to feel wanted?  
Why do people feel they aren't good enough?  
Are you?  
Will you change?

Zia Jaycee May Trent

# Pleasant Nightmare

Red, black, brown, white, and green  
These are the colors of my scream  
I ode to my dream  
The frightening nightmare-  
that makes me  
cry, scream, laugh, and lean  
My dream takes me away-  
To places I can see  
The beautiful things dreams can be

Zia Jaycee May Trent

# Pressure

it's hard not to  
not to want to let yourself  
indulge  
in what seems right  
but what you feel is wrong  
you want to feel noticed  
so you forget  
forget everyone else  
and only think about  
yourself

Zia Jaycee May Trent

# Rebirth

drip  
drip drip  
drip drip drip  
silence  
air  
drip drip  
cold  
fresh air  
renewal  
drip drip drip  
my mistakes washed away  
drip drip  
if only for one moment i am pure  
drip  
i feel new  
drip drip  
my thoughts frozen  
drip drip drip  
silence

Zia Jaycee May Trent

# Run Away

air  
sweat  
breaths  
pain  
smiles  
just run  
let yourself  
go  
go to a place  
where  
where you can  
can  
escape life  
life  
just run  
run  
run away

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# Save The Earth

The one time in your life when you are feeling down,  
you get lifted up by doves,  
the finest of kinds.  
You soar over the city,  
watching it cry,  
But you know you can help,  
A dollar will make a difference  
So do something kind,  
for our Earth,  
after all,  
you do live here.

Zia Jaycee May Trent

# Silence Of A Rainbow

lightning  
thunder  
rain  
loud screams  
harsh voices  
chaos-  
silent voices  
small whispers  
sunshine  
little clouds  
a rainbow  
...silence

Zia Jaycee May Trent

# Somewhere

The shadows may never show  
Change may never happen  
The waters edge may never flow  
The air may never cool  
But somewhere everything isn't stuck  
In the vast circles of time  
The windows, doors, floors  
Will stay open against  
The many inches of secluded air  
That could be  
anywhere

Zia Jaycee May Trent

# Stuck

my hands are stuck  
to the icy bars  
my feet are chained  
to the desolate floor  
my head is restless  
as it waits-  
my heart is drowning  
in a pool of uncertainty

Zia Jaycee May Trent

# The Darkness

why does the sun set  
like love ending  
the light is like a bird  
until the darkness falls  
over the sleeping land  
creating a blanket of  
despair and loneliness  
Dark, cold, and damp  
the blanket is not  
touched by God's warm hands  
the prisoners can only wait  
until the sun rises  
and the love spreads

Zia Jaycee May Trent

# The Flag

beautiful you are  
swaying back and forth  
back and forth like an  
old rocking chair  
in perfect harmony  
with the world  
back and forth you sway  
controlled by your God  
the wind that powers you  
without the wind  
you will not sway  
you will not move  
your freedom vanished  
your beauty gone  
without the wind  
without your God  
you are nothing

Zia Jaycee May Trent

# The Rock

it cannot move  
it is silent  
it is lonely  
it is forgotten  
we walk past and glance-  
but we turn away  
it sits  
and waits  
for the whispering winds  
for the tentative trees  
for the repetitive rain  
all to wake and comfort it  
its only companions  
are Mother Nature's children-  
and it never complains that  
it is forgotten  
it is lonely  
it is silent  
it cannot move  
but  
it is happy

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# Time

How do we control time?  
Time is invincible  
Time is unreliable  
Time! Time!  
There is not enough of it!  
For we all forget  
The true meaning of life  
But most of us never realize  
because we run out of time

Zia Jaycee May Trent

# Trouble

I find trouble in life,  
for people,  
don't do  
what they want to do.

We should be able,  
To live life  
doing what we want  
And that is what I want.

Zia Jaycee May Trent

# Two Lovers As One

can one person  
truly make someone happy  
how does ones love spread  
to the blossoming heart of another  
the hearts then join as one  
and the two someones  
are now one  
one  
will my heart  
ever blossom for someone?

Zia Jaycee May Trent

# Uncertainty

I am sinking deeper  
into the hide...  
of reality  
Nothing seems right  
Feels like the ocean wave has hit me,  
and the shark attacked,  
I'm drowning now,  
don't know if I'll be able to  
handle the pressure  
my heart is beating  
fast.  
Tingling goes through my body,  
and i ask  
what happened  
to life?

Zia Jaycee May Trent

# Untouched

Rolling hills  
a unique land  
vast, and open land  
untouched by  
human force  
free sunset  
lively land  
untouched by  
human hands  
pure love is  
this land  
untouched by  
human hands

Zia Jaycee May Trent

# What Is Love?

What is love?

love love love

this stupid thing i cannot control

why why why

i don't know you

i cannot see your face

but but but

i feel you

i feel you out there

knowing knowing knowing

you

are somewhere

out out out

there

vast

world

globe

time fast

ticking

tick tick

will will

i ever

find you

you you you

...

Zia Jaycee May Trent

# Who?

Who am I?  
Who are you?  
Who are we?  
Who is them?  
What is that?  
Will we ever know?

Zia Jaycee May Trent

## With Love

The moonlight shown overhead,  
Bursting with light,  
untouchable with feeling,  
Touchable with love.

A dove flew overhead,  
Spreading a note,  
Not with writing,  
But with love

Leaves fall overhead,  
Meaningless to us,  
But to God,  
It shows love.

Zia Jaycee May Trent