

Poetry Series

Toni Brwn
- poems -

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Toni Brwn(24/02/1994)

i write to express emotions and nothing i write is fake

A Sense Of Relief

you are so special
you are so sweet
you in my life
i need to keep.

whether i see you once,
or greet you heaps
hearing your voice
brings a sense of relief

Toni Brwn

Belong To You

My heart will forever belong to you.

You will forever belong to me.

Life without you I could not bare.

Just the thought of your absences make my heart cry.

So when I say I love, please know every word is true.

Because my heart will forever belong to you.

Toni Brwn

Breakfree

where do i go
what do i do
why cant we stop
and remain forever
why cant everything else disappear
its only you, at which i want to stare
this is hard
harder than it should be
why cant you just outgrow me?
move on and be happy.
if you going away
will make you happy
leaving me in the gutter
will be okay.
dont stay in my life
if your going in circles
dont stay in my life
if you need to break free.

Toni Brwn

Chucked In The Dump

Sparks fly around,
Bashing the sky at heart.
You pushed me to the side,
Unaided, alone and glum.

A strong, heartfelt relationship,
Was chucked into the dump.
Our laughters, our smile
The end it has become

Strong memories of laughter
Amusement and prohibited fun
Will slowly fade
Into a blurry fuzz or unforgettable fun.

To lose a friend
To such a foe
A stab, and slice it pains
To lose a friend
To drugs and sex
Exactly how would one forgive?

Toni Brwn

Contagious Confusion

Lost in this world,
Unsure where to go
Moving on by,
Oh, how little you know.

State of the Mind
and the well and the being
for you it is hard
but for me it is seeing

the past and the present
got no where to hide
the present and future
together collide

Contagious confusion
surrounds me now
im looking at you
but your looking down

thinking of you
when theres no one around
thinking of you
i get caught in the sound

contained and confused
got no-where to run
contained and confused
i'm caught in the song

it started with you
now its ending with me
this contagious confusion
has to end now! not please

Toni Brwn

Crazy To Want

Wow.. this is crazy
your always on my mind
even when im sleeping
you dictate my dreams
i feel like im alive
like im free but stuck
in this crazy facination
of us ending up together
and never breaking up
i know that i am crazy
to want that much
but even to have you
for the slightest second
might just be enough.
okay maybe i lied
just a little bit
the slightest second won't do
many many years will only just scrape through.

Toni Brwn

Cyber

we communicate through poems,
sometimes in letters.
most the time through message
although never through talking.

every indepth, meaningful conversation
is covered by a blanket of emotionless words
we have no first reactions
just a short message
never a meaningful stare
just blank emotions.

i dont know how you feel
although you always tell me
i dont know what your thinking
even though you always tell me

you dont know what i'm thinking
i cant express through words
you get angry, frustrated and cant let go.

why cant i tell you
why can i only show
why is it that whenever we get close
we always fall apart?

you mean so much to me
how will this end?
bad? ? or good? ?
or outright sad?

maybe i shouldnt think about this,
maybe we should talk
in person, together
not in cyber.

Toni Brwn

Dreamland

Open up
Let me in
Wake me up
Feel the wind
The wind of love
To carry you
Across the seas
And into love.

One day you'll feel
The way I do
When I look at you
And know its true.

For now I sleep
In my dream I lay
Hoping to not wake up
And not to walk away
In my dream
You are there
Everyday, for good
Without the slightest hint of tears
Unless they are from lust.

Toni Brwn

Ecstasy

As i walk through the cold, damp night
many mixed emotions
many confusing thoughts
do i walk or run?
stay still or hide?

I do, I do
i want to see you
i want to have you
but to me you are the demon
who wants to change my life
bring me up and bring me down

We come face-to-face
with my blood rushing through my veins
i feel your power... your greatness...
your additive pull...
i need to get more of you
this isnt enough
you have the effect
of a straight glass of water

In my body, through my heart
in my blood, killing me
you are the drug
you have the power
you bring me life
you are my killer

I must stop before
this insanity stays forever
you are my insanity
without you I am free.

Toni Brwn

Forever Scared.. Of Losing You

where did we go?
why cant i find us?
im lost in the sound
my hearts beating faster

forever scared
of one slip up to lose you
forever afraid
of waking up and not having you

it is really this hard?
to just let go
and be happy?
why do i need a fight
to feel like you love me?

Toni Brwn

Forgive Me

in your heart, i see a truth
a truth i never wanted to know
there is such love
such nature and want
but to return those feelings
is almost impossible.

please don't hate me
i cant help my heart,
all i can do is tell you how i feel
and hope to god, you'll embrace it and move on.

Toni Brwn

Have To Be Perfect

Come one, Come all
the announcer yells
this young girls life
is bound for hell.
she doesnt look right
her hair is a mess
in society she will not progress
get rid of this now
banish her for look
this town is on show
she falls way below
her thighs are too big
her stomach too round
her arms too flabby
her brain too thick.
Come one, come all
its about to begin
this young girls trial
will she fit in?
first send her to the gym
make her finish school
make sure that she reads magazines
and knows the fitting image
we give her one more chance
to change herself now
if she does not succeed
forever she'll be banished.

Toni Brwn

How Would One Forgive?

Where did we go?
How did we part?
Afraid and alone
Contemplation kicks in

I was afraid to take a stand
I was afraid to tell the truth
I was afraid to look and say
What the F*** are you doing?

I lost you in the process
Of sorting my life and such
Hoping you would soon come to
Sense, regret and trepidation
Of what we had commit.

I was wrong to think of such
I should have thought of this
You would ruin your life
your friendships and family
to cause animosity and distance

One day you'll see sense
But too late it will be
As much i F***ing care for you
You broke my heart in bits.

Toni Brwn

I Need To Be Free

Grey skys covering my shine
You shaped clouds floating in my mind
Do you see the small things?
Or anything at all?
Do you see the pain?
Holding my heart
Is there any shame?

These lies are unforgotten
This deceit is unforgiven
That constant pain overtaking
My forsaken heart
Will be forever banked away
staining my fearful mind

what have you done?
How will i live?
With constant memory
Of this tragic crime?

Your face in my mind
Your pleasure stamped on my body
Like an invisible chain
Padlocked with your hands
Only unlocked with time.

I am young.
I cannot live.
I need to end this.
I need be free.
Leave me alone.
Don't show your face.
It breaks my heart.
To hear your name.

Try and sleep?
Well i'd rather die
The memories
The pictures stapled to my mind

The unwanted thoughts
Stuck on you
Stuck on your fantasy
Stuck on what you did
How will i survive

Toni Brwn

I Truely Love You

My heart hurts with chest curdling pain of no doors..
My thoughts silently scream for these tears in me to stop with their pours...
My fingertips stuck to the keys that spell out your name...
My eyes uncomfortably sown closed allowing no light, not even a grain...
My hopes been entirely beclouded by chartless wonders...
My whole world rumbling with heartaching thunder..
Im lost in all of this,
while chasing a much loved dream,
that will never beam, nor ever be seen...
Before me is a screen named the same as you,
wallpapered sky blue,
but missing something so special so true,
yet what can i do?
I'm broken in two
forever i'll truly love you

Toni Brwn

I'M There

when you feel alone
i'm always near
if you're down
i'll pick you up again
if your heart is broke
i'm hear to mend
when you cry
tears fill my eyes
when pain rips your soul
i'm ready to restore
when you need love
here it is
my arms are open
i'm your close friend

Toni Brwn

In You I Find My Peace

In you I find my peace
Happiness and fear
That what we have
Will not progress
It will stay in gear.
One day you'll move on
Forget me
And live strong
For that I pray
Everyday, for you are my world.
The feelings are too strong
For sure I am too young
My dad wants me stay
Innocent and dumb
So that when I do grow up
A good life I'll have in front
Little does he know
With you I want my life
Degrees and scholarships
Are far from life
Unless I can hold you tight

Toni Brwn

Into Hell

into hell
my heart sinks deep
never ending pain and misery
my death alarm sounding Beep

why werent you there
i needed you heaps
i turned around
there was just a ghost

of my thoughts of you
standing there strong
with a shoulder of tissues
and never ending you

away blew the ghost
of my thoughts of you there
left was the tears
of a forgotten romance

you just walked away
in my time of need
my make up was gone
and my clothes all torn
scratches and bruises
on my body lay
memories of that horrific night
of tragety

so now im here
depressed and alone
needing you with me
to stop my my life
ending horrifically.

go on live your life
happy alive and free
just promise me one thing
you'll never forget me!

Toni Brwn

Know

i dont know what say
i dont know how to say it.

i dont know what i feel
i dont know how to feel it.

i dont know what i want
i dont know how to want it.

i dont know what i hear
i dont know how to listen.

i dont know much at all
i just know that i need you.

I now know what to say, and i know how to say it
- everyday your on my mind, everyday i smile.

I now know what to feel, and i know how to feel it
- i have to feel whats in my heart, and not whats in my head. your in my heart,
and its there i need you to stay.

I now know what i want, and i know how to want it.
- i want you in my life.

I now know what to hear, and i know how to listen
- i have to hear whats on your mind, and hear what you are saying.

Toni Brwn

Lifes Pressures

when i face the world
on goes the brave face
even when im at home
it is impossible to relax
to fit in with my family
a fit in with this town
my head is running in circles
trying to keep up with life.
to try and survive in this world
is a task on its own
chuck in highschool
it only gets worse
the pressure to be thin
pimple-free and perfect
to look like the models
and never be different
to be smart, and all the above
whilst maintaining a job and having a life
is almost the impossible
how do they do it?
how do they live?
the pressure is too much
i want to breakfree
get out of this stupid town
out of this world
out of this pressure
out of the world gleaming eyes
and into heaven

Toni Brwn

Locked Away

I wish I could be happy
Angry even sad
I wish emotion was there
Maybe then I wouldn't feel so bad

Into thin air
It has disappeared for good
In your heart
Ill find my peace
But for now its locked away

Toni Brwn

Lost

Lost in a world, that scares me to death,
lost in a crowd, I'm losing my breath.
Lost as a kid and as an adult
everything is falling apart, and it's all my fault.
Lost as a person, can't find my way out
everyday, lost in life
lost in worry
I lived a lie
who am i?
Lost to kindness
lost to love
lost in the night sky
like a lonely dove.
Heart pounding
smashing through
these concrete walls
defended through and through
Lost in my thought,
which I shouldn't do
it winds me up
I cant break through.
Lost in me,
I need a break.
Lost in wonder,
which road should I take?
Lost, lost, lost.
Describing my life,
I'm lost,
in heart, and in mind.
Lost here, all alone.
Lost in mind,
lost in soul,
lost in memories, there's just a hole.
Lost in boredom,
I think I'll leave
there's just too much in life
I'll never achieve.

Toni Brwn

Music

Music is an addiction
an addiction like a drug
it takes you in
and has a control
that is hard to be undone
there are certain beats
certain tunes
and certain lyrics
that make you fall to pieces
others that bring you up
make you dance and move around
i prefer the sadder ones
the ones that make you think
make you care
make you realise what in life
is really there.
music is the key
to life and living
to happiness and laughter
to thought and progression.

Toni Brwn

Music On A Life Occasion

this song reminds me of the day
the day that brought me so much pain
turned on my phone
recieved call
got told the news
just wanted to bawl.

in the background there played a song
My heartbeat was strong
Something was wrong
this song told a story
a story of pain
a story of misery
i just ran away.

Fear from you was a part
of the accident that ripped my heart
you thought you could not fulfil
these 'awesome' peoples needs from you
you thought you were a dill.
i told you, you were more than that
but you would not listen
you insisted on these stupid games
now look where you ended
Hospitalized, OD'd
you do not know what this has done
it has not set you free

you didnt think or care
what this did or caused
so much pain and misery
was the end result
now you could be lying
in a grave, alone and cold
wishing i was by yourside
how little do you know

this stupid song has scarred my life
Radio? maybe in a few months

Ipod playlist? NEVER
hope you see this affect
hope you will survive
La La La, Bop Bop Bop
this tune
this beat
Forever on Hold!

Toni Brwn

My Mind

go into my mind
what you gonna find
a killer is in my mind

a dragon is flying inside my burning, turning,
suicidal,
exploding,
expodotous,
flying dragon,
raging,
cage breaking,
love hateing,
wish making mind, my heart braking mind

now go back to reallity
no more of my insanilty
chaos rules this reallity

you never left my mind
dragons rule my mind
my lave flowing through my mithical creature filled mind
now its time to leave my suicidal explodotous mind before i explode
now run and hide leave my rising dragon ruled flaming death taking mind

Toni Brwn

No Title

whats going on
why cant i breathe
my head is circling
its you i want to see

wow this is insane
what am i thinking
why is someone as perfect as you
wanting me?

do i love you
and do you love me
those are important questions
that need to be answered

is this real
or are we dreaming
my head is fogged
clearly, im not seeing

will i be bold
and tell you i love you
will it go bad
do you love me?

Toni Brwn

Nothing Is Real Without You

Hold my hand
lets the chase the sun
we both know
that somethings begun
nothing feels that real with you
i wanna learn so much about you.

Shinning star,
i see it in your face
when im with you
everything falls into place
nothing else seems to matter
its just you in my life
and no more worries

Toni Brwn

Now You Know

Do you understand?
this pain you caused
you did those drugs
and now your a corpse
you died thinking you were king
but little did you know
i thought you were a jerk
you told me that you loved me
then spread those words,
those words of hate
and ruined my name
i trusted you fully
with my life, and heart
i just feel like you stabbed me with a dart
now your dead, in that grave alone
i knew when to stop
but you went over the top
i blamed myself, for this tragety upon your life
but little did i know
you did it all yourself
i am now blame free, happy and alive
without you in my life.

Toni Brwn

One Day I'll Be Free

We used to be the bomb
Carefree and no regret
No one in this world
Could capture our whole hearts
We were true to us
We were all that mattered
Now look where we are
Fighting and no distress
Who would think
It would come to this
Baby you are free!
I am still locked up
In hell I do remain
Its like a prison sentence
That I can not escape.
I am thinking of you
Hoping that you crumble
Into small pieces
To be removed with a vacuum.
Then you will be gone
Forever off my hands
Maybe then I'll live
Then one day be free!

Toni Brwn

R.I.P

i grew up with you
tug-o-war, fetch
when i was born, you were a pup
protected me from pain
everytime i needed you
you were always there
you ran away sometimes
but always came back that day
you were like my living diary
every secret, every new skill
everything i learnt
i ws sure to tell you
you could not talk back
but i new that you were listening.

for a while now, you've been sick
unable to run wild
or move free
you have so much pain, in all your joints and bones
your nerves are out of wack
and its killing me inside
tomorrow the vet is coming
out of misery you'll be put
dad has dug a hole
in which you will be placed
i cant bear to see you go
after 15 years of joy
you were my first pet
in spirit you will last.

Rest In Peace
ill never forget you
X.x

Toni Brwn

Say It Back

ripping me in peices
pulling at my heart
saying these stupid, crazy things
in my mind, theres doubt

these words are just so simple
but they can cause so much trouble
tugging at our hearts
pulling at our minds

three words,
thats all there is
three small words
each, with just one syllable
making me think these crazy things
without you, living..? i just can't

one day we will make it
one day i'll just come out and say it
in the hope that you wont walk away
infact just say it back

Toni Brwn

Show Me

Silently falling, silently fading
deeply dark thoughts invading
save me, breathe into me
set me apart from this, set me free
surrounded by suffocation
surrounded by frustration
make me believe you're only my salvation
impatiently waiting for your reply
while in my room as i silently cry
in silent darkness, i'm alone
feeling nothing but the unknown
stuck in this foreverlasting despair
fill me with your sweet air
show me that you deeply care
because with this pain i can no longer bear...

Toni Brwn

Surrounding

gliding through the air
in a whirl pool of laughter
the sun is shining
making the whole world seem brighter
i forget about my worries
and just float through the air
hoping for the end to never come
hoping to last forever
the smell of the ocean
wofting through the air
the sense of happiness
makes life much better
im feeling complete.
the long green grass
swaying amongst the trees
the sound of the birds
playful in the trees
calming and releiving
a sense of power is here

Toni Brwn

The Five Stages Of Death

The Five Stages of Death
are important in transmission
between the life you live
and the life of the buried

first there is denial
fighting with yourself
why is this happening
what have i done

the second is anger
this you can't accept
why did this happen
will anyone forget?

third we come to bargaining
the reaper, will he listen?
cant you take him, he less important
no, he is too good in life
he makes the pace keep moving.

next we come to depression
you feel sad and alone
wondering if you truly existed
or if it was a dream

the last is acceptance
you know it was meant to be
you feel some relief, relax
take it in just dont breathe.

Toni Brwn

Three Words

Huge waves of joy swept over my soul
As your gentle words encased in tones
Of tenderness reached my waiting ears.
They touched me like the summer's breeze
Caressing my waiting heart.
They settled peacefully in my mind
Quietly saturating it, with their sweet
Aroma, like the fragrance of a thousand
Petals of sweet roses. A delicate picture of perfection

My dancing heart, now beats to the
Rhythm of sheer bliss.
Captured and held a prisoner by your
Words... so enchanting

I swam around in your sea of love
Totally immersed and captivated,
By those three words... your words...
'I Love You'.

Toni Brwn

Too Real To Feel

You say i never know
You say i never listen
You never take the time out
to hear what i am saying.

everything you say
i take it all in
hearing everything thats said,
without a single whinge

i reply with 'okay'
and you think i never care
but the truth to that is really this
i care too much to share

So open up your heart
and hear me loud and clear
i care too much to say out loud
but you're the reason for my tears

Dont go and shake your head
or yet walk away
sit down
and shout out loud
all your thoughts and fears

For you never know
one day ill say it all out loud
it will come with tears and all
that will show you how i feel

This may not make much sense
but it is all real
maybe thats my problem now
its too real to feel!

Toni Brwn

Total Self Destruction

Are you on the road to total self destruction?
Are you in the process of pushing everyone away?
Total self destruction or just destruction on its own?

I guess you just don't see the light,
the freedom of rights not wrongs.

In your path, you'll cause some war,
Conflict, pain and tears.
But in your path you'll also learn
Destructions not the key.

Alcohol and drugs
A different woman per night
Self harm or suicide
Whichever way you chose
It won't bring back the times

The times of happiness
Laughter and fun
Long gone, they seem
But still close enough to catch
Take a step, try a leap
For soon you'll know what i see.

The total self destruction path
Pushing everyone away
By the end, you'll lose yourself
In modern everyday

Just let go.
Without the thought to self destruct,
All your pain will ease

Toni Brwn

True Best Friend

today i'm happy
alive and free
want you right here beside me
i think of you and i cant help but smile
your like a constant 24 hour sunshine
on my life, shining very bright
keeping me on the right track
whilst speaking my mind
with you i never hide
who i truely am
because i know that you dont judge
or freak, your a true best friend.

Toni Brwn

Untitled

so many months ago
we started off as friends
everything was good
then it all began.
you lived far away
our 'relationship' was the phone,
every now and then i got to see you
but never was it for long.
to hear your voice
was a moment i learnt to cherish.
i soon began to love
every moment we were together
i didnt feel alone.
then you moved to this town
closer did we get
we had created a record
the days we'd been apart
we soon created a knew record
the days we spent together.
everytime i see you
i am held by a smile
a sense of joy and inspiration
i never will forget.

Toni Brwn

What The Hell

WHAT THE HELL?

Threats and pain?

You think resolution will become?

When the hell did you lose your brains?

Between the drugs, alcohol or lies?

WHAT THE HELL?

Where did you go?

I hope you come back one day

Back to yourself

Drug free and alive

Able to see and apologise

Your body i may see

But your soul is far away.

Sometimes i stop and wonder why

I lost you in the fight

The fight for exhilaration, glee and rapture

I miss you babe

Come back!

Hell is meant to be the 'f' word, had to clean it up.

Toni Brwn

Your Heart Reached Out

Your heart reached out to me
in a great time of need
Your heart held me tight
when i wanted to scream

When you looked at me
your eyes told a story
a life of pain
and never ending misery

Even though that was true
you saw me upset
and your heart reached out,
that i'll never forget

Then i was feeling much better
you would not let go
that feeling was incredible
more than you'll ever know
never say ' this is over'
never say 'you'll go'

Toni Brwn

Your Voice

I fear, soon you'll be leaving,
that i can't bare
whether a week, or a month
never a year.
You're too important,
you mean to much.
when you leave
my heart will crush
my heart will sink,
will fall so deep
its you in my arms
i want to see.
your voice is a drug,
i can't get enough
of that sweet sweet sound
i love so much.
so if you leave,
i hope you don't,
remember baby
pick up the phone.

Toni Brwn