

Poetry Series

Shilesha Johnson
- poems -

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Shilesha Johnson(july 11th 1992)

well im a pretty unique teenage girl lol. i love to hang out, have fun and do two things i love best. run track which is my passion; and write which is my second passion. i love to write stories, poems, and essays lol. i love to read also. i have been writing since i was a little girl. i mostly write about love, struggle, and hard times. it's so hard for me to put down a pen when im in the zone. it's even harder to stop my hands from typing now lol. well that's about it. i hope you all enjoy my poems. i pour my heart into them.

***as Long As You Treat Me Right**

Looking for that special someone had become apart of the distance
It wasn't suppose to be apart of my present
One day I was just going about my business
And then suddenly I get this blesson
I was just trying to have fun
I never thought that finding the love of my life
Would be the outcome
I never thought that we would even come this far
I never thought that you'd reserve a special place in my heart
Didn't think there was room for love
Never thought that there would even be an us
But there was
There is
And there always will be
And for every blurry day
You give me the eyes to see
And for every painful moment
You give me the healing
Although you don't notice
And for every tear
You bring out my dimple
I could go on for days explaining how I feel
But it's really simple
I love you
And that's all one needs to know
I hope that it's obvious to see
I hope that it's shown
And I hope you can see
Just how much you really do mean to me
Because it's more then you could even think
Guess or know
*And as long as you treat me right
I'll never let us go

Shilesa Johnson

A Broken Friendship

You out of my life was definitely a good thing
I felt like I was committed to being your friend
The only difference is there was no ring
I feel like you and I were just always on a different page
And every time I tried to go to the next chapter
You were holding me back and yet I stayed
I thought that you would change
ALWAYS acting like you were on your menstrual
I excused it hopin it would go away
But it was an everyday thing for you
I never trusted you completely
And I believe that truly
I even told you a couple of times
I guess I was SO right
For feeling the way I did
Some 'best friend'
Who cares about the broken relationship?
I seriously would not go back and change things if I could
Because you went TOO far
I don't see why I should;
Feel any remorse
To the friendship that was lost
Because a friendship that can't be fixed
In my eyes is a friendship that didn't exist
And back then anything is what I would risk
Just for you because my heart was that big
Now if you was to ever get hit by a car
Seeing you in the hospital with flowers
Would have to be thought about long and hard
Scratch that
I can't be like that
Cause the person that I am
Will always care if something bad ever happened
But under any other circumstances will you and I be relaxin
you and I will never be cool
Because you crossed way over the line
And I'm done wit you

A Lil To Late

They say that you never know what you have until it's gone
But that just isn't true
Because I realized that I had nothing
When I was with you
And I wasn't able to see that UNTIL I said goodbye
Now I regret all of those times
We lived our lives in lies
The times I lost with him while being with you
Because it wasn't worth it
And neither are you
You stuck around when you thought you had a chance
Not only as being my man
But getting into my pants
And once you saw you couldn't have that
You flew away as quick as a bat
You left as soon as you could
Not being a man
You crawled
When you should have stood
And now you choose to hate me
When it should be the other way around
You shouldn't be so quick to judge
And so quick to look down
Down on other people when you have your own problems
And I was always the first one there to help you solve them
And now that I have the chance to think.
The people who fill your head up with these thoughts
Were never there for you like me
Never there for you at all
Never willing to lend you their hand
All those nights you couldn't stand tall
All of those nights you would cry and then call
They weren't on the other line
I was
And now you listen to them
Like it's a must
Stand up and make your own choices
Talk up and stop letting other people use their voices
To make decisions for yourself

And after everything you've been through
NOW they want to help
Well if you ask me it doesn't sound right
And it's too late for you to take back what you have done
Because I am GONE from your life
I was willing to call it troose
But you chose to follow
And now YOU loose

Shilesa Johnson

A Promised Lie

I should've known when the promise ring cracked it was a sign
A promise never meant to be kept
Just a promised lie
A promise to never hurt me or dear break my heart
But you must've known that this wouldn't sit well
Because you've known way from the start
Broken Promises I'm used to
And not having you here will take some getting used to
I want to completely break the ring in half
But the promise is already gone
It was never a matter of If you'd hurt me
It was only a matter of how long

Shilesa Johnson

A Quarter Past Too Late

I stay up and I wait
For the phone call you promised me at eight
But I look at the clock and it's getting late
I sit patiently
Knowing your not thinking of me
And I know that there's people that want to stand
Where you don't want to be
And there's no other way to help you see
Nothing else more I can be for you
Don't know what else I could possibly do
I try
I fight to smile
When I really want to cry
I stay
Even when my thoughts say walk away
Now I sleep
And won't be there to answer your call when you're ready
I rest
No longer trying my best
I'm done
Its 2 minutes past one

Shilesa Johnson

A Skeptical Heart

Mine as well end it
How sure I am is what scares me the most
I've been more sure and got treated like toast
Scraped on, burned and treated like the crust
Mistaking love for lust
Mistaking sex for affection
But with him it's a different vibe and connection
And here I am again
Only now I am certain
And I felt that void space in my heart get warm
And the wounds started closing
Smiling at the texts, having eyes for him only
Beginning to have me open
My past was less thought of
My pain less felt and memories less remembered
Because for once it seemed as if my happiness was considered, and not an
occasional thing
Because the amount of times I'd smile was almost greater than the joy he'd
bring
I was hanging by a nail ready to fall within a touch
And it scares my insides to like a person this much
Cause most do the necessary things to have me and forget to do right by me
when they do
So I'll just forget it ever was
Because three heartbreaks in a row? My heart just can't do

Shilesha Johnson

A W@rrior

Born into this world feeling rejected
feeling as if she was another rejection
feeling alone and competely out of place
had to make a name in this world
so you'd never forget her face
Born into a home that was completely unstable
Tried to please her mom in every way she could
but she just wasn't able
hurt Physically and Emotionally by someone you'd never exspect
she had to fight for everything
just to earn her some respect
Faced with things you'd never think of
but she is a W@rrior
and she still rises above

Shilesa Johnson

Accepted

i feel so special and so welcome
i feel so accepted
what i got was different then
what i expected
cause what i thought was going to happen
was that i was going to get rejected
but i was well respected
and im the lucky one cause out of all the girls in the world
im the one you selected
and at somepoint in my life all i felt was neglected
but now my life has been corrected
in a good way and i wouldn't trade you for anything in the world
cause without you my life would be hectic
my thoughts have been collected
and i hope you get the message
im glad to be apart of your family
i feel accepted

Shilesa Johnson

Aint Even Matter

i got stung by a bee and it ain't even matter
i aint feel the pain cause my whole body is numb
i hurt my boyfirend
it mattered
i cried my eyes out
tryнна figure out
what had actually happened
i thought i was having anohter nightmare
but i wasn't
i hurt you
i hurt you so bad
i hurt me
but i could care less if i did me
i care about you
i hurt you
and i'm so sorry
i wish i could fix this
and i know you hate me now
i know you don't want me back
but im not going 2 let it go
you might but i never will
i will always be hanging on
and i'm shooting my pride down
because id rather have you
i don't care about my pride
i care about you
IM SORRY

Shilesa Johnson

All I Have In The End

Life is filled with disappointments
You don't have to expect it
Not like you make appointments
They just come
That's why I don't get excited
For anyone
Or anything
Until it is done
Life does not go as we plan
That's why you have to be strong
So tall is what you stand
I expect the worst because it usually happens
And this was just another time
No need to keep on axin
WHY or what did I do
CRY? I can't
I have to be strong
And not for you
But for me
Because I'm all I have in the end
Just as I did in the beginning

Shilesa Johnson

Allow Me To Be There For You

You feel like you have no one in this world
Like you are all alone
Like no one can understand
How you feel inside
You feel like you have no one to turn to
Not even a single friend
no one to care
So you hide
And I get it
I can not understand your struggle
That is something YOU have been through
I have not taken a walk in your shoes
And until I do
I STILL won't understand
But that does not mean that I cannot be there for you
The best that I can
When you feel like falling
I can pick you up and help you stand
I may not know how you feel
But I can help you get through it and be there for you
I can try to help you
But only if you let me
Im here for you
Just allow me to be

Shilesa Johnson

An Addict For My Moms Love

I don't know what it's like for an addict
To crave for something so desperately
Knowing that you can't have it
Knowing just what you're about to do
But it's something about this drug that makes you choose
Something that makes you choose coldheartingly
Something that makes u select this drug over your own family
But then again I might
Know what some of that is like
To crave for something o so much
To want something so bad
You could never get enough
Yup I know that feeling
Because I desperately want my mothers love
I desperately yearn to feel her gentle touch
And I know that I can't ask this
But shes the only one to fill the voidness
im so close i can almost grasp it
But the odds of that happening is like magic
And I know there's know way around it
I know just what I'm doing
Even while i am wrongly choosing

I never stop
Because I fene for it
I crave for it
I think about it a lot
i wake up in the middle of the night tossing and turning
the thought of just having it
leaves my insides burning
the thought most times consumes me
but I know that she's the only one that could soothe me
because of the hold it has on me
so now i guess i can see
I now know how an addict feels
It's just Something you can't control
Something hard to heal
and it's real
And I've been an addict all my life

Is that a crime?
I have a confession that's a must
I'm an addict for my moms love

Shilesa Johnson

Anything For You

i wanna cry but i can't
i want you to understand
that i love you
and that will always hold true
nothing in this world can stop the fact that can't ever be changed
the fact that your my sister and that will always remain
the fact that when mom was not there
i was home giving you care
changing your diapers when i wanted to go outside
making your milk and feeding you to stop your cry
bathing you and dressing you so that we could look alike
feeding you cause you wouldn't eat unless you saw me try
no one can say that they did those things for you
i shouldn't have had to
but i'm glad i did
cause i'd do anything for you
no one can say they read you your favorite book ten times in a row
no one can say they held you in their arms
and watched you grow
not like i did
not with care and delicatesy
as if you were MY kid
no one can share the same memories that we have
and noone will love you like i do
im your big sister
i love you

Shilesa Johnson

As Time Goes By

days pass...
weeks go by...
then months...
its been 24 months
since i have felt your touch
since iv'e felt close to recieving your love
Days have gone by...
weeks have passed...
then months...
it has been 5 months since we have spoken
since we have talked
and i have fought
back the tears of why that is
why you have my number and haven't called me
and ever since
i was just dismissed
as being your kid
DAys have passed.....
weeks have gone by....
months turned into 1 year....
then 2....
then 3....
then 4.....
then 5.....
and almost 6
its been 6 years
that i have not been in your care
that you have not been apart of my life
apart of my growing up
and learning wrong from right
being the shoulder i need
when i feel the need to cry
11 months....
6 years...
and 5 months
you do the math, thats alot you've missed
alot to make up
Days pass...
then weeks...

months....
and years.....
and i wait impatiently for you to wake up and decide to make a change
and i wait
i have lost faith
i lost all my faith in you
which is something i told myself to never do
but i have
and im so tired of waiting
so only thing i know i can do from here is to keep on praying

Shilesa Johnson

At This Point (The New Me Part1)

At this point
I don't even want to think
I don't want to feel anything
I don't want to feel no kind of pain
I jus want to stand in the rain
So that everything could jus wash away
Into an unknown place
That can never be found
I just want to stand still and not make any kind of sound
I just want to be invisible
Not seen
Not heard
Unknown
I feel so alone
And I feel like that's the way it's always been
So I don't understand why I'm so dumb stricken
I think it's because I got used to someone being here
And now I don't want ANYBODY there
I know no one cares
I know no one wants to
So ill make it easier
And just tell you upfront
That you don't have to
You don't have to be my friend
We don't even have to talk
I can pretend that you are a stranger on the side walk
You can hang up and not say I love you
You can act like you don't care
If that is what you want to do
But I AM NOT going to sit around crying my eyes out
Hoping someone will figure out what's wrong
And I AM NOT going to sit around wondering "HOW LONG"
Will it take for him to realize
That I am not okay
And need you by my side
You should have known
And you didn't which shows how much we've grown
Now I don't even want to conversate
Don't want anybody trying to relate

Cause at this point I DON'T CARE
Now you don't HAVE to be here
Because I don't need anybody to be
Get used to the new me

Shilesa Johnson

Baggage

Leave the baggage out the door
What ever issue you have leave on the floor
Throw it in the trash
I don't care what you do with it
I don't care what issue you have
I'm just tired of the drama
But I do believe in karma
And what ever you bring on me
Will be brought unto you
So do what you do
But I'm letting EVERY ONE KNOW
Not just one individual
Everybody
Don't bring that shyt to me
Because I'm not dealing with it
Bring it to me and you WILL get dissed
I'm just tired of everyone's ish

Shilesa Johnson

Behind My Eyes

Behind my eyes is so much experience
So much traveling that's been done
My eyes have witnessed so much
Way before it should have
It has seen the beatings
It has seen the abuse
It has seen the lonely nights
I'd cry out over you
It has seen the scars
The pain trapped inside of my heart
Behind my eyes
Are so many stories still untold
Preventing me from growth...
as a person and as a child
The hurt behind my eyes
Goes beyond miles
It goes beyond years
And you know the worst part about it all?
....no one will ever care

Shilesa Johnson

Beneath It All

My heart bleeds
It starts off as little droplets
And then a storm that does more than leak
I feel as if I am wounded
And visible on my heart
Are the bruises
When you left
You also took part of me with you
I was missing a piece
And you solved the puzzle
You took the only thing that beats in me
And beneath this fake smile
I'm unhappy
Beneath it all
My soul bleeds

Shilesa Johnson

Best Friend Nothing

you were my best friend
someone i relied on
never did i think
that you'd be the one to do me wrong
the girls that i was going to fight
the same girls you talked about at night
are the same girls you have by your side
and everytime i pass
i can't help but laugh
because the same girls you turned on me for
will be the same ones that turn THEIR back

Shilesa Johnson

Better For Us Both

I never received what I always wanted but GOD gave me you instead
I never felt like I existed so you brought me to life when I was feeling dead
I never thought anyone could ever listen and remember things
But you always remembered every word I said
I never thought that loving was even possible
But the day that all changed
Was when I feel in love with you
I never thought that anyone could ever love strong
But we have and we have for so long
1 year 5months 3weeks and 3days
And I'm not going to allow this to be thrown away
So I am going to work on myself
That way I can be better for you and I both

Shilesa Johnson

Blind

Why is it that when you like someone a lot
They can't do anything wrong in your eyes
All of the hurt and pain they bring you
You just easily push aside
As if it never happened
Forgiving them and he does the same thing AGAIN
You know it's wrong
But you let it be excused
Why is it that every time you do something wrong
I forgive you?

Shilesa Johnson

Broken

The words "I love you" have no meaning
What comes with it is something I'm not needing
Something I want to deal with out
I thought I knew what it was all about
But frankly I don't
Because it seemed so easy for you to let US go
I cried
And all you could reply
Was "dry your eyes"
And so nonchalantly
But don't you worry
I am not mad at thee
How could I be?
You were so ready
To just hang up
And once you did
I did the same thing
With love

Shilesa Johnson

Burried My Bestfriend

my bestfriend no longer exists
me bestfriend died last week
and she no longer lives
my bestfriend no longer breathes
my bestfriend i have yet to see
my bestfriend is now deceased
my bestfriend is burried
we pass each other in the hall
and don't say anything at all
and in MY EYES she is dead
she demonstrates non existence
and in my eyes part of the non-livin
she has yet to speak
and in my eyes she is deceased
we stopped talking last week
and that's when our friendship was burried

Shilesa Johnson

Can'T Be Shaked

if anyone knows the true meaning of love
its you and i
we have been through the worst situations
and remained by each others side
We never let obstacles get the best of us
we allowed GOD to handle it
and he made YOU and I a MUST
we argue but it's enough
We struggle
and it's rough
times get difficult when people try to bring us down
but we never let them break us
WE never let THEM win
WE always do
and our love always kept us driven
if anyone knows what love is babe its you and i
and loves comes naturally for us
we never have to try
because love like this can't be faked
and knowmatter how hard they try
this feeling can't be shaked

Shilesa Johnson

Can'T I Count For Something

We were attached at birth
When we were split it didn't even hurt
They cut off the cord
But I was still suppose to be yours
And now you act like you don't want me
Like I'm some dirty chore
Like you were forced
And if that was the case then why didn't you get an abortion
I wouldn't have felt anything
But now I feel broken
And I jus want you to realize
That I didn't ask to be here
But yet I am..trapped.. just hurtin
I'm here so you should take responsibility
And start showing me that you care
You carried me for nine months
Doesn't that count for something?
I'm crying out to you
And still I receive nothing
Not a letter
Not a phone call
Not a visit
I'm not worth it all
And that's what I've been shown
Expected me to raise myself all on my own?
Expected dad to do it alone?
Well there are some things that mothers are needed for
And you weren't there for any of my special moments AT ALL
And that hurts because it's not because you couldn't be
Its cause you wouldn't be
And didn't want to be
And you always make it your business to show me
That's I'm not worth anything
but just this once
can't I count for something?

Shilesa Johnson

Cant Trust Neting @ All

my past made me not trust completely
wasn't able to trust anybody fully
YOU made me not trust at all
and i thought i was too strong
thought i wasn't able to fall
thought that i wouldn't allow myself to get hurt anymore
but that all changed when you knocked
and i opened up that door
my past made me not trust
wasn't able to love
and although i know my man is true
even him i decreasingly trust
because YOU were that one
now I hate YOU
and im so pissed off
my past made me not trust most things
but YOU made me not trust anything at ALL

Shilesa Johnson

Careful (10-23-08)

People come into our lives
Only to leave
So when people go it's sad
But not hard to believe
Life made me see
Things so much better
Nothings promised forever
And it's once in a life time
That people stay together
So I've learned not to get my hopes high
Only for them to be let down
Because when you hit that ground
It's hard to get back up
And the only one there to help you
Is really ya self
That's the one thing I learned the hard way
That's why I'm careful about who I let in
Who I get close to
And who I let stay

Shilesa Johnson

Chained Down

see these shakles on my heart?
somebody bruised it too hard
they keep rubbin up against me
and its slowly killin me softly
im not allowed to 'apparently' feel anything
and if i do it's wrong
when i don't agree or like somehtin
im told to go along
the little things i once did that you once loved
are things that get you bugged
and the things you now hate
im chained down
in every place
my lips won't speak
i try to walk buh can't seem to move my feet
my heart ain't want to love
but somehow you were my hearts selection
and although i don't want to love or trust anymore
it makes you it's only exception

Shilesa Johnson

College Doesn't Have To Mean It's Over

In a few months ill be going off to college
new experiences and new knowledge
youll be here still in the same place
and ill be there
less and less seeing your face
but none of that matters

In a few years youll be doing the same thing
finding yourself and spreading your wings
and things will get crazy even though you can't see
but none of that matters

I may be a million miles north
and you may go a million miles west
but all that matters is that we love each other
who cares about the rest

you may go a thousand miles south
and i may go a million miles east
but the distance could NEVER
make me love you the least

or maybe i chose to go somewhere south
but that doesnt matter cause babe
we can work this thing out
none of those factors really mean a thing
because all that matters is the love between you and me
and all that matters is the love that we have
we grow know matter what...
college just adds
it'll just help our love get stronger
it'll just help us become a better us
cause when it comes to making things work
seeing each other is not a must

What matters is the love that is felt
What matters isn't the cards that will be dealt
What matters is how bad we both want this
and sure things'll be missed

but in the end
things will be worth it
we will get married
and things will be perfect

College doesnt have to mean it's over
all it means is that you and i just get closer

Shilesa Johnson

Come And Get Me

i hear the sirens
and i beg for you to come and get me
being behind bars means that
ill no longer be free
but all my life i've always been locked behind bars
so you see, it wouldn't make a difference
come get me
and put me away
lock me up and disposal the key
cause i know that i will never be free
so it don't matter
just hurry up and come and get me

Shilesa Johnson

Coming Back To The Same Old Thing

I didn't want to go back to
The same thing that made me walk away
You tried to plead your case to get me to stay
After telling you no, and giving it more thought
I figured it was commendable that you at least fought
Or at least through a fist
And I could've came up with plenty of reasons why I shouldn't of
In fact a whole list
But I found one good reason why
And that was enough for me to open up and try
But the moment I decided to, I happened to see
That you were still acting the same way that made me leave
And that was one good reason to be done for good
Because you can plead your case and claim you've changed
But in reality you never would

Shilesa Johnson

Coming From You 6~24~09

the words he spoke
made me get knots in my throat
it's not even the fact that it's a joke
it just seemed so real
and i know it's probably not something you truly feel
but you don't realize the signifigance of what you said
and now it keeps replaying in my head
mainly cause my mom said the same thing to me
and you saying it just made me feel certain things
it made me feel a type of way
that's why i chose to walk away
that's why i had to go
because it hurt that you would stoop that low
just for a joke
when my mom said it she meant it
so coming from you
someone im suppose to be wit
just made me feel like shit

Shilesa Johnson

Coming To Terms With The Truth

I was blinded but now I see
You and I are not meant to be
Not now
Not later
And obviously not then
Too bad this had to happen
I won't even try to make it work
What's the advantage of it?
More hurt?
Well I'm not game
I'm not doing this process over again
Not for things to turn out the same
Wow is all I can really say
I'm not mad
Not sad
Just aware
I'm finally getting it
And it doesn't matter if I care
Cause at the end of the day
What's done is done
Theirs others out there for you
And I know I'm not the one

Shilesa Johnson

Couldn'T Quite Answer

you asked me a question that i couldn't quite answer
kept switching directions and shifting like a dancer
it's not cause i didn't want to
what i didn't want was to hurt you
i don't want to deal with how i feel or felt
i just want to leave them wandering and un delt
i don't want what i'm feeling to come up from inside
because after all this time that's what i tried to hide
not from you, or him but mainly from myself
because i was happy and i was with someone else
there was no need for the feelings to surface
because i had you and thought that was my purpose
and now that all of this is happening, i can't quite focus
im trying so hard but i cant seem to shake this
but when you asked me i just couldn't find the words
because i heard you right
but some how everything got blurred
do i?
i jus can't respond
i dont want to go beyond
jus want it to stop here
jus don't want whatever 'it' is to go anywhere

Shilesa Johnson

Craving Your Heart

I want u so bad It makes me cry
Because I don't know what to do with all these emotions inside
I care so much
And nights like these, I long for your touch
Longing for your lips
And to have your heart is my one true wish
Love is there and forever it will live
I don't even need a thing
My hope is just to give
And I want more but I'm so damn afraid
Because how do I know you could even feel the same
Afraid of the truth
Afraid that its only me loving you
And I wonder if I'm even apart of your thought process
Or if im just another girl to you and don't know it
Ultimately I just wanna be yours
And as I cry these tears I know that I am sure
And as I think of all the love I have to give
I think of ways to give you more
I just wanna feel secure
But I can only love you from a distance and not much more

Shilesa Johnson

Created 4 One Another 6~23~09

You make me feel
Something I know I never will
And you make me think
Outside the box
And when it comes to papers and scissors
Babe you are my rock
When it comes to bricks
Babe you're my cement
When it comes to my heart
Babe you are the center
And you didn't knock into my life
Babe you just entered
You make me realize
Something way passed my sight
You make it easy to fall
Cause through all my doubt
I know you'll catch me all in all
And you make it known
That you love me more than a person would love
A person that's grown
And with you I never want to be without
And I was going in directionS
Nut you stirred me in ONE route
And it wasn't a game that led me to you
It was my heart that led me to
It wasn't our friends
It was fate in the end
And I think that it would be a sin for us not to make it through
Because I truly believe that GOD created me for you

Shilesa Johnson

Cry Myself To Sleep

i want to go to sleep for I am so tired
i wish that i could just choose what the outcome is
and tell my heart that it's fired
because i am always hurting
and i know that sometimes i can be deserving
but this is too crazy
what happened to us bayb?
what happen to the US that first met?
that would sacrifice anything for one another
and not once ever regret
looks like i'll be crying myself to sleep tonight
i hung up the phone with you
and jus let out my cry
i look at the time as it read 11: 43
and i think about how you and i used to be
i think of the times that you mentioned
o remember when i got detention
and you went to serve it with me?
i would do it all over again
if it meant you and i once again becoming WE
i would change any mistake and make it corrected
not have messed up
becasue GOD did not have anyone else selected
he created you for me
you and i are meant to be
i cry myself to sleep
and before i rest my eyes
i look at the clock once more
11: 45

Shilesa Johnson

Damaged Good

Our relationship can't recover
In fact I'm permanently damaged
I've stuck by you through it all
But this one I can't manage
I took a chance on you
I allowed myself to be pursued
I took a leap of fate
And still end up playing the fool
I gave half of me
And still I am destroyed
Imagine if I'd given my all
Cause right now I just feel void
I can't think straight
And I'm going half crazy
We will never be the same
ESPECIALLY after this baby
I should've know that the promise couldn't be kept
No promise to me ever was
So this is no less
Ill never be able to kiss you touch you OR call you mine
And that's why it hurts;
Because I want to but can't go back in time

Shilesa Johnson

De Ja Vu(My First Love)

I've been here before
I've seen this place
I have met some of these people
I have run this same race
I have won many times
I live for crossing the finish line
When I compete
And get down on my knees
When I assume my position
In my mind I have only one mission
Succeeding
Being number one
And when that day arrives
THAN and only than will my job be done
Hearing that gun
Causing my adrenaline to pump
Causing it to flow
Is almost what I look forward to hearing most
I've been here at some point in the past
I've been ranked
I've done the math
I have come in second third and even last
But that failure was never able to last
And I was always able to rise above
Mr. track and field..
YOU are and always will be my first love

Shilesa Johnson

Deeper Than That

I'm Shilesa Johnson the fast runner to you
But inside it goes deeper
deeper then you'd expect it to
to you running's just a hobby
it's just something you do
but to me it's my PASSION
and without it i'm screwed
it's my life
something i'd never sacrifice
because it means too much
if you were to never run again
you'd find some other sport to love
running comes naturally
it's walking to me
it's what i breathe
i breathe track
and i could never lack
an i refuse to rest
because i know i can be the best
and when you say you 'LOVE' it
i know that it's just bull ish
becasue you wouldn't do what it takes
you wouldn't give up your life
you wouldn't fight
but i would
and i know that you never could

Shilesa Johnson

Deleted

whenever i would feel this low
and i felt i had no place to go
the one thing that i did know
was that you were always an exception
but now that theres deception
that wouldn't be a wise suggestion

whenever i would feel this little
and this weak
you would always be the one to be there for me
you would always make me believe
that things would get better
and remind me that they wouldn't be that way forever
that it was okay
cause you and i were still together

and now when i'm feeling low
and all feelings of no hope
won't go
i don't know
that your arms is in exception
cause i was deceptin
so that wouldn't be one's suggestion

and now that i feel littler than dirt
and all of this hurt
is eatin me away
i don't know that things will be okay
because i don't have you anymore
so these feelings can't go away
because YOU DID
and i lost my enthusiasm to live
becuase energy is what i felt you could give
and it is
and now that you are gone
i sit here are repeat celine dione
'my heart will go on'
the difference between her and i is that i won't
i can't

not by any chance
because theres no more we
and made me be
all that i didn't want to be
just you with me
was all i really needed
and now that you aren't
my life should be deleted

Shilesa Johnson

Did You Ever Know?

I don't even know what to do anymore
I feel like I have control over nothing
Except walking out the door
I don't trust anything
I have no place to go
No one's arms
No place to call home
I may be writing from the top of my head
And nothing may make since
After all I have just said
But I can't hold it in
Nobody to depend
Nobody to rely on
And I try so hard to be strong
And I'm trying...
But how long?
How long do I have to be this way?
How long until one of us finally walks away?
Because that is what's going to happen
And I want to stop that but who am I kiddin'
We can't change destiny
And I always believed that you were the one for me
But the more and more that I think
I ask myself if I am the one for you
You don't feel like you used to
And I don't blame you
But when we talk things seems so normal
Then you remind me of what I NEED TO do
As if I don't know
But I stay quiet and don't let my feelings show
Cause see...I'm trying to change
But how long is this pain going to stay
I love you with all of my heart
I just know you don't believe that
And I'm not sure if you ever did from the start

Shilesa Johnson

Different Cases For Different People

I went to sleep upset
I woke up angrier
I had a chance to sleep things off
And when you come to me you'll be a stranger
You have so much nerve
That was something that YOU deserved
Because I know that I did not do anything wrong

I went to sleep pissed off
My respect for you has been lost
I am so tired of dealin
I know your hurt and need time for healin
But my time, my all, you can't be stealin
You taken things out on me
And that is not a state in which I want to be

You try to put pressure
Saying that I could loose you forever
And someday it will be too late
Well if it doesn't come back
Then we're not meant to be soul mates
I think that being apart is best
Because being with you and this situation
Is too much stress

These are different situations
But all going on in my life
And I realized it is how it is
Weather it's wrong or right
I'm tired
Tired of everything
I'm jus tired and I have to do me
Cause see I'm fed up
And im done
I'm not going to run
Or shy away from all my problems
I'm just going to do my best to solve em
And leave it at that
It might not be a good thing

But this is where I'm at

Shilesha Johnson

Do Not Let Us Go

Trying to fight back the tears my eyes want to cry
Because after everything we have shared I have nothing left inside
I just feel so dead
I feel so restless
So breathless
Everything we worked so hard for; don't want it to go to waste
Our destination is right there, so close I could almost taste
We have not yet reached our peak
My heart is spilling over
I think I have a leak
You touched my heart
You touched my soul
You have learned what no other ever cared to know
You came into my life
As a stranger
And became the one to
Protect me from any danger
Made me happy
And erased my anger
You never failed
Always made me feel what I needed to feel
You never stood me up
In fact you were ALWAYS that one
To always be on time
Always the first in line
And it hurts knowing that we have to put that on hold
But in the meantime
I'm not letting go
And though I'm in pain
I can't let it show
I have to be strong for you and me both
So please hold on
And never let US go

Shilesa Johnson

Doesn'T Matter To You Anymore

I talk yet you don't listen
And I'm not on the same mission
That I was once on when I felt that we could last long
Because now I don't know
And I'm not letting go
I'm just sort of giving up hope
I feel like were going down a slope
When we use to be climbing up mountain tops
Cause we were determined to never stop
At least I wasn't
And things that matter to me
To you just doesn't
And I don't want to be a burden
But I also would like to stop hurt-in
And wondering what it is that you want
And wondering what is exactly in your heart
I care about you even a million miles apart
And I would hate to see us travel down hill
Cause I feel like our love is so powerful
It could dangerously kill
Anything within its reach
I just never thought that
That included me
Until you could no longer see
And until you could no longer be
The person I thought you were
And until I was no longer the girl you preferred
At one point it seemed that I mattered most
You never had to tell me
Because I felt it when you would hold me close
I use to feel like I truly mattered
And then you changed
And my dreams along with a portion of my heart shattered
Right in my face
I picked it up myself this time
Trying to put it back in its proper place
But it seems that every once in a while you create more pieces
And loving you is not a secrete
So I know that YOU know

And if that is so
Then why does it seem to me that it wouldn't matter to you
...if you let us go

Shilesa Johnson

Don'T Mean To Take It Out On You

i don't mean to yell
i don't mean to scream
sometimes it's just hard
to hold in everything
sometimes you get on my nerves
but how i be treating you sometimes
ain't what you deserve
it's just that i already be having things on my mind
and stuff bottled up inside
and the littlest thing can make those things explode sometimes
and i don't want to
i guess what i'm trying to say is sorry
cause i don't mean to take it out on you

Shilesa Johnson

Dont Want A Relationship (10-24-08)

Now that you are gone
I realized one thing
That I really don't want to be with anybody
I don't want to be in a relationship
For now this is it
You and I used to be dynamite
We used to stick together
We used to be tight
But who can make it
If there's no you and I
Because we gave all our friends hope
But I guess we were a lie
Living it everyday
Wow that's the worst thing right now
That I could possibly really say
I don't want a commitment
Don't need anybody here to listen
Though you're the one I'm missin
But my life has to be livin
I love you so much
And that's exactly what you have showed me
But I don't want a relationship
That's the way I guess it should be
And hopefully things are finally easy
And things are less hard
I just want to be apart
From anything having to do with relationships
I'm done with them for now
NO MATTER WHOM they are with

Shilesa Johnson

Don'T Want This Anymore

I'm just trying to understand why you are the way you are
and why you treat me like you do
I'm just trying to figure out where I went wrong
and what I ever did to you
I don't want to do this anymore
I was confused but now I'm sure
You're a person that's really not for me
cause you can't even open up your eyes and see
what's right in front of your freakin face
and I'm not gonna try to get you to see things my way
It's pointless
and you make me not want this
and I won't allow you to do that any longer
you may be more toned physically
but inside I AM MUCH STRONGER

Shilesa Johnson

Drugs Over Your Blood

I can't believe you stood by and allowed this to happen
You didn't even try to save her
All along you kept on laughin
Now look what laughing has cost her
She has to pay for all the mistakes you ever made
She has to pay for all that you have done
When will you pay?
YOU need to be the one
I kept hoping that you were getting better
I never lost complete faith in you
I should have known better
Because you have never been known to change
All my life you have been the same
And that's a shame
Because your children need you
And you never feel to disappoint them
You never come through
When we need you most you bail out
You never meet us half way
And I can't see how
You would choose drugs
Over your own fleshin blood
You let it take over your life
When we were suppose to be your life
You let alcohol become your best friend
And always failed us in the end
I HATE you for this
For I can NEVER forgive you
And nobody has an ounce of knowledge
As to what I have to go through
No one has felt this pain
I jus want for my sister to be okay
And if she's not GOD forbid
YOU'RE the one who will pay

Shilesa Johnson

Dust

i hear you in the hall
and it's just like you to talk behind someone's back
you talkin ish about me to a girl you used to talk about yourself
i say you have problems
and need some serious help
i think that it's stupid
and just like you
i feel like this fight is so useless
you think i can't hear you
but i can
you think it'll get to me
well not a chance
i'm not gonna let you
girl you got some issues
i keep trynna let it go
but you keep tawkin
i want you to just keep walkin
because to me your dust

Shilesa Johnson

Enough

My hearts in so much pain
I just want to regain;
Everything that we've shared
I want to go back to the days when WE cared
Enough to stay
But instead I walk away
And you turn your face
I just want to know that you are okay
Call you up and ask
"How was your day"?
For you to tell me as I listen
To hear the joy in your voice
As my heart glistens
I feel so weak
Enough to call
I am strong
Enough not to fall
Because in the end of it all
We have to fix this
And if we don't deal with it
We won't have a relationship
I never thought that we'd stop talking out of choice
And you spoke
But I couldn't believe it was your voice
Cause you really set the rules
And to make it work I agreed...
I cried
But it never meant anything

Shilesha Johnson

Eternal Bliss

Lately I've just been feeling good
I've felt ways I didn't imagine i would
So close to the breakup
I just didn't think I could
But then you come along and sweep me off my toes
I wasn't trynna fall for anything
But you're the one my heart chose
When I get a text I drop what I'm doing
And I've dropped all prospects, you're the one I'm pursuing
I think you're coming for my heart
And I hope you plan to catch me
This feels so genuine
So I hope that's what you'll be
You're amazing as a person
And that's the one thing I can see

Shilesa Johnson

Fade Away

i just wanna go
to a place that is well unknown
and just float
high up in the clouds
and stay there forever
to never come down
and for all this drama and pain
to for one second drown
i wanna fade away
and jus dissapear
any place is better then here
any feelings greater then the pain and hurt thats near
i wanna fade away
into the darkness
never to be brought up to the light
take me back
take me baq up to that night
when my world almost came to an end
i want to fade away
to where no person's ever been

Shilesa Johnson

Fathom My Pain

Nobody takes the time out to understand
All people want is to be supplied with demand
When things are more convenient
Infesting my heart with lies that it believes in
Injecting more sweet words of nothing into all parts of me
Making it so that I can't see past the bull, because blinded eyes can't see
Nobody takes the time to fathom my pain
They see a strong individual who has been through one or two things
And because of it I get taken for granted
They feel the warmth of my heart and take advantage
Sometimes I just want to float on a real cloud with my dad beside me to the
gates of heaven
Because I know there God wouldn't allow me to keep stressing
I just need that temporary dose of someone real, maybe a long term addiction so
I can grasp keep AND feel
Feel what it's like to have my soulmate
Someone who will love me past my pain

Shilesa Johnson

Fed Up

You know the point in your life when you no longer give a s**t
And all things that you used to care about is pointless
And everything that used to me something
Suddenly means nothing
That point where you no longer give a damn
Nothing bothers you
Nothing can
You know that point where all things seem so useless
And you finally say "I'M DONE
I always waited for that day to come
The day when I would no longer care
The point in my life where...
I felt like I could live and do without
Well I've come to that point in my life
And it's over now
All the mind games
All the caring what people say
All the things you are used to getting from me is over
I don't care about things that I guess I was suppose ta
I don't care
That's where I am in my life
That's where I stand
I'M DONE

Shilesa Johnson

Fighting For You While You're Fighting For Her

I believe in you so please don't let me down
It hurts so much to think of you
Possibly not being around
It truly cuts deep
And though I'm losing my patience
Your love is what I'm really trying to keep
And it hurts so much that I can barely speak
I don't know what to do anymore
We use to be high above the clouds
And now were a feet away from the floor
I don't want to let go
And I don't want to give up hope
But you're not trying
Alone I'm fighting
And I feel like I'm going through this ALONE
INSTEAD of WITH you
When I'm only in this because of the stuff people are saying
YOU do
I'm fighting for us
And instead of fighting with me
You're fighting to protect you and her
The only thing missing is a label
And because you're with me
You two just aren't able
Well I'm leaving everything on the table
And I'm open
Though I'm through hoping
That I'll be the one chosen
I'm trying but your not
And I'm tired of being in the same spot
I want the lies, the games....
I just want EVERYTHING to stop

Shilesa Johnson

Final Goodbye(Prt2)

You know sometimes letting go is the hardest thing to do
But what happens when you're the one being let go of
Sometimes you have to do what's best for you
Especially when you've had enough
When you try to make it work
And each time you end up getting hurt
Especially since they won't meet you half way
What choice do you really have other than having to walk away?
How can you stay?
How can you not want to leave?
You wanted to push and I wanted to pull
Well there is no more me
Not when it concerns you
You said you'd never hurt me
But you sure were willing to
Willing to do everything in your power
How can you feel clean even after taking a shower?
Because you did me so dirty
I was always there for you and show gratitude
By deserting me
I see you and sometimes I want to say hi
But not anymore
Because THIS is my final goodbye

Shilesa Johnson

'First' Love? (10-23-08)

What does it mean to be someone's "FIRST" love
What does it mean to have had a "FIRST" love
What does it mean when you say "FIRST LOVE"
A first love has nothing to do with who you "FIRST" said it to
It has nothing to do with who you "FIRST" felt it with
I THINK it's who your heart decides it is
I think it's who your heart decides is true
Not who you "FIRST" spoke those words too
Your first love is the one you were closer with
The one you experienced your "FIRST" real connection with
The one who knew you better than you did yourself
Always picking you up
For the times that you have fell
The one who won't judge you on any circumstance
The one who will take care of you better than anyone can
The one who you can't live most without
And the one you come to in the end
Even when you have your doubts
The one that completes you
YOU'R missing puzzle piece
The one person you can absolutely trust
With out even thinking
Your "FIRST" love has NOTHING to do with who you SAID it to "FIRST"
Or who you FELT it with "FIRST"
It's who YOU say is your "FIRST" love
It's who YOUR heart says is your "FIRST" love
And with that being said
You should know that you are mine

Shilesa Johnson

Fixed Or Dismissed

I've given it some thought
And if I walk away from this with something
It'll be a lesson well taught
A lesson I thought I already learned
It's just different cause with you
Everything turns
I think that the next time you give me the option of leaving
I'm just going to take it
For the simple reason
That I know you don't want this
I'm just waiting for one thing
And then I'll be ready to leave
I don't want to go into the new school year with this
So this either needs to be fixed
Or it gets dismissed

Shilesa Johnson

For I Had No Idea

Shilah i am sorry
I know there is something i could've done
I love you so much
And earlier i should have come
I went through alot
And so did you
I at least had shirome
But you had no one to turn to
You had no one to really love you
Or be there
no one that ever showed you that they cared
But i always did
i always tried to make an attempt
tried to always keep our relationship
always tried to keep you close
always tried to let you know
that if there was one person
i'd be the one
and i wasn't there
now look what's been done
i never knew they were hurting you like that
i never knew what was going on
i never knew that anyhitng was wrong
i thought that you was well taken care of
now your gone
to who know's what
i'm sorry shilah for not being there
for i had no idea
just know that where ever you are
i will find you
and I WILL be there

Shilesa Johnson

Forgot What It Feels Like

I forgot what it feels like to be held
I forgot what it feel like to tell a secrete
Trusting no one will tell
I forgot what it feels like to be in your presence
Hating every moment away from you
Even though just for a second
I forgot what it feels like to run into your arms
To breathe with relief
Knowing no one can cause me any harm
I forgot what it feels like when two lips compress
I forgot what it feels like when somebody knows me best
I forgot what it feels like when I collapse at the end of my race
Finally looking up only seeing your face
I forgot what you look like
For I have not seen you in a while
But boy how could I ever forget
Your breath taking smile
This is why it wasn't able to work
Because I FORGOT what it felt like to depend on MYSELF
That's why it hurt
Because I felt like I needed and depended on YOU most
And when I was on my own
I didn't know which way to go
You made me strong
But you also made me weak
That's why things went wrong
When you were gone from me
I forgot what everything can become
But I could never forget
About what we USED to be
I could never forget the love I HAVE for you
Or the love you have for me

Shilesa Johnson

'Friend' To 'Friend'

to be honest
i dont even care no more
you actin all bytchy
and for wat reason at all?
and what ever the reason may be...
it really don't affect me
you took it to a whole higher level
got all rude
and i got loud rite back
and i'm a just leave it at that
cause i dont really give a shyt
you either do or don't talk to me
cause i ain't sweatin it
i have otha important stuff on my mind
this is little
and a big waste of my time
so whatever
you could go your way and i go mine
cause i gotten up to the point where i'm going through so much
that it wouldn't really make a difference RITE NOW
if you are or aren't in my life

Shilesa Johnson

Getting Better

everything is better
and that i have prayed for
i wont be greedy
and ask for so much more
all i can do is pray and do my best
make sure you don't hurt no more
so their wont be no regrets
i don't want to be something that you do
so i gotta do better by you
and trust me boo i will
just like i did then
and like i do still
jus gotta be more careful
because your heart is so delicate
and ima guard it with my heart
i am going to protect it
everything is better
and will soon be great
i'm being patient
though i can hardly wait
just want things to go back to the way they were
cause the OLD us is what i really prefer
i love you

Shilesa Johnson

Give It To You Gladly

If you don't like me
then that's not my problem
if you wanna find the answer
then go ahead and solve em
i don't live to please you
or anybody else
so don't worry about me
just worry about yourself
you don't know me
or the first thing about me
so fall back
and let lescha be
i know theres haters that want what i got
but if you knew about my life
then i bet you would stop
you could have what you 'think i got'
i have NO mother to care
NO mother to love me
SO if that's what you want...
then i'll give it to you gladly

Shilescha Johnson

Give Me The Time Of Day

i know that you don't want to give me the time of day
but i have 2 tell you this anyway
what happened meant nothing
what happened was a regret
i ain't love him
i don't love him
i love you
which is why i don't understand how i cud do this 2 you
i know that i wont ever do it again
not to you my bestfriend
i love you more then my sister and she is my little star
but you are my galaxy
yes you stole my heart
and i still dont want it back
but i want you back
i want us back
and this rhyme less poem may not rhyme or make any since
but @ least i got out a little of how i feel
but i'll never be able to completely let it out
i don't even understand the words coming out of anyones mouth
cause like you
i am numb
im so dumb
but you r
always was
and always will be
that 1

Shilesa Johnson

Go The Extra Mile 6~23~09

I want you to look deep into my eyes
And tell me things will be alright
I want you to look even further
And then tell me you'll never leave my side
I want you to wrap me tight in your embrace
And wipe the tears from my face
I want you to wrap me even tighter
Then tell me I'll never be erased
All I want is for you to be there for me
So frequently
That I never have to think
Or even second guess
I'll always know you'll be there
None the less
All I want is to be so sure
That the THOUGHT never crosses my mind anymore
Because it'll always be known
And hopefully someday all of those things
Will not only be well felt but well shown

Shilesa Johnson

Go With The Flow 6~23~09

We didn't try
Things just fell into place
Loving you was never hard
It was actually the walking away
You gave me your friendship
But I preferred your heart
You offered me your love
When you always had mine from the start
You gave me your word
And have yet to against it
And you're the perfect person to be in a relationship with
And I don't want another girl to ever benefit
From all your good qualities
I want to be all you'll ever need
Cause you give me all I ever will
And I'll love you always
Jus like I love you still
Even after all that's happened
Because at the end of the day
You always keep me laughin
Always shift my mind
Of all that stresses me
To something more divine
You always made sure that I knew
That even after all we were going through
That you still cared
And you have to see that I love you
Cause after all you put me through
I'M STILL HERE

Shilesa Johnson

God Has Made A Way

I look around and see what my life could've been
So proud of who I am now
and everything I represent
I complain about things that could be worst
And part of who I am comes from being hurt
I have so much to be grateful for
Because the Lord keeps opening up doors
There's a lot of things I could be going through still
But the Lord brought me out of them by his grace and will
Im Excited for what God has in store
Everything will come together for me Because in this world of uncertainty, that
one thing is for sure

Shilesa Johnson

Going Through The Motions

Life? Not so easy
Love? Not so for me
So I'd just rather live mine day by day
And get close in hearts in less ways
As possible, because a person can seem genuine and be far from the truth
A person can ride out in your shit
But have passengers in their whip
Not to your knowledge; until its too deep
Then it feels like someone buried you and your heart under 5 feet
Life? Not so easy
Love? Not so for me
But I'm doing the best I can
To at least lessen its difficulty

Shilesa Johnson

Goodbye Until It's Time

In about a year
I'll be gone too
And I'm guessing it won't even matter to you
Because it doesn't now
And I CAN see how
So no need to even try to figure it out
Its okay
Ill go my own way
And when ever the day
If that day comes
We'll have to assume that you're the one
I am not going to sit here and hope for the best
I am going to sit back and pray
And let GOD do the rest
Because I was blessed
When you came into my life
And it seems that we did all we could to fight
Except STAY
But I'm glad we made that decision
It's best this way
It made me stronger
I depend on you no longer
I depend on nothing but myself
That way it won't ever hurt
Never make somebody your everything
Because when they're gone you have nothing
But the one thing I still do have is GOD
So I know that I will be okay
I love you
And goodbye
Until.... Well who's to really say?
Goodbye until it's TIME
And I'll wait for that day
When you can finally be mine

Shilesa Johnson

Goodnight

I am going to sleep
And when I wake up
Every thought and every feeling
Will be gone
I will close my eyes
To my favorite slow song
I am turning off my phone
And maybe tomorrow you will have time
And if not
I'll wait
I have no patience
But still I wait
I always wait
And I always hope
That things will get better
But things never do
I am going to sleep with Mario in my ear
Crying to myself
Just wishing you were here
And knowing that you could never care
Because every word I say is like yeah
And nothing more
And I think that's what I am to you
Jus a Yeah and nothing more
So I will close my eyes
And when I open them
You will be right by my side
And every tear dropp that I cry
Will no longer exist
You will kiss my lips
And wash away my pain
Good night honey muffin
Sorry I'm no longer the sun shine in your rain
Good night world
Good night little boy
Good night little girl
Good night to all
That's all I have left to say
I'm all washed out

But I hope your day was great
I love you
Though I'm sure you don't believe that
Make you sure you eat and relax
Hope you finished all your work and get a good rest
Good night sweetie
And GOD bless

Shilesa Johnson

Hang Up On Love

The words I love you have no meaning
What comes with it
Is something I am not needing
Something I want to deal without
I thought I knew what it was all about
And frankly, I just don't
Because it seemed so very hard for ME to let go
I cried
And ALL you could reply
Was "dry your eyes"
And so nonchalantly
But don't you worry
I am not mad at thee
How could I be?

You were so ready to hang up
And once YOU did
I did the same thing on love

Shilesa Johnson

Happy Birthday... 'Mom'

I want so badly to pick up the phone
Call you and wish you a happy birthday on my own
Without anyone giving you my message
Just want you to see that somehow you're still a blessing
I know that you haven't called me for mine
For the past two years
But maybe you will next time
I still have ity bity hope
And I'm doing everything in my power
To make sure that doesn't grow
Cause see every time I try to believe again
YOU disappoint me and something happens
I want so badly to hear your voice
But your actions aren't really giving me much of a choice
I'm trying so badly to prevent from getting hurt
Every time I try to open my heart up to you again
You make me fell less then dirt
And I already know that you can't be trusted
And I already know that you're filled with lies
I also know that if I call you today
All you're going to do is fill me up with hope inside
Hope; that you never intended to fulfill
And sometimes I wish that I could make time stand still
So that I could re-live the good times with you
Every now and again
Re-live the moments where it felt like
I was your best friend
But enough about me because today is your day
The day you were conceived so let me jus bow down and pray
And thank god for bringing you into this world
Cause without you here
No one would even know this girl
I wouldn't even exist
So although you may not have wanted me here
GOD had his purpose
And I'm going to do all I can to fulfill it
And become the women he created me to be
Use all of the talents and abilities
He blessed me with to my full destiny

And I won't stop until I reach my full potential
Maybe I should give you a writing utensil
So that I could write down my birthday for you
Maybe ill get a call this year! !
Forget it...
There's no use
In tryin
Or letting myself get up to the point where I can't stop cryin
If I call you you're going to hurt me more
Jus like you always do
And I haven't spoken to you in months
But I send out my love
Happy birthday 'mom'
Sincerely the mysterious girl u carried for nine months

Shilesa Johnson

Have To Be Patient

i thought that things would get better
cause i felt like i got my forever
but my forever wasn't feeling better
and ofcourse it takes time
i just never had patience
but thats something this expierence will help me find
cause for you i will always wait
even though rite now im the person that you hate
and i'm willing to fight
not physically
but anything 2 keep you by my side
your hurting me too
and i never meant to hurt you

Shilesa Johnson

He's Closer

you and i used to be ideal
now it's hard for either one of us to tell what's fake and whats real
and it's hard not to feel what i feel
but i do
he's closer to me than you
he's closer to me then you are able to be
he can be right here if theres something i'd ever need
his time schedule includes me more
because he's not so busy
not that i'm saying that's your fault
i see him in school and i'll see him in track
he'll be there when i turn forward and he'll be there when i turn my back
he can be where you are not at
he's just closer
and that caused him and i to become just that
nobody wanted this to happen
and nobody expected things to react
so..... so.... unexpectedly
all i can really find the words to say to you
is that I'M SORRY

Shilesa Johnson

Hope This Love Thing's Real 6~25~09

When I heard what I did about you
All I could do
Was hope that it wasn't true
And though part of me believed it
I had to give you the chance
Being that you're my man
and a opportunity for you to help me understand
I had to bring it to your attention
And though I was mad at you
I still offered to listen
And now I just hope it isn't so
Cause from what I know
You're not the guy to stoop that low
All I hope is that this love thing is real
Cause if it's fake on your part
I WOULDN'T be able to feel
I would be frozen
Zero words could be spoken
Cause out of everyone I could've had
YOU were the one that was chosen

Shilesa Johnson

How Am I To Know

How am I to know what's real or not
You never really do
Until you take a chance but by then your heart has made its move
You cannot leave
You cannot realize things that blinded eyes cannot see
What's real and what is fake
Wanting one thing is real
But those intentions I cannot take
I just want a love we can create
And give a heart that will not break
But I can't give my all
When I'm unsure if I'll be caught
If I choose to fall

Shilesa Johnson

How More Can I Show You

As bad as I want it to
I don't think this is going to last
And I know we CAN
But we can't even move Pass your past
Cause it just keeps coming back
And I feel like we can succeed
But you don't even show me
You don't show me that you want this for real
All you say is love is what you feel
You don't show me that you're down through whatever
And I'm still here through the worst weather
Through the thunder of your ex lover
Through the hurricane of all the pain
Through the tsunami of it not being just me
Through the rain and through the clouds
I was then before it
And I'm here now
That's more than showing you
That I'm here know matter what you do
So how have you shown me?
By saying I'm all you want
What about being all you need
By saying you love me?
What about me only?
By saying you love me with all your heart?
I guess that's a start
But it's still only words
Only thing you've showed me
Is that you could make me hurt
And that very little is what I'm worth
I was with you through all the bull shit
Stuck by you even when I didn't know how I was going to do it
And if that's not enough to make you realize that you should treat me right
Then I don't know what is
So I'm not going to try anymore
And it's as simple as this

Shilesa Johnson

Hurricane Sandy: No Contact

If I could text you at this moment
I know I'd wanna give away my heart
And have you own it
I know I'd be smiling from ear to ear
Falling deeper into you
Wishing you were here
You'd make me giggle
And I'd cover my face the way I always do
I'd hit up my best friend and tell her how much I want this
Wait for your text, sit back and Premonis
You'd say something sweet and I would literally go awe
I just wish I had power so I could see just how u are
I know your home making the most out of no lights
But I can't make the most of it
When I can't speak to u tonight

Shilesa Johnson

Hurts So Bad Inside

it's 11: 15

and these tears flow like a stream

i feel like melting like a bowl of icecream

my head aches

and i try to STOP my cry

but my heart has no brakes

my eyes slightly close

but then open up real wide

this pain; it hurts so bad inside

thinking of the past and what was

how you and i were the ONLY two in love

how you would walk me to class and i'd stand in the doorway and wait

til you were down the hall and could no longer see your face

it's 11: 20

and this stream

simmers down into a pond

i'm holding back the tears

but i miss our bond

the way things were

so much more then this

i would just prefer

it's 11: 21

and it hurts too much to go on anymore

im Done

Shilesa Johnson

I Don'T Matter

i don't matter
and why should i
i feel like inside
im dyin
and i keep cryin
cause im tryin
and you wont let me
cause i know that i hurt the only one i truly love
and it hurts ME
because
thats not what i does
and though that may not be correct english
it aint something i would do
and it hurts me
because it was something that i did do to you
and i feel like everything is only going to get worse
and i don't want it to
but the truth hurts
the truth is that you don't want nothing to do with me
and i know that you do still care
but youd rather me not be here
and it hurts because i never thought that with you these feelings would occur
but they have and i wont be able to find another
the hardest part is that you told everyone
something i never would have done
why would you want to put me out there
i know that you were mad
and you just didn't care
but id never do that to you
and i know i hurt you
but id never tell your business
especially with the people you dont trust
and you told my business to people that you wouldn't even tell your own
and i just want to go home
home is where everyhting was secured
i was yours
you didn't regret me
you and i were happy
when things were great

i want to go home
home is back to the days
when i would look into your eyes
and every hurt and pain inside
would dissappear
i cant go home
cause you don't even want to come near
and now im stuck in this place
where you want to erase
me from your life
i know you feel that way deep inside
you make me feel worse like i never did anything right
and it hurts me because even though you had lots of flaws
you were the most perfect thing in my life

Shilesa Johnson

I Just Cant Find The Words

How do you tell somebody that you love them when your not sure its something they're ready to hear?

How do you go from being the cute guy from class and around the way to the thought of losing you
Being the one thing that I fear?

How do you go about saying all the things words cannot perform
and keeping this burning passion kept in
has gotten me torn

And actions can't be shown because those are not enough

How do you go about telling somebody that its not a maybe or an almost

But it's DEFINITE that you're IN love

Shilesa Johnson

I Know

I know that I have to move ahead
I also know that I can only do that with you gone
and despite what you have said
we both know that you've done wrong
I know that I have to move on
I also know that I can't do that with you here
and I have to remember that while I was gone
you walked around without a care
I know that I have to leave you in my past
but I also know that-that's the hardest part
Especially when I fought for us to last
and always held you deep inside my heart
I know that I am too good
and that you should've done right by me
I know that you could
I also know that you didn't entirely
I know that some of the mistakes you made can't be forgiving
I know all of those things and YET
you are still that one guy
me heart CAN't forget

Shilesa Johnson

I Need Your Help

This break was suppose to be something that made me see what life was like
without you
And the only way for that to happen is for me to completely loose you
For me to go days without hearing your voice
For us to want to speak but telling ourselves we have no choice
And though we'd like to think that this would ONLY make us stronger
It really made me last longer
And drift further away
And when you came
It made me happy
But taught me
That without you
I could finally be
And it wasn't easy
And it still isn't
But I had to deal with it
Because it was OUR decision
I'm not sure what to do anymore
Because you have always been and still are
WORTH fighting for
And there's nothing I wouldn't do to make this work
Because YOU'RE worth everything
And you DON'T deserve to hurt
BUT what happens when I start to have feelings for someone else
What do YOU suggest I do?
I need YOUR help
What do YOU think is best?
I don't want to have to choose
Because my choice is always you
But I don't think that choosing you will stop my feelings for him
What do I do?
I'm asking for your help again

Shilesa Johnson

I Own Up (It's All My Fault)

How can I live with myself?
Knowing every thing that I caused
Knowing that I put my whole life on pause
Knowing that I can't go back
My face is pounding
Feels as if I've been smacked
I know the wrong I've done
I know that I am the one
The cause for all of my pain
There was something I could have done
Something I could have changed
Something I could have done to save us
But I chose lust over love
And now it's too late
I can't deal with the pain
I own up
I give up
On everything
What else is there left to live for?
When you walked out of my door
I tried to forget you
Knowing you don't care anymore
But how can I
I feel like I want to die
Part of me already has
The pain seems to last
For a lifetime
Especially since I don't have you by my side
My head is pounding
My eyes burn
Everyone goes through heart aches
But why is it constantly my turn?
I hate this
I can't take it
Not having you
This is something I just have to go through
It's my fault
Why were we not together... I own up

I Pray That You'Re Okay

i got down on my knees
and my father and i prayed
all i want for you right know
is for you to be safe
i want for you to be okay
and know that i still care
i want you to know that even though i'm not around
it's not because i don't want to be there
i kept thinking you didn't need me because you have them
but all along that's not how it's been
if there was anybody that you needed
then i was that one
because i was the only one that would stand by you
and for once in my life not run
all i want is for you to be safe
and as i talk to GOD
i pray that wherever you are
i pray that you're okay

Shilesa Johnson

I Use Laughter As My Cover Up

You ask why I laugh so much
Why is it that I smile when there's nothing to smile about
And though that may be true
Smiling is the only way out
Me smiling has nothing to do with being happy
Me smiling has nothing to do with being glad
It's about me covering up the way I truly feel
Especially when I feel like nothing is what I have
Absolutely nothing to smile about
And even though things are better now
You and I are not
And at some point you're motto use to be
"We all we got"
It use to be that I was your world
Your little girl
But not anymore
In fact now it's just a thought
Just something I use as hope
So that I can grow
And you ask why I laugh at everything
Well I don't cause inside I'm actually crying
But laughing is just my way of hiding
And covering up the way I truly feel
My way of escaping what is real
My way of not thinking about it
I'm just really good at disguising it
Deep down I really want to laugh and mean it
I want it to be that hilarious
But it's not because
There's nothing funny about you being the one I miss
And I just wish
That I could be the one that your heart is with
But I'm not
The drugs are
And even though pain is surrounding my heart
I make the outer coat seem like a smile
Even if it's only for a while
It's long enough
To keep people from suspecting that something is up

Long enough to make people think nothing is wrong
Long enough to make people think that I'm okay
So if I'm laughing way too hard just let me.....
So for that one minute
I don't feel the pain

Shilesa Johnson

I Was Jus Hopin

I was jus hopin to receive your call tonight
Exactly when the clock struck nine
I was jus hopin for you to actually care
Was hopin that you'd miss having me there
I was jus hopin that you and I could talk
That you wouldn't care what the circumstances ever were
I was jus hopin to at least be missed
That you'd show that you never wanted to let go of this
I was just hopin things that aren't going to happen
And when they do now
I wouldn't have been wantin
I was jus hopin for things that I would actually do
But like I always used to say when you'd compare
"I'm not you"
And you are not me
So I can't hope for those things

Shilesa Johnson

I Will Live

I realized one important factor
That I always knew
But now know better after
That you never give anyone all of your heart
It's not guaranteed that it won't fall apart
It's not guaranteed that you won't wind up hurt
So never wear your heart on your sleeve
Hanging on your shirt
I should have known better
But I ignored it
And now I feel like I got hit by a car
But my heart got hit
And it's damaged
All guys are the same
It has always been that way
Don't know why I suddenly expected that to change
It is what it is
And though it hurts...
I WILL live

Shilesa Johnson

I Will Not

I am not going to smile when I want to cry
I am not going to say hello when it is time to say goodbye
And I am not going to land when it is time for me to fly
I am not going to say one thing to you if it is a lie
I am not going to give you anything if I have nothing left inside
If you are not making an attempt than I won't even try
I am not going to keep shut about what is on my mind
I am not going to try to change time
I am not going to be something that I am NOT
I have to stay true to myself
Because that is all I really got
I can not turn my back on who I really am
I WILL NOT
So take me as I am...
Or GET GOT

Shilesa Johnson

If You Truly Wanted To Love Me

If you truly wanted to be apart of my life
Then you would make an attempt
And I don't understand
Why you would allow for us to be exempt
If you loved me how could you allow this to be
I'm your child
Aren't you supposed to love me?
Aren't you supposed to give me support?
I know I'm a disappointment to you
I know I came up short
I know I wasn't what you wanted
Or even what you expected
I guess that's why I was neglected
And didn't meet up to your standards
But my only question to you
Has still remained to be unanswered
I never ask you for anything
But this is something I need to know desperately
Why?
And I try so hard to be strong and not cry
But how can I?
How can anyone be strong?
When the one they have yearned for so long
Could never love them back
And it's not a boy or a friend
It's my mom
How messed up is that
I jus have this image of what a mother should be
And the fact that you aren't any of those things
Is what truly hurts me?
It's what makes me depressed when I should be happy
The pain you caused has spread all over me like acne
And I try to cover it up sometimes by always laughing
But ma it's just so hard to
I need you
I don't want to waste your time
All I want to know is what did I do?

I'LI Disappear

you made me cry and even said you didn't care
now I know the truth about everything we shared
you flipped things around and I fell for your shit
now the roles change and I play the tricks
you use manipulation as a way out
and I'm through being your puppet
as of right now
I admitted to my lie
and your actions you deny
so whats worst?
and I can't believe you don't care that you caused me to hurt
I can't believe it had to go down like this
and because I loved you like I did
this is by far the worst relationship
you said things I can't believe you said
and I know you didn't believe the words that came out of your head
okay, me lying was wrong
and what makes it even worst is that I waited so long
but I came forth with the truth
and never once cheated on you
and yet I'm still faced with another battle
and now God showed me what I've been praying for
a clue and some sign that you're the one I'm for
and now it's clear
after YOU said you didn't care
that things weren't meant to be shared
and you got your wish cause I'm gone
I'll disappear

Shilesa Johnson

I'M Done

I was blinded but now I see
You and I are not meant to be
Not now
Now later
And obviously not then
To bad this had to happen
I won't even try to make it work
What's the advantage...?
More hurt?
Well im not game
I'm not doing this process over again
For things to turn out the same
Wow is all I can really say
I'm not mad
I'm not sad
I am jus aware
I'm finally getting it
And it don't matter if you OR I care
Cause at the end of the day
What's done is done
Theirs others out their for you
And I am just not that one

Shilesa Johnson

I'M Through

Seems like you don't want me to excel
And wherever you are
You want me to be as well
Even if it means not being all I can be
Jus as long you see that I don't succeed
And you laugh at my failure
And mope at my accomplishments
You roll your eyes
Every time I get a compliment
And I realized that you aren't real friends
Because they would be happy for me always
Not only to certain extents
You guys smile in my face
And talk behind my back
And know matter what you think
I get the last laugh
Weather you like it or not
And just incase you forgot
This isn't a competition
Beating you isn't even apart of my mission
Were not even on the same level
You and I are so distant
And I am not gonna settle
I'm a reach for the highest
Won't be satisfied with just one medal
I want all of them
And in case I haven't been
Straight up
You are officially out of my life
And I don't even give a f**ck

Shilesa Johnson

Is Anybody Listening

I cry out for help
I need someone who cares
But people only care about themselves

I want someone who can see me
Past what some might mistake as beauty
I need someone who cares way too much
That way I know that they love me just enough
I need someone to understand
That I do be trying all I can
To meet their needs
And make everyone else happy
Never considering myself
And that's just the kind of person I am
That's just something I can't help
But if I'm always looking out for others
Then don't I need someone to look out for me?
So tell me who its going to be
I think that I'm just waisting my breath
But I don't even care anymore
For I have nothing left
Is anybody listening?

Shilesa Johnson

It Takes Love

Mr. L said "we tend to hurt the ones we love most"
When I did that to you
I knew it was time to let you go
It took strength to have the courage to do this
It takes love to realize that you ain't deserve it
It took every ounce of me to agree
It took all I had inside to think of life without WE
It was pain hanging up
Felt like I was turning my back on US
Felt like I was walking out the door
Like you and I was NO MORE
I felt like I got shot rite in my chest
Cried myself till rest
Felt like I didn't have anything left

We do hurt the ones we love most
And love is what gives us the strength to let go
To let it fly away and come back home
All on its own
And it's taking love to stay away
To not call and for me to change my ways
It's taking love to keep me on my feet
Taking love to help me deal with you without me
It takes love to see that you were hurt
To step back and realize what you are worth
To realize that we were meant to be
And sometime near the future
Together is what we will be

Shilesa Johnson

Jus A Frend

I don't want to keep pretending
Hoping for a better beginning
It's not the way I want to keep living
Cause I still care about him
And not talking won't change that
Cause that's how it's always been
I'd be lying to you if I told you different
But he is my friend
And all though he hurt me
I'm willing to forgive him
Because we have always been close
And when you're tight like that,
It's hard to let go
I don't want you to be mad
But lying to you is bad
And honesty's always been something that we had
So I'm telling you that with you forbidding us to speak
It's not changing anything
Cause with all of my friends
I will always care
Even if they're not here
That's jus how I am
Just know that you are still my man
Ill respect your wish
And end this
But he will always be my friend in heart
Even though he tore me apart
And you and I are one
But b and I are jus cool
The one in the end is YOU
Just know that even though he and I are friends
YOU are still my BOO

Shilesa Johnson

Jus Because I Love You

I would climb that extra step
I would run that extra mile
I would work those extra hours
For the result of your smile
I would wash that extra dish
I would read that extra chapter
I would hike the highest mountain
Just for the result of your laughter
I would fight the strongest person
I would sing the highest note
I would swim those extra feet
Anything to keep you close
I would run that extra meter
I would dive deeper
I would jump higher
Stand through the fire
Stand through the rain
Fight the extra pain
Cause YOU are all I have to gain

Shilesa Johnson

Just Keep Getting Hurt

i feel like you know that ill always care
and because you know that
you think i'll always be here
and even though that may be some what true
whats not is me always waiting around on you
i said i wouldn't stop or put anything on hold
but that all began to change as you became way more worth than gold
it began to change as feelings got deeper
feel like everytime i walk with you
things just keep getting steeper
no i don't want for things to be this way
but the truth of the matter is that
your love for her remains
and i just refuse to be second place
because i know there's someone who would put me first
and i feel like if i continue with you
im just going to keep getting hurt

Shilesa Johnson

Just Take My Hand

Being in your arms makes me feel complete in this strange way
It's like now that I know what it's like to be this close with you
I don't ever want to go another day
Another moment
Another second
Another minute without having you by my side
I just wish you would let me inside
And put down your pride
And allow me into your heart to protect
I promise you'd never think twice based off my actions
Or have any regrets
I don't want to be like any girl from your past
There's so much to grasp
So much even I don't understand
But I want to travel this journey with you
So take my hand
Grasp my heart even tighter than you've already done
Make me your exception
Make me that one
The one you treat better
And the one that makes you happiest
And I want to keep progressing
I want to get to know you so damn well
I want to know you like nobody else
I want to be your everything and more
When your days not going well
I want to be the one you look toward
I want to build on something that will last
I want to be your one
You're only
Your last
I just want to be apart of your everyday happiness
And your everyday smile
You are too perfect to be anything other than
And I want to make it happen somehow

Shilesa Johnson

Just The Way It Is

i can't take it anymore
if i say i want to be with you then i do
i get that you have to ask that because of what i did to you
but baby im sorry
and i wouldn't say it if i wasn't
i just want to make everything alright
and it makes me mad that i can't
i just wish you could understnad
that im not going to hurt you again
not just purposely but
At all
that you can trust me with all
words and promises will alwasys be kept
i just don't expect
you to except
what happened
so why am i so mad
just know that my anger is not at you
its at myself
i no i hurt you
as your firend said...
'BAD'
but im willing to make up for that
everyone just stop throwin ish at me
i know what i did
and no im not happy
why should i be
a break could do alot of things
but whos to say that it would be best
im not taking chances on that
i would rather things not work out and we say we gave it a try
then for things to not work out because we let each other fly
i would rather breathe with you'
then without
cause i can't breathe without you
i love you with all my might
and everyday i wake up
its a constant fight
not knowing if you'll always be in my life

i just know that i always want to be in yours
and im ready to make it work
but why must i keep this hurt
why must i feel this pain
when you hurt
i hurt
thats just the way it is

Shilesa Johnson

Just Wasting My Time

You and I seem to want different things
And know matter what we do, you can't seem to agree
And together with you is what I want to be
But it seems like you don't so i'm not going to plead
How is it that you feel the same way?
But yet you're not willing for us to make a change
How is it that you want to be mine?
But you won't fine the time-
For that to happen
I don't just want to be that girl
I don't just want to be the one you mess with
I want more; I want a relationship
I'm not just going to be another girl that you're talking to just to hit
I'm not going to be part of that statistic
I like you but you don't seem to want more
So tell me what i'm wasting my time for

Shilesa Johnson

Just Wondering

How can I be your everything?
When you treat me like I'm nothing
And you're still with me
So it has to be for something
I know I don't keep you wanting
Or eager for more
Because I don't do the same things
As the average girl
And maybe that's why I'm never first
Maybe that's why I keep getting hurt
There's no way I'm your everything
When you act like I'm nothing
And your still here why? ...
I'm just wondering

Shilesa Johnson

Karma Loved Me Better

I try my best to keep my head up
But whenever I fall I need a chest pump
It just hurts too much to even try
Takes everything in me now to break down and cry
I figure it's easier pushing people away
It's just easier not to get closer to anybody especially since nobody ever stays
It hurts way more than I show
And I know the pain has made me grow
And even though everything happens for a reason
I'm just so tired of my heart bleeding.
So tired of being the person everyone hurts
I want someone besides me who knows my worth
It sucks because karma freaked me better
The days when I was too immature to identify love cherish and treasure
I took it for granted
I was focused on other things so I couldn't really understand it
And now as I lay here in the dark at 5: 38 am (aye em)
I try my best to be strong, not cry and hold it all in

Shilesa Johnson

Keep Givin In

I was trying so hard to ignore
But it was kind of hard with you waiting at my door
With that sad puppy look on your face
All of my anger for you just erased
I was on a mission
Had come to a decision
But you being in my presence
Just made all of that hard
I had a plan
But so did my heart
So did my mind
I just want to rewind
And go back in time
And stop this from escalatin
But I can't
Now I'm trapped in this here situation

Shilesa Johnson

Keep Pain From Reaching The Heart

I learned today that we don't really feel pain
It's really in our brain
And I learned that if we could stop the pain signals from reaching the cerebrum
Then we will never have to experience the pain that comes
What if we could do that with a broken heart?
Stop the heartache from going that far
That way it would never reach
And there would be no more days of crying yourself to sleep
What if we could go back in time?
And STOP all of our arguing
Stop all of the lies
Prevent all that we regret
And never let
Things go that deep
What if we had the power to do all of those things?
I mean think about it
If we can stop pain signals from reaching the brain
Than why can't we stop the heart from receiving pain?
And if we could
Would we?
Or would we just leave things be?
Cause if you change things you would never know what things could've been
But if you don't then you have to deal with a broken heart that you have to mend

If we could stop pain signals from reaching the brain
I hope that there's a way
That we could stop those signals from reaching the heart
And we would never again have to feel that pain
or ever recieve the scar

Shilesa Johnson

Keep Provoking Me

I try to be the bigger person but I can only take so much
Inside;
my heart's filled with lots of love
You have to do me dirty for me to truly say I hate you
But that's the point you have brought me to
The point I tried so hard to avoid
Now the feelings I once had in my heart for you are void
They're plain dead
And although you try to bring me down
I won't let you get into my head
I know that's what you want
From the start I was always upfront
I won't be kissing anyone of your asses
Especially when you constantly try to break me like glass
A person has a threshold
And so much is all I can hold
So keep tempting me
Keep provoking
And you WILL get an outcome
Just not the RIGHT one
So go ahead
And that's all I have to say when it's all done and said

Shilesa Johnson

Keep You Here With Me

whitney houston once said
'you break through my walls with the strength of your love'
'you see right through the hurt of me'
and when i look at you babe
thats what I see
because you help me be all that i can be
you were there when i felt like no one else was
and what you give me is what i call
unconditional love
loving me knowmatter what
i don't want to go where you won't be
so that means
that i got to move forward
and there you will be
because the only place we can go is up
nothing comes close to facing us
our love is stronger than any force
it has it's own army
YOU and ME
lets make this the past
im not saying forget it and let it pass
but i don't want this hurt and pain to last
and it's up to me to do whatever i have to to make it end
and make sure this NEVER happens again
WE are strong
and with you gone
i fall
because you are my all
with you gone
im broken
and then nothing would be able to stop any of my hurtin
im'a erase the pain
starting with a change
but i won't change myself so much that i losse ME in the process
but if i don't make 1 I will be loveless
and with out you is whene i NEVER want to be
so it's my job
to keep YOU here with me

Let It Slip Away

I just say yeah okay
And agree to just about everything you say
I'm not going to argue
And I'm not going to fight
I'm going to leave things unsaid
And just cry them out at night
I'm going to let you slip away
Even if that be the reason you don't stay
It hurts too much to deal with the pain
And the continuous disappointment of you lying
So I won't even ask the questions anymore
I'm done trying
We can get better or we can get worst
But you don't see me or put me first
And I'm not going to fight this
I'm tired of it
I just don't have the heart to let you go
I love you way too much
So I'll let it go under on its own

Shilesa Johnson

Let Me Fall

If I were hanging on the highest hill
you would never come
you would see me suffering
and do nothing about it

You would stand TALL
and watch as i prepared to F

- A
- L
- L

and you'd look me in the eye
with a blank stare
with no emotion filled inside
you would watch as I die
stand over me
and shed not 1 tear

If I were in the deepest ocean
and on the verge of drowning
you would not come recuse me
you would watch as i drifted further and further away
so far that you could no longer see my face
then swim out just 2 see me drown
and swim back to shore

If you had a choice
and could go back in time
I do believe youd eliminate me
from this life

Knowmatter what it is
you won't be there
even if it's at the most needed time
you leve me here
standing
hanging
and drowning
cus knowmatter what I DO

you hate me knowmatter wat
and it hurts
cus I cud never hate YOU□

Shilesa Johnson

Let This Teardropp Fall

The tears drizzle from my eye
But does not slide down my cheek
It just sits there
Like everything I hold inside
Kept within me
I want to be strong
I just have to be
I know this is wrong
But crying is for the weak
I try so hard not to let this teardropp fall
But find difficulty
Because you're not with thee
And it makes my body feel numb
I can't see
I can't feel...
I can't hear anyone
Just my insides
And they say cry
My thoughts yell at me as if I'm in trouble
And the more I hold in
The more the pain doubles
My heart is confused
Because my pride says don't cry
My heart pleads for me to let everything go...
Not to lie
It says stop denying what you are truly feeling
It says I have to come to terms with the truth
To begin the process of healing
And yet these teardrops still seem to fall

Shilesa Johnson

Live My Life In The Dark

I feel like I have no place
And track was the only time
I didn't feel that way
I felt like I belonged
I fit perfectly like a melody to a song
And now that I've given up on track as my dream
I have no place in this world
It's just me
I feel like I'm outside looking in
To a whole lot of what could've been
But to a whole lot of nothings
And I want to matter to something
I want to be special in someone's heart
Not just in someone's eyes
Because they can be real deceiving from the start
From time to time
I want to make a difference in someone's life
In their life full of disappointments
I want to be the one thing that goes right
But I'm not
So I just have to work with what I have
And continue to live my life in the dark
And not one place in any ones heart

Shilesa Johnson

Living In A Fantasy(10-23-08)

I feel like you and I are just two different people
We were once one, we were once equal
Now I just don't know
I can't you unless I visualize you with my eyes closed
And I never thought that could ever happen
But it did and I'm no longer laughin
Me and you, yes we were friends
And I know that our closeness
Will never come to an end
But I feel myself really drifting away
Into a colder place
Called reality
And I guess the thought of you and I forever
Was just a fantasy

Shilesa Johnson

Living My Life For Other People

If it's my life then why do I feel like I'm livin it for other people?
It's like forget how I feel
I'm just see through
I have to NOT do what I want
To make other people happy
And they expect me to do it gladly
I just don't know what to do
And when I say that
It's the truth
Because I feel like my decisions are based upon how you'd react
Weather it's you crying, or hating me
And I just don't want that
But I would never think that something so simple as a "TOP"
Would make you go on everyday
To see if I would stop
You and I aren't even together
So why should it matter
You feel so strong about that
And honestly
It gets me mad
But once again I'm going to change it
Not even thinking if it's something that I wanted
Jus doing it to make YOU happy
And once again
I have to do it gladly
You're right I should no what gets you upset
But why do I have to change what I want to do for it
It's like what makes me happy has to be changed to fit your standards
Like I have to answer to you
You're my landlord
And I would think that something like that would matter as much
It's like I have to change things not for US
But for you
And I jus don't think that that's even fair
And yet changing it for you is what I will most certainly do

Shilesa Johnson

Looking Back For One Last Time

Here I am
Just another person to this lady
And yet it's something about her that drives me crazy
But not in a sexual way
It's just something about her that makes me think back
To when I was in another place
Every time she crosses by
For some odd reason I find the urge to cry
It's something about her that makes me sad
And every time I look at her I feel so bad
I wish the best for her and everyone she may know
I pray that even though we are strangers she is not treated cold
And then it hits me
Her scent is the very same scent my mother use to wear
And when I realize that for a second it gives me a fear
I want to just hug this little old lady
So that I could feel close to my mother
Maybe even feel like she's near
So when she smiles at me and starts conversation
Instead of ignoring her
I smile as if theirs a celebration
I respond back
And I even allow myself to laugh
And as I'm walking away to say goodbye
I try to hold these tears in
And try so hard not to cry
But it seems so very hard to do
When every where I turn it's a constant reminder of you
A lady that I never came across had your very same scent
And before I looked up I thought you were around me
Just like you should have been
But then I realize that it was just in my mind
And before I walk out of the door
I look back one last time

Shilesa Johnson

Lost Ones

Regret

Something that's been eating away at my soul
The life I took away
The one I never got to hold
The life of a story never told
A life never lived
A mistake I can't forgive
Still struggling to come to terms with
A void that can't be filled
A mistake with no corrections
My insides just so still
A choice due to fear
Confused, it was just me here
No shoulder to cry on
Trying my hardest to remain strong
Saddened and pained
Taking away the very life who's blood ran through my veins

Shilesha Johnson

Love Makes Me Insecure

Love makes me insecure
Because with everything I am aware of
I begin to be unsure
All of the things that I don't stress
In love I over think
I begin to second guess
As I am getting swept up off of my feet
Being content no longer is enough
I start to feel incompetent
And start jeopardizing my love
Because love makes me insecure
Because even when I think it's real
I'm never really sure

Shilesa Johnson

Made Me Happier Than I Was

Out of all the people
You made my day
Talking to you
Pushed my pain away
You didn't give up tryna make me feel better
And I thought that you would do that... well never
I was really hurt and you made everything okay
All that had happened prior to was erased
All was forgotten and unthought of
And I appreciate that very much
Cause you could have given up
You could have stopped
But in the end you made me smile
And that truly means a lot
Last night I felt like no one cared
And out of everyone I know
You were the only one to be there
That truly made me smile
And what you did for me will be engraved in my heart for a while
And even though you did me wrong in the past
Last night made up for it and that feeling will definitely last
So thank you for everything again
And ill always care about you
Despite what will ever happen

Shilesa Johnson

Make It Through Anything 6~24~09

The things that we've been through as friends
lets me know that we can make it through anything now
And out of all the guys you are the one
least difficult to figure out
Because you make your love obvious
and you show you care
almost one hundred percent
the way we've been going at it
gives me no doubt in my mind
for this relationship
and there isn't anything i need to know
cause if i don't already
i know it'll still be shown

Shilesa Johnson

Misunderstanding

I don't think you read it wrong
Just think you saw what you wanted to see
Don't know why I'd compare you too
Knowing that would make you unhappy
I know how you feel about him
I know the situation
Why would I call him your twin?
Then you got upset
Misinterpreting what I said
Not even asking
just a simple misunderstanding
and once again you acting
Acting out
and jumping to conclusions
really? like what is that about
all you had to do was ask
it's a simple task
you just always have to be so controlling
that's why we had yet again
another misunderstanding

Shilesha Johnson

More Like Your Mom And Less Like Your Wife

I feel like more like your mother than I do your wife
Because I have to continuously nag you
To put me first sometimes
Continuously nag you
About whatever it is that you do
I have to repeatedly tell you what's right
And what's wrong
And I feel like it's a waist of breath
Because you know it is all along
But like a child would disobey
YOU hurt me anyway
Knowing exactly what it is that's causing the pain
But I'm guessing you don't care
So whenever you're ready
Just as a kid would leave for college
You can leave me here
I will be okay
And it wouldn't make a difference if you stayed
Because it barely feels like I'm with you anyway

Shilesa Johnson

My Ability To Live

this is only going to make us stronger
and in the future ill be able to look forward
but right now i just can't
how can i expect anyone else to
when i don't even understand
everything just happened so quick
and it felt like when i lost you
i lost my ability to live
i felt so weak
i felt like there was no way i could be
i felt as if my life had been taken away
because you were my everything
and that still remains
and i know that yours does somewhere too
i can't see it now
but i know it still do

Shilesa Johnson

My Addiction

you are my addiction
my ultimate high
and without you
i feel completely empty inside
you are my best choice
by far the best
and you are all i will ever need
so forget about the rest
you are my hearts beat
you are the joint in my knee
that makes me quiver causing them to feel weak
you are my balance
the cause of my happiness
and without you
i find myself to be life-less

Shilesa Johnson

My Could've Been Love

My could've been love

Sitting here with my back against the wall
Literally backed against a wall
And my mind is saying I was wrong
But maybe I was right
Cause I could have fell in love
And ended up with another sleepless night
I could have found the missing piece, parted ways with, ending up misplacing me
Losing myself entirely again
Taking forever to recover
I shouldn't have gotten so upset
I should never gone there with him
When he hasn't messed up yet
All I think he wants to do is love me
But his intentions is what makes it more scary
Lack of knowledge as to what they are and what they are portrayed to be
But then maybe I was wrong for shutting him out because I got annoyed
So poof goes my could've been love
Yup it got destroyed
But my heart would've been broken anyway
So I basically just saves myself less pain

Shilesa Johnson

My Everything

i know that what happened seemed like the worst possible thing that could
and i know that everything seems like it wont get better
but it could
and without you my heart will NOT go on
becasue you are my heart beat
even when you do wrong
In my eyes you wont ever
and i need to be with you
you are my now
you are my forever
i feel like this isn't the worst possible thing
but what would be
is loosing you completely
and i can't loose my everyhting
because then what will i have?
nothing
you are my world
my most precious pearl
my diamond
and when im in that darkness
your love keeps on shinin
guidin
me str8 2 the light
to your heart
in your life
is where i want to be
cant see you without me
and though its difficult
it seems
that it won't get no better
but it will
cause we still got each other
you ARE me world
you ARE me joy
you ARE my bestfriend
and i know that your heart is not a toy
i know that it is delicite
which is why i won't break it
its safe

i'll guard it with my heart
we can get through this
even if it is hard
cause our love is stronger than anything
and everything will be ok
YOU ARE my EVERYTHING

Shilesa Johnson

My Heart Bleeds

My heart bleeds
It starts off as little droplets
And then a storm that leaks
I feel as if I am wounded
And on my heart invisible
Are the bruises
When you left
You also took part of me with you
I was missing a piece
And you solved my puzzle
You took the only thing that beats in me
And beneath this fake smile
I am unhappy
Beneath it all...
My heart bleeds

Shilesa Johnson

My Heart's Out There Alone

My hearts out there alone
Were in this relationship together
But yet I feel on my own
My hearts on the line
Just as it is every time
And I feel like this whole time
All we've been is a lie
A joke
Cause there were so many promises broke
So many UN-kept
And each time I think I'm a be let down
I am left
Out there in the cold
No ones hand to hold
No ones shoulder
No one to hold me closer
Out there all alone
And you never have to tell me you don't love me anymore
Cause it's already shown
And I get it
So I'm falling back
And anytime you see me distance myself and you wonder why
Don't ask
Just think
About all the times you left me feeling empty
Compared to all the times I stood by you
And anyone that stayed as long as I did
Is only considered a fool
I can see pass the pain when it comes to you
Because I care that much
And I thought that this feeling would go away
But it cuts
And I feel like every time I cry
You feel like so what
Like being with me is nothing special
And you keep hurting me
But I keep letting you
I don't know how to approach this
I think it would have been better if we just let it end

And leave it alone
Cause I don't think you want' this like you say you do
And I've known
I just tried to make it seem like it was nothing
When you not wanting to be with me IS a BIG something

Shilesa Johnson

My Little Angel

when you were born you were so beautiful
i had never seen anything that little
you're little fingers and your little toes
your little ears and your little nose
everything was just so little
i've watched you grow
i've watch you change
and though i wasn't always there along the way
i was always there in your heart
and we have never really been gone from one another
no matter how far
because no distance apart
could keep you from remaining in my heart
and that's how you have always been with me
even though sometimes that gets real difficult to see
you are my little sister
you are my little angel
and you should always know that
i'm always here for you

Shilesa Johnson

My Little Sister's Gone: (

She was five when her sister left
And with her gone she felt like she experienced death
She was too young to even know what that meant
Apart for seven months is what they spent
Her older sister was her best friend
She always looked up to her
Her smile she would always lend

She witnessed drugs
Barely given a hug
Barely shown any love
And just when she lost hope
Her sister would always show up
At the most needed time
Her sister never knew it
But she always completed her inside
And then her sister would go away again
And the same thing would happen

Then suddenly her sister stopped coming around
For a better life is what she thought she had found
A better life that didn't include her
But she never knew that every day
Her sister thought about her
She always wondered where her sister went
And why she always left without their lives together spent

One day she gotten taken away
To a family friend
And for a while she would stay
But she was still mistreated
Barely eaten
Always hit
But she never told her sister this shyt
When her sister would call
She'd say I'm okay
Cause her sisters on speaker phone
What more could she really say

Her sister always promised that she would visit
And every day she waited
Hoping she'd keep it
But then she realized she was stuck
But knew that her sister still had love
It was just hard for her to see her face
And she felt like in this world she had no place

One day her sister came for her
She went to church and looked for her
She asked where is my little sister
And they all replied GONE
That's when I soon discovered what exactly had been done
I always promised my sister Shilah that I would come and see her
And she waited until she finally gave up
And now she's gone and I know it's my fault
If I had only come sooner
She would still be here
She would still know that I cared
She waited for me to keep my promise
And I did but it was too late
and now i feel dis-honest

Shilesa Johnson

My Love, My Want, My Need

I love you

What do I mean when I release those words to enter your world

No longer lingering inside of me

I want you

What does this mean to you

&& how does this DESIRE separate you from that of another somebody

I need you...

It means that I can't see my days with out you being apart of them

I can't see my world being complete if it doesn't consist of or include you

I don't want to share any part of me with another

I don't want to know what it feels like

Or what it means

NOT to have you apart of my life

It means that the simple thought of losing you BREAKS a part of me that's meant to make me whole

...Complete && never void

It means that YOU make me whole

COMPLETE to the point where I don't desire being with another

NOR

Will I ever....

It means that I love you & I want you because I'm to the point where if it doesn't include you

Then I'm not about it

I'm about you and being there && down for you

I won't hurt you on purpose

I want to be your exception && the one you DON'T make that mistake on

You are my exception because my feelings for you are THAT strong

To the point where any temptation becomes a test that turns into a quiz

That turns into a challenge

That becomes a walk in the park

To a stroll

To a lifetime of NEVER ending possibilities && lifelong happiness <3

I love you

Shilesa Johnson

My Mission

i want to give you all you never had
and i dont have much but i can give you ALL that i have
i want to bring you happiness
i want to be the only person you kiss
i want to give you that unexplainable feeling inside
that can't even be hidden due to your pride
i want to give you the world
cause baby you are mine
i want to give you all of my effort
i want to give you all of my time
i want to give you all that life can posses
i want to give you all of me...minus the sex!
i want to be everything you will ever need
so that you will never feel the urge to ever cheat
i want to be your smile
and the reason why you do
but most of all my mission right now
is to just be with you

Shilesa Johnson

My Own Fault

You spoke of the past
Knowing the pain that it caused
The tear in my eye
The crack in my voice
You ignored
You seemed to care
But somehow I knew you just didn't
When you told me to wipe my eyes
I tried so hard to listen
But you can't wipe away the hurt
It's not like yelling at someone
When they are getting on your nerves
It's not like a fly that you shoo away
It's something that sticks to you
And makes it so that the pain is here to stay
You spoke of the past
I broke down
And it's my own fault because that was something
That I allowed

Shilesa Johnson

My Replacement

Sometimes he isn't a thought
until he pops up on my phone
But he's not the one I'm yearning for
When I'm stuck here all alone
But when I'm with him
Things are just so different
But when he's gone...
He's NOT the one I'm missing
In reality, I'm looking for a replacement
Well in reality
Nobody can replace him
I'm searching for a way out
But I can't because
My heart is speaking too loud
It's beating for the one that tore it into pieces
Completely ignoring the lonely nights I cried
The nights I grew sleepless
So to take away from the pain
I invite someone temporarily in
to distract me of this change
Feeding my heart lies that it is now complete
But when I go home and lay my head down
and I think....
I notice
That he's not beside me
and that he wont ever be
I come to terms with the truth
and it hits me even more
that NOBODY...measures up to you

Shilesa Johnson

My Sister, My Blood

my sister my blood
nothing will ever be thick enough
to break us up
because what we have is stronger than that
what we have is love
and i know things have been tough
on you and i both
but it's going to get better
soon you will be shown
if i was old enough
i would take you myself
stop you from receiving the cards
that i was too dealt
and stop any pain that's in your heart
but i'm not old enough
so where can i start
what do i do
i don't know how i can fix this
what shall i say
i guess i'll start with a kiss
and tell you that every day that you've been gone
is everyday that you've been missed
but i don't know where you are
don't even know how far
but no matter the distance
you always stay close to my heart

Shilesha Johnson

My Weakness

You know my weakness
And you no my weakness is you
And I feel like the knowledge you have of that
Is being abused
Like you use that and take advantage
And I'm just being used
I just want to forget about what we ever had
So that thoughts of you won't hurt as bad
I just want to stop my emotions from being felt
But I can't so I leave my feelings UN dealt
And I hurt more
You're living the college life
So it's easier for you to ignore
Easier for you to forget
Easier to get your mind off of it
Me... I'm stuck in one place
And I want to move forward
But the image of your face
Keeps me in this same spot
And I wish I could just be like a red light
And just tell my heart to stop

Shilesa Johnson

Never A Walk In The Park

Being with you was never a walk in the park
I spent less time in the light
than I did in the dark
you kept me feeling uneasy and hurting
and I feel like it was your goal to make me feel insufficient and worthless
knowing that out of all people I was the one less deservin
Being with you was a struggle alone
literally because I was always on my own
I kept battling and fighting just to make us last
I tried so hard to
But never could move pass your past
you destroyed my heart for a long long time
But I refuse to give you credit
By shedding tears over your lies
I wont give you the satisfaction
cause you never gave me the courtesy
to tell me the truth and stay faithful to me

Shilesa Johnson

Never Again Looking Back

I remember the days when I put you first
Nothing meant more to me then our love
Nothing was worthy enough to be placed above...
In my eyes

I remember when I went away on vacation
Thought of you every minute
So I never stopped prayin
I remember sitting in the sand on the beach
Looking up at the stars
Picturing your face wondering where you are
Thinking you were looking at that very same star
And even though we were a million miles apart
I remember you remaining in my heart
I remember when YOU and I were just THAT
Now I'm here in the future looking back
To what used to be
To the past
And I guess that's where I have to leave
These memories at
Keep going forward
And never again looking back

Shilesa Johnson

Never Care To Know

We wouldn't just match
We'd fit together perfectly
There isn't a doubt in my mind
or an ounce of uncertainty
But your actions stop my heart in it's tracks
They have me slowing down my pace
Before you get double lapped
Early enough to catch my breath
and think more rational
Before one of us gets left
Before I end up 30 pages ahead
cause then you'd be skipping steps
Missing out on all the words I ever said
and all the pain I ever felt
thus not fully comprehending
turning out like everyone else
You and I could be
We could be powerful and have something great to treasure
Switch the whole alphabet up permanently
and put U and I together
We would go
and though you confess your so called love for me
It never shows
and the way I TRULY feel about you..
You would never care to know

Shilesa Johnson

Never Do You Wrong 6~23~09

I've heard about your x and her past
And I think that's the real reason
Why you guys didn't last
And to be honest
I was way more than mad
And when I found out
I wanted to tell you so bad
But it was never my business
I just wanted so badly for her to be finished
I just wanted for you to know
That she was more than worth letting go
And I hated watching you get played
I know how it is
And your heart definitely isn't a game
And the fact that she couldn't see what you're worth
Is a shame
What she did and how she played you wasn't right
And I'm glad you're with me
Cause you're one of the most prized possessions in my life
And I just want you to know I will never do you wrong
And that's the real reason why were going to last long
And as long as I'm breathing
I'm going to stay true
I'm your ride or die chick
I'm definitely down for you
Half of the shyt
Na none of it
You didn't deserve
And babe I'm never going to be the real reason you hurt
Unless you're hurting because I am
But babe I just need you to understand
That I'm here for you know matter what
And I'm so sure of our love
I feel it in my gut

Shilesa Johnson

No Dad Is Greater

you didn't have to give me a better life
you didn't have to come to my rescue
but you did and you healed the hurt I had inside
it was a fight,
but you refused to loose
and I wanna thank you
you brought me to the light
when my world was dark
you showed me I was capable of anything
and I know that it was hard
you made me into a better person
and it took alot to take away what I was hurtin
but you never gave up
knowmatter what
knowmatter how tough
you never let me down
and when others did
you stuck around
and was there to pick me up
when I was to the ground
when I ain't even want to be
you showed me there was a better life to be lived
you loved me
you didn't have 2
but you did
and I love you for this
no dad is greater
sure we have our moments
but we always make up later
and if it weren't for you dad,
who knows where i'd be
I love you
and thanks for always being on my team

Shilesa Johnson

No Looking Back

I know that in 08
I made many mistakes
So many things I wish I could take back
But this is a new year so there is no looking back
No wishing for things I never had
No more dwelling on the past
Anything that once happened before
Can eventually be surpassed
I want a new start
Whatever I had to endure last year
I'm looking to depart
And for the People that may have drifted from my life
I'm going to make sure that it stays that way
For I am starting a new chapter in my life
although my experiences can never be erased
I'm pages away from my old life
And things that went wrong I'm not looking to make right
See people have done me wrong
And I've become a better person
I am now able to move on
Past the drama
And past the confusion
No matter how hard people tried to hold me back
I managed to keep movin
And I know that that's what they hate most
But I respond to that by making a toast
A toast to a new beginning and a goodbye to my past
If you were left in my past
You can't be carried over
For there was a reason our friendship couldn't last
now I'm much more mature bolder
And whatever the reason was, I'm not looking to know
Because the moment I counted down to one
Was the moment I let go

Shilesha Johnson

No One More Perfect

As the days go on I realize one thing
That nothing can break our love
Know matter how difficult things may be
At the end of the day all we have is each other
And that's all we really need
You go your way and I go mine
But at the end of the day you and I will never find
Anyone more perfect
Or more fit
And I always knew you were worth it from
The first time that we kissed

Shilesa Johnson

No Reason Left(Final Goodbye Part 1)

It's so funny how you could just sit there and laugh
How you could stand there and pretend like nothing's what we had
How you could pretend...
That when it came to your broken heart
I wasn't the only one who'd help it mend
How you could act like I'm nothing at all
How you could walk around and think that your ten feet tall
And if you want the truth then that's jus what I will give to you
Although that's something that you weren't willing to do
You were willing to lie
You were willing to take away all the joy I once had inside
YOU were willing to let me go
You weren't willing to fight and say no
No to ending our friendship
No to giving up any potential relationship
You knew what you were getting yourself into
How could you hate me for wanting to be friends with you?
Now as we pass each other in the halls
I realize I have nothing else left to give to you at all
I realize that there is nothing I can do
You've given me no other option other than to dismiss you
You pushed me away
And now it's way too late
To even go back
Because as my "friend"... you were willing to let me fall flat
Not a hand
Not a shoulder
There's no reason to even try to get closer
No reason to even try
You blew it...
NOW it's time for our final goodbye

Shilesa Johnson

Nobody Cares

I'm going through a lot
And right now it seems
As if nothing is what I got
My 'friend' has been dropped
And she took it further then needed
And I hate to ever seem conceited
But I could take it further
But I won't because I was taught better
I'm better than that
And in my heart I still got respect
My other 'friend' wants me to be his girl
Suddenly telling me I'm his world
Even after he said he hated me
Confusing things
My sister is in the system
And nobody cares
Enough to be here
My other 'friend' doesn't give me a chance to really speak
He just over reacts to things
My mother is messed up in the head
And inside I'm jus dead
I'm going through more then these words could ever express
And no one understands
NO one could care less

Shilesa Johnson

Nothing More To Me

I don't regret our friendship or meeting you two
Because if I didn't I probably would have never knew
And I would have found out in the future as oppose to my past
And I would rather keep you THERE without looking back
I would rather keep you where you belong and avoid you in my present
Being close to you taught me a life learning lesson
You two are so wrong for me
And I'm just trying to get right
I found so much more happiness
With you both out of my life
You two were sneaky and very conniving
Trusted you both and the whole time you were lying
It's okay because you don't see ME crying
No sweat off of my back
Without you I won't be dying
I found so much more relief
I feel like I'm finally free
Like a bird
Only you two are its droppings
And I'm still going to reach my goals
You won't see me stopping
Not until I reach the top
And a little advice and others agree
That you should Stop acting like your hot
Cause your not
Stop trying to be like me because there are no duplicates
And stop coming at me with all your drama and bull ish
I'm glad I see now even if I didn't back then
You two are officially dead me
And you're nothing more than a has been

Shilesa Johnson

Now And Til The End

Now see I been through this time and time again
But that's because I didn't know you back then
And now that you are found
I never have to go through the process
Of hitting the ground
I never have to worry about you not being faithful
I will never have to fear anything when it comes to you
I know that my guard has been up
And believe me I'm trying to minimize it
It's just that I've had enough
Of my heart getting hit
I know I've been through this process of thinking I'm sure
But I'm not one hundred percent thoughtful anymore
I definitely KNOW
That you and I will only grow
And continue to get stronger apart and as a couple
And each day my love for you doubles
Many say to leave you alone because you're only trouble
But I say I love you
It would hit me hard
If u were to slit my heart
It would kill my insides
If this turns out to be a lie
But something deep within
Says that this is for now AND til' the end

Shilesa Johnson

Now I Am Done

I have been contemplating all day
Trying to figure out what I am going to say to you
And still nothing
I am just so confused
I feel like you say you want to be with me
But your actions show only half
You tell me your thoughts on other girls
How do you really expect me to react?
I think it is best that you and I not speak
Even though it is desperately killing me
Every time I see your call
I want to pick up
But something deep inside of me says "NO"
"You don't want to fall deeper in love"
Something says "just turn off your phone"
"You both need to be on your own"
"He's experiencing things in college so don't stand in his way"
"Focus on what's important right now"
"You're trying to get to where he is someday"
"He's already out of high school"
"Now it's all on you"
"No hi"
"No bye"
"No what's up"
"Just give up on love"
"You have to be tough"
I don't know where this voice is coming from
But I'm going to listen to it
NOW I am officially done

Shilesa Johnson

Now Know Differently

I used to think that with out you I'd be weak
But being with out you has made me stronger
And I used to think that I couldn't be wit out you any longer
But seeing that you care less than I do
Has forced myself to get used to
Life without you
If you don't care I know that I still will
But I can't make someone feel what I feel
It's just that I thought that being that we both loved equally
You would feel the same way as me
I guess that solves our mystery
That I love you more
And now I can prove it
I'm not mad though I'm actually happy
Because I wouldn't want you to feel the same as me
Because it hurts like a soar in your mouth
When you bite your cheek inside
More than an ouch
It hurts like stepping on glass
More than a rash
It hurts more then words could ever say
But I changed
And I made myself not sweat things like that
To jus let them go because they're not worth the stress
I learned to make myself not depend so much on others
Jus myself

Shilesa Johnson

Now You Began To Turn

I feel as if you knew what you were up against
And even then you stayed with me
You knew what you were dealing with
But all you wanted was for us to be
I told you several times that I wasn't ready
Told you that I wasn't into going steady
You told me that you understood
And you wouldn't hate me because of my decisions
You said you never could
But that soon began to change
Once people were all up in your ear
That all went away
And the times you said you cared
I soon realized were a waist
A waits of breath on your part
Because the things you said to me didn't come from your heart
And you can say all that you want
But you and I both know that you're only putting up a front
Because behind closed doors
Weather you want to admit or not
You still want me to be yours
And I was willing to forgive you
I was willing to at least be friends
But that has all changed now
And you only have yourself to thank in the end

Shilesa Johnson

One Day You Care, Other Days You Don'T

One day you care
And then the next day you don't
It's like I want you to show me more
But of course you just won't
Today I felt like I didn't matter to you at all
I got no text, I couldn't even get a call
Just the other day you said that you loved me
You tried to make things right, even put away your pride
But today you ignored thee, I wonder if you know how that makes me feel deep
inside
I guess I don't matter the way I thought I did
I guess even though YOU meant so much
I wasn't as relevant
Love was just a word
Pain is just a Hurt
You were just someone special
And I guess to you I was just a verb

Shilesa Johnson

One Hundred Percent 6~23~09

In this waiting room
With one thing on my mind
I'm trying to search
But the answers, I can't seem to find
Of why it is that I love you so much
And why it is that I fall more in love
With every kiss and every touch
Why it is that I love you this way
And why it is that when in my presence
I don't have to think of what to say
Things naturally fall into place
Cause natural it all I can ever be
And I feel like with you I can be the real me
No pretending
And no wishing
That anything could be different
Because you have all I could ever want
ONE HUNDRED PERCENT

Shilesa Johnson

One Last Time

I'll call you babe
I'll call you baby
But one last time
I'll hold you close
I'll hold you tight
But ONLY one last time
I'll tell you how much you mean
and tell you that I care
But one last time
I'll kiss your lips until I can no longer breathe
I'll walk to the sun with you until I have no more energy
But only one time
I'll look deep into your eyes
and even look past your lies
ONE last time
I'll hold your hand
I'll lock arms
I'll hang my arms around you
Just one last time
I'll look past your mistakes
I'll look past the truth you never told
Just one time
I'll be yours for a day
just one time
I'll talk to you all night long
I'll watch the sun come up
I'll give you the rest of my love
But one last time
I'll be what-ever you want me to be
I'll do almost whatever you want me to do
Because THIS is the last time
and though I've fought it for so long
My FINAL goodbye

Shilesa Johnson

Only A Dream

i met this girl who had the biggest smile on her face and i never understood why. her life seemed so perfect to the outside world. one day i ask her.... 'why do you always have a smile on your face'? 'you just seem so happy and you have such a perfect life'. she laughed and then simply responded. 'is that what everyone sees'? 'well this smile is not real. i paint this on every morning and wash it off when i am alone'. 'i have little to be happy about. i mean things in my life are greater then what it use to be... but i still feel void inside'. 'wow. i never knew', was all i could say.. she said, 'ofcourse you didn't. people just think that my life is so perfect and everything that it's not'... 'And it's not'. 'most days i struggle just to get out of bed. most days i ask god why am i here'. i woke up and realized that i was the girl being asked these questions in my dream. i am the girl that feels this way.

Shilesa Johnson

Only Reminds Me Of The Pain

The more we speak
The more I am reminded
I try so hard not to think
I try so hard to hide it
All I want is to no longer feel the pain
And every time we talk I know things will never be the same
The more you are brought up
The harder I try to resist
The harder I try to forget
About your hugs
About your lips
The more I see your face
The more I feel the pain
The more I am hurt
The more I cry
The worse I feel inside
So I try hard to avoid
Even though all that leaves me feeling is void
I try not to mind
Cause if I stay
The pain will continue to find
A way to my heart
The pain will continue
To tear me apart
So you see I have to go
I can't come back
I have to stay away
Cause talking to you only reminds me of the pain

Shilesha Johnson

Outside Looking In

I jus saw two of the most compatible people split
It's like working at one of the most prestigious law firms for nine years
And then suddenly you quit
Getting paid billions
Getting treated like your worth millions
And with no warning you are gone
Even after being their for so long
It seemed so perfect from the outside looking in
Seemed like marriage for them was bound to happen
Seemed like they were perfect
But they WERE having problems
I just didn't know it
And when they split
I felt like my heart did too
I was rotting for them
Making it work was something I knew they'd just do
Now they can't even stay in the same room
And all I can think is what happened
I guess that's what everyone thought of us too
Once they found out that I was no longer with you
And I guess that what you think looks perfect
May not be
And what goes on someone's relationship
No1 else can really see

Shilesa Johnson

Prepin For The Day (10-23-08)

I'm prepin for the day when you come to me and tell me theirs someone else
When you tell me that you love her
And no one else
I'm prepin for the day when you hit me up
And say "GIRL" I think I'm in love
Waitin for the day when she is given a title
When you say you see a future for her and you
When you tell me that she's your number one
When you tell me that choosing her
Was the best thing you could've done
When you say you're ready to move to the next level
When you tell me you and her are compatible
I'm prepin for that day
I'm getting stronger waiting for those words
Trynna figure out what I'm a say
And you can't tell me that won't happen
I won't cover up what I'm feeling this time by laughin
But I will say that I will be able to be strong
I'm prepin for that day knowing it won't be long
Until that day finally arrives
When you and will have to say goodbye
No more I love you
And when that day finally comes
I won't run
I'll still remain your friend
That's unconditionally
All the way to the end

Shilesa Johnson

Really Crossed The Line

It was your birthday so I tried to be nice
But you took advantage and that jus wasn't right
I tried not to say anything to you
Though I didn't even have to
Because you already knew
I told you to stop but you just wouldn't listen
Kept pushing me around and being so abusive
I tried to fight back but you just grabbed my neck
Pushed me against the machine and I was helpless
When you finally let go I didn't know what to say
So instead I just looked at you and walked away
Then you came running looking all concerned
So I turned
The money that I was going to use to by food
You decided to spend on YOU
And then tried to give me some after eating most of it
I told you no thank you for I did not like it
In fact they were my least favorite
And you just kept insistin
You played too much
And when I spoke
You didn't listen
Now I just feel so weak
Came home and went straight to sleep
Woke up feeling worse
This was the worst day
Not just because you got on my nerves
But you really crossed the line
I can't even describe the way I truly feel inside

Shilesa Johnson

Really Want You To Stay

I'm only acting like this because I'm afraid
I know what your kind is capable of
So I push you away
Trying to run as far as possible
Knowing I just want you to stay
But if u stay you'll only cause pain
Only make the tears fall
And I just can't afford that
So I can't give you my all
Only a little portion
And if it was possible I'd give my heart an abortion
Kill it
And cease the emotions attached
And every time I think I've recovered
I go and relapse
And then the cycle just never stops
I just wanna figure out what to do
Figure out what's next for us and which way to move
I'm tired of the usual and the same old thing
I just want some idea of what the future will bring
An idea of where we are going
Some sign that you should be showing
But you haven't so I push you away
Even though deep down I wish you would stay

Shilesa Johnson

Removing Yourself From Me

Instead of telling me to leave you so that I don't feel the pain again
Why not try to bring whatever's causing the pain to an end
Why not keep whatever's damaging us away
But instead of removing yourself from the problem
You stay
Removing yourself from me instead
And maybe I should lay all of this to bed
Because I hate having to cry myself to sleep
I hate not being all or even half of what you need
You're going to cheat
And do whatever it is that Winslow wants to do
So do it
I'm not even going to TRY and stop you

Shilesa Johnson

Result Of Not Having Your Mother's Love

as i ly here thinking of the past
i sit here and cry
thinkin of what i never had
thanking GOD for all hes blessed me with
but void because of our relationship
not understanding WHY
as i ly
i think of what used to be
and how you hurt me so bad inside
thanking GOD where i am now
and i smile
because although i don't have you here
god could've left me there
and things wouldn't have gotten any better
and im here now
i made it through the stormy weather
and were not together
and i think it 's best that way
but what can i say?
that im the one to blame
and although that may be true
blaming myself constantly
only makes me feel blue
and feel worst about myself
and you help
as i lay
i think of all i had to face
and all that god has done
to bring me out of that
and help me feel loved ad welcome
but somehow
it doesn't seem to be enough
cause a daughter just yerns for her mothers love
a daughter longs for her mothers touch
having her mom love her
to that little girl is a must
and when it don't work out the way it should
you grow up confused thinking of wat u thought you could
have been but never was

and thats the result of not having your mothers love

Shilesa Johnson

Right Infront Of My Face

You kissed her lips in front of my eyes
The pain, confusion, the emotions going on inside
The hate, the anger, I tried to hide
Didn't want any of it to show
So I kept my cool
And played it off on the low
You had no care
You had no remorse
And my respect for you
You completely lost
I tried to shake it off
But how could I?
You my crush;
Kissed someone else
In front of my eyes

Shilesa Johnson

So Hurt Inside

What hurts me inside isn't so much what I've gone through
It's more the fact that those who made me cry
were the ones I never expected to
The one's I've trusted with everything I had
I let my guard down and now I can't take any of it back
The memories won't erase and the pain won't subside
and it'll always be this way even after everything I've tried
Being Honest, Genuine and Loving isn't enough
So I'm not enough or worth being good to
Instead I get taken for granted and misused
It's not my fault that I care this much love so hard or so deep
It's in my nature but nature curses me
I just sometimes wonder how God could be okay with me feeling this way
That's why less and less I'm beginning to pray

Shilesha Johnson

So Sorry : (

i hurt you
which means i hurt myself
i wish i could turn back the time and stop you from feeling
what you have felt
stop what i have done
but you still remain number one
you still remain the main part of my life
and wit out you i mine as well die
im sorry and i know you can't believe me
im sorry
without you i can't breathe
im sorry i never meant to cause detriment to you
im sorry
im not sure what i should do
i can't forgive what i have done
why should you be the one
why should i get another chance?
because you're the only one i want to be my man
you held my hand
in the darkness and brought me to light
i need you in my life
im sorry
i need to make this right
im sorry i lost sight
all my morals
went out the window
that girl wasn't me
wher'd i go
id never do this to you
im sorry
i did the one thing i said i'd never do
i hurt you
and me in the process
i need you
even though you love me less
im sorry
ill do anything
im sorry but wit out you i kant be

Someday(It'LI Be To Late)

Someday when you need me I WON'T be there
You're not here now
So don't expect ME to care
One day you are going to regret all that's been said
And you are going to go back and remember what I read
You are going to remember all that you said to hurt me down inside
You are going to remember that out of all of your friends
I was the only one who stood by your side
I was the only one that was actually there
Because it's in my nature to always stay here
When my friends need me
They know I'm one of the few that really cares
And you say you hate me and yes it hurts
But it's going to hurt you even more in the future to know how you treat me like
dirt
After all I sacrificed just to be there at your worst
Not because I had feelings for you
But because I hated seeing you hurt
And you were my friend
And I knew it had to end
But I NEVER knew
That we'd end up like this
We ended up at nothing
Through all of our relationships
First we were friends
Then we were a couple
I was there for you always
Never left you through your struggle
You betrayed it
And talked a lot of shit
Of how bad I hurt you
How you hate me
But that's something I could never do
It's like I feel like you did me so wrong and yet
I jus let
It go
Because I'm bigger then that
Don't act like you don't already know
Jus remember how many times I helped you

In your time of need
I helped you to get through
I thought I was being a friend but you ain't have no appreciation
You hate me? You say that without hesitation
Like it wasn't wrong
But SOMEDAY you will remember
And it'll be too late cause ill be gone

Shilesa Johnson

Sometimes It's A Little Too Late

I realized my mistake as I was doing it
But I had to continue
Though without you I can't live
You were hurting way too much
And I felt like enough was enough
But I walked away out of love
I just want to take a chance
And put everything on the line
I'm racing for love
Aiming for a fast time
I'm aiming to win
Because I feel like I need my lover
I need you my best friend
You moved on and that I can tell
So I hold my emotions inside hoping someday they'll be unfelt
I think of you every night
And I miss having you in my life
I want to be with you and no one else
And I've always known that
I guess I was jus running from something else
What happen to you coming to my rescue?
And me doing anything I could just to be next to
And right now I just want to crawl up and die
I'm trying so hard to keep pain in and not cry
I have to let go because it's obvious that you have
And I see that the best thing in my life has now become a part of my past
I'm turning off my phone and will hardly go on aim
Because every time I see you on, it just reminds me of the pain
Goodbye Hershey boo bear
And just know that know matter what
I will ALWAYS care

Shilesa Johnson

Space

I just feel like space would have been good
Because you reminding me of the reason why I needed a brake in the first place
I know it's a small thing
But I'm going through too much
And arguing and getting into it with you ain't helping
I used to feel like when things would go wrong the one place that things would
be right is with you
And now when everything goes bad
I keep to myself
I used to love sharing things with you
Now I don't know how you will take things
I just feel like after everything that's been going on in my life lately
I just can't trust anything
And after you talking to your "friends"
I felt like I trusted you less
I never trusted anything
And you were the closest it got to trusting anything completely
It's not like that anymore
This so called space that were spose to be taken...
Let's just say that I don't feel like I'm breathing
Everything in my life is coming to me at once
In one setting
Not giving me a chance to realize what's going on
Not giving me a chance to breathe and take things in
A chance to think
And Right now I'm thinking...
I'm thinking that maybe this break should be longer

Shilesa Johnson

Speechless

I wish I knew exactly what to say
Other than I'm not too sure if I want these feelings to stay
I just came into your world
And you already have a girl
I'm not anything special
All I am to you is new
She's what you've always known
I bet that together you two have grown
I'm sure you love her
And I can tell which one you would prefer
And I know that I should let go
But something inside of me says no
So for some reason I hang on
And continue to listen to slow sad love songs
Feeling bad because you go back to her after were together
She seems perfect for you
And if she makes you happy then
Stepping aside is what I'll have to do
I'll make it easy for you
So you won't feel the need to choose
Not sure who's going to miss out
You... or me
I guess that's something that in time we'll be able to see

Shilesa Johnson

Start Over Again

I want to start over
I want to continue to get closer
If it's worth the fight
Then we'd battle to the end
I start to write you a message
But then I keep from pressing send
I read your away's
And it discourages me from doing things my own way
I just want to go back
And I try to be strong so I won't be as sad
But it's really hard for me to
Hard to be strong when there is no you
Now I'm sitting here listening to prince
Knowing that when I was with someone else
With you is where I should've been
I just want another try
One last chance to be by your side
One last time to be held in your embrace
One last meter to finish our race
We started but never reached the finish line
And that pops up in my head when I'm about to cross it every time
So I always speed and finish all the way through
Cause in my heart that's what I really want to do
But it just doesn't seem to be enough
So I give up on love...
And decide to do what you did and
Let go of us

Shilesa Johnson

Still Are

you WERE the light in my dark tunnel
now i kant find my way without you
you WERE my HULK when i was weak
now i can't be strong cause thats what you kept me
you WERE my glasses when i couldn't see
now how will i be able 2 tell the difference between truths and lies
you WERE the only one who stood by my side
now i stand alone
and it's nobodies fault
but my own
you ARE my everything
not with you gone
i dont have anything

Shilesa Johnson

Stuck

I feel like that piece of food that's stuck between someone's teeth
It keeps trying to come out
But it won't come out from in between
I feel like the gum stuck to the back of someone's shoe
Stepped on
And won't come off
Know matter what you do
I feel like that stain in someone's shirt
You keep washing and washing
But it just won't come off
I feel stuck

Shilesa Johnson

Suck It All Up

I would just lash out
Drop you and cut you off completely
Try all I could to forget us
And what used to be
Forget what we had
Never to look back
And just forget about the past
I could try my hardest to feel emotionless
And forget about our new friendship
But I realize I can't do that because I love you too much
Because if something were to ever happen to you
I would never be able to live with myself inside
Knowing I never got the chance to say goodbye
So I suck my hurt pain and emotions up
And you'll never be able to tell
You wouldn't know the difference between
Me being UP or if I fell
If I cried or if I smiled
It would be all the same to you
That is what I have to do now

Shilesa Johnson

Take Me Away

Sometimes I wish God would take me away
That way I could no longer feel the pain
No one would notice
I'm never the center or even the end
Of anyone's focus
No one would even care
Wouldn't make a difference
If I wasn't here
To everyone it's all the same
So my non-existence wouldn't bring on a change
Everyone would go about their business
As if nothing ever took place
So God why have you yet to take me away?
It wouldn't matter
It wouldn't even be a factor
Please as I lay me down to sleep
I can't do it
So God please do it for me
And let my father know that he was the greatest
And that for him I always tried to be my bravest
Let him know that he was the best
And that without him in my life
I would have never made it through the rest
Let him know that for all the hard times I gave
That I am sorry
Even while I misbehave
Let him know that I left the luckiest daughter in the world
To have such an incredible dad as such an unworthy girl
I don't know why I'm here
And if you called me home
No one would care
So why not?
Why not just let my heart stop?

Shilesa Johnson

Take The Key

take the key
but only if you know what to do with it
take the key and make sure you cherish it
take the key
and lock it safe
take the key
but don't throw it away
take the key
but don't use it
take the key proudly
but don't abuse it
keep the key safe
don't loose it
take the key and don't let it rust
only you have it
you're special enough
you're the only one i can trust
take the key that only you hold
take the key to my heart
and don't let it unfold
keep it whole
and ill do the same for you
here.....
take the key
it now belongs to you

Shilesa Johnson

Take What You Throw At Me

im glad that i went through what i had
im glad that i got hurt so bad in my past
because i know that i am able to get through this
even though i've been strugglin through it
everything you throw at my way
brings me down
but i always find my way
GOD made me stronger than this
and although sometimes i can't see it
i know that i am
and i don't understand
but it's not for me to
jus leave it to GOD
and a wonder is what he will do
hes been there when nobody else was
he can do what nobody else does
and just when i feel like i have nothing at all
i realize that GOD is my ALL
cause right now the person who i thought was my everything
aint even really there for me
and i gotta understand cause he's hurt
and i'm trying so hard to make it work
and GOD is given me the strength i need
so that i can take EVERYTHING that he throws at me

Shilesa Johnson

Ten Reasons Why I Love You Prt 1

10. seems like we've known each other for forever
9. you tell me im not fat when im stuffing my face(well sumx's) !
8. you the only one that laughs at my jokes
7. we like the same things
6. we talk for hours even when our eyes can't stay open
5. you'd share your last piece of sun chips (your fav.)
4. you always understand
3. you have seen me without makeup and didn't scream and still think that i am beautiful(well i don't wear makeup ever) !
2. you give bad hair day sympathy and say it looks fresh when it's busted!
1. if i was lost i know that you would find me

Shilesa Johnson

The Boy And Girl Within

theres a girl i know
that doesn't know which way to go
Left is shame, hate,
and more room for more pain
more hurt left to create
Right is guilt, and regret of being alive
cause inside
every part of her has died
a girl who wants to crawl into a ball
and wants to withdrawl
from everything
and when she tries to let down her guard
she F

A
L
L
S

Theres this boy i met
who has his mind completely set
that he has nothing or nobody left
nothing to live for
and everythings his fault
like hes a mistake that just couldn't be corrected
all his life had been nothing but neglection
he feels as if he's not beautiful
like he's not special
cause all his life that's what he's been told
he had no one to love him
no one to hold
he feels so low beneath
feels like garbage that just stinks
because everyone in his life keeps there distance
and he tries to come out
but hes trapped
hes hidden
This BOY and This GIRL won't let anybody all the way in
because of the situations they've been in
and although that was then
these memories are always gonna be carried within

and can't be taken
the pain don't sem to lessen
so they wait when that can change
where they can go straight up to heaven

Shilesa Johnson

The Greatest Bestfriends

you guys have always been there for me
you guys have never let me down
and you have always been the ones i could go to
when no one else was around
we have been through so much together
fighting and arguing
and annoying the crap out of each other
but when it always came down
we'd drop our pride and anger towards the other
just to make the other one smile
we have done things that other friends wouldn't do for theirs
you guys have always come through for me and have always been here
you wiped away my tears
and have stuck with me through the years
even cried just because I was hurt
and although you guys sometimes get on my nerves
i love you to death
and sometimes feel like i don't even deserve
2 have amazing friends like you
and to tell the truth
your lucky to have me
just playing
just being silly
but you guys are my family
sisters from another mister
and although god makes no mistakes
you 2 are the sisters god forgot 2 give me
and although it may sound goofy
i don't know how i would have made it through some of the stuff that i have
without you guys there 2 always have my back
first ones there ready 2 smack or slap
the ones that hurt or mess with me
and i know that if anything's wrong
THERE is what you will ALWAYS be
boys are whatever but friends are forever
because when they left
you two still stayed
shoulders ready to be cried on and 2 wipe my tears away
there to tell me that things would be okay

and i know you two will always be someone i can count on
cause at this moment when i was feeling my lowest
you guys were the only two i could depend on
you two
were the only people to come through
the only ones to understand
that i made a mistake
and deserved a second chance
we never judged
because regardless of the situations
we always had love
for each other
always supporting and encouraging
always sticking together
on the bleachers in the crowd
so many voices but yours always were so loud
cheering me on
and i just want to say that as i listen to this song
i realize that knowmatter what we did wrong
we always stood by each other
all this long
and for the rest of our lives
thank you SARAH and CRYSTAL
for always being on MY side

Shilesa Johnson

The Greatest Downfall

Why do we set our selves up 4 disasters?
When we know the outcome wont be laughter.
Why do we continue to try when we know we are going to fail?
Why do we get locked up knowing we can't afford to pay the bail?
Why do we hurt the ones we love
Is it just simply because
We know that they'll always forgive
And why do we take everything away from them
Knowing we ourselves have nothing left to give
Why do we do things knowing what it is?
And even after knowing we continue 2 do it
Why do we continue to love when our heart always break?
Why don't we just walk away?
Why can't we leave things in the past?
Why can't we move forward with out ever having to look back?
Well if we don't give our selves the chance to try
We'll never know what we are cable of
Or what we have inside
You'll never know if it was meant to be
You will never know ALL that you can be
That's why we do things knowing the outcome
And I took a chance by being with you
Because I thought you'd be the one
'It's better to have loved and lost then to never have loved at all '
And I realized that never loving a person or at least allowing yourself to
Is BY FAR the greatest downfall

Shilesa Johnson

The Kind Of Love I Want

I want to experience a love like yours
A hand that reaches out to catch me
Before I hit the floor
A love that when faced can triumph
A heart that can undo what's already been done
A love that can erase all doubt
And when faced with the odds
Finds a way to figure out
Love that survives all test
And can find a way to compromise when things aren't at best
A love that won't betray
A love that will be true and 4ever obey
I want a love that means having you
A love that also means everything you said is true
A love that wont lie or cheat
That feels as if it's enough just to have me
Enough that I'm here doing my part
Protecting its heart
A love In return of the one I give
A love I know exists

Shilesa Johnson

The Little Sister I Miss

I havent seen you in so long it hurts
you used to be the little one that got on my nerves
the little one that followed me around
but the little one that never kept me down
the little one that always wobbled to my side
and comfotly replied
(she sha) you alright?
yes im fine shilah is wat i would say
you'd give me a big hug
and everything would be okay
i havent seen you in wat seems to feel like years
and rite now
i'd give anything to have you here
anything to have you by my side
and nothing or no one
can stop the tears i need to cry
i wanted to chyll with my frends
and if i knew now what i wish i woulda knew then
i woulda spent every moment wit you
i just never thought that i wouldn't have you
never thought i'd never see you again
and it hurts cus not only are you my sister
but you are my bestfriend
and you mean the world to me
i was so blinded by being a teenager
i couldn't see
no one would ever think
that they'd never see their sister again
they just think that time will always be there to spend
but thats not the case
and now as i sit here and write
i wipe the tears from my face
you were truly a blessing in this world
and you are such a beautiful and incredible little girl
i love you to death
we are blood
i'm all the fam you have left
and i will be there
if GOD allows it

sooner then you know it
i'll be there
im trying
and i'm crying
cus inside im dying
cus i don't have you
and i feel as if i'm losing you
every day im away from you
i feel like i am losing you
i feel like you are living your new life witout me
and i'm happy you are with a good family
but i'm your sister
and no one could ever be
what we are
cause blood is thicker then water
and that's wat we are
we share the same blood
and i wont ever give up
cause one way or another
we will meet again
i'm so sorry how things have happened
and i love you all the way to the end
i miss you little sister
i love you my bestfriend

Shilesa Johnson

The New Me

The new me is less dependent
And has a new way of livin
She doesn't expect too much
In fact she doesn't get her hopes up
She doesn't trust
And she'll rarely say "LOVE"
She leaves the past in the dust
And does not bring them to terms
The new me had so many lessons learned
The new me doesn't care what people think
The new me will not allow anyone to make her confidence shrink
The new me will stand high and tall
Even when I want so badly to jus fall
Because the new me knows that no one will catch her
So she stands tall though that's not what she would prefer
The new me won't express what's on her mind
She won't even try to dig deep inside
The new me will no longer try
The new me jus wont care at all
Why should I when everyone allows me fall?
Why should I when no one really cared before
No one ever really knew me
All they knew was who they expected and wanted me to be
And when I say nothing was wrong and they knew I was lying
No one took the time or even cared to see
Knowing that I really did want to talk about it
Knowing I needed to feel like some one was there
You hung up so carelessly
And I knew you didn't care
No I love you
No nothing
And that's when it hit me
That I needed to change
So say hi and get used to
THE NEW ME

Shilesa Johnson

The One That Got Away

You know how you always have that one regret
Or that hope for something that didn't happen yet
Or that one girl
That you made your world
Or maybe you didn't
And you made pushing her away
Apart of your mission
And every day you had her wishing
That she was the one you were missing
While all along she knew the truth
Knowing she was never the first you'd choose
And all you ever did was bring tears to her eyes
And pain to her heart
When all she ever did was care
And stay by you from the start
You know how you treat somebody like dirt?
Put a strain on them
And cause more hurt
Make them feel like they don't matter
And push them away
Causing their heart to shatter
And yet again they stay
But then their finally gone
After all the painful days
Then you suddenly realize how much they are worth
And that finding anyone like them
Is rarely if even possible to occur
And then you realize how special they truly were
But now it's too late
Because now their marked as
The one that got away

Shilesa Johnson

The Pain Of It All

I'm selfish

(6 am can't sleep sitting on the floor)

Im Trying my hardest to forget

Yet im contradicted with a heart that can't forgive

Someone tell me just how that can work

When this heart is filled with pain

And single moments im reminded of the hurt

Reminded of a past that's already passed along

Slowly drifting away like my mind to the perfect lyrics of a song

Blessed with the power to love with all I have

But cursed with the ability to remember like an instant that never passed

No one gets the pain ive endured and the impact that it's had

Fathom my emotions at least half a cup full

Then let me know if you can handle being there as I try to get through

Everything I've ever gone through is thought about daily and

More and more as time has passed

Curse my sentimental and compassionate nature

And curse the part of me that only knows how to grasp

Cause even when it does slip my mind

The goodness of it never really lasts

Shilesa Johnson

The Price Of Losing You

He tells me the things that places smiles upon my face
And sometimes little effort is all it really takes
He tells me things that I hate to even fall for
Cause there's some one else that I adore
And when he tells me how he feels
He makes it really hard on me
And although it makes me smile
Still inside I'm not really happy
Because this isn't suppose to be happenin
When he tells me jokes
I'm not suppose to be laughin
When he says he loves my eyes
It shouldn't make me feel good
I don't think that it should
And I never thought that it would
I love YOU more
And I'm scared of letting go
Because if you're gone
I'm not sure where to go
Your heart feels like my home
And if I don't have it then I'm lost
And loosing you completely would be a big cost
A big price to pay
I don't like the idea of not being able to know that you're okay
I don't like the idea of not being your girl someday
I don't like the idea of you being another girl's man
I don't like the idea of you not being mine
I don't want to risk the chance
Of never having you in my life again
I don't like the idea of JUST being your friend
But how am I suppose to mend
When I have feelings for you AND him
My love for YOU is stronger
I think the only other difference is that
I knew him longer

Shilesa Johnson

The Things He Told Me

Why would you sacrifice your life for someone else?
When he wouldn't give his up for nobody but his self
He tells me I'm his angel
He tells me I'm beautiful
He tells me looking into my eyes
Makes him feel good inside
He tells me I'm all he has
And with me gone he has nothing to live for
Not even his mom or dad
He tells me I'm all he needs
He tells me I'm his everything
He tells me I'm the perfect weight
And that if I lost "everything" he'd still love my shape
He asks me about my day
He says my jokes are funny in their own way
He calls me she hulk because he thinks I'm strong
And he says even though he's "thee" hulk with out me he is lost
He says without me he is weak
And he says that when he's in my presence
It gets hard for him to speak
He says that I am special
He says I'm like no other
He says I'm crazy
And he wants me in his life forever
He said that when I was away
He wanted to go in the army
He said he was going to die anyway without me
I say wow
This gives me some things to think about
I say damn
Help me understand
I say that this isn't easy
But no one said things would ever be
I say now what
Now I have nothing to say
Cause now I'm stuck
because theres someone else that i still love

The Truth Comes Out

It's hard for me to go days without speakin
But it seems that right now
That's desperately what I am needin
We want different things
I don't want any commitment
I don't have a wedding ring
You don't think that we are meant to be
And that was made clear a few days ago followed by last night
You had all these other people in sight
And you lied
You said no one could ever be
But something different is what I came to see
You thought this the WHOLE time
And whenever I would ask you
You gave me a lie
Your voice lit up when you spoke of that girl
I wanted to hang up
But something told me to be strong
Wow the truth always comes out
Jus glad I was finally able
To hear it from YOUR mouth

Shilesa Johnson

The Way I Really Feel

i got you on my mind and i'm trynna get you out
it seems like i am thinking about you everytime i turn around
and everytime he and i are bringing you up
i think of you more and my feelings i can't trust
because i don't know what's going to happen next
and my emotions never rest
they just keep goin like the energizer bunny
and the jokes you tell me are so damn funny
and the things you say to me are sweet like honey
and when you tell me things like i'm worth more than your money
you just make me... i don't know makes me think you really do love me
and even though he tells me that you don't
i'd rather find out on my own
and yea you did me wrong
but to be honest these feelings are so strong
and if anything
i need to AT LEAST have you as a friend
if some things have to, i dont want EVERYTHING to end

Shilesa Johnson

The Worst Dream About My Sister

I just had by far the worst dream
It's like I tried so hard but couldn't manage to scream
I love going to sleep
Because that's our special place we meet
It's the only place where I'm allowed to see you
But this dream
It just can't be true
I miss you more than I would miss life itself
And I would drop anything and everything if I felt you needed my help
But right now that's just not possible because I have no clue where you are
The only place I know for sure is right inside of my heart
But how could I get there
No plane
No bus
How can I show I care?
No kiss
No hug
I just want to hold you in my embrace
Never let go and wipe the tears off of your face;
To be in your presence forever
They would have to cut my hand off to keep us from being together
Once I hold you Shilah, I will never let go
And that's something important that you NEED to know
And I also need for you to understand
That I wasn't there for you not by choice but as a demand
And if I found out I could see you RIGHT NOW
I'd skip this county championship and be at your house
I'd skip the track meet that I've worked so hard for
Because when I compare you to everything in life
You are worth more
It's like I want to break down and cry
But I know I have to be strong for you
I can't stop thinking of you know matter how hard I try
And being reunited is all I want to do
My sister is truly my best friend
And even though I'm awake the dream has not come to an end
It keeps replaying in my brain
I can just picture you running to my arms
Saying my name

I miss you my sister and that will never change
And neither will the hurt I have inside my heart consisting of pain

Shilesa Johnson

Therapist 2 Patient

you have hurt me before
and i opened up the door
i let you in
against my better judgement
something sed not to trust you
and i knew it was just you
but wat i shoulda knew
is how you really were
and now i'd prefer
if you just left me be
cause see
wit out you
i'm happy
and wit you i'm not
sure you semt 2 care alot
but so does a therapist
not let me b urs and tell u wat u missed
let me give YOU a piece of advice
you'r gonna wake up one dai
and miss me in your life
but it is way to late
no it was not a mistake
i am glad i found out later then to have not found out at all
and i'm glad i ain't give you my all
cause in the end you were not worth all that 1 can give
so thanks for being the patient
while i've been the psychiatrist
thanks for hurting me cause if you never had
i wouldn't have met the great person that i have
see every thing happens for a reason
and wat i felt 4 you
was temporary like this season
and if it weren't for you
then me and him woulda never met
so in a way i have to thank you
so ur not @ all my regret

Shilesa Johnson

There Comes A Time

There comes a time when you can't take anymore
A time when you hit rock bottom and you hit the floor
A time when you ask yourself 'why am I here for'
A time when you don't believe in anything anymore
A time when you no longer care
When you could care less if you ever again breathe air
A time when you become fed up
A time when you have had enough
And when that time comes you are lost
Whoever's lives you were in... now you are gone

Shilesa Johnson

These Tears Will Run Dry

I walk in the halls
Without a sound
Taking everything in
Observing what I surround
I could talk
But I have nothing left to say
And I could keep still
But there's no reason left to stay
All I ever want to do is go straight home
Keep to myself and be alone
I realized I really miss having you here
And knowing that you're not going to be there
Made me force myself to at least 'pretend' like I don't care
I don't know if this is really good or bad
Because this particular feeling
I can't really say that I've had
I always had YOU
And being apart made me force myself to get use to
So I stay quiet not saying a word
Keeping to myself
Just the same as the mocking bird
And sometimes here and there I allow myself to cry
But I know sooner or later
These tears will all run dry

Shilesa Johnson

Thing's Get Worst Before They Get Better

You have to crawl before you walk
You have to mumble before you are able to talk
And you have to give me a reason to
Before I'm able to trust
You have to fall before you get back up
And you realize just how blessed you are
Once you run out of luck
Only to find that it was never really luck
Just blessings you gave other things credit for
And you have to have several walk out the door
Before that one walks in
You have to continue to fail
Before you realize what you need to do to win
You have to treat me right
Before I have the faith that you will never do me wrong
And you have to be there when I'm weak
Before you can deserve me when I'm strong
You have to love me when I'm at my worst
Before you are truly able to appreciate me at my best
And you have to be that ease inside of me
When I feel pain inside my chest
There are things that come right before another
Including the times you and I weren't officially together
All at once you patched and broke my heart
That's how I know that we can make it through when things fall apart
Things are always going to be difficult before they get better
That's why it's not smart for us to let things go and risk not being together;
When things are not good
Because there is still better out there for us that we haven't reached
And I know we could
So remember that in our time of pain
And when we feel like our relationship is strained
That the sun ALWAYS comes out AFTER the rain

Shilesa Johnson

This Pain

why did this have to happen
i was given the biggest test and i failed
i never thought that we'd be strugglin because of this
its still a shock to me
and i got to be the one to take responsibility
i have never loved like this before
and with you
there is just so much more
and as i sit here and cry
and the tears pour down as i type
i know that this pain im feeling won't go
i feel so low
and i can't just let it flow
i can't forget
no one will let
and every where i turn there is a reminder
but i don't need one
i have my own
i have my own bell
my own alarm that keeps going off
and every corner i turn lies the truth
and every where i go
theres you
and i remember that you would never hurt me
and neithair would i
i would never try
i just want this pain to go
jus float
jus want it to sink
way down beneath
i just want this to be over
but everytime it gets closer
to going away
it comes back
and this pain is here 2 stay

Shilesa Johnson

This Thing We Call Us

i want this to work
and I mean that with my heart
i want you now more
then i ever wanted you from the start
i haven't felt more sure of anything in my life
thats why i fight for this
as if it WERE my own life
you give me hope
and are my reason to go on
and when i feel as if things get worse for me
YOU keep me strong
and when i feel out of place in the world
YOU make me feel like i belong
i never had to fight so hard to keep someone from reaching my heart
i never cared so much about someone being so far
i won't fight it anymore babe i know just what you're about
your hearts in the right place i know that now
no doubt
we may argue
and i may yell
but the phrase 'time will tell'
doesn't exist
because i know for certain how bad i want this
and i wont allow time to make a difference
I WANT YOU IN MY LIFE ALWAYS
and i'ma make it my business
to make sure that this thing we call US
will NEVER be ended

Shilesa Johnson

Tired

tired of the BS
tired of all the stress
tired of everyones mouth
tired of the fake smiles
im tired;
what you want me to do
change my face expression just for you
when your tired i understand
but when its flipped around you can't
you want to flip out just because of my lack of sleep
now does that make since? well it doesn't to me
im just tired
and want to graduate already
so i can get away of all the unfair things
im ready
because no one gets the simplest things
that is how it has always seemed
you ask me a question and i respond
you get all nasty becasue
you don't like the response
i can't stand how you side wit everyone but me
i thought that i was seeing things
but now i know what i see
wat can i do but deal
but if i can't do it verbally
then writing here is the only way i know how to keep it real

Shilesa Johnson

Too Much On My Mind

i have so much on my mind that my head hurts
i try to change my thoughts but nothing works
i just want to stop being so confused
i want for me to want only you
i wan't the feeling of not even having to choose
i just have so much thoughts in my brain
that i have the biggest migrain
and i keep hoping that this is a dream
and any minute i'm a wake
and you'll be here wit me
but it just ain't like that
tell me how did i get get so far off of traq

Shilesa Johnson

Track War

I can't wait for season to start
So that I can work hard
And have a lot of mouths dropp
To all the people that compare me
And all the people that think I can't do it
To all the people that think that they are "so much better"
I have news for you.... You're not
I'm not a cocky person at all
But when you question and try to down me like I suck
It's a problem
The only reason why you have time to talk about me and what I can or can't do
Is because you know I can beat you
And you're not handling your own business and minding your own
But that's okay
Because while you're talking and trying to TELL everyone that your better
I'm a be SHOWING everyone that I'm better
You act like I ain't ever come close to beating you
You have two things over me and that's stride and height
I don't talk my junk and I don't fight
I settle track beef on the field
So I see you there and when I beat you
I'm a be like BAM yea Lauren Williams
You compared me to her trying to make it as an insult
But I took it as a compliment
She made it to the Olympics
And had many things to accomplish
And that's EXACTLY where I want to be
You can't get inside my head
That's the old me
The new me is ready
To take on any challenge
To do what it takes
And I'm a beat you someday
And as bad as I want to
I won't even laugh in your face
I'll jus smile and say good job
And then continue to do my thing
Because I'm better then that
To me (laughs)

You don't mean anything

Shilesa Johnson

Trapped In Pain

I feel pain for the girl in me who was forced to grow up before her time
For the girl that has kept every hurt and secrete trapped inside
For the girl that never knew wat love was really like
cus those who sed they did was only telling her a lie
I feel pain for the girl that has suffered O' so much
I feel pain for the girl that cries out just to feel her mothers touch
I feel pain for the girl that has gone through, wat no one will ever get
I feel pain for the little girl who still hasn't felt a certain love yet
I feel for that girl who won't let
people in because of her mind set
because of the people in HER life
I feel for that girl
This little girl's been trapped inside

Shilesa Johnson

Under My Skin

You push my buttons like nobody else
But you're also the only one that can get me to feel things I haven't felt
Things that I didn't think I had the strength to feel again
To the point where it just sometimes gets too intense
You drive me crazy in a way no one else does
And I just wanna move towards something because I'd hate for this to be
something that was
You're everything I want even with your flaws
Because even through all your bullshit
I'd just love to give YOU my all

Shilesa Johnson

Waiting To Understand

I'm waiting to understand
what it is that I did
waiting to understand
why you even had kids
I'm waiting to understand
why you don't care
weather I am or aren't there
I'm waiting to understand
why I'm only one phone call away
and you will never pick up to call
or even ask about my day
I'm waiting to understand
why I haven't seen you in a year
why we haven't talked
why a mother daughter relationship
is what we don't share
I'm waiting to understand
why we were never put first
why you only care about yourself
I'm waiting to understand
why you don't understand
that all you have caused us is pain
and shame
and made us feel as little as a grain
waiting to understand
waiting for an explanation
waiting for a realization
waiting for that determination
waiting for you to FIGHT this
because if you wanted
you could do it
I am waiting to understand
waiting for you to change
waiting for nothing
cause I see that you have always been
and will always remain
this way
I'm just waiting to understand
cause I never have

but thank GOD
cause
I still have my DAD

Shilesa Johnson

Walk Out Of My World

you may not love me like u did
you may not ever want another kiss
i may not any longer be the one you want to still build a life with
but let me tell you this...
i never intended to hurt you
i never wanted to loose you
i never said 'hey' i want to hurt him
that's not the way it is
thats not what happened
i don't know what did
and now im stuck trynna patch up this broken relationship
yes we had our problems and i thought we could always fix them
and i hope we still can
but your hurting me too
and i know that i hurt you
so i deserve it
but even wit you hurting me now
i wouldn't try to hurt you back
you told my business
but yours will always be kept
and i just have to except
that even after a while
things will not be okay
and one day
you'll wake up and say
it's over
THEN MY world will be over
so i hang in there even though i know that day will come
casue im not lettin you go wit out a fight
to me your still number one
to me you still are that one
that i want to spend my life with
even though i am the one you regret
i love you
and i hope you know that it never changed
and although your friends think differently about me
im still going to stay
because ive been through worst
and if i lost you

that would be the biggest hurt
but its what I did
no one had a gun pointed
and said 'you better'
and i have to live with what ive done forever
i know things won't go back to the same as before
although its all i have hoped for
and prayed for
and will continue to be what i get on my knees to pray for
cause i just can't take seeing you walk out of my world

Shilesa Johnson

Wats Best For You

i feel like im not best for you anymore
i used to feel like i was the only one 4 you
but you deserve so much more
you've said it many of times in the past 2 weeks
EVERYTHING... thats wrong with me
you need someone who is strong in those qualities
what you hate about me
is what other girls have down packed
it hurts me
it hurts me so bad
to even say this
but you're no longer happy in this relationship
and it hurts me to let you go
cause deep down i know i never will
but if you being happy means letting go
then it's something I have to do
i want nothing more then your happiness
and you complain about everything i do wrong
how could i possibly be right for you
we sure did last long
you'll always be right for me though
i jus want you to know
that the reason im letting go
has nothing to do with me not loving you
it has to do with you not being happy like you used to
and I caused it
i love you
and good luk in all of your future relationships
any girl will be blessed to have you
hopefully shell make u happier then i did
just know that in the end
i was really trying
and i cant stop crying
cause i say let go
when i really mean hang on
but i gotta push those feelings aside
and be strong
and do whats best for you
becausei love you

but lets be honest
your not happy

Shilesa Johnson

We Are What's Real

When i used to think about how much love i could give
i never realized the length of it
and now that i found you
i have realized one thing
that love HAS no limit
on the love that i can bring
and there is no limit
to the way that i feel
because through this life of fakes and plastics
this has always been real
and who would have thought
that this would be the love that i would kill
die and fight for
and through all my doubts
this is the one place i am sure
in your arms and in your heart
and through every earthquake
we will never break apart
and through the obstacles and disadvantages
we have always been able to manage
because in the end we have each other
MY best friend not to mention my lover

Shilesa Johnson

We Both Know

I keep forgetting that you didn't want me bad enough then
So how could that be any different now?
You always make me feel like second best
Like I'm just another in the crowd
I'm tired of feeling like I don't matter
Tired of being the subject of everyone's laughter
When it comes to you
Shilesa will never be enough
I feel like I'm holding you back
So to take off the cuffs;
I'm giving you a chance
And know matter what your choice is
I WILL understand
I can already see where you'd rather be
And in both of our eyes I think we both know
That it's NOT with me

Shilesa Johnson

We Got That

We have that argue and make back up
That put your pride aside because we both mean so much
We have that Im apologizing even when it's not ones fault
Because we're more concerned with righting our wrong
We have that go at it like husband and wife
That try a million times until we get it right
That baby I'm sorry that's not what I meant
That guard up yet still unable to control what's destined
We have that go off at the top of our lungs and raise hell
Those deep feelings we don't speak of, but most times are able to tell
We have that Rihanna and Chris brown
Because there are times I just wanna deck u in the face and knock you out
We have that chemistry that was undeniable and can't be undone
That instant spark that was there from day one
That you drive me crazy yet I want more of you
And I have the kind of feelings where I'm gonna be here sticking it out
Know matter what we go through

Shilesa Johnson

What Did My Heart Ever Do To You?

My heart has been tortured
It has been tormented
What did it ever do to you
For you to dent it□
Besides beat for you
Yearn for you
And crave for your loving
All it ever did was lead me back to you
Each time we were fussing
All it ever did was open itself to you
And you leave it in critical condition
With nothing flowing through

Shilesa Johnson

What Is In A Friend (10-23-08)

FRIEND

What is a friend?

I thought I once knew.

I thought that when asked that question

I could simply say you.

Wow isn't that funny.

How you could turn on me so quickly.

Does a friend turn their back on you when you need them most?

Does a friend act like they don't care when you try to open up instead of staying closed?

Does a friend talk behind your back?

Is a friend all about smack?

And no action what so ever?

Is a friend supposed to be trusted even when you're not together?

Tell me what is in a friend because I once knew

But thoughts changed because of you.

And now I'm stuck confused.

But if you weren't in my life

Then I would've come across people LIKE YOU later on in time.

And it's best to be aware now.

I have no friends. There are people I talk to, chill wit, and people that just hang out.

Because no one can be trusted

And you made that clear.

You were hot air in my life.

So glad you busted.

What ever a friend is supposed to be,

I'm pretty sure that it's NOTHING that you've been to me.

And I'd be SHOCKED if you had ANY of those FRIEND like qualities.

Shilesa Johnson

What Our Relationship Relates To

It's like those new pairs of Jordan's that you just have to have
You can't afford them and so people laugh
You want them o so bad
But there's jus no way
"Maybe some other day" is what your mother turns to say

It's like standing in line all night long
To be one of the first to get a ticket to that concert
Just to hear your one favorite song
You wait and you wait
But when it's your turn it's too late
You stood on that line
Wasted your time
Just to get nothing in the end
Someplace else is where you could have been

It's like that race you want so badly to win
You have talent
You have skill
And you are certainly driven
You practice real hard
And track is in your heart
You're up on that line
Standing there for what must be your thousandth time
Only to get beat for another
And all you and your coach can do is look at each other

That's what you and I are like
We wanted it to work o so bad
But we know longer shared what we once had
We took a break and said "maybe some other day"
And so our haters had the last laugh
and got to say what they wanted to say

We invested and put in so much time
Seemed like we waited for each other our entire lives
And when we got it; it all seemed good
But somewhere along the way there were things misunderstood
We put in so much time and it didn't work in the end

The only difference is that there was no place else that I would have rather been

We jumped the hurdles and loss a couple of times
But we ran the whole race and always crossed the finish line
Even though we got up with some bruises
We sucked it up and made no excuses
And now in the end all we can do is look at each other
That's how each of those things relate to us being together

Shoes

A concert

And my favorite sport all relate to our relationship

Next time I won't ever take things for granted

Thinking that it will last

Because after doing that...now... things are just part of the past

Shilesa Johnson

What The Future Holds For Us 6~23~09

I'm so anxious
And I know I have to be
But I don't want to be
Patient
I'm so excited
And I tried to hold off the feelings
But I just can't fight it
I just can't wait to see what the future has in store
And I know I want to remain everything to you
I'm sure
I don't have to second guess anymore
I just feel like we could be one of the greatest
And out of every couple
We'd be peoples favorite
And I believe that we have no choice but to make it
I feel like stopping here would be a sin
And I feel as if we can't loose
It's in my blood and in your name to win
Even if it is slow
We'll still reach where we need to go
And as long as I have you attached to my hip
We'll never be that sinking ship
Or that crashing plane
With you there's nothing I can loose
All I have is much to gain

Shilesa Johnson

What Weren'T You To Me?

You were love in a world full of hate.

And in a world full of prisoners, you were my xscape.

You were my pride in a world full of shame And you were my antibiotics in my heart full of pain.

You were my star in a sky full of problems. You were my answer always helping me 2 solve em.

You were my life guard in a pool full ov pieces. Pieces ov my heart that you helped me complete.

You were the fairytale that was meant 2 live happily ever after.

And in my book of dreams.. You were my main character

Shilesa Johnson

When I First Met You(Baq In The Day)

It happened in the summer
Going to that place was such a bummer
I didn't want to go to a camp
Didn't understand why anyone would want to
But the moment that changed
Was the moment that I met you
You were definitely not my first choice
Saw you around the way
Even occasionally heard your voice
Then one day I finally spoke
And surprisingly you replied
And from then on
You stuck by my side
We clicked
And were the closest of friends
Nothing could keep us split
Then one day you asked me out
I was skeptical but said yes after a while
I wanted to be your girl
That was when YOU became part of MY world
Would have sacrificed it all
And I must admit that you DID pick me up
Every time that I would fall
And now that I'm reminiscing
Talking everyday is something I'm kind of missing
I'm not thinking of any of the bad times
All of the good is on my mind
But the past is that past
And that's where I have to keep that
But the great times we once shared
I know I will never forget
And I still haven't
Even after all of these years

Shilesa Johnson

When I Say I Miss You

When I say I miss you
I mean it full force
You means yours differently
that's why I'm never really sure
You mean yours intimately
While I miss who you used to be
The person you were when we first met
So sweet, so there for me but now its a regret
Because it slips my mind that thats no longer who you are
and I really wish someone would send the message to my heart
so that maybe I could let go of the used to bes
face the facts and accept reality
You came into my life when my ex took me for granted
We used to be on the same page and now I don't understand it
I loved you and almost fell
and I thought you did too but now it's hard to tell
you come into my life and disappear
and I'm missing the security of having you here
When all you miss is being able to toy with my emotions
you know all the right things to do and say to have me open
You told me if I fell I'd never touch the floor
I had no doubt in you but now I can't be sure
and youre so good because even when I know it's not real
I almost believe you when you express the way you feel
I miss the you that cared and made me feel like there was good in man
But you only miss being able to use me when you can

Shilesa Johnson

Why Can'T I Be?

If a person tells you they don't want to be in your life then you shouldn't want them to be

And if that is the case then why can't that be me?

Why can' I feel that way

Why can't I jus allow a person to walk away?

Why can't I jus get over things quickly?

Why do I always feel the need?

Why do I always feel the urge?

Why can't I allow things to submerge?

And leave things as are

Why do I have such a big heart?

Why do I always care way too much?

Why can't I just be like everyone else and give up?

I want to be that person so why can't I be

I guess that's because that's not in my character

That just ISN'T me

And no matter how hard I would try, I would always come back

Because I could never be like you and act like that

I could never Act like I don't care

And always fail to be there

And although I'm still that person

I'm not always going to be here

I made a decision

And sticking to my word is my mission

You are no longer in vision

And you are no longer in sight

Being friends like I wanted is no longer in mind late at night

Forgetting you is

And although that's not who I am

That's who I HAVE to be

And YOU made it that way SO THANK YOURSELF

AND SAY HELLO

To the new me

Shilesa Johnson

With You

No matter how many times we go through it we keep coming back
And that means something because there's something inside of us that can't
leave things like that
Something in us that just can't let that be
Because even when we miscommunicate
There's still one thing I think that we both see
That we mean too much and are worth holding on to
Because if it weren't for that key factor we would have been chugged the deuce
You show you care even when you say harsh things
And even when they sometimes hurt
I know it's opposite of what you really mean
Opposite of how you really feel
And said out of anger and fear
But even when it hurts, my stance is here....
With you

Shilesa Johnson

Words I Never Said

You're missing out on all the words I never said
I said them but you just ain't here(hear)
So through your cluttered eyes
You can not grasp the pain behind my tears
To work so hard for something
and then watch it all fall apart
Does something to your mental
and is detrimental to the heart
I thought the easy thing to do was quit
So why does this hurt so bad?
Maybe because I never did
Maybe because even when you started letting go
I started tightening my grip
I didn't want to escape our divine bliss
Our state of pure happiness
but the tighter I embraced
the farther apart we became
So naive and so determined
Where did I go wrong
Why did your love come to an end
And in my life with you in it
I was faithfully content
But now I grow silent of all the words
I feel the need to say
Because there's no way you could here(hear) me now
when you're so far away

Shilesa Johnson

Worth Getting Hurt For

Every time I look at your BBM picture I melt
Thinking about you makes me feel ways
I never expected could be felt
From your lips, up to your eyes
I Gaze and dream of the day you let me inside
From your eyes back down to your lips
As the days go on
It gets harder for me to resist
From your lips straight inside your heart
I want to take every step with you
Make every moment ours
Become one and create art
There's something about you
Everything maybe
Everything that forces me to want you like no other
It drives me crazy
When I try to find things that are wrong with you
It automatically pushes me closer to
Because there isn't anything that you do
or anything that you represent
That I can't deal with or comprehend
There's one thing that I request
That despite your prior thoughts
You'll reconsider and allow us to progress
& move someplace forward
Cause I could want you forever
And you might not ever know it
There's so much you need to know
But it gets hard for me to show it
I don't want to feel the way I do inside
But if there's one thing I have come to realize
It's that the way I feel is for real
It's not a temporary for the moment type of deal
You're something so much more
And even if my biggest fear comes true in the end
At least I got hurt by something that was worth getting hurt for
So I'd understand

Worth It In The End *6-14-09*

When I think of all we've been through
I realize just how much I love you
And just how willing I was
Cause all I ever really did want
Was for there to be an us
And when I think of all the words ever spoken
I realize that there was a real reason why you were chosen
A reason why you and I are together
And babe I cherish what we have
You are my treasure
You are such a blessing
And by being with you
I hope I won't learn a bad lesson
I feel like we have much to gain
Although there were times you caused much pain
And I know that it wasn't done on purpose
And I know that in the end it was worth it
Cause in the end
We're in a relationship

Shilesa Johnson

You Can'T Expect

you can't hold on to something that doesn't want to be held
and you can't force a feeling upon someone
that's not meant to be felt
you can't push something that continuously pulls away
and you can't make something that's meant to bounce; stay
you can hope for something that's not meant
but it's only a waist of time spent
you can't expect someone to keep interest
when you treat them like all your other *itches
you cant put force
and you can't be sure
but i am
and now i understand
that this can't work
cause i gave you a chance
actually, i gave you more than one
and look what you have done
you pushed me away
so now im pulling and not coming back to stay
you can't treat someone like shyt
and expect them to still want a relationship

Shilesa Johnson

You Fail To Change The Now

I know love is real
Because I can feel the pain
I know love is painful
Because I can feel the strain
I know my heart is sensitive
Because it takes very little to break
And I know my heart is strong
But that doesn't mean you should throw whatever
You think it can take
Why not just treat me right
Why not make me feel like I matter in your life
Why not make me feel like I mean something
And not like this means nothing
I know you're a guy but men show they care
I guess the difference between them and you is that you actually don't
And though it seems like I'm staying long
I won't
Because I'm smart enough to know
That I deserve better than what you've shown
And though it may take a while
This will be over
Because you fail to change the now
You're steady doing how you did back then
And that's why we are going to have to be nothing in the end

Shilesa Johnson

You Hurt My Sister... I Hurt You

YOU hurt MY sister
I hurt you
I'll show YOU what it's like to be abused
she has been through too much
besides... who gave you permission to even touch;
her the way you did
i don't know if it's true
and you better pray to god it isn't
you hurt my sister and i hurt you
she's six....
what could she ever really do
except look up to you
why would you hurt her?
because she got on your nerves
or maybe you just didn't have any sense
yea that must be it
but whatever it is
I WON'T let you be excused
cause you hurt my baby sister
now it's time to hurt you

Shilesa Johnson

You Know It's Over When...

You know it's over when theirs nothing left
When you stare into their eyes
And they don't take away your breath
When you see them with another and you don't get jealous
And you could care less if he'd rather hang out with the fellas
You know that it's over when you finally forgive
All the hurt and anger you once felt
No longer exist
When he calls you and you don't mind hitting the ignore key
You don't feel bad
Or feel the need to talk to him desperately
You know it's over when you can easily resist
You don't yurn or think of his touch or his kiss
You know it's over when you can look at him straight in the eye
Show no emotion or feeling because there's nothing left inside
You know it's over when you don't smile at the sound of his name
It doesn't have an effect on you
And your whole attitude and feeling prior to
Remains the same
It's over when your heart beats separate
And your feelings wont go far not because you won't let it
But because they can't
You know it's over when you are able to stand
With out him keeping you balanced
You no longer feel the need to earn his trust or love
For it was never an allowance

Shilesa Johnson

You Tell Me Who

tell me who this
tell me who that
is that what it's become
is that where it's at
when you tell me what you do for me
as if i can't see
i know i hurt you
but what you are doing is something you should never do
why don't YOU tell me who
before all this happened and still it remains
cause although i made a mistake
my love for you ain't change
tell me who would sneak a call even if it was just for four minutes
even though i 'd get introuble, but you were all that i was seein
tell me who would diss' her friends to put you first
tell me who was their to stop all your hurt
tell me who else would put up with your controlling ways
and still stay with you and not walk away
tell me who else would do ANYTHING to make YOU happy
even if it conflicted wit something else, i gave it to you gladly
make sure you always had something in your stomach
even though my own was the one that was yellin
but you see i ain't ever care if it was
jus as long as you were takin care of
i spent many days with nothing to eat
i worshiped everything about you
you could do no wrong to me
and even when everyone said he's no good
i never understood
i never even listened
because being with you was my favorite positon
there were times you left me laying on the fall
but all and all
you always kept me tall
tell me who would love you for just you
tell me who would not tell ANYONE the secretes you shared
tell me who would never put you out there like that
even though you did that to me
tell me who would stay up all night with you

even though my eyes were barely holding on
tell me who would sing to you their favorite song
(even when they can't sing)
(tell me who would walk around with a fake ring)
tell me who would support you the way that i have
going to every meet you had in track
and sit on the bleachers and scream at the top of their lungs
tell me who would still believe in you after everyone doubted you
tell me who would take it even when every one made fun of you
and fite them cause thats what id do for my boo boo
tell me who would stik wit you as long as I DID
asking 'tell' me who aint g2 change anyhting
becasue although we both know the answer to that
im not going to throw anything in your face and make you feel bad
cause see i wouldn't do anything to PURPOSELY hurt you
that 1 thing STILL holds true
and i know that if i was to throw things in your face like you been doing to me
it would hurt you and it wouldn't help anything
see
im getting stronger and more knowledgeable
i could sit here and get at you
but tell me
what would that really do
more pain in you
and i actually care
so i ain't going to stoop to your level
cause im trying to work on what we share
NOT make it worse
people think of that before you say something to make her hurt
but what hurts most
is that you know that you are doing
im telling you how you making me feel
and you ain't stop
so how you think i feel
i know how you do
whick is why i won't go to
your level
and do what you do

Shilesa Johnson

You Were

I was the track
And you were the star
You were my engine
And I was your car
I was the chain
And you were the pearl
You were my universe
And I was your world
I was the book
And you filled every page
You were my memory
Hope there's still more left to create
I was the cloud
And you were my sky
Now you're not in my life
and there's no more light

Shilesa Johnson

Your Picture

i was just lookin at your picture
and i just pretended that we were given another scripture
another part
not the one we were given where we hurt inside the heart
not the one wen you and i seperate
i want the one where you and i remain
where nothing had to change
i was lookin at your picture and i felt sick inside my stomach
and for a second i thought i was buggin
becasue when i closed my eyes i coulda sworn i say you cummin
in my direction you were runnin
and when you got 3 feet away you stopped
and for that moment my heart was shocked
you looked at me and turned around
never lookin me in the eye
jus lookin down
and that moment i knew it was over
i opened my eyes and hoped for us to get closer
but now i know that things will never be the same
and as i stare down at your picture i know that EVERYTHING has changed

Shilesa Johnson