

Poetry Series

shay allen
- poems -

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shay allen()

Am I Alone? ? ?

I get this funny feeling

it comes from deep

inside I get all mad

and angry wanting to

go and hide.

My doctor calls

it depression

My family says

it's just me

but the thought

and feelings No

One will ever be

able to see.

Some says I'm psycho

Some says I'm just weird

It's like I'm a

different person

I get really edgy

i want to commit

suicide really bad

then I get a headache

followed by feeling

sad, I wish I could get help

I wish it would go

away maybe if I

pray really hard.

This poem is about the first time I thought about self harm and yes I am not going to lie to you I still do it from time to time.

God Bless You

shay allen

Fall Behind

i can fall step behind and take
the vavatter of my soul, i let my life
take over my happiness

and with my security go
i can drown myself in the
mistakes lives made

also in the blood
i can destory
my memories just
to cry and kill any
trace of love

i can kiss the face
of evil never try to
look back i can kill myself
for salavation
i can kill my spirit to luanch

i can wacth my mind
flu up with hate
and let my heart fly free

i dont care do it
but must destory all of me

shay allen

I Am

love, life, and the future
school, and education
makes me happy

confidence is important to me
humor is important to me
respect is important to me

i dislike people who
don't want to make
something of themselves
but people have their own
dreams to chase
i always say confidence comes
for within

there will be
many doors
i will have to
open in the future
to reach my dreams

this is me

shay allen

Jesus Christ

jesus christ died
on the cross for you and me

in john 3: 16 says
for god so loved the
world that he gave
his only begotten son,
that whosoever believeth
in him should not perish
but have everlasting life

there is a heaven and hell
heaven is where jesus is
hell is where the devil is at

jesus is the light and the way to go
so if you dont know him
you need to accept him as
your personal savior

shay allen

Jesus Please Tell Me

jesus please tell me
what to do in my life?
my life been hell
before i got saved
but sicene change little bit

my life been death
to face from loseing
my friends and my daddy

jesus please tell me
what to do in my life
because i dont know what to do
because i dont know what i can
jesus please tell me what to do

shay allen

Love

love starts with a
smile grows with a
kiss and ends
with a tear

love is like a war
you may get out alive
but not without scares

love feels like heaven
but hurts like hell! ! !
love something that you grow into

love is something you
remember for always
love is something that
is never ment to be

shay allen

The Cry Of My Heart

There is a great deal of depression
that has overtaken my soul.
It floods deep within into
every inch that makes me whole

I wonder and worry of thoughts
throughout the day
What is to come, to my dismay
As a flood of tears pour out
Of me in all my expression,
More and more comes, more and more depression.

I assure myself everything
is okay. But who am I fooling
Then I burst into a spirit of rage.
I have question and there are no answers

But i'm afraid and much
too weak. when i try to explain
I hear I'm hearing wrong
and need to be meak
But this is how I feel
there'e no wrong or meek

But this is how I feel. there's no wrong or right
But as I battle with myself I always loss the fight
Because no one belives me.

I feel intimilated sometimes by others
But as I said 'This is how I feel'
The pain in me is very real

i lose control, my thought go wild
and here I am only a child

If you knew what I thought
If you knew what I fought
I held my thoughts held captice

Oh, God assure me
things normal and you'll
help me think positive
I'm hurting I need you
One day I will always make you
SMILE! ! ! ! !

shay allen

Trapped In Hell

Struck in prison all lock up
slowly burning in hell
crying all alone
cold in the floor all by myself

the walls hold painful
memories tortured by
secrets I'll never tell

my pillow soaked with
silent tears.
no one knows i am
trapped here in hell

frozen in the darkness
i am all alone but not one knows about it

shay allen

When You Feel Down

when you feel down
think about how
jesus is looking at you

he does not want
you to feel down
all the time because
that is when the devil
starts mess with you

if you dont know
jesus just ask
him in your heart like John 3: 16

shay allen

Why Me

why did you pick
me to stay on this earth?
when i did all that stuff
do you have a plan for me?

sometimes i think why let me
stay here on earth
when i did all that stuff

the only reason i
can think is
because you a plan for my life

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