

Poetry Series

Shastina McElmurry
- poems -

Publication Date:
2008

Publisher:
Poemhunter.com - The World's Poetry Archive

Shastina McElmurry(November 16 1994)

Abuse

She is living her life black and blue.
After all drinking and drugs she asks god what to do.
One night she decides to pack up and go.
She sneaks out the window to what place she dont know.
She hates her life and her parents to.
Just if she knew what to do.
After a night on the streets.
Guess who she meets.
Her parents grab her and put her in the car.
They said we knew she would'nt go far.
They take her home and beat her to death.
Then she takes one last breath asking god to take her away.
Thats how she went to heaven with the angels that very day.

When I wrote this I was thinking about all the abused kids out their i feel very sorry for them and the pain they exprience. p: s this is not about me.

Shastina McElmurry

Always Ready

Living today ready for tomorrow!
The feelings of life love not sorrow!
Living life one step at a time!
Giving a smile is not a crime!
Living to be 100 years old!
The wings of an angel never cold!
Living in a world of love not hate!
Living life full of fate!
Living life breathing fine.
Living life is time by time.

Shastina McElmurry

Broken Heart

Today was 7th year as husband and wife.
Its the begining of a new life.
She gave him her heart 7 years be before.
Hes going to work she watches him go out the door.
1 hour later she becomes confused.
Her heart turns black from being abused.
He promised her he would never cheat.
she knew it was death she would meet

Shastina McElmurry

Changes

My emo past is fading away.
Im out to find a better day.
I was so lost in pain.
That after I healed nothing stayed the same.
The stars didnt shine anymore.
My life felt like an on going war.
Day became night.
Peace began to fight.
Love turned into hate.
I lost all my fate.
It tore open my sole.
My heart a big hole.
I found a better day.
When my soul was carried away.

Shastina McElmurry

Daddys Lil Girl

Being you little girl means so much.
You bring life to everything you touch.
I will always be your lil girl.
To our song i will always twril.
It hurts me for growing up so fast.
As we all know time does pass.
I try so hard not to lie.
For you i would die! ! !
I feel like we will be toghter forever more.
Right at this moment my heart is sore.
Well i love you always remeber that.

Shastina McElmurry

Dark Side

The sounds that fill my room are more disturbing than a razor gliding across flesh. The sounds seem to be coming from hell because all I hear is screams from the demons while they eat each other's insides out. They don't harm me but they whisper to me 'he wants your soul.' I refuse the offers they keep trying to give me for I'm afraid I will die a saint. So I shut my eyes and close my ears and begin to beg for mercy. The dark I'm awaiting in is causing me pain for I'm afraid they will cut open my body and eat my heart out. I take one sip of denial and I feel as though I can no longer tell the truth. I am now under his spell. I will be his puppet and he will try to make me bow down to him but I would rather burn in hell. Heavenly father take me away from this nightmare they have dragged me into or I will blow my brains out.

Shastina McElmurry

Dear God

God, i hope your listening to this prayer tonight.
I have stumbbled and lost all my sense on sight.
Im travling all alone on this dark and scary path.
I have lost my way in the after math.
I dont know where i will go after this walk.
I know you can hear me oh lord tell me what to do please talk.
Give me a sign or im afraid i will lose this war.
I need my guardian angel because i think im going to fall once more.
Can you hear me up there in heaven past all the dark sky.
Rest your hands on my shoulder guide me out of this misserable lie.
Give me the strength to do whats right.
Please im begging i cant win this last fight.
I can not let him have my soul again.
Forgive me my savior for i have sinned.

Shastina McElmurry

Deathly Life

hurting inside but not letting go
where am i in life i dont really no
people dnt understand meh at all
thts why no one catches meh wen i fall
scars of such a dark past
im starting to realize the pain is gunna last
hating this life tht i live
in so much misery cant forgive
from my eyes i see only pain
hatred lies tht will remain
living in a world with an enemies crys
letting go with last goodbyes
pressing the gun to mah head
letting the bullet tear through mah brain then im dead
suicidal thoughts run through mah mind
in the darkness mah way i can not find
walking through th myths of hell
to the devil my soul i will sell
falling 6 feet under with a knife
getting ready to take a life
make this melody sing its sorrow
pray to god i dont wake up tomarrow
i cant live another day in these shoes
wake up from this nightmare is mah choice to choose

Shastina McElmurry

Devils Demons

I here them calling my name encouraging me to lie.
I just plug my ears and begin to cry.
The demons scream in agony and cry in pain.
They never stop because satan feels no shame.
Down in hell the fire is burning there flesh and brain.
The hate and pain is driving them insane.

Shastina McElmurry

Different

It doesnt matter what color you are.
We all wish on the same star.
I realized were all special in our own way.
And with that gift we live day by day.
I know not everyone is the same race.
Thats just something we have to face.
Some people are good and others bad.
We all want to fix a mistake we've had.
God has let us choose are own trail.
Some of us passed and others fail.
When we die we go to the same place.
It dosent matter what color or race :)

Shastina McElmurry

Drugs

Why do drugs make you feel so weird.

You try to hide the shame but you cant beacuse on your face the drugs are smeard.

As you are sitting in your room you begin to think.

Inside your body your heart starts to sink.

You lay in bed and try to sleep.

But by know the drugs effects are in to deep.

Then you sit awake until 2: 00 in the morning smoking another joint.

Finally you but a gun to your head and say screw life whats the point.

Shastina McElmurry

Emotional

I feel the razor cutting deep in my skin.
I try to fight but the agony and pain is going to win.
I feel the blood running down my face.
I just run and hide in a dark place.
As the knife slits my wrist and the blood begins to pour.
My heart is broke, my soul is gone i feel the devil begging for more.
What do i do just sit and die.
Im a sweet sacrafice living a lie.

Shastina McElmurry

Fake It

Fake It when they are looking for a broken smile.
You are stronger then this dont let them feel you full of denial.
Fake it when you are lost for words and lies.
Girl dont worry it okay to be hurt just now real eyes.
You will be ok in the end nothing last forever.
Fake that you guys werent meant to be toghther.
Dont listen to what they say you are a beauty to me.
Fake what they cant truly see.
You are my reason to livee girl.
So just fake it!

Shastina McElmurry

Friendship

Look how close we have grown together.
You know what they say homegirls forver.
Im down for you and your down for me.
Our friend ship is like the deep blue sea.
As the leaves fall off my beautiful tree.
It shows our friendship will be.
It means the world to have a friend like you.
I hope you feel the same way to.
We will be friends forever if we play our cards right.
Our friendship is like the most beautiful light.
We are friends good or bad.
I hate it when you act so sad.

Dedicated to all those girls that love there best friends like sisters! ! ! !

Shastina McElmurry

Gone

He ripped open my body and tore out my soul.
And left me there with a big hole.
My heart no longer to beat.
For jesus christ i will meet.
My life flashed in front of my eyes.
My life will no longer compromise.
I realized my life is no longer on earth.
Now his love is no longer worth.
Well i guess im threw with this place.
For it is god i will face.

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Heart Broken

My heart feels like it was just crushed by one million pounds.
My life is a bunch of screaming demons well that's how it sounds.
My body trembles in the cold.
For his hand I can never hold.
I blink and my life flashes in front of me.
I guess we were never meant to be.
Im alone and scared in this place I call home.
I can never find where I belong so I just Rome.
My heart was abused.
My life was misused.
Im dying a long painful death.
You want even care when I run out of breath.

Shastina McElmurry

Heart Of Glass

She walks in the night alone and scared.
The dark awaits her no one cared.
Where will she go after this walk through hell.
She is silent not a yell.
She trembles in the cold.
Voices telling her to go back but her heart she will hold.
She remains heart of glass in her soul.
In her heart a little hole.
Until her heart breaks.
Her life god almost takes.
She lays there in suffering and pain.
A few seconds later it starts to rain.
Soon her breath is gone.
Her life was so wrong.
Where did so go heaven or hell?
Was this a dream or was it real? ?

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I Hate You

I hate you because you dont understand.
You dont even try to give me a helping hand.
I have stumbled down and cant get back to my feet.
I hate you because its me you beat.
All the brusies and all the pain.
I hate you because thats how you will remain.
You kicked me when i was down.
I hate you your worthless and in my sarrows you will drown.

Shastina McElmurry

Just Like Him

I went home with guilt in my eyes.
With alcohol on my breath my mom starts to cry.
She knows that i will end up just like him.
In trouble with the law hanging on by a stem.
Trying to drink my pain away.
Getting more worthless day by day.
My bloodshot eyes ruin my parents trust.
But all i can think about is that dirty lust.
Lost in my meth addiction.
The drugs are serving me with a life time conviction.
My parents hang there head in shame cuz they raised a failure daughter.
But the truth is im just following in the footsteps of my father.

Shastina McElmurry

Lifes Journey

Lifes journey begins at birth.
When you are born you discover earth.
Everyday you live is a gift from god.
Once you turn 3 or4 you learn ho to hold a fishing rod.
During the night you wake up and cry.
Your mom sings you a lulabye.
Your room is full of carebears.
OW MY GOSH YOUR FALLING DOWN THE STAIRS.
Well thats life journey if you didn't know.
Get the aple sauce off your toe.

Shastina McElmurry

Little Girl

This little girl at the age of two
Is living her life black and blue.
No food in the kitchen only drugs and beer.
The beaten begins and now shes bleeding out the nose mouth and ear.
Upstairs they take her to a room.
She'll be dead thats what the negibors asume.
The negibors listen as the little girl screams and crys.
Her parents laugh as they blacken her eyes.
Every night her parents get high.
As they fight the little girl screams why.
The very next day after school.
The little girl is beaten so very cruel.
The little girl went to heaven today.
R.I.P

In loving memory of all the lost ones and all the kids out there that has had to
expiereence abuse.

Shastina McElmurry

Lost Heart

Her heart is broke because of him.
Loving him was a sin.
He promised her a good life.
But he turned around with a knife.
Now she listens to their song.
She wonders how everything went so wrong.
She will never find another like him.
Even though he did this she keeps the roses steam.
He gave her 12 roses one fake.
She will never forget the day at the lake.
She will never forget him.

Shastina McElmurry

Lost Love

Look at her through her bloodshot eyes.
Not because she is high but because she cries.
Her heart is broke and laying on the floor.
Her head says no but her heart cries for more.
The coldness runs through her veins.
His hatred lust brings her envious pains.
Looking at the sky but seeing no stars.
With this razor she leaves shaeful scars.
She runs away from his heart.
Because the pain he causes the bleeding to start.
She has a heart of ice it freezes, melts, and cracks
Being true to her is the thing he lacks.
He says sorry and says it wont happen again.
She doesnt realize she is going to loose and he will win.
Late night thoughts run through her mind.
The reason she stays with him she cant find.
She is so lost in life..
She just kills herself with his knife! !

Shastina McElmurry

Marines

Nick why do you have to go for so long.
When you get out you will be so strong.
Your my cuz no matter what.
Some times you act like a nut.
Nick how is it up there.
When you get out i will prove i care.
I hope you don't die.
That is no lie.
You fight day and night.
That always gives me a fright.
Nick i miss you.
Yes i do.

I didnt write this my little sis did and just used my account

Shastina McElmurry

Memories

All of our memories make me happy then sad.
I'll remeber everything that we had.
You dont even know how many tears.
I have sheaded these last few years.
You said hi i stayed shy.
We said bye all i could do was cry.
All the times you slit your wrist.
You let the blood float in a mist
You promsied to stop.
Then right there your words you forgot.
You told me you miss all of our memories.
I told you come on please.

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Misused Child

A cry in the night by the young unlawful child.
Running away from life into the wild.
A scatter of leaves up under running feet.
Off the ground into a tearful defeat.
A child who could no longer take life.
So he just uses a knife.
Down on to his knees to pray.
Please god take the pain away.
A lost soul in a world of black and white.
A war against love because he lost the fight.
Hearts burst into fire.
Honesty from a complete liar.
As the coins hit the floor and people run.
A life done so quick now the pain is gone.

Shastina McElmurry

Mom

Mom the first time we met i was in your arms.
I knew my life would'nt have any storms.
I grew up to who i am now.
I was sent from heaven i just dont konw how.
We Have had our ups and downs.
Our smiles and frowns.
You've taught me a lot in the past.
Im just growing up to fast.
I love you mom.

Shastina McElmurry

Money

Money can not buy you love.
Money can not get you up above.
It can bring you pain and some good things.
But money can not buy you angel wings.
Money can make you happy.
But it can also make you feel crappy.
It can help you in times.
But it can also make horrible rhymes.
Money is the root of greed.
Money is evil in deed.

Shastina McElmurry

My Angel

My sweet baby you left me alone.
I put your picture on the tomb stone.
You promised we would die together.
As time goes by I realize you couldn't live forever.
I know I will see you really soon.
Until then we have to talk through the moon.
I dedicated you a star so very bright.
Until I reach God's glorious light.

Shastina McElmurry

My Baby

my baby is in heaven above.
i knew god will give him lots of love.
god took my baby from me.
i cried a deep blue sea.
he can never be replaced.
the truth might as well be faced.
His name was sox
he looked so cute in his box.
he was my best friend
he was there till the end
my dog was the night and day of my life.
i still cry in the night
i just need some light.

Shastina McElmurry

My Bestfriend & Sister

She sits there crying her eyes out all night.
The step dad that beats her and a mother that doesn't try.
A father who walked out on her at a very young age.
She tried everything to ease her pain.
She is lost with no one to call a friend.
So she picks up the razor and cuts her veins.
She leaves the life she once had to look for another.
Arrives in a new place to discover someone just like her.
Bestfriends they promise as they talk about what they have been through.
To very broken girls finding hope in each other.
Time goes by as they grow closer more with every scar from the past.
Dropped the razor for something more like love within a bestfriend and a
SISTER<3

Shastina McElmurry

My Hero

I think of you every day.
I love you thats all i can say.
Without you my hearts incomplete.
With out you my heart would'nt beat.
With out you I would die in fears.
With out you i have sheaded so many tears.
Your my hero thats how I roll.
You'r in my heart and my soul.
Your my hero for fighting for me.
Your my hero can't you see.
Your my hero I love you big bro.
That is what I want you to know.

This was wrote for my friends brother who is in the marines and to all of the other marines that are fighting because there my heros.

Shastina McElmurry

My Lil Girl

My little girl with her eyes so big.

Sitting up in her crib.

My little baby crying all night.

Oh shes such a delight.

My baby girl is growing into a beautiful young woman right before my eyes, but really thats know surprise.

I knew some day she would grow up and adventually move away.

my baby girl you Dont need to grow so fast slow down I dont want are time to pass. I love brushing your hair, and making you your favorite meal.

my Shy bug I know you must grow, but never forget your mommy will always love you so.

to shastina, love mommy

Shastina McElmurry

My New Friend

To change my life like a techno beat!
Remixing it to fall all in place hit repeat!
My new friend gott somee smiles for days!
As pretty as an angel these are the days!
We gunna make memories and laugh till we cry!
She was sent to me from the god outta the heaven in the sky!
Its like she is whispering you dont have to hide my friend!
For iam just like you, and i will be here till the end.
Your beautiful when you look in the mirror and you will see what i see.
A new reason for a smile to be a smile on my face, My bestfriend Kodee<3

Shastina McElmurry

Never Ready

Living today not ready for tomorrow.
The feelings of life nothing but sorrow.
The pain remains in the soul.
In the heart an incomplete hole.
Taking life one step at a time.
Committing suicide as a crime.
Living to be only 15 yrs old.
The wings of an angel so ice cold.
Being yourself feeling so small.
Unlike your friends your breaking the law.
Living in a world of nothing but hate.
Then after a while you lose your fate.
Sooner or later you lose your breath.
Then after that you experience death.

Shastina McElmurry

Not Good Enough

They say im not good enough to be here.
They say im a freak thats not allowed near.
Always making fun of what I wear.
I start to cry but what do they care.
Killing pain thats endlees.
Making me fell like a mess.
No one's perfect.
What do they expect.
I have always been the prey.
Me hurting is there way.
I hope one day they realize.
Were all equal in god eyes.

Shastina McElmurry

Promises

This is for all the promises you have broke,
This is for making my life look like a joke.
This is for leaving me all alone.
All i can say is that my heart is stone.
This is for the love that you took.
And for my world that you shook.
This is for the dove on the grave.
This is for the memories that you gave.
This is for the promises i have gave.
All the promise i have saved.

Shastina McElmurry

Soldiers

Sounds of shooting guns.
Soldiers die with no remorse.
Sounds of jets crashing into towers
Soldiers die with no remorse.
Bombs blowing up on the line.
Soldiers die with no remorse.
Attacks on America!
Soldiers kill with no remorse.

Shastina McElmurry

Stranger From My Dream

I love you stranger from my dream.
I don't know who you are but you make me laugh and scream.
I'm afraid of you but love you.
We don't know each other but I'm your dream girl too,
Your face I do not recognize anywhere.
But you are in my nightmares.
Please stranger are you fake or real.
Is this love that I feel.
I only see you when I close my eyes.
I love my dream stranger whose name will never rise.

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Suicide Dream

Put this gun to my head
Pull the trigger then im dead
Waken up from this dream
Fighting this pain listen to me scream.
Killing myself while i sleep
Feeling this sarrow digging deep.
My heart beats fading away
Dieing slowly day by day
Im so lost in this fear.
I dont know why im still here

Shastina McElmurry

The Demon

The demon inside of me is broken.
My words are totally unspoken.
He makes me hurt anyone or anything I see.
Im surprised he hasn't killing me.
I hurt everyone I know.
He's shooting pain from head to toe.
The demon is running threw my veins.
Im serious not insain.
I wish he would die.
He always makes me lie.
Im slowly getting evil.

HE WONT STOP UNTIL HE GETS HIS REVENGE

Shastina McElmurry

The Marine

As he walks with a gun in his hand.
For America he will always stand.
He tells his family not to cry.
All he thinks about is will i die.
He's ready not scared at all.
Then a gun shot but hes still tall.
He promised his family he would stay strong.
He hopes that in the marines nothing goes wrong.
Then 2 years later they're at his grave.
For America his life was gave.
At his grave they placed a dove.
IN LOVING MEMORY OF HIS LIFE AND LOVE.

I wrote this poem in memory of all the loved ones that were lost :)

Shastina McElmurry

The Marines

As they walk with guns in their hands.
For america they will always stand.
They tell there family not to cry.
But they think will i die.
There not a fraid at all.
Then a gun shot but they remain tall.
They promise there familys they will stay strong.
For in the marines your gone so long.
Then they return no cuts none.
They go up and hug their daughter or son.

Shastina McElmurry

The Perfect Rose

He goes out and buys her a red rose.
He loves it when she twinkles her nose.
He shows his appreciation with threw his love.
On the rose lays a white dove.
He promises to be as true as her.
There love is strong thats for sure.
He dosn't care if he lies.
Even though he can see it in her eyes.
He writes a poem that says forever.
Then he says always toghter.
Breakfast in bed every day.
Sunset kisses by the bay.
Hugs and kisses every night.
So she will always knows eveything is alright.
Never worrining about the bills.
She always tells him how she feels.
When she crys he's always there.
To let her know he will forever care.
He asked her if she loved him.
She said until i reach the end of gods steam.

Shastina McElmurry

The Years

As the years pass we make memories.
Across the oceans lakes and seas.
As the years pass i remeber the laughter tears and pain.
I have finally realized some things are lost and others are gained.
dad and mom i will never forget the years we have had toghter.
and daddy i know i cant be your baby forever.
Someday i know i will have to say bye.
When i have to let you go i promise i'll try not to cry.
The years you gave the years i gave.
Are perfect memories i will forever save.
Daddy all i want from you is for you to walk me down the asile and let me go but
never forget that i was and will always be your babygirl.

DADDY I LOVE YOU

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True Friend

If you were a true friend you would always be there.

If you were a true friend you would always care.

If you were a true friend we would never fight.

If you were a true friend you would always bring light.

WELL YOU ARE A TRUE FRIEND SO WHAT AM I WORRIED ABOUT

dedicated to all those people that have someone right by their side

Shastina McElmurry

Unknown

My dreams are shattered my soul is black.
My grave is ready i dont know to react.
My heart is broke.
The devil has spoke.
He said my heart belongs to him.
In my blood he will swim.
He takes my heart and turns it into stone.
Down in hell all alone.
I push him away and pray to god.
He saved me from living hell.
That the day my soul got well.

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Why? ? ? ?

Why do you hate me?

Is it because im suicidal and alone.

Why am i a disgrace to you?

Is it because you think my heart is stone.

Why did you walk out on me?

Is it because we are not the same.

Why cant you look at me.

Is it because i put you in shame.

Why wont you except me as me.

Is it because its not who you want me to be.

No matter what you say the scars will remain.

Im me and i will not deny i feel the pain.

Shastina McElmurry