

Poetry Series

**Shannon Middleton**  
**- poems -**

**Publication Date:**  
2008

**Publisher:**  
Poemhunter.com - The World's Poetry Archive

## Shannon Middleton()

I started to write poetry as a way to release my pains and emotions and thoughts. I for some reason have to rhyme all the time. I never took any poetry class and just found out what a couplet was about 2 weeks ago. Funny thing was, I just started home schooling my children and it was in his literature this is new to me sharing them with the public but here goes I say. Hope you enjoy them and move you in some S Shannon Middleton

## A Dear Lil Boy- Gone

To a dear lil boy  
Who could never ever hug a toy  
For I long to hold you up close to my heart  
For that day I feared when you'd part  
Just once to see a cute smile  
That I'll never see for a while  
For I waited just once to hear you cry  
You never did only God knows why?  
To touch your face just once more  
For just one touch I would adore  
All the pain and all the tears  
All I wanted was to hear a cry please  
Now your gone and in no pain  
And all I wish now is to hold you again  
I know now this can't be done  
Because in HEAVEN is where you've  
GONE! ! ! !

Shannon Middleton

# Escape The Past

To escape the past, humm where to begin  
Locked away in a closet is where it's been  
I've lost my way and point in life  
Hurt, pain, and confusion yet I take it in strife  
I've seen the beauty in the earth around  
If, if only I could keep my feet on solid ground  
Headaches mostly confusion inside of me  
Someone Help me with this see  
Things seem strange to me somehow  
I need to Escape, YES right now!  
To leave to hide to get away  
Someone please show me the way  
Escaping my past is nothing new  
Escape, escape escape in my head  
To a far away land no pain to dread  
Escape, escape to my own little place  
Away in my head with alot of space..  
To escape from my past for even a short time  
Keeps me sane and in the right MIND.

Shannon Middleton

# Going Out Of My Mind

Sitting here going out of my mind  
Why bother it's a waste of my time  
Mothers subjected to everything  
The children, cooking, and cleaning  
So much to do so little time  
That and more going out of my mind  
Work, Bills, endless appointments too  
There is no limit to what Mothers do  
Seems there is no end to all of it too  
No time to spend with children or the husband 2  
Why there isn't even time for little ol you  
Going, going out of my mind Just what can I do  
When you do not have the time to focus or have a clue?  
So many things are bothering me yet no time to deal  
Different diagnosis yet no time to heal  
So much stress, life such a mess  
Not enough time to even rest  
Going out of my mind, yes  
I strive to be at my best  
To think If I had the free time to use  
Spend it with whom I choose  
Of course it would be with my family  
They are most important to me  
Yet still going out of my mind  
Why, Why, Why bother I haven't got the time.  
Going going out my mind!!!!!!!!!!!!!!

Shannon Middleton

# Happy Birthday

It's July 22,2001, my little one  
It feels like a lifetimes come + gone  
I'm in the hospital this very day  
The smells and the sounds it's as if it were yesterday  
10 years ago you came and went  
God gave me a gift, Oh heaven sent  
You were to be a gift - from above  
So tiny you were, perfect and full of love  
It hurts to know you'd be 10 years old  
Not having you with me or even just to hold  
What would you look like today?  
If I say you what would I say?  
I Love and Miss you and Happy Birthday

Shannon Middleton

# Puffy White Clouds

Up, up, up so high  
Puffy white clouds in the sky  
Look for a moment tell me what you see...  
The winds changing their shapes, what could it be...  
Look I see a horse, No now it's a bird  
What's that you say that sounds obserd?  
Just look and see what shapes you find  
If not keep going don't waste your time...  
To me it is peaceful to you it may not be  
Your the one missing out, not me  
Puffy White Clouds in the sky  
Changing their shapes as they roll on by.....

Shannon Middleton

# Raped By The System

Raped by the system is how I feel,  
Raped repeatedly traumas and more ordeals.  
It all started behind racial abuse at Huey School  
Now raped by the system, No that aint cool.  
Beat up, spat on called by their color 2  
Sexually assaulted in the bathroom, What was I to do?  
When No one No one listens to you!  
My 8 year old son traumatized in fear  
Sorry can't help you is all I hear  
Took my kids locked up in my van  
Protest, protect them the best way I can.  
Arrested for parking van in front of the school  
What for my kids rights, safety and education 2  
Not to be called out their color and cursed at too  
Now DHS steps in and rips a family apart  
Siblings three scattered where was their heart  
It's almost three years since our nightmare  
Yet raped by the system ahhh who cares?  
Raped by the system, courts, lawyers, and DHS too  
Raped and raped yet no ones got a clue!  
Raped and raped is how we all feel  
Traumatized is my family- Is this for real?  
A letter to the judge cries for help see  
Sent back was my letter cannot read these  
I feel so wronged in many ways  
This abuse day after day  
Day in day out so traumatized  
Raped by the system yet not surprised  
Dhs took my kids from me for abuse/neglect  
Come on now what the heck  
When I called you 1st for help about abuse at school  
Sexually assaulted was my baby what was I to do  
But protest at the school  
Yet you placed my kids all in foster care at risk  
Raped and assaulted what's up with this?  
Placed at risk yet you down grade us (parents)  
Now you wonder why all the fuss  
Dhs placed my children all at risk  
No letter or words I'm sorry about this

My family traumatized to the brink  
How much can we be raped? think  
I can kkep on writing the pain is so raw too  
Yet this is only MOMs side times 3 childrens abuse  
The pain is real emotions all over the place  
So tired so so stressed  
Raped physically, mentally and emotionally  
What a mess....

Shannon Middleton

# Standing Still

Standing still as my life goes by me  
Cannot hold on much longer see...  
So much going on stuck within a tornado  
Standing within its EYE  
As my life spins out of control and watch it fly by  
Spinning, spinning, spinning round  
Just once to get back on some solid ground  
To find the love, joy, and happiness  
Something I surely, truly, deeply miss  
There is just not enough time  
Spinning, round and round this life of mine  
Yet, standing tall and standing still  
With GODS good grace and my WILL  
Standing still as my life goes by  
Don't even have time to Question WHY? ? ? ? ?

Shannon Middleton

## To Matthew Jr.

I really love you Matthew Jr.  
I wish you were born a little sooner  
Then and only then you'd be alive today  
Who knows God may have taken you anyway!  
Sometimes I just sit and cry  
God took you anyway and no one knows why?  
I can sit all day and go through his things  
Remembering all the feelings it brings  
All I wanted was him to AWAKE from his sleep  
To cry his heart out or just hear a peep  
Not even a cry nor a peep  
Because my son would never awake from his

SLEEP.....

Shannon Middleton

## To Matthew Vincent Jr.

There are so many words  
Yet there are no words  
For when we looked into your eyes  
No words needed to be spoken.  
And the warmth of your beauty  
was a statement in itself  
And how could we ever explain  
The trembling in our hearts  
When we last touched your face.  
There are no words to explain an emotion  
So we open to you our minds  
That you might walk amongst our dreams and memories  
Then and only then  
You might understand our tears.

Shannon Middleton