

Poetry Series

**Sarah Mc Cabe**  
**- poems -**

**Publication Date:**  
2009

**Publisher:**  
Poemhunter.com - The World's Poetry Archive

## Sarah Mc Cabe(04/10/1985)

A love of reading since I was a child. I was encouraged to be as creative as possible and ended up going to college to study Journalism. I have yet to write and publish a book!

I love writing poems and hopefully one day I'll be discovered, I hope you like my work!

# Elements

The Fire sizzles and licks at those who try to make contact  
It pulls you in with a burning passion, erotic, stealing you as it tries to distract  
The Air is cool, whipping life through the wind  
It can take you on a journey then drastically have you pinned  
The Earth is their match, opens up without warning, proudly parading her trees  
She is the Mother of all nature, but cunning in what she allows you to see  
The Water waves hello so deep and so pure  
It can trickle over earth, and then rage with a thirst so confident, so sure  
Though four powerful elements they watch each other, keeping in sight  
They will never realize their common factor, the brightness of the day and the  
blackness of the night

Sarah Mc Cabe

# Forever

Will you always remember forever and forever?  
Yes I replied forever and forever.  
She smiled her smile and looked out to the sea.  
I smiled too wondering if this is the happiest I would be.

She hummed my song while watching the setting sun.  
A wave of contentment flooded through me all in one.  
We walked in silence complete in tranquility.  
I wished this moment would always be with me.

She put her hand to my face soft to the touch.  
A need of longing rushed through me and it became too much.  
I knew this was it, that this was goodbye.  
She promised me everything would be ok and I wasn't allowed to cry.

She walked toward the sun glowing free.  
I whispered after her always look over me.  
She turned and said will you always remember forever and forever?  
Yes I replied forever and forever.

Sarah Mc Cabe

# Imaginings

Did I ever tell you how much you mean to me?  
When we're together I'm your locket and you're my key.  
You become a part of who I am.  
You give me hope a feeling of serenity and calm.

I love you more now than any other day.  
When the sun shines down you are my glowing ray.  
I wondered out loud if this moment could last.  
I longed and prayed that I would always remember the past.

She glided toward me like a dove in the sky.  
The moment took my breath away, so surreal I was on a high.  
The wind whispered secrets all through my hair.  
As Twilight broke her olive skin turned a beautiful fair.

Her warm brown eyes glistened with a thousand tales.  
With an instant silence her wings opened like two stunning white sails.  
She reached down toward me and took my hand.  
I knew I was flying when my feet left the land.

I gasped in awe as my dream broke and I saw the light.  
Knowing she was always there in my mind, my heart and my sight.

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# Invisible

Her hair covered her face, her cheeks flaming red.  
He watched her curiously wondering what was going on in her head.  
Her whole presence was negative, her aura miserable.  
He couldn't understand how this stunning girl wanted to be invisible.

He knew she was the one when instantaneously he fell in love with her.  
But the heartache for her was too much she knew there was no cure.  
It was a matter of time before he knew their paths would be crossed.  
What was this secret locked up inside her, the way she looked so lost.

Today was the last day of the rest of her life.  
If he knew this it would kill him like being cut deep with a knife.  
She needed to be saved, to have her lungs fill with air.  
He wanted to hold her, love her unconditionally and be the one to care.

As she moved away, he was afraid to lose her, he couldn't take that chance.  
"Hello" he shyly caressed to her, she blushed and tried to smile snapping out of her trance.  
They looked into one another, seeing deep, feeling the love mist all around.  
She took her first breath of her new life and knew she'd finally been found.

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# Moon And Star

Sparkling high above, the star winks at the moon  
Glowing back, the moon plays its own, silent lullaby tune  
Meeting in the darkness the sky is like their own private date  
Not quite understanding why they meet every night, secretly imagining it has to  
do with fate  
They stare at each other and everything disappears without trace  
Hoping that this will always be their simple hiding place  
The star twinkles like a diamond, her beauty standing out as one  
The moon has a masculine, cool demeanor and outshines the sun  
The blanket of light sweeps across and they begin to feel incomplete  
Their emotions overwhelm them, and it is the longing for the next night when  
again they will meet

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# Strangers

When two unknowns pass each other they don't exchange a look.  
This loss of communication is where loneliness can get us stuck.  
We move unconsciously and keep on moving.  
It's only in later years when we need compassion we know we're losing.

On one faithful day the eyes we meet are hard and sad.  
But if we hold that gaze for a second longer we remember everything we ever had.  
A flood of memories screams to be released from our mind.  
The smile that cracks and the glisten in the eyes is a familiar kind.

To think you might never again see these eyes.  
Makes it so hard not to cry.  
When the moment comes when you remember each other.  
You can't imagine your life without one another.

From that day forward all is not lost.  
You will protect, love and do anything for each other no matter what the cost.

Sarah Mc Cabe

# Time

As time goes by we all seem to stand still.  
Things seem to happen for a reason usually against our will.  
We cannot tell which way the wind will blow.  
Only that with time starting to stop we begin to slow.

A clock starts to chime and sentences its song.  
Sometimes it's for the right reasons sometimes for the wrong.  
Cries will fill a home with happiness or in grief.  
Time starts to take its toll and breathe a sigh of relief.

A different country, a different person time brings us together.  
Our biggest desire in life is hoping it will last forever.  
Ready or not time takes us one by one.  
It happens so quick most believe we're not done.

Time doesn't realize, but it's something we must remember.  
It takes us one by one but in the end we'll all be together forever.

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# Together

They found each other, a perfect fit like two turtle doves in flight.  
When he held her, her heart fluttered with anticipation ever so slight.  
Her full red lips where the colour of strawberries and complimented her skin an  
off white cream.  
He gazed at her afraid to break contact like he was captured in a dream.

His arms where protective, his torso wrapped around her strong.  
To him she was perfection; he couldn't find a flaw, not one thing wrong.  
The wind whispered with fragrances of honeysuckle and vanilla swirls.  
They danced like floating on air, mesmerizing in twirls.

They cradled each other their bodies intertwined as one.  
Everything around them disappeared all except the warmth of the rising sun.

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# Torn

She looked at him, tears spilling for being so naïve.  
He watched her, voice breaking with pleading words "please don't leave."  
She was torn, in the middle, confused by which road to take.  
He knew it wasn't easy, the decisions he asked her to make.

She shook with guiltiness (the timer ran out) this was her last day.  
He was never bitter, just sad that he couldn't make her stay.  
Her heart started to crumble and her tears trickled like a stream.  
He understood deep down she had to follow her dream.

She hugged him close making a memory before she ran for the door.  
He whispered goodbye, his body numb, his heart forever sore.

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# Why

Why did you leave me when I needed you the most?  
Knowing I'd search high and low, from ocean to ocean and from coast to coast  
Why did you have to, have to make me cry?  
You didn't even give me the chance to say a proper goodbye  
Why did you not wait, did you know how heartbreaking it was for me?  
Why am I being so selfish and not let you live in peace and harmony?  
Why do I still pray to the stars and to the moon?  
Asking, wanting, begging God that I can see you oh so soon  
Why won't you come back and put a smile upon my face?  
All I want right now is your loving warm embrace  
Why is it that I question why I love you even more each and every day?  
I now know that it's all in my mind, that you're always with me in your own  
special way

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