

Poetry Series

**Mathias Sager**  
**- poems -**

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# Mathias Sager(9.5.1975)

Welcome to the 'Happy Colorful Growth' way of life: Think heartily, create opportunities, and help grow the human revolution movement.

Vision: To enable personal growth and to satisfy people at the heart level, so peace will ensue.

Thinker, Artist, Educator

A happily genuine life, inspired by colorful expressions and enabling others to grow.

We all die. The goal isn't to live forever, the goal is to create something that will.

I value co-operative and humanitarian principles, economic and social equality, as well as environmental sustainability.

Important personal characteristics are my broad international experience and progressive, egalitarian and global outlook, as well as my social commitment.

My areas of experience are in education, psychology, philosophy, coaching, personal development, leadership / management, diversity & inclusiveness, multi-cultural understanding, information and communication (technology) .

Currently researching human behavior (MSc Psychology, University of Liverpool) in order to find the key to peace: -)

# A Matter Of Self-Esteem

Arms manufacturers are purposefully peaceful  
Oil conglomerates are environmentally friendly  
Chemical fabrics are naturally clean  
Financial institutions are socially humanistic  
Intensive livestock farms are gracefully humane  
Pharmaceutical firms are organically healthy  
Shareholder corporations are cooperatively responsible

We believe them because we don't trust our own judgement

A matter of self-esteem

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# A Partner Who Cares

A partner who has no time  
Is easy to blame  
No need for shame  
All yours is mine

A partner who has time  
Is hard to defame  
No basis for game  
All appearance is fine

A partner who doesn't care  
Is easy to compare  
No need to dare  
All ours is my affair

A partner who does care  
Is hard to despair  
No lies are fair  
All love to share

A partner who isn't strong  
Is easy to get along  
No need to belong  
All transaction's ping-pong

A partner who is strong  
Is hard to prove wrong  
No need for forked tongue  
All suffering becomes a song

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# About Living In The Present

I used to overthink in the past

But I thought about the past in the present  
And about the future in the present  
So I stopped to think about time  
And I forgot about the past in the present  
And about the future in the present

I will live thoughtless in the future

But I stumbled over the past in the present  
And over the future in the present  
So I stopped not to think about time  
And I'm selecting from the past in the present  
And prioritizing for the future in the present

I am mindful in the present

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# All The Best From The Future

New Year Greetings  
East to West

It has just turned midnight  
Time travelled from daylight  
In the land of the rising sun  
That's where I have gone  
On the pursuit of meaning  
Challenging, but interesting  
No fear, positive posture  
All the best from the future

Mathias

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# Along The Other Side

I walked along the river - I'm walking along the river  
People floating in the stream - People swimming in the stream  
Accompanying the swimmers - Leading the companions  
Never in the river myself - Always from the river bank

Never went under as I became - Never go under as I am  
Had to keep the pace - Want to lead the race  
Felt pushed or pulled anyway - Don't feel pressure anymore  
It was the wrong side of the river - It's the right side of the river

I knew there's another side - I remember there was another side  
I need to cross the water first - From where I crossed the water then  
What about the hands I've hold - There were hands I held  
Will they follow me to there - They didn't follow me to here

Slowing down as I cross the stream - Speeding up as I move along  
My loved ones hands were torn off - My loved ones hands to reach again  
Is it for the crossing only - Be it for eternity  
And we'll rejoin on the other side - And we'll rejoin in this lifetime soon

They didn't know this side - They have learned about this side  
They didn't choose this side - They now belief in this side too  
The other side is their side - The other side was their side  
Their side is determining the hand - The hand did determine their side

I had to choose the other side - I had to leave the other side  
I belong to the other side - I never belonged to the other side  
I feel naturally alone - I'm feeling naturally connected  
Cannot change the side again - Cannot change the hand again

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# Answer For Fatherlessness

There's a reason why you couldn't give birth alone  
Do you think it's natural to create a fatherless home?

There's confusion why as a child you were lone  
Do you think it's common that fathers are gone?

There's a bitter coldness in a manless syndrome  
Do you think you could choose better and overcome?

There's a lovingly caring father waiting at home  
Do you think our daughter too shouldn't have one?

There's so much warm support to grow the gem  
Do you think it's threatening you to allow a 'them'?

There's a selfless duty of every daughter's mom  
Do you think it's OK that you claim to be the only one?

There's a chance that you'll be forgiven some  
Do you think you can live with the consequence to come?

There's the father's will to be his daughter's sun  
Do you think at least to tell her where this poem's from?

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# Anything Is Possible

I've said no and got punished  
How lost in deceptions we are  
By feeding our addictions  
Freedom seems inaccessible

I've been honest and got contempt  
How much others-reliable we are  
By repeating our lies  
Progress seems impassable

I've chosen and got proof  
How enormously anxious we are  
By maintaining our enemy image  
Peace seems impossible

And yet I'll always choose again  
How much and long it may take  
By keeping up the work  
Anything is possible

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## Art: Source Of Love

No need to esteem my art  
But know it's source of energy  
Relief of stress and tears  
That reverts to you as love

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# Authentic

Don't compete for compensation  
Study love, human equation  
No wealth and however smart  
Nothing's like authentic art

.

That's my honest advice  
Having done it more than once  
Whatever dreams you follow  
Still must suffer but not hollow

.

So think to the end, be clever  
Every step makes the endeavor  
Deviations are meant to be lessons  
Part of all for good reasons

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# Because I Am So Hungry

Yes, there is war, but  
it is OK to work for an arms manufacturer  
Yes, there is global warming, but  
it is OK to work for an oil conglomerate  
Yes, there is pollution, but  
it is OK to work for a chemical fabric  
Yes, there is poverty, but  
it is OK to work for an investment bank  
Yes, there is hunger, but  
it is OK to work for an intensive livestock farm  
Yes, there is poisoning, but  
it is OK to work for a pharmaceutical firm  
Yes, there is exploitation, but  
it is OK to work for a shareholder corporation

... because I am so hungry

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# Being Great

How great is it to walk without the ability to run  
How great is it to jump if flying isn't in one's might  
How great is it to find pictures instead of searching words  
How great is it to have courage without encouragement  
How great is it to start simple when not mastering complexity  
How great is it to believe what seems to be impossible

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# Book Of Life

The book of life goes on  
like a free fall  
In comfortable times  
one isn't  
a protagonist at all

The new chapter opens up  
like a new start  
In difficult times  
one has to  
play the active part

The story comes to an end  
like a love letter  
In life times  
one can  
change scripts for better

The episode builds upon  
like a final solution  
In all times  
one continues to  
shape human evolution

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# Dream Of A Simple Life

Dream  
With peace  
A happy life  
Be to understand  
Choices

Dream  
With love  
A colorful life  
Do to experience  
Chances

Dream  
With intention  
A growing life  
Become to achieve  
Changes

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# Familyfulness

Life, why did you choose to be selfless my child

Birth, who will I accept to be artful in the otherworld

Kinship, how is it known to be timeless from others

Unity, what lets humanity to be mindful of that love

Family, where can I realize to be limitless to meet you

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# House Of Dreams

I wanted to build a house for you  
So, I thought what kind of house it should be  
A construct that reflects my love for you  
A castle with endless rooms it will be  
So that all your dreams come true

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# Human Behavior Revolution

The jobs that pay enrich the greedy  
volunteers sacrifice to help the needy

World's common resources exploitation  
including worldwide transportation

Is what is seen as creating added value  
to the controlling elite, for others untrue

This counterintuitive socio-economic system  
represents the core of the human problem

Technology invention isn't the resolution  
need to support human behavior revolution

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# I Wish You

I wish you happiness  
Always shining eyes  
Live your dream not less  
No fear nor limiting ties

I wish you eternal peace  
Forever smiling face  
Surrender and increase  
your inner secure base

I wish you live your life  
So positive and tender  
Live, and love and thrive  
I hope you do remember

I wish you see the sky  
Know nothing is too far  
And sometimes ask you why  
Because you are a star

I wish you have your dreams  
Do listen to your soul  
It's closer than it seems  
You're part of a bigger whole

I wish your worries are gone  
That always you'll succeed  
Be proud of what you've done  
I'm here when there is need

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# I'm Sorry I Just Drove By

I'm sorry that I just drove by  
In my elegant suit and tie  
Seeing you but ignoring the fact  
That actually I could act

When I looked into your eyes  
I couldn't hold the years of lies  
Must be the age of my daughter  
Your message I will teach her

My main concerns in life  
Beyond the means to survive  
I can't do that anymore  
If I have to accept this for

Your suffering did change my view  
It's not that I never knew  
But now I do what matters  
For me, you, and others

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# Invincible

A salary man's accused of his lack of time  
A studying man's belittled for his dream  
An investing man's unbelieved for achieving wealth  
What shall he do the man who seeks approval?

Not to seek approval but staying true to self  
Not to cease acquiring wisdom and strength  
Not to compromise on how valuable time is spent  
That makes him invincible the man who knows himself!

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# Man-Made Rules

Nobody  
would play  
monopoly  
if not every player  
were given  
the same starting situation.  
Why  
do we accept it  
in real life?

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# Many Deaths Died

So many deaths I've died  
Desires they have killed  
With each single death  
Beating an eroding demon

How many deaths can I  
Bear and keep my light  
With each further death  
Gaining a piece of freedom

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# Or Or And

Harming love OR hate hurts  
Sightless black OR white blinds  
Healing compassion AND forgiveness cures

Tiring win OR lose exhausts  
Scared here OR there fears  
Fulfilling contentment AND courage succeeds

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# Pond Of Life

Life is like a pond  
people standing around  
jumping to give birth  
to a short life on earth  
without preparation  
equipped with intuition

While diving we are living  
attention we are giving  
to how long we can hold  
our breath and mold  
the style of our glide  
gentle or with fight

Soon we have to come up  
to surface and show what  
depending on our aim  
deserves eternal shame  
or inspires others' dive  
for the better to strive

The pond of life once left  
looking back to ones best  
we are still in the same  
eternal spiritual game  
yet don't miss any chance  
for personal growth advance

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# Repeating To Heal

Thank you very much  
Repeating to heal  
Being thankful for what you  
Even in my hardest moment

Sorry should I have failed  
Repeating to heal  
Being stricken for what I  
Even in my toughest phase

Understand you suffer too  
Repeating to heal  
Being mindful of what is  
Even in my worst situation

I'm giving you my best  
Repeating to heal  
Being generous for whatever  
Even in my weakest times

Please take care of you  
Repeating to heal  
Being concerned about what will  
Even in my scariest dreams

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# Romance Governance

If only  
everyone's  
romantic satisfaction  
were guaranteed;  
The rest  
would settle  
peacefully.

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# Sad Dad

Having a dead dad  
Is sad  
Having no dad  
Though he isn't dead  
Is even sadder as it didn't had  
To be that way if it was said  
The truth about how sad  
Instead  
He is your loving dad

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# Shaping One's Life

A life nicely centered between birth and death  
As it is acting like knowing its symmetry around a peak  
Assuming a ceiling point until which to invest  
According to plans for success and wealth  
Allowing a balanced ascension and decline  
All forming the pyramid of life

OR

A life interestingly gone astray in chaos of time  
As it is anticipating what was never expected to occur  
Assuming abundance seen as a result of giving  
According to teachings for personal growth  
Allowing an adventurous dive in uncertainty  
All forming the pot of life

OR JUST

A life  
As it is  
Assuming nothing  
According to nature  
Allowing  
All forms of life

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# Thank You For Making Me Better

Thank you for loading onto me what you never would handle  
Thank you for expecting of me what you never would bear  
Thank you for claiming from me what you never would ask yourself  
Thank you for helping me to become a better person

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# That Stoic Preparation

That you leave and I'm not allowed to lend  
That you rent and I'm not allowed to spend  
That you tell and I'm not allowed to ask  
That you try and I'm not allowed to help  
That you refuse and I'm not allowed to offer

That you provoke and I'm not inclined to fight

That you wonder and I'm stoically prepared

That you take away but I control my mind

That I'm allowed alone

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# The Crowd

Thirty seven million, one big pulsing metropolis.  
But such diverse societies.  
Never alone among, public apathetic loneliness.  
But cooperative activities.

Housing very close to next, doors are shut for privacy.  
But wired for full connectivity.  
Collective traffic stream, numb and strict anonymity.  
But rooted local community.

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# The Present Holds The Truth

Happy past - remembers the good

Colorful present -holds the truth

Growth in the future - is up to you

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# Transitions

See it.

You can't ignore, so open.

Happy natural simplicity? Understand you  
live with it.

Translate.

Believe it.

You must not fear, so dare.

Colorful enriched diversity? Trust you  
deal with it.

Transpose.

Act on it.

You won't stagnate, so share.

Growth enabled genuineness? Choose you  
succeed with it.

Transform.

Be it.

You'll never arrive, so live.

For all and everywhere? Here and now you  
melt with it.

Transcend.

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# Unifying Verse

Sharing what is ours,  
longing but now it's time.  
When is it possible?  
- Story of an untold book.

Climbing my lap to sit,  
relaxed but sparkling eyes.  
What makes it real?  
- Voice of a loving father.

Beating heart on your back,  
worried but perfect moment.  
How can it endure?  
- Infinite unifying verse.

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# Work The Love

Love achieved another goal  
Service disciplined harmony  
Retire the settled growth

Became dependencies in time  
Response to present back  
Never the ever strength

Fought the thankful animal  
Being human fair realm  
Feed the eating teacher

Change the role and game  
Projections display plan  
To get the taken work

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# Yoga In Yoyogi Park

Beetles visiting nearby balcony  
There I'm breathing, seeking harmony

Sing cicades' and black crows' voices  
Drowned out by the crowds percussions

Dog runs, barbeque, photography  
Calm and loud with friends and family

Nature culture, symbiosis to immerse in  
Listen paint it, Yoga in the morning

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# You Live With It

As he didn't you couldn't  
He did anyway you reason  
Although he wouldn't  
You live with that prison

As he didn't you couldn't  
He did anyway you justify  
Although he wouldn't  
You live with that alibi

As he didn't you couldn't  
He did anyway you explain  
Although he wouldn't  
You live with that pain

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# You'll Never Arrive

Running till retirement  
when you'll change environment  
Running till the end of the year  
when you'll forget all of your fear  
Running till career promotion  
when you'll feel success emotion  
Running till next vacation  
when you'll improve situation  
Running till the weekend  
when you'll meet your friend  
Running till tonight  
when you'll feel delight  
Running till lunch time  
when you'll be fine  
Running till a break  
when you'll awake  
Running till next coffee  
when you'll be softly  
Running till next cigarette  
when you'll make it forget  
Running till ...

... you'll never arrive

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# Your Way

There will be a time  
When people understand  
The system that is  
Isn't caring for all  
Think your way

Immature dependence  
Omnipresent regrets  
Compensation that is  
Isn't supportive for all  
Stop your way

To compete to win  
To forget to retreat  
The game that is  
Isn't meant for all  
Change your way

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