

Poetry Series

LOUIS SHEFFIELD
- poems -

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LOUIS SHEFFIELD(12/11/1986)

I love to run track, i am 23 years old. i love to help the one who i care about and even the one i don't know. I love to listen to Mariah Carey. I also love talking to MY SPECIAL FRIEND. She is very Kool. I used to box at YMCA and now i am a Child of GOD. Now i preach about god and talk to the one that don't know him. I also write poems and Sing song to God. So this is a little about me. If you want to be my friend you could add me.

This is my email address Alexsheffield48@.

Have a Nice day and let God be with you.

A B C Of Love

A: Angel
B: Beatiful
C: Caring
D: Delightful
E: Extraordinary
F: Forgiving
G: Gorgeous
H: Horny
I: Inspiration
J: Joyful
K: Kisser
L: Loving
M: Mavellous
N: Nice
O: Outsiding
P: Pleasing
Q: Queen of love
S: Sexy
T: Tough
U: U neat
V: Very Beatiful
W: Wise
X: xcellent
Y: Youthful
Z: Zealous

These are all the thing i love bout you.
By, panda bear

LOUIS SHEFFIELD

A Friend

A friend stands by your side.
A friend is there when you cry.
A friend is there when you feel like u want to die.
A friend will never leave you behind.
Who is your true friends?
A friend wouldn't let friendships end.
A friend is there when you need a hug.
A friend will always be your bud.
A friend will always make you smile.
A friend would never make you frown.
A friend would never put you down.
A friend would always pick you up.
A friend would never leave you in the dust.
A friend would give his or her life.
A friend will always support you.
A friend would listen to your problems too.
Who are your true friends?

LOUIS SHEFFIELD

A Life Chance

I lay on the ground crying.
I feel like i was dying.
I look up and ask him why.
He look into my eyes and said
Because i want you dead.
He said i hate you.
He call me a retard too.
My life was almost over.
Until i heard a voice and he say i am Jehovah.
I saw his hand reaching out to me.
He said rise on 3.
He took his hand and wipe me eyes
and said u will never again will have too cry.
So he reach into my soul and took away the pain.
After this i am happy too this day.

LOUIS SHEFFIELD

A Lost Boy Found By His Father

A lost boy found by his father

A little boy name Alex lost his parents. Mom and father are with the lord. He is homeless and has no friends. So one day he met this man and his name is Satan. Now Satan told the boy that God send him to take care of him. Satan was dress in white bright and shiny. He was beautiful and ACT really nice. He aptoed Alex and he said to Satan....Thank you for taking me in Satan. Satan said to Alex.. I need you to do something for me. He told Alex that you need to Steal, Kill, Get high, Rape, Beat, Abuse people and you will please our God. So the boy Alex did all these things and was caught and was lock up. So the boy call Satan's cell phone but Satan never answers. The boy tried day after day but no answer. The Boy was in jail for 5 years. See when the boy was in jail the Lord appears to him and said...Hi my name is Jesus. Come and worship me and ask for forgiveness. The boy ask how do I know you won't leave me like Satan? Jesus said to him... I won't leave you or forsake you. I will give you happiness and everything you want. You just need to Put my Kingdom first and all these other things will be added to you. The boy Alex ask how? I did so much bad in this life. Jesus said REPENT and ask for FORGIVNESS. That day Alex Repented and became an serve of God And Got Saved. After 5 Years Alex was freed and was a good person now. Jesus gave Alex a house, Job, and even a church family. He was praising God day and night. One day the boy was walking down the street listening to Regna Bell: GOD IS GOOD and guess who he ran into? Satan. Satan said to Alex I sorry... I lost my phone and didn't know where you were. How bout this let us hung out and Steal, Kill, Rape and I could even Gave you Some Girls to have sex with. Just worship me again and all these will be yours. The boy Alex Said to Satan... The thing you told me to do I will not do it no more cause it is bad and displease God. U are an liar and I know now you are the father of the lies. Satan say u will pay for these words. Alex said If God is for us who can be against us? That second Satan was out of sight. Alex change his life around and Turned away from Satan the devil. Alex die at age 150 years old and was with the lord. Now his sons and daughters serve the mighty God Jesus our lord.

Alex THE SERVER OF GOD.

Written by, Louis Tracy Alex Hissin Sheffield with THE HOLY SPIRIT.

LOUIS SHEFFIELD

A New Start! ! ! ! !

Today is a new start. no more pain just happiness. it time to be happy.
i am happy with u. u r my love my life and my wife. today is a new day to let go
of the past and look at the future. today we be happy and be one love. today is
our future and our love. today we r one and today our new day begins.....
love u queen kitty kat.

by, louis sheffield.

LOUIS SHEFFIELD

A Psalm To A Loving God

When we wake up and start our day, i pray and praise your u woke me up and let me see the sun once again. yes because of that i know that i am love is perfect and with you with me it is not easy for me to do wrong. yes my loving God has set me free. I was so mad and sad that i thought i had no you said my son u can my God i will serve u me go back to the devil never. I was in so much darkness in this that when you brought the light and you said it is time for u to do i am doing right and yes you show me that you are the true use my pain to teach and you use my skills to write poems, but without u lord i would be are the light i see when i am in i want my heart to stop you say i am here and since i know you are there i want my heart to keep i sin you say i am here to are the oxygen that i are the spirally food i your spirit i drink so it could give me body will die oneday but never this soul cause with you you will never grow old of me and that why you and me is one to you are the christ and you set me ut you i hate but with you..you keep me strange. i have eyes but without u i can't see a thing. I'm just walking in darkness. without you i will be an slave of Satan and killing stealing and destorying myself. My God i lost without you and i am so despiter for you. My love my God, I so in love with you and yes i will always servr you.

By, Brother Louis Sheffield with the holy spirit.

LOUIS SHEFFIELD

A Really Spceial Woman I Feel

This Woman is so find.
She have Really Beautifful eyes.
Her eyes will make you stare for hours.
Her smile is so Beautiful.
Her heart is like gold because it is fill of love.
Her pain becomes my pain
Because our hearts is conneted together.
This beautiful woman gives me betterflies.
This Woman don't even lie.
I can't wait until i see my special Queen Kat.
Because she is really all that.
Yes this is a true fact.
She have me going crazy over her.
She is an angel that fell from heaven and found me.
This Woman is Special and Beautiful.
She have a lot of talents to.
Yes She is in this heart.
Her love fills me up with happiness.
This Spacial Woman is worth more then anything.
She even makes my sing.
This Woman is my Queen.
And i will forever be her king.

LOUIS SHEFFIELD

A Special Night At The Beach

We are at the beach
Playing in the water
We are eating dinner as we watch the sun go down
and i see that beatiful smile.
i look into your eyes
and say Baby u are so beautiful.
After dinner we hold each other tight
and i say to you.. everything will be alright.
and you said to me... baby with you i am free.
as we kiss on the beach
i said to you that i have a special treat.
I pull out this box
And in it is a special ring.
and i look into your eyes and say
Baby will you marry me?
So u and me will be
together
forever.
you said yes
and i say baby you are the best.
as we on the beach making love
i hear you moaning
and i kept going.
when we were done
i say hon
i love you
and you said i love you too.
as we close our eyes
we fell alsleep in love
and we just rest
cause she is the best.

By panda bear

LOUIS SHEFFIELD

Alex Story

A lost boy found by his father

A little boy name Alex lost his parents. Mom and father are with the lord. He is homeless and has no friends. So one day he met this man and his name is Satan. Now Satan told the boy that God send him to take care of him. Satan was dress in white bright and shiny. He was beautiful and ACT really nice. He aptoed Alex and he said to Satan....Thank you for taking me in Satan. Satan said to Alex.. I need you to do something for me. He told Alex that you need to Steal, Kill, Get high, Rape, Beat, Abuse people and you will please our God. So the boy Alex did all these things and was caught and was lock up. So the boy call Satan's cell phone but Satan never answers. The boy tried day after day but no answer. The Boy was in jail for 5 years. See when the boy was in jail the Lord appears to him and said...Hi my name is Jesus. Come and worship me and ask for forgiveness. The boy ask how do I know you won't leave me like Satan? Jesus said to him... I won't leave you or forsake you. I will give you happiness and everything you want. You just need to Put my Kingdom first and all these other things will be added to you. The boy Alex ask how? I did so much bad in this life. Jesus said REPENT and ask for FORGIVNESS. That day Alex Repented and became an serve of God And Got Saved. After 5 Years Alex was freed and was a good person now. Jesus gave Alex a house, Job, and even a church family. He was praising God day and night. One day the boy was walking down the street listening to Regna Bell: GOD IS GOOD and guess who he ran into? Satan. Satan said to Alex I sorry... I lost my phone and didn't know where you were. How bout this let us hung out and Steal, Kill, Rape and I could even Gave you Some Girls to have sex with. Just worship me again and all these will be yours. The boy Alex Said to Satan... The thing you told me to do I will not do it no more cause it is bad and displease God. U are an liar and I know now you are the father of the lies. Satan say u will pay for these words. Alex said If God is for us who can be against us? That second Satan was out of sight. Alex change his life around and Turned away from Satan the devil. Alex die at age 150 years old and was with the lord. Now his sons and daughters serve the mighty God Jesus our lord.

Alex THE SERVER OF GOD.

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LOUIS SHEFFIELD

Am I Good Enough For You?

You say u love me.
You say you trust me.
You say you alway be there.
you always treat me fair.
i need to ask you one thing
Am i good enough for you?
i down here you up there.
i can't even see you
so how do i help you?
when i need to protect you
i not there and that not cool.
i am so confuse
cause i not with you.
How long will you go with me
even when you don't see me?
How long will i be good enough for you?
Are you going to break my heart too?
If you ever do remember i will still love you.

LOUIS SHEFFIELD

Bestfriends! 11

Bestfriends are kool.
even when u in school.
Bestfriends are there
even when you are scare.
Bestfriends are funny
even if they took my Honey.
Best friends stick by u
No matter when u go thought.
Bestfriends are like brothers and sisters
Yes i always miss them.
Bestfriends will always be there
Because they always care.
BESTFRIENDS FOR LIFE
AND U KNOW THAT RIGHT! ! ! ! ! ! ! !

BY, The KOOL PANDA.

LOUIS SHEFFIELD

Come To Me

When you want to cry come to me.
When you feel alone come to me.
When you feel like life is too hard and you want to end it all
Come to me.
I Am here as a friend.
We will be tight even in the end.
You could call my name and I will come to you.
You don't need to go through this pain, hurt, and shame.
You shouldn't take this blame in your life.
I am here with your fight.
So if you need me come to me.
Yes i will be there and you will see.
I am your friend for eternity.

LOUIS SHEFFIELD

Darkness And Light

I am walking in this darkness. Around me is flames. Around me it is shadows of evil. In me there is evil in my soul. I was Satan's slave. I did evil and love it. I hurt those who I love and those I didn't know. I didn't even care. I try to hunt them down to hurt them really bad. But I could not find them. Those i try to hunt down was my family and all those who hurt me, But then I saw this little light in this darkness. It was a spirit in this light and he told me to come to him. I came to him. He ask me what's wrong? He asked why are you in this darkness? Come in this light and leave this darkness behind you. Take my hand and come with me. I gave him my hand and he pull me in his this pain and darkness was away from me. I felt happy and love. He told me he love me and he will never for sake me. Until this day i never left him. I am with him until this day. Now give him your life and come to him. U be happy and never have darkness again.

Louis Sheffield.

LOUIS SHEFFIELD

Do Not Fear

We should not fear.

God will take away all of your pain, hurt, and tears.

He has been doing this for years.

Who can hurt you if the lord is with you?

To get to you, first they must go through
our God.

We should not fear because God will protect us.

We are God's sons and daughters.

Just give your life to Christ.

When you do this you will be alright.

So keep pressing on the fight.

With our lord Jesus Christ.

LOUIS SHEFFIELD

Feelings Around And Around

These feeling i have it is a lot. i feel confuse a lot. i feel trap a lot. i feel like dying sometimes. i cry for no reason. i feel like i am a slave sometimes. i always face hard choices. i always pray alot to ask God what to do. I always wonder.... will i make it thought? is this the right choice? how will she feel if i did this? how will my little ones feel when i tell them that? It like a big circlce that keeps going round and round. when i an angry at someone i back away so i don't hurt them with words or actions. These feelings is like a wirldwind that just keep on going round and around. So what do you do when these feelings starts to take over you. Sometime i just want to say... that it i am done. these feelings are bad but some are good. some feelings have love, some other have hate, some feelings just say leave me alone, some of them say i could make it thought this mess.

FEELINGS

By panda bear

LOUIS SHEFFIELD

Fly Away

One day i will fly away into heaven's gates.
I will fly high and be free from this pain.
I will fly to the Father and worship his holy name.
I will fly away one day and say i love you forever my God.
I will fly away day and night.
I will had peace in this life.
I will fly away with my friend.
This life will never end.
I will fly away forever more.
I will fly away i am sure.
Fly away with me one day.
So we could say, we will never again decay.

LOUIS SHEFFIELD

Give God

Give god your sorrow.
Give god your pain.
Give god your shame.
Give god your soul.
God god your hurt.
Give god your heart and god will make u a new start.
Give god your tears because god have listening ears.
Give god your life.
Give god your Everything.
When u give god all of these, happiness he will bring.

LOUIS SHEFFIELD

God Forgives And Remember Sins No More.

God Forgives and Remember Sins No More.

When Adam and Eve disobeyed God and ate the forbidden fruit sin and death came into the world. Everyday from the time, from wake up till we go to sleep, we sin. Did you know when we ask for forgiveness our God forgives and remembers our sins no more? Yes, I am talking about when we used to curse, when we used to lust, when we used to do drugs, when we used to get high, when we used to sell our body to get that money. Yes our father forgives all those sins and remembers them no more.

See God put a scripture in my heart and let's take a look at Ezekiel 33: 16. Yes we must CHANGE and turn away from our sins. Please also turn with me to 2 Corinthians 5: 17. Yes we don't live in the lust of the flesh anymore but we live in the Spirit. The power of sin is broken. See in Micah 7: 19 it says, "He will have compassion upon us. He will subdue all our iniquities and thou wilt cast all their sins into the depths of the sea." Our sins God will remember no more. God has changed us and we don't have to sin anymore. My last and closing scripture is Hebrews 10: 17-20. By living a new way in Christ our sins we be forgiven and remember no more.

By,
Brother Louis Sheffield with the Holy Spirit.

LOUIS SHEFFIELD

Goodbye

U hurt me.
U beat me.
U stab me
U cut me
U hung me on the roof and said u were going to kill me
U throw me down the steps
U say you hate me
I was like a slave
Just wanted to be free.
You might be a dad
But one thing you don't deserve the title father.
Now cancer u had kill you
Oh do you think i was sad to
when the lord took you?
You might be dead
But it still feel like you are still here.
When you die you left me some fears.
You left me really painful tears.
Now i must let you go
But letting go of my hate for you.
By facing my fears.
When i get over my fear
And these painful tears
I will be free
from this hell and mistery.
It time to say goodbye to you
And to be free this is what i must do.

By panda bear

LOUIS SHEFFIELD

He Is There To Take It Away

Bad things has been done to me.
But who could know and see?
What will i be?
I have hated myself.
But now i see there is bad people in this world.
So now i shouldn't hate myself because i didn't do anything wrong.
So now who could take away this pain?
Who could make it gone?
I think i know who to turn to.
His name is Jesus.
He took away my pain so easy.
So now i pray for my brothers and sister who is going though this pain, hurt, and shame.
Remember who you could call.
The greatest name of all.
His name is Jesus.
He will make it go away so easy.

LOUIS SHEFFIELD

Holy Spirit

God let your Holy spirit come in to me.
Yes your holy spirit set me free.
It free me from all the pain and suffering and minersty.
Yes lord your Holy Spirit is powerful.
When i recived your holy spirit
I became a better speaker
An better listener
An better person
An happy person
An person who could preach bout you without shame
An person who could call your name when i need you
U r there o lord.
U are my God
My savior.
O lord you are everything to me
And i thank you
for setting me Free.

Thank you lord.

by, panda bear

LOUIS SHEFFIELD

I Am A Slave To This Pain

I'm a slave to this pain you left me.
But now you are dead and you can't see
what you did to me.
When you die u left me some pain.
I wasn't sad when you die.
The pain i felt is when you
beat me
curse at me
said you hate me
beat me till i was red
said you wanted me dead.
yes you always f; ck with my head.
What did i do to you
to made you do what you do?
i was only a child helpless
no protection
No love
no hugs
just hate.
I respected you when you were alive Father.
matter of fact
U wasn't a father
cause father's is to love and protect there child.
Fathers is surpose to make them smile.
U made me a slave to this pain.
Do anyone else on poemhunter know how to be free?
If so please tell me.
I am a slave to this pain.

By panda bear

LOUIS SHEFFIELD

I Am Here

I am here to listen to your fears.
I am here when you want to share your tears.
I am here to listen to your life.
I am here trying to make everything alright.
I am here by your side.
One thing is you don't have to ask me why.
I am by your side until i die.
I will never leave you.
Because i know your feelings are true.
I will be here when you need someone to talk to.
I am here because i need you to.
We might be far from each other.
But just remember i love you like the others.
So if you need me call my name.
I will be there always the same.
I will be there when you are in pain.

LOUIS SHEFFIELD

I Need God

I need my god in my life.
Only my god could make things right.
I need him to take away my fears.
I need him to take away things that happen in my past.
I need him to take away my pain.
I need his help in everything i do.
I need god to love me.
I never want him to leave me.
Because without him i could never be.
I need him in my life.
His name is Jesus Christ.

LOUIS SHEFFIELD

I Use

I use my eyes to see the things you created.
I use my mouth to speak the things you have done for us.
I use my hand to clap to you and praise you.
I use my feet to stomp the devil out of me.
I use my heart to fill it with love.
I use my brain to think about you every day and night.
I use my tears to cry because i am so happy you are in my life.
I use my ears to listen to your words.
Thank you for being in my life.
Thank you Jesus Christ.

LOUIS SHEFFIELD

Is This Love?

There this feelin in my heart.
I feel happy when i talk to her.
I feel the sadness go away.
i feel my feeling getting stronger.
Is this love?
She on my mind day and night.
She on my mind even when me and her fight.
She even on my mind when everything is right.
Me and her is so tight.
These feelin inside me
What could they be?
Is this love?
when i mad i call her.
When i need help she there
When i hear her voice
Time just stops.
She comes into my life
And she says everything will be ok.
Is this love?

LOUIS SHEFFIELD

King Panda And Queen Kat

Panda Bear will protect his Queen Kat. Panda will protect his Queen Kat from hurt and pain. Panda will crush anyone who touch his Queen. Panda will always make his queen smile. Panda will never hurt his queen but always protect her. Panda will do want Queen Kat wants even sky diving. Panda Bear loves his Queen Because she is funny and respectful. My Queen Kat has a heart of gold. One day i will Be King Panda Kat because she will be my wife. We will rule the world. mhahahahahahahahahaha. OK. Without my Queen i will be nothing, because she now has my heart. Queen Kat has my all it her hands. King Panda will love his Queen Kat 4 ever. I LOVE YOU QUEEN KAT!!!!!!!!!!!!!!

Written by Panda Bear.

LOUIS SHEFFIELD

Kitty In Love Taught Panda Bear

we were on the phone at night
no one in our sight
she ask me were i alright
i say yes and she said i very tight.
i ask her about sex
she said ok sit down and i teach you.
ok i sit down for a few.
she said next
u need to be alone
because u might moan.
she said open your legs
and rub your special place.
so this feelin came up
and then this clear stuff came out.
i say baby what just happen
she said u cum.
then we talk about something else.
i say where do u want to go on vacation
she said i don't care
and by the way that was masturbation.

LOUIS SHEFFIELD

Life

Life, is it bad?
Life, does it make u sad?
Life, does it make u steal?
Life, does it make you kill?
Life, does it make you happy?
Life, does it make you weak?
Life, is it creepy?
Life, does it make you sad?
Life, does it make you mad?
Life, does it make you cry?
Life, does it make you want to die?
Life, does it make you smile?
Life, does it make you frown?
Life, does it make you agree?
Life, does it make you disagree?
Life, does it make you strong?
Life, does it make you hold on?
Life, does it make you fall?
Life, is many thing.
What is life to you?
Only you can choose.

LOUIS SHEFFIELD

Look At The Heart Not The Body.

We need to look at the heart of a woman not the body of a woman. As men we look at the body and think about sex. it is not right. we shouldn't look at a women because she have a sexy body and want to hit it. women have feeling to. we shouldn't treat women as sexy toys. we should love a woman because her heart is good. let's treat women with respect and love her for the right reasons, not for our own satifaction. look at the heart of a woman and see how her heart is. let us men stop being hoes and start treating woman right. so remember look at the heart of a woman not the body of a woman.

by louis sheffield aka Panda BEAR.

LOUIS SHEFFIELD

Lost

i am sooo lost. she back in school and she said she have little time for me. She don't stay up with me at night nomore. See she got school money friends. I am homeless. Staying in an shalter with no money... cant even take the girl i love out. what did she even see in me? ? i am dirty broken man with no money. why is she with me? ? ? ? will she leave soon to find someone else? ? ? i hope not. i don't even know my family and mom and dad is dead. I know i have one thing God. I hope he help me thought this.

Panda bear23

LOUIS SHEFFIELD

Lost With Out You.

I lost with out you.
If i don't have him in my life, who could make it right?
Could it be Christ?
Is he my might?
Does he make everything alright?
With out you who could i come too?
Who do i cry too?
Who do i pray too?
With out you, I wouldn't be happy.
My life would just be crappy.
I will be lost in my pain.
I would be lost in my shame.
If i don't have u in my life.
My life will never be right.
I would be lost with out you.

LOUIS SHEFFIELD

Love, Respect, Trust

We men should treat women with respect, love and trust. All we think about is a woman body. We men should wake up to the real world. We men should treat women with respect and make her feel like she has a King. She should be treated like a queen not like sex toys. We men should also trust our girlfriend and wife. we should listen to them and make them feel special. Don't gain a woman trust just to get in those jeans. we should trust them because we care bout them. We need to also love a woman. We men should be in love with one woman and trust and respect them. We should see a woman as a human not our play toys. So let us treat a woman with respect, love, and trust and make her happy and we men should see how beatiful a woman is in their hearts. By panda bear.

LOUIS SHEFFIELD

Making Love

we are in this room
you are wet
I am hard
ok baby let us start.
i hold you by your waist
and i see the look in your face
you want me to do you in your special place.
As we kiss and hug
our hands started to rub.
as u grow wetter and wetter
I started to lick you all over.
As i pimp u fast
u start to cum all over me
Yes u cum even on the sheets.
u moan and tell me not to stop
Until my big friend pop.
As i keep going
u keep on moaning.
until i knock you up
and then you say oh baby that was a nice f; ck.
we fall asleep in each other arms
until the next day i make u cum.
and i look at u and say oh yes that was so much fun.

By panda bear

LOUIS SHEFFIELD

!!

LOUIS SHEFFIELD

My God

My God is loing, caring, patience, forgiving. when i feel alone he there. when i am weak he makes me strong. when i frown he is there to make me god i need him in my life and i pride him day and night. my God is the hearer of prayers. My god is my friend, my reason to keep living, my reason to hate the devil. my God is my life My love. My God stolen my heart and fill it with love. My God is wonderful amazing. My God is the one i will sing to dance to pray to cry to. My God is my god forever and ever.

by, Louis Sheffield. .

LOUIS SHEFFIELD

My Queen Kat

My Queen Kat is the best. See didn't judge me from the outside but the inside. see is beautiful in and out. she is so caring and loving. yes I am her panda bear. she could hold me all night and I'll be there when she wake up. her heart is nice. I love her soo much. No better I'm in love with her now. she is my everything. Yes she is my queen. Baby thank you for letting me be in your life. now i know everything will be alright. I'll always love u. Thank you my special kitty Kat. You will always be my special Queen.

From your panda bear.

LOUIS SHEFFIELD

My Specal Love.

Without you i am lost.
Lost in this world because i don't have your love.
I need to hold you tight.
so you could know everything is alright.
I can't wait until i look into your beautiful eyes.
They so beautiful they make me cry.
When we together u will never cry.
You will never have too ask why.
baby i am here to protect you.
I will love you too.
Open your heart to me.
so we could be
one big loving family.
I love you baby.
i will be there for your caring.
together we will be happy.
you will never again feel crippy.
I love you always.
everything will be ok.

LOUIS SHEFFIELD

My Special Woman

There this woman.
Her eyes are pretty
Her voice is sexy
Her lips are tender
Her breast is soft
Her kiss make you feel like you in heaven
Her hips you never want to let go
Her voice is so soft and sweet
Her problems makes you want to kill the people that hurt her
Her cries make you feel sad
Her smile make you forget all your problems
Her body you just want to play with
Her sexy a; ss and puss'y you want to pump all night.
Her moans is music to your ears
Her love is so good
Her words make you want to listen all night
She is my queen kat that i love.
She is my wife forever and the love of my life.
We may have our problems
But my love for you will never change.
Queen Kat i still love you.

LOUIS SHEFFIELD

One Day Resuce You.

She is lock up.
Her heart is really stuck.
But i am here to give you a little freedom from your hell.
Yes i will always be there when you are in this jail.
One day i will rescue you.
From this pain and suffering you going though.
Cry out to me and let your pain come out of your heart.
Together in our life we could have a new start.
One day you will be free.
One day me and you will be.
All you need to do is believe.
That you could be free.
I am here every step of the way.
I am not going to go away.
When I set you free.
I know you will be happy.
Hung in there my Queen.
Because one day you will be free.
I am here to the end.
Just remember this real special relation will never end
Because i will always be your special friend.

LOUIS SHEFFIELD

Pain Sadness Hurt

Kids joining gangs trying to get that fame but get kill and now they are lieing in there grave.

These things bring pain hurt and sadness.

Girl and women running the strret selling their bodys to get something to eat.

Men and women boys and girl trying to get high not knowing that thing is going to make them die.

Kids skipping school thinking it is kool but what they need to see that they are being a fool.

These things bring hurt, sadness, pain and sometimes even shame.If we change our life and give it to christ he will make us see his light.

by louis sheffield

LOUIS SHEFFIELD

Relationships

Sometime in a relationship it is good to back off. Sometimes when u don't agree on something and u fight on the phone and the computer it is good to go and talk later. it is good cause u don't want to hurt the one you talkin to with ur words. when ur mad at the person just leave and take time to clam down cause if you don't you will say something to hurt the one you love and mess up the relationship. when you are clam and that person is clam just talk bout something else and try not to bring up things that will start a fight. if it do come up just talk bout something else cause u don't want to repeat the fight. sometimes relationships are hard but don't give up on them. if you truly love that person just put up with them and still love them. relationships is a work we must work thought but don't give up. it is always a work in progress.

by Panda Bear.

LOUIS SHEFFIELD

Revenge: Man Or God?

Revenge: Man or God?

If someone did something bad to you, will you get them back, get even, get payback, and get revenge? Should we take getting back at a person in our own hands? If you see your enemy stumble or fall will you rejoice? Is it right to be happy when your enemy fall? Well let take a look at what God's word said. Please turn with me to Proverbs 24: 17. So Noh we shouldn't rejoice when our enemy fall or stumble. Instead we shall go to our enemy and help them and treat them with love not hatred. In Leviticus 19: 18 it says you shall not avenge, nor bear any grudge against the children thy people, but you shall love your neighbor as yourself. I am the Lord. Our Father wants us to turn to Proverbs 25: 21,22. Yes again God wants us to love and help our enemy. Vengeance is not ours, but it is the lord. Our last scripture we need to read together is Romans 12: 19,20, and 21. Yes as God's sons and daughters let us love our enemy and overcome the evil with the good. May God bless you all.

By,
Louis Sheffield with the Holy Spirit.

LOUIS SHEFFIELD

Speaking

Speaking could hurt people.
Speaking could heal people.
Speaking could kill a person's spirit.
Speaking could save a person's spirit.
Speaking could make people laugh.
Speaking could make people smile.
Speaking could make a person frown.
Speaking could make you cry.
Speaking could make you feel like you want to die.
Speaking could save the soul forever.
Speaking could make the soul die forever.
Speaking could make people believe.
Speaking could make some people scream.
Speaking could put you 6 feet under.
Speaking could make you have friends.
Speaking could make friendship ends.
Speaking could cost suffering.
Speaking could make your soul clean.
Speaking is a powerful thing.

LOUIS SHEFFIELD

Stick By You

I will stick by you
no matter what you going thought.
All the pain and hurt in your life
God and me will make everything alright.
Call me when u need me
cause you and me are one to be.
You call me when you frown
I am there to make you smile.
Even when i sick and tried
I am still there for you.
I there cause you are my boo.
I feel the pain you going thought
But i never leave you and that the truth.
I love you too much too left u alone
remember when u call me on the phone?
Then i made u moan.
yes i will stick by u
because ur heart is good.
I never go away
because baby i am here to stay.
I will stick by you.
cause know one can't love me the way you do.
And baby that why i so in love with you.

LOUIS SHEFFIELD

Still I Rise

You wanted to make me cry.
You wanted to make me die.
You think i am not find.
You think i am going to hide.
No I will not.
Even thought i know you are not going to stop.
But guess what after all that you did to me.
Still I RISE.
You beat me too i was red.
You wanted to make me dead.
You punch and kick me in the head.
Yes you made me bleed.
But i am still strong.
I will still hold on.
I am not gone.
Still I RISE.
You might have blacked my eye.
You might have broken my heart.
You might have made me feel worthless.
But now i want you to know this
Still I RISE.

By,
Louis Sheffield

LOUIS SHEFFIELD

Superman

I will be your superman.
i will be there to protect you in times of danger.
I will be there when you call me.
I will fight for u.
I will die for you too set you free.
As long as u will be happy.
I am here for u.
Even if i do get beaten black and blue
i will be there.
I don't care what noone said.
I am with u to stay.
I will always be ur superman.
If i die it is because
U not there in my life.
So u keep me alive.
I not going nowhere.
And if i do
I will be with you.

By,

Louis Sheffield

LOUIS SHEFFIELD

Surport

U are in danger.
U are scare.
U might be shook up.
But you know what?
i am your surport.
whatever fire you in
i will be there like water to put out that fire.
When you cold and lonely
i be there to make u warm and
you will not be alone.
when you have no one to listen to you
i am there
all you got to do is put up the phone
and say baby i feel alone.
when your tears come down like rain
i am there to dry them up cause
baby i am your sun.
don't feel sad
cause baby u r not bad.
let me fill ur soul with happiness
yes even when we have our frist kiss.
baby remember
i will be there for you
and together we will make it thought.
baby i will always love you.

by panda bear aka louis sheffield

LOUIS SHEFFIELD

Take Away

O father god take away my sadness.
Take away this pain.
My eyes are like the rain.
Take away the pain in my heart.
O father god when will i make a new start?
I get on my knees and i begged u please, please, please.
Please hear my cry.
I am tired of these lies.
Please look into my eyes so i could ask you
Why do i always cry?
So please take away all these things from me.
So i could be free.

LOUIS SHEFFIELD

Tears Are Like Rain

Tear fall down like rain.
when i am feeling bad or ashamed.
Tear are like rain
when no one knows your name.
Tears are like rain
When no one treat you the same.
Tears are like rain
when you need halp and nobody came.
Tear are like rain
Even when you got fame.
Tears are like rain
when your heart is in pain.
Tears are like rain
when no one cares about you.
Tears are like rain
when you do not know what to do.
Tears are like rain
When friends betray you.
Tears are like rain
when you care about no one else
Tears are like rain
when you stop caring about yourself.
TEARS ARE LIKE RAIN.....

by Louis sheffield aka panda bear

LOUIS SHEFFIELD

The Beach

The waves in the sea
The sun in the sky
The heat on your body
The seagulls flying high in the sky.
Boys and girls running in the sand
Hasbands and wives holding hands
Girls dress half naked
I guess this is their vacation
The water is cold
and in It is boys and girls
Young and old
The waves toll up and down
and every one here is with an smile.
Running on the hot sand
and some people here have a fan.
people pa\laying frizzby
and yes people here are kissing.
people in thier boats riding the waves
yes today on the beach will be a good day
everyone here is play play play.
This is the frist time at the beach all my life
What do i think of it?
I guess it is alright.
God made this beautiful place
But what sins will i have too face?
will it be lust over these half naked women?
No i must be strong and stop this sinning.
I must turn my eyes from them
And need to be faithful to my God and girl friend.
The beach.. what do i think?
well let the day began and i guess i will have too see.

By, panda bear 22

LOUIS SHEFFIELD

The Blind Boy Who Can See..... The Boy Who Can See Is Blind.

The blind boy who can see..... The boy who can see is blind.

There were two boys. One name Alex and the other name Tracy. Now Alex was blind. He lost his sight at age 10. Tracy could see but was blind spiritually. See Alex was had knowledge and worship God. He stayed away from evil. One day Tracy asks Alex- How does it feel to be blind? Alex said I am not blind but I can see clearly. Tracy asks-How is that? Alex began to preach to Tracy and told him that God gives him light that he could see. He told Tracy: Just because I blind doesn't mean I can't see. See God gave me another set of eyes and these are spiritual eyes. I could see how God gives me his Holy Spirit, A church family, and even His son Jesus dies for me. See I not blind at all but could see many things. Tracy said to Alex: You not blind at all. It was me that was blind and walking in darkness. Tracy asks Alex: How do I serve God? ? ? ? Alex say to Tracy: Repent and ask God for forgiveness and become save. What do I need to do to become save? Alex told Tracy: You got to believe that God is your lord and savior. You got to believe that Christ Jesus died for you and me. Please also worship God with your whole HEART, SOUL, BODY, and STRENGHT AND ALL DAY AND NIGHT WORSHIP THE LORD. That Day Tracy gave his life over to God and was SAVED. A few years' later Tracy and Alex were baptized. They praise and worship God Day and Night. Tracy is not blind anymore. God used Alex's Blindness to preach to Tracy.

Sometimes we become blind with sin. Will you be like Tracy and turn away from evil and please God? Will you be like Alex and let God use your situation to preach and teach someone else?

Let's get out of the darkness and let God shine his light on us so we could see where God will lead us.

Written by, Brother Louis Tracy Alex Sheffie-Id with the Holy Spirit.

LOUIS SHEFFIELD

The Creator

He the one that make everything.
he make the wings on the birds
He make them sing.
He is takes alway our problems.
He is here to stay
when we are afraid.
All we need to do is pray pray pray.
we need to believe he is the son of God.
yes he is not fur
because he is in our hearts.
Yes he give us a new start.
even when we do thing in the dark.
priase his name
because he is the one who rules heaven.
we are down here
he is up there
even when we cry he see our tears
yes he know our fears.
praise his holy name
yes and don't be ashame
because he is our fame.

panda bear aka louis sheffield.

LOUIS SHEFFIELD

The God I Love! ! ! !

I love my God. My God is always here for me no matter what i go thought. When i sad, when i am happy, When i am depress. God is there all the time. His love is always there. I love my god so much. I pray to him because he listen. He takes away my fear, my pain, my anger. He fills my heart with love. My god is so good to me. My god fills me up with holy spirit. No more anger in this He took it out of me. This is the god i love. I pray for everyone. For their souls and there lives. I pray to my god that he protect everyone. My god is loving, caring, holy. My father god is who i love. My Father god will never do evil. I love my God Jehovah. My god is loving 4ever.

King Panda

LOUIS SHEFFIELD

The Little Ones And Their Faith.

Their so small ready to learn about God.
Their so Good and they priase the lord.
These are little ones that was taught bout God.
These little ones sing and dance to the Lord.
They pay attention in church and even talk bout God in bible study.
These little ones are a blessing from God.
They even ask questions when they don't understand things.
They when to learn about God.
These little brothers and sisters play together and cry together.
I love being with them.
Now in sempteber i will be teaching and peaching bout God so they could draw
close to God more.
Them going back to school soon so i will peach bout peer pressure and what God
think bout it.
These little ones makes me smile and make me feel happy.
I love them and i see how they are growing in God.
Little ones God is proud of you.
May God keep blessing you my little Brothers and Sister.

by panda bear

LOUIS SHEFFIELD

The Love I Have For You

My queen
My love
I will do anything
To make you happy and sing.
Yes my love, Joy is what i bring.
When your tears fall down like rain
I will dry them up
Just like the sun.
When you come to me
when u have pain
I will rub u and tell u everything will be ok.
When ur heart hurts
I will sweep away the problems like dirt.
When you feel like you want to die
I will love you so much you want to be alive.
My queen
My love
You are the world to me.
I happy me and you got to meet.
Happy times ahead
Yes all the pain and suffering will be dead.
You will feel joy in your soul
Even when we grow very old.
I am here for you
And just remember you are not alone
Because i am here to my you smile.
And with that
thier will be no more frowns.
Yes my Queen
Always wear Ur specail crown.
Cause your heart will always belong to me
And now baby you are free.

LOUIS SHEFFIELD

[illegible]

We Are Pandas. U try to Kill us and sell our far. well We gotta fight back.
Me and my panter Iron panda 23. Come at us and we will turn u to dust. We will
crust all of u. Weith our paws of might. yes bring on the fight. I will also save one
kitty and if u touch her u r done. DON'T MESS WITH THE PANDAS AND THE KAT.

BY ME PANDA 22.

[illegible]

LOUIS SHEFFIELD

The Perfect Woman

Her eyes is blue.
Her lips is tender.
Her voice is sexy.
She makes my heart skip a beat because of her beauty.
Her love makes me feel warm inside.
Her love makes me cry in happiness.
This woman has a heart of gold.
Her hugs make u feel safe.
Her love will never make u leave her place.
This is the perfect woman.

LOUIS SHEFFIELD

This Is The Day.

This is the day
This is the day that the lord his made.
I will rejoice and be glad in it.
Today we live antoher day.
Today i will wake up and say thank u Father god for your grace.
Today i will wake up and say thank u for letting me see.
Thank u for letting me breath.
This is the day i will sing prises to our Father.
Thank u for letting me speak so i could speak what u have done.
Thank u for letting me be your son.
Today i could hear with my ears. i could hear the words u speak to me.
This is the day when you take away my tears.
This is the day i prise Our God Forever and Ever.

LOUIS SHEFFIELD

Up There Down Here

Ours feelings is closed.
we are in each others hearts.
Why do we gotta be so fur.
u down there
i up here
i miss you
and want to see u
i want u
and i know u want me too.
so baby come up here
so i could hold you my dear.
i miss you a lot
i just sitting here
day after day
wacthing the clock
going tick tock.
i want you so bad
but u up there
and that what makes me sad.
Just remember
no matter how fur we are
u will always be my spacial star.

By, panda bear

LOUIS SHEFFIELD

Wash Away

Let me wash away your pain
With my tears of love.
Let me wash away your stress
as me and you get undress.
Let me wash away your shame
as we make love and i hear u moaning my name.
Let me wash away ur sadness
When i take you to the movies
and see you face with gladness.
Let me wash away ur scrayness
As we hug touch and kiss.
Let me wash away sickness
With my love and happiness.
Let me wash away your unhappy thinking
With my loving singing.
Let me wash away ur crying
With all my love.
Fly high with me
like that Beautiful white dove
and then you will be free.
Let me fill you up with my love
and forever i will always watch you
like a spirit above.

LOUIS SHEFFIELD

We Fight But We Will Still Be

Somedays we fight and everything don't be alright.
Somethings i say and you get upset. some things i say but i don't mean it that way. We been fighting alot lately. That why sometimes i back off to clam down so i won't say anything to hurt you. Even thought we fight i still love you. sometime we just need our space so we won't fight but it give us time to clam down. it gives us time to think. I really hate fighting with you. that why sometimes i just keep my mouth shut or just say i don't want to talk now and leave. when i leave it doesn't mean i leaving ya for good. it mean i need time to think. I still love you that why i still with you. we grown alot in this relationship and that why i not giving up on it. yes it is hard and we have our troubles and stuggles. i know we can make it thought. all we need to do is watch what we say and everything will be ok. so yes i still love you and we will make it thought yes me and you.

by, panda bear

LOUIS SHEFFIELD

What Do You Do?

What do you do when you find out something about your friend?

What do you do when your friend hurt the one you love?

what do you do when your friend is dating someone who hurt the one you love?

What do you do when you love talking to this person but you know what your friend did was wrong?

what do you do cause i so dam confuse.

what do you do cause i don't know what to do.

what do you do?

LOUIS SHEFFIELD

Why U Not Happy For Me?

There this pain in me.
Pain that nobody can't see.
pain only i can feel.
Not even my friends say
hey are u ok?
Friends did i say?
No there not friends
They smile in my face
Then you walk away
then they stab u in your back
And yes that is an true fact.
I say i have enough of this
pain
suffering
Hurt
Betrayal
Crying.
All i try to do is my best
Then you took an knife and stab me in my chest.
God is blessing me more and more
And all u could say is while get out my door.
As i sit there on the floor
U say we not friends no more.
If we are seving the same God
Why are u hating me?
Why is it because i now have responablites.
God bless me with this
And no matter what u say
U are still my friend.

Louis sheffield
aka.
Panda bear 22.

LOUIS SHEFFIELD

You Are Closed But You Are Far.

Your spirit is next to me.
Ever though i can't see.
But even so you are still my queen.
Your body my be in another place.
I can't see your face.
But your spirit is still here.
Even though you are over there.
I can't here your voice.
But we are Special Friends
and that is our chose.
So you are closed but so far.
But i know one thing you are still my Special star.

LOUIS SHEFFIELD