Poetry Series

Kim Jones - poems -

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Kim Jones()

A Lonely Heart's Denial

If only you could see
Just how hard it is for me
to be nonchalant around you
than maybe I could move on.

Now I am stuck in this place It's been so long I thought it couldn't happen again but you're all it takes to prove me wrong.

I know I want you
I can't see anything else when I close my eyes
but I know you would break my heart
You're not meant for me.

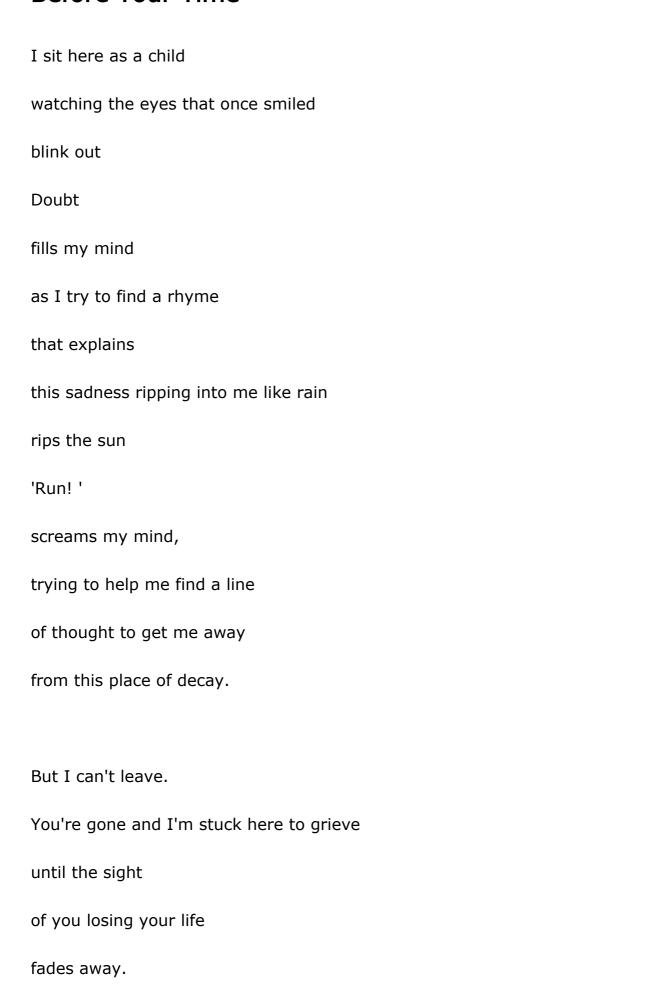
You have her and I have my pride together we would only hurt each other if only I could make my heart see that then maybe I would be okay.

So don't fall for me
I know you will say there's no chance of that
but I just want you to know
you're not meant for me.

Angel Lies

After all of this time, All of these tears and struggles, I finally have to move on, You have her to love, I have my cold death to embrace, As I become a corpse, I wonder passingly, How could I fool myself that much? How could I possibly not see that you loved her? The bittersweet song playing in metaphors Using the last of my breaths, I shudder with the injustice of the day, And I drown with my own tears, As they fill the casket, The funeral procession making it's way to the sea, So they can all see me sink in the black waters, When all I ever wanted to do was fly, You prevailed to make me believe you cared, I finally see that you lied.

Before Your Time



'No, please stay! ' I call to your memory for I know I will never be okay and I need you to remain with me for if you leave I will have to be my only friend, again. I sit here as a child watching the eyes that once smiled go out with the dawn you once lived wild

but now you're gone.

Cathedral Black

The only right,
Is the wrong,
When you wish to save your life,
The only place to find sanctuary,
Is the place to find death,
New is the brightness,
That shines in all corners,
But yet with it,
Brings darkness even darker,
And the flight of the mockingbird,
The last chance you would have had,
Has made the only impression it knows;
The Cathedral Black will always stand.

Dead Rose

My cold, dead fingers
Pried away from his face
Are still reaching
Reaching for something
Reaching for his forgotten love
The truth was so heavy in my heart
I knew that after all he could never love me
Who could ever love me?
I, a broken spirit who puts on a show
Only to be invisible,
To be alone in my misery
I knew he could never love me
And yet it still hurt to see him give his heart to her.

Fears

I fear my trust
Whether it be trust in others
or others trusting me
For I am not to trust
Or be trusted.

You want proof?
Well I have no need to prove it;
for it is already proven,
If you look hard enough,
You will see the reason;
This reason is enough to keep them all away,
My heart has hardened into diamond,
You can cut it with only diamonds
And it cannot be melted.

The problem with this:

I am more fragile on the inside than I would care to admit,
And my scars, instead of help me,
would rather hinder,
for they open every day,
And I have to heal them before they become infected
The virus of infection is ever near,
this infection is fear;
for I fear that my heart will open,
And everyone will see
All that I've hidden in the shadowy depths of my secret sanctuaries.

Fly Away Home

Fly away home, back to where the grass grows green and unfettered, back to where the sky shines blue as the robin's egg.

Fly away home, back to where your dreams take you and your heart has never really left.

Fly away home,
back to where their ugly voices
can't reach you,
back to where they want to keep you from
in their intolerant ways,
for they never have seen
a flying thing,
so beautiful,
so free,
and seeing you reminds them of their own
ugliness.

They never have known such beauty, majesty, as you have known, so when they cage you up and set their cruel words and wondering eyes on you, so like predatory cats, don't fly hysterically against the bars, for you'll be dead before you can even begin.

Just close your eyes and fly away home.

When they open your cage to force you to sing, when you fight back but fail,

don't scream in fury, for you'll lose your voice before it can be heard.

Just close your eyes and fly away home.

When, at the end of your days, you've been freed from your cage but you never made it back to your sanctuary, don't be afraid; now you can just close your eyes and fly away, home.

Forests

As the life I led, Goes on without me, I wander in my path, My lonely, unknown path, And I come across a forest, No paths going in or out, And I wander in, I find sadness and malice that has never been found, In the heart of the forest, The jealous bird taking flight, In the middle of the night, Found in the darkest time of day, Is the pain that people can't find, No one has ever known, No one except me, Only because I took a chance, And went traveling into the uncharted, unexplored forest, It burned me, It only burned me.

Forgotten

Where I stand has caved in, I'm lost and forgotten, No one remembers which side I took, Nor should they, For it is a different side now, What I saw as being forever, Something that could heal old wounds, Has just cut them open and made new ones, I never heard anyone say, 'I'm sorry... For everything I put you through, For every time I let you down, For every time I forgot you', Yet they always come to me expecting me to forget those things they did to me, Those stinging words that were said, And I pretend I did forget, For they expect too much of me, And I will never forget the words, The wounds, The ripping of my heart, For they expect too much of me.

Happy

Whenever I'm around you,
I forget my sorrows,
They all just melt away,
My mind is calmed
from the tempest raging it's way through,
And all I can ever think about after
Is wonderful, happy you.

You make me smile day and night through I can never forget that you're there whenever I may need you.

There is life yet to live, And my writings are not quite true, I write of my isolation, But I've always had you.

You're my love,
My life's masterpiece,
You're all I've been waiting for,
Only you hold my locked heart's keys.

You know how to reach me, When, for everyone else, I'm too far gone, You know how I feel before I feel it, You know what I view as right and wrong.

You paint me pictures,
Of the most wonderful days,
you and I laughing,
the whole night away.

I will always love you, You're as critical as the air I breathe, To you I will always be true; because you make me happy.

Hurt

I'm a closed book hidden away in the depth of my eyes only because of the light that they took away from my skies.

I promised I wouldn't ever again, but promises are easily broken when they aren't written in blood.

He's getting too close and it's getting harder and harder to push him away He doesn't know I hope he'll never know.

Once I realized what was happening it was too late.
The pain comes and goes in waves relentless, unstoppable waves.

It's hard to rip someone out once they've become part of you but I can't let him close he'll just hurt me like everyone else.

Ice

You ignore me as I walk past,
Everything slows down,
I turn back to stare at you
while I have the chance,
And you just move on
With that glare on your face,
Daring the passerby such as myself,
To stop you and ask you what's wrong,
But I know more than them,
I know why you're this way,
I know, because I caused it.

As I stare, suddenly in slow motion,
You turn around,
I see your beautiful dark blue eyes
Swim with unknown emotion for a moment,
As you recognize me and all I was to you,
Before that fateful day,
then you shut down,
Your guard comes up,
You give me your coldest stare,
And after that, all I can think is,
'Cold and burning like dry ice,
And only I know why,
I'm sorry, so sorry.'

In The Dead Of The Night

In the cold of the night the pond freezes over it turns into ice of the deadliest kind, it looks deceptively strong, when in reality it is quite thin; take one wrong step and you'll be trapped in.

The clouds emotion's are swelling In the dead of the night The wind's strain is telling as it screams with fright.

In the last of the night the heartbeat is thumping, it's unevenly violent, reminding the bearer of the burdens to face, and as dawn breaks it loses the race, it gives up it's fight and forever goes silent.

Into The Unknown

On the brink of the abyss with a blindfold tied tight should I step into the mist or retreat back to the light?

I don't know what's in there whether it be ground or a fall I don't know if I dare take the step and risk it all.

If I choose to turn back into the ease of the light forever I will lack the comfort of sight.

Now is the time for my decision to come shall I jump into the darkness or go back to where I'm from I put one foot forward hesitantly and step in the dark so again I can see.

Journey's Beginning (Fresh Start)

The stormy sea parts it's thunderous waves as the sun breaks through the clouds and forces warmth into the cold depths where nothing lives but that which survives all else.

The birds begin to sing again as the emerald needles from pine trees taller than man's imagination scratch the sky, forming holes where clouds once blocked all hope.

The world begins to breath again, as though it had been holding it's breath, when the earth stops shaking and finally finds it's place in the universe.

This fragile beginning leads to a much happier end when a word is spoken and a heart changed.

Lie

Through the tiny cracks, In my depressing shades, A ray of sunlight strikes my heart, Then all is black once again, With the pain this is so great, I forced my heart to acquire a wall, An impenetrable wall, To hold back all those tears, And hide all of my forlorn secrets, From the greedy, self-concerning world, Who would strike me down in my weakness without a second thought, And I paint a smile upon my face, To never be broken, even in my darkest strains, When I cry and cry, Still I will lie, For the greatest of lies is always, 'I'm fine'.

Lilting Death

When hurt becomes no one, When pain becomes hurt, When the blood-red skies, Call my name, I will be the one to hold up, Up the sky and up the problems, Having no time for my own, I become settled for a world of gray, And when I go to work every day, I gain the biggest lie, The lie no one had time to deal with, And it ended up competing with the sky, Yes, yes, that very sky, Which I hold upon my shoulder, And back then I always asked why, Now as the cold strips me of my dignity, And steals my heat, I have only to wonder if they will ever find my cold, shell of a body.

Little Bird

Say nothing, little bird, You who are to be unseen and unheard.

Scream loud, little bird, To those who shush your pleas and call you absurd.

Make tears, little bird, You who cried out and still was not heard.

Stay low, little bird, You who was gagged, and forced to hear every word.

Take flight, little bird, You who was never noticed or heard.

Live your life, little bird, So that you will always be both seen and heard.

London Bridge Is Falling Down

I'm sick of these clouds
That are always over my head,
I can't fight them,
For I know they are right.

I'm fighting my way through the world, Shouldering my burdens every day Simply to come home and while releasing them, Have heavier ones jump me from behind.

I'm like a wave,
Trying to go somewhere else,
But eventually always coming back in
And now I have to be free or drown in my own sorrows.

Lullaby Man

The song swells inside of me,
Reaching it's climax
As I end the symphony with a final note,
It's done it's job to make me feel new
New and polished; confident somehow,
I suddenly come back to reality,
And I remember all that my past has made me,
I remember why I'm here today,
I lost my life to the sorrows that haunt me still;
I have not gone unaffected from this.

I have a wall,
A towering wall
That blocks everyone out from my true self,
I put on a persona just to please them
While I hide my true feelings away.

A lullaby caresses my thoughts, Drags them out into silence, I must protect my wall, however, So I run away.

This poisoned lullaby turns out to have a name, Though I will not speak it here, For he almost got my secrets out of me, And that cannot ever occur.

This man is all I could have ever wanted, Yet I must run still, For he is so close to stealing my heart, I might just let my secrets slip.

'Run away, run away, '
this lullaby goes,
'You have always run away from the truth,
You know I love you; that I'm good for you,
and yet you are determined to flee.
I have almost gotten hope back in you,
Hope that you could stay this time and be safe,

But you keep fighting this, fighting me,
Just let me say this: I will never let you fall,
I will never try to see
These secrets you so deftly hide away from me,
Love me now, and you will never have to run again.'

I'm so afraid of this plea,
That the love-stricken man makes,
I can't stay,
But...for the first time in a long time,
I want to face this,
I, I think it's time
time to turn and face this,
finish this rhyme,
I'm in love!
There, I embraced it,
I love this lullaby man,
And for the first time in my life, and hopefully not the last,
I have forgotten my past and reminded myself that I can.

Mean Truth (As Good As Dead)

After you created your own world,
Your own allibi,
You tore us down,
As if we don't have the right to speak,
As if you are the one we all should look up to.

Well I have news for you, buddy,
I will NOT take no for an answer,
I WILL make it in this world,
Whether you get a say or not,
So either deal with it and back off,
Or fight me,
Just know,
I will have a say to your life, your words,
Just as much as you have one to mine.

Moving On

I don't want to love you Yet I can't stand to hate you I don't want to need you But thoughts of you help me through the day I don't want to know you Yet I can't stand to forget you I steal a peek into your eyes Your words with their fiery mystery Egging me on to listen I know what you are I know what games you play Yet I can't stand to move on You always made me better Far better than I ever could have been And you always broke my heart Every time I got too close So here I stand, shunned and hated I don't want to love you And you certainly don't want to love me But I just can't move on.

Nevermore

The heart beats wildly nevermore,
The song to be sung waits nevermore,
You, my friend, stab me in the back nevermore,
It's too late to fix what you have done,
And by regretting it you are making it worse,
I am what I can't be,
And I apologize for that,
For being in your way all this time,
But you can read me as well as any open book lying in wait,
And I can't let go of the secrets now,
For you, my friend, it is too late,
Too late to help me,
Too late to fix yourself, because in your eyes,
You were never broken.

Ocean Tide

I gave my all and I've burned out
Just like a star with a reason to fall
My heart is safe and my guard is up
You try to reach me but my ocean tide sweeps you away.

My fear is hidden, trapped in my soul It's tucked away in the emeralds of my eyes Where no one can see past my wall For my soul is vulnerable and secret.

My love has dried up, in the desert of what once was I can't change what has happened I can't let it happen again.

I'm sorry that you can't find me, I'm sorry it ended this way, but I've learned my lesson; It's always safer to run away.

My ocean tide has swept you up And now you're too far gone The stars of mine are all burned out I hope you've just moved on.

Opposites Attract

My muse awakes
With stone-cold eyes
Innocent as he will ever be,
He dives into the day with a determined glare
Against all laughter and lit up faces
But I cannot stand to see him this way
So I make it a mission to make him smile once a day
And I will always try to smile back
Even if I've fallen below our feet
Because, as he will never know,
He and I are moon and sun,
On the opposite sides of the world without much to say,
But always enough for millions to think.

Opposites Attract (Part Two)

You look at me from the corner of your eye, A world apart, without much to say, You and I are moon and sun, One in night, one in day.

I look in your eyes with hopes of the world, You look back guarded, With a shield of fake happiness for life, And now I'm left to wonder with what you really said as we parted.

Promises Made In A Time Of Desperation

I can't promise you that I won't let you down, I can't promise you that I will always be around, All these promises I can't make, All these promises I can't take.

As the last tear of blood falls from my eye,
The only appearance my secret wound inside will make,
I quietly whisper that which no one wants to listen to,
And it's stolen by the wind for another hopeless soul to take.

Regret For Something That Can'T Be Fixed

My life shows agony, But only if you look hard enough, My face betrays nothing, But you will see a deep regret if my guard suddenly goes down, I didn't believe it could end this way, So I didn't even try, because I was expecting it to be effortless, And now I live in the deepest of regret, Only because I trusted, I let my guard down, I had hope, And that's why, I put up walls, That's why I trust none, And run away from hope, Because I had to back off, While regret prevented me from being happy, I prevented myself from seeing, The hurt and betrayal, That came in such angelic form, That I believed it came from Heaven, And it's too late to change that now.

Ripped Pages

Wounded, Broken, Lost, I've fallen, Been diseased, It's spreading, Panting, Wrong, Shattered, Blurry around the edges, Sad melody playing in the background, Never gone, Ripped, Forgotten, Pain is too real, Unremembered, Whispered screams, Items falling, Fireflies show, Barely survived last time, Ripped pages.

Seeing Straight For Once

Trapped behind the veiled curtain,
Where on the other side the crowd awaits,
Expecting the lie on my face to play out perfect,
And the despised words on my tongue that are completely unsaid,
To paint a beautiful image of what life 'is',
While the demons inside lie in wait to tell me that the worst has happened:
I have told the truth for once.

Smile

Life is like a tumbling stream, you never know where the bumps will be but you always know it is for the best.

When you make a mistake you've got to learn and let it go you can't hold on to it forever.

You can't control what's meant to be and you can't control everybody so don't even worry about it.

What's the use in worrying about what everybody thinks if you can't change it?

The only thing sure about change is that nothing will ever stop changing.

So hold your breath when you're in a tight corner and try to lose yourself in the good of kindness to yourself and others.

And don't ever forget how one single word or look might change somebody's life forever So always be the one to step out and smile.

Sunset (Fading Light)

To look at his face
Is to look at the sky
It fills me with wonder
And makes me want to fly.

I see the storms come and go
I see the sun rise and fall
I just wish he'd know
That I'd been there to watch it all.

I've been there to help So secretly I almost didn't know What I was doing Or when I'd have to go.

But I had to leave well enough alone And rip my heart away For I knew I'd be in trouble If I dared to stay.

I'd say something I only meant to think And on that day I'd have to face the consequences Whether to leave or to stay.

Taking A Fall

I remember when I fell, the day I found out he loved another and cheated my love out of me.

It was cold and wet,
I couldn't get back up,
A part of me died that day,
Another gave him up.

The Bloody Clothes Of War

I wear the bloody clothes of war
The wounds that I show
Coming from traumas
Concussions that rattle your heart
And never leave your head.

The blood that I oppose
Stemming from the life I missed
The hope I skipped past
The love I never felt.

The wounds that killed me fall deep Hitting my bones Some even shattering Leaving me motionless on the floor.

The tears and blood I cry
Fill up the casket and spill out
Until everyone in the room drowns in them
But I somehow find a way to prevent myself
From showing the crowd that I am dying, not dead.

I wear the bloody clothes of war War with everything War with everyone But also the worst kind of war War with myself.

The Con Artist

The blank page is telling,
Taddle-telling to be more precise
The quivering pen strains to come up with emotion,
My strongest emotion in that I work with
I find an apology is in order,
For my emotion is not agreeing with the words I write,
It's telling me to move on,
To get a life,

To find a way to end the day with a different tune than what I always play The peripheral agreement between my guilt and my heart was made in deceit, but of the nicest deceit for it saved me the trouble of choosing a road to follow, and it saved me the regret for the one I didn't.

My heart and my guilt have quite a temper, the temper which I have not the confidence to concede, the temper with which I have not the pain to conduce.

My heart and my guilt have quite a sorrow, the sort of sorrow with which tomorrow will not reduce, the sorrow of sorrows with an incoming plague, to kill off the fake words on my tongue that beseech me to leave them be.

Yes, the agreement between my heart and my guilt have such an arrangement, The sort of arrangement I have not the slightest idea to rid of, The arrangement in question leaves the hardest kind of forlornness behind, And brings me to a place deep inside where I will be fine.

The Executioned

I'm hung on a noose twenty feet high All grace is gone and now I must cry They have been tricked, so now I will die.

The damage is done; the lie has been told, The heart being burned turns out nothing but mold, And their mistake is realized as my corpse turns cold.

The trusted adviser was only a cover
I tried to tell them, but my voice was smothered
And he's content stealing my life until he finds another.

The Final Storm

I feel the burden of knowledge The burden of love and dying hope I feel the sorrow which I have clung to like a drug; You know it's bad, but you're addicted, And I cry These tears are not like they were before, No, this time it's different It's like the first spring rain after a cold, sad winter; It refreshes you, it cleans you And I know that I'm letting go I'm finally moving on, He and the sorrow which have co-existed for so long Can't hold me here anymore, They can't have me, I take one last, sad look at him and what could have been, And what was that never should have happened, And I let them go, My past is now my past; Nothing more, I will move on and forget for once in my life, I will breathe free air, And for the first time, I will live my life the way I always should have.

The Funeral Bell

This song of the world,
Everyone sings,
We all know where it begins,
And how it ends,
No matter how badly we want to change it,
It's always the same,
Coming as a shock of pain,
And with the rain that falls in steady rhythm,
Breaking the crowd's hearts alike,
The slap that comes with reality,
The fear that comes with understanding,
We may all run a great race,
But the real winner in the end,
Is death.

The Knife (You Left)

The snowflakes drift around your hands, pure white, thick, quiet.

Looking at the world around me you'd think everything was calm as we stand in the middle of this winter field.

But you left.

You left, staining the white snow around my prone body crimson red.

The Last

The last moment in a day is spent with the dying breath of a lost soul In the moment of triumph

The last sorrow is spent on the person who is just another face in the crowd Who never got a moment to explain

The possibility of a happiness that everyone had felt but him

The last message that goes into the ancient telegram, meant for a century later Imitates the romance that Paris is known for

And soothes the jealous heart of raging madness

That a love lost has caused.

The Reality-Teller

'Once upon a time'
the story starts in a frenzy
waiting for the listeners to freeze
'there was a girl who had a hope,
but that hope flew away on the breeze'

'she followed with one last prayer
that she would catch it before
it turned too late'
the reality-teller spoke with a hint
that she herself had fallen in such a state

'the girl ran with bare feet through thorn fields that never ended just in search of that last hope that made life so beautiful and with it she would never mope'

'she promised it would be the last she asked anything from anyone if only she could catch that last hope that made fire in her heart like a match'

'but, alas, it was not meant to be she was put through torture to get it and she never did.' 'what about the happy ending?!' asked Bobby Jay 'in life, there are no happy endings kid.'

the reality-teller walked away leaving poor old Bobby Jay to live in the misery of knowing every day.

The Record Player Spins Still

Waking up from this dream,
This delusional care,
Stemming from regret and denial,
Of the goodbye that could never exist,
Yet I tried to force it to breathe,
And my life crashes down,
Through the tears,
Comes a realization,
And a fear,
Of the impossible,
Maybe it's time to leave,
Maybe it's time to stop this pattern,
Maybe it's time to move on.

The Red Rose

In the silent, gray world when the gutters begin to cry the plants begin to curl and the flowers begin to die.

In the midst of this all there rests a single red rose that lies fixed, so as not to fall above the heart that everyone knows.

The coffin of brown, dead leaves cover the once-live ground and the birds weep and grieve for the now-silent sound.

The single red rose cries with a lonely tear of blood where a new life grows deep in the dead earth's mud.

As the red rose dies a new strength is born for spring never lies; renewing hope in the forlorn.

The Traveler Beyond The Stars

Gray beyond my years,
I'm a weary and hardened traveler,
The only one who can scream and all that is heard is silence,
I'm a grieving and desperate traveler,
The one whose scars remain as new,
I'm a weakened and tortured traveler,
Only able to live in the pitch-black night and not in the warm sunshine,
I'm an isolated and cold traveler,
The fact that I can't be seen at all,
Makes me a sad and exiled traveler,
Through all the hazes of goodbyes,
I'm a forgotten and hated traveler.

The Truth

The day that ends with the blood-red sky,
Is the day that I will simply die,
It's the day that you and I,
Will fall apart without the support of the others' eye,
On that terrible day of the blood-red sky,
I will run and you will hide,
But there will be no relief for neither you nor I,
No matter where I run and you will hide,
For you and I are doomed to lie,
Unless we both see that we will die,
If we, for any longer lie,
Then we confess our truths to the sky,
And both will be lost under indecision, but none will die.

True Beauty

A glance up into the eyes of a person unknown tells all: the understanding of the unloved, the understanding that comes with bitter experience, pain, lonliness, hurt-the questions meaning more than the voice ever would.

And yet...

in the eyes of a person unknown it can be seen:
a hope, intense as the sun burns,
waiting for the moment they would be
worth waiting for,
hoping and praying and fighting and
losing and picking themselves up again and
retaining the belief they were worth loving no matter what
until

The eyes of a person unknown become known and treasured for exactly what they're worth.

This is a person's true beauty, the kind that won't decay, the kind that lasts forever.

Trust

The song playing loud in my head,
It's all I can hear
as I watch you walk away;
I watch my only chance walk away,
I'm numb as I watch my hope walk away,
I raised my hopes,
And they brought me down,
The song playing loud in my head,
It's all I can hear,
Until suddenly the words ring in the chaos,
'Your heart is lost now,
Your trust is gone'
And I know it's true,
For you were just another person I trusted that let me down.

Upside Down

Cold and broken, From the social horror that could cause a very saint to sin, And run away, It's curious how life never waits, For you to catch up, I'm invisible, Untitled, Stuck in the place where people never occur, Untitled, It's upside down, So lost, No one can save you now, You had your chance and now you have to back off, The regret playing over in your head, As strong as the pain from the non-existent goodbye, It's upside down, Unfair as life is, It's upside down.

Waiting For An Angel

I see him every day, But does he see me? I hear every word he says, But does he hear any of my own? His stormy blue eyes with a secret, Looking into mine, His accidental brush of my skin, His rare smile that I would die for, His sweet voice, Everything about him reminds me why I love him, Why I would die for him, He walks past and questions, 'Will you be my friend, or just another backstabber? ' Always in his eyes, I reply, 'I will be anything you need me to be! ' Why can't he see? He walks past, I have to cope with the fact, That he will never speak to me, Unless I speak first.

Walls

I put up walls to protect myself,
Then they came down,
Suddenly the world is falling,
Forever down in the breaking point of light,
The beginning and the end,
The cold knife made it all impossible,
It being in the middle of my back,
The world goes red,
Then black,
And I tell all,
No more.

Weakness

I know where I have been

I know the sorrow people look at coldly and clinically

I know that no one but those who have been there understand it

It is a place

This forsaken island is built out of fear and hurt

It is purely suffering that is relived and re-felt every day

It is a state of mind,

but not only that,

it is an addiction

You stay there so long that not even dreams will help

You say that sadness and death is your friend

But he is always your enemy

You build walls

You build fake smiles:

some do it to be noble,

some because they are afraid

The pain racks you,

It feels like a heart attack

It is an addiction because once you are there

you never want to leave

There are two ways to make it hurt less,

One, there's insanity:

You forget who you are, how to feel, and ultimately, what troubles you,

And two, there's death

Some know they can't do it themselves,

so they turn to others,

and some have been on the island so long

They just don't care anymore

I know because I've been there

and I'm alive because I got out.

Depression is an addiction

It is also a weakness, but only if you let it get that far.

I hope to never let myself become weak again.

When It's Enough

A deep and foreboding hurt lingers, fighting and forcing its way down, hoping to take root.

Like a weed, it squeezes all the life out of anything near and lively.

It is fought and battled
with every last breath
but with the wind of change,
a new hurt is presented as a seed,
planted,
and grown
and suddenly,
the gardener finds themselves wrapped about
with the thorns.

When does one learn when it's enough? Sometimes it will only hurt more trying to save a cause that is lost and resistant than it would hurt to simply move on.

Whispers Of Secret Death

With the wind there blows an enticing secret
Egging me on to do what I should have done many years ago
Still I know better than to follow those whispers
For they lead to one place only: death.

The flute of secrecy played in every soul Has finally infected me as well, I believe Like a disease it starts as a thought And grows to be a small spot on my skin From hence it magnifies to cover my face I am suffocated into life despaired.

The story of mine is not commonly known And sometimes I'm glad of that But mostly it's simply a tool to isolate Until I'm forever alone.

Who Do You Think You Are? (Payback)

Who do you think you are, To come here and rip up my dreams, Like the old roots of a fallen tree?

Who do you think you are,
To come here and tell me that I can't do it,
That no one will ever care?

I'm here to say what I can't say to your face, Because you might just swing your ugly words back, And wring my heart like you did before.

Who do you think you are,
To think you're better than everyone else,
To think no one but you can feel their words?

I know you feel lost,
I know you have your own burdens,
But I also know that's not an excuse for what you've done.

Words Unspoken

Unspoken words are free Freer than the birds who fly and bear the chain of gravity and mortality.

They hover, clean and white, waiting to be molded by the abuser, who knows nothing of them but how they can be used to hurt.

And yet, they wait, despite the abuse, hoping-beyond our comprehension of what to hope really is-they hope that someday things will change and the abuser will learn what unspoken words really are: Freedom