

Poetry Series

Haley cox
- poems -

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Haley cox(12-13-1995)

Hello, my name is haley. I like the color clear. i love the smell of the air, and my freinds name is no name. My storys so long and complicated. some no it, but some dont even care. i dont wright poems to get noticed. i do it to make myself feel better, and for people to read them and no there not alone with their emotions. so please Comment, suggest, read or enjoy. My current stream of poems have stopped because so has my source of hurt. but ill still wright non the less :)

A Broken Heart Has No Cure

There is no cure
For what has been done
I cannot hide
I cannot run
From the marks that paint my arm
I cannot hide
I cannot run.....
From him

Haley cox

A Horse Of A Different Color

Yellow is the sun
Who always seems to run,

Blue is for the ocean
whitch never will have a notion

Purple is a lightning storm
Whitch always makes me feel warm

Orange is a tigers fur
black to sure

Gold is the fish itself
gold and grand a fish is

Red is the brilliant blood
That cover my razors

Haley cox

A Lovers Lost Soul

My soul is a lost lovers soul
Lost in the sea of cold darkness
Once your in you can only come back out on
One condition,
You leave some of your soul behind
And for people who
Experience savere heartbreak,
The tolls even higher
The ocean wants more of your soul,
Depending on the pain you endured
As for me,
My souls running on empty

Haley cox

Always

Im always counting on that call
That will never come
I wait up but the phone never rings

Haley cox

Angel/Devil

He used to be my angel
The one person i could run to
Run to his love
Now he is my devil
The person i run from
Running from his hurt
In a never ending circle
The worst kind,
The one that never ends

Haley cox

As I Hang Up

As i hang up the phone,
I reach for my glass.
No,
Not sharp enough.
Where's my razors?
Ahhh there they are
My little helpers
I'll start with my right wrist,
Save the best one for last
I put my blanket in my mouth
So no one will hear my screams
I put the razor over the vein
And push down
Harder than i ever have before
And unlike my other cuts,
These will run parallel with my veins
The brilliant scarlet red,
On the bare white of my arm is so beautiful,
Yet scary, For what i have done cannot be reversed
I scream a blood curdling scream
Once the cut on my right arm is gushing blood,
I quickly switch to my left arm
Before i lose the strength to cut the
Last cut that will end my
Miserable excuse of a life
Another scream bubbles up on my lips
But i fight it back
As the blood flows freely from my left arm

Haley Cox

As The Rain Falls

As the rain falls
So do blood droplets from my newly made cuts
They fall freely,
Cause they have minds of there own

My tears sting my eyes
Make my vision blur
Make my eyes red with regret

All for a person
A boy
Matthew

My friend
Lover
And the man of my dreams

He used to love me
My heart
My soul

Then he hurt me
Tour my heart out
Threw my love away

But it's ok
Ill still love him
Forever

Haley cox

At First

At first i thought he could be all mine

I was wrong

At first things were amazing

Then she came in

Now things arent amazing

Now he cant be all mine

Because of her

Haley cox

Behind The Light

Behind the light,
Theirs always the darkness
Waiting
Whatching
For the perfect time to strike
At the happiest point,
Is your darkest fallout.
You'll never know when ts going to come
untill its to late and your surrounded
You cant see,
You cant think
For behind the light,
The darkness will always be waiting

Haley cox

Blinded

When you walk into love,
You walk into the unknown
You can't see,
You can't think,
Your just along for the ride.

You blindly reach out,
And grab the first person you feel
You take what you get
No second chances

So you try it out,
If it's a keeper
You take him/her home and meet the family
If there a dud,
It's out with the trash

Haley cox

Blink

Blink,
And things could get better
Blink,
And whatch everything you loved dissolve
Blink,
To see again
To see the light thats never been
Blink,
Before its lost forever

Haley cox

Blood And Tears

Tears from my eyes=
Blood from wrists
The more tears i shed
The more the blood flows
The very first cut hurts the most
But then the glass keeps cutting more,
Again and again now meaning
Blood from my wrists=
Tears from my eyes

Haley cox

Care

He says he still cares.
is that a
Lie?
Or
The truth?
I want to believe him,
But the truth always hurts
And
What if i
Dont want him to care about me any
More?

Haley cox

Care About My Cuts

I wish i knew how it felt
To have some one care about my cuts
To stroke them and know there story
To kiss them and never cause anymore
Vow to love me, and them, forever
Forever and more

Haley cox

Circles

We keep going
In sickly little circles
Will he ever make things right?
Or am i just wasting my
'I love you's'
On the wrong person?

Haley cox

Crimson

I lie hear pouring crimson regret
For something i will never get
Something i will never be
Somewhere i will never see
He sits there right infront of me
Holding out the only key
The one that i will never get
If i continue to poyr this crimson regret

Haley cox

Criss Cross

Things will always be criss crossed
I will love him,
He wont love me
Than he'll choose to love me
But i'll choose not to love him
I'll want to talk
He wont awnser
Than he'll call
And i'll 'accidentally' leave my phone in my room
I'll come to seattle,
He'll be busy
I wanted to marry him
I guess he doesnt want to marry me

Haley cox

Dark Waters Yonder

These dark waters
Beneath my skin
Course through my veins
Easily more blue than the ocean
The waves hit me and I tumble
The breath forcefully leaves me
And my eyes see the darkness
Is that him I see?
Here with me during death?
Comforting me for the last time,
He holds my hand
And I hear him say
This is the end
But the rest is lost
In the crashing sound of the waves
I stare into his eyes
Searching for a sanity for closure
But his eyes are the dark blue surrounding
I'm well below the surface
The point of no return
but yet he stays
Sinking down to the bottom with me
Until I'm laying in the sand
He kisses me softly
And the salty water fills my mouth
He releases my hand
And rises upwards
I watch until he's gone
I scream out but
I'm lost in the black abyss
Where I'll stay
Where I'm bound
Forever more

Without him

Alone

Slipping away

.....

Haley cox

Death

I may not have had an actual near death experience
But I know how it feels
Death is my metaphor for how I feel about him
Death, Death and Darkness all around.
Nothing but the eerie silence
I'm not all too well

Haley Cox

Death Of Me

I can never prove these scars to you
You have to trust me when i say their there

You tour me down
And then you build me up

For to long i faked like things were ok
Another sacrafise on your behalf

You tell me you can heal these scars
But im still bleeding

Cause you'll be the death of me

Haley cox

Do Wrong

What did i do wrong?
We built up wonderful walls,
Then they came tumbling down,
December 1st,9: 10 pm
He meant everything to me
He held me up and supported me,
Then, He just let go
He dropped me, back down to the earth
Were people wait to eat me up
He held me above all of them,
Then let me dropp right back into reality,
The last place i wanted to be

Haley cox

Envy

Im green with envy,
For three
Very lucky girls
That i will never be.
They have exrerienced his warmth,
They have had his physical love
His hugs, His kisses
I, have not
So, I envy these lucky girls
For they have something i never will

Haley cox

Even Though

Even though my luck has changed,
The razor still cuts my skin
Is it because i have become what i never wanted to happened?
Addicted.....?
I wanted him back
I gotted that
So why do i still see the blood?
I here his voice so often now
But the scarlet lines still cover my arms
If i have become addicted,
What do i do?
He's mine now
Intell our next fall out
But shouldent his voice and prescence
Brought an end to my pain escape?
But my arm still bleeds blood red
The cuts are still new
I though he would make things better
But i have realized,
I am addicted
To cuttting

Haley cox

Everyday

everyday i look around my house,
And see knives,
Razors,
Bath tubs,
Guns,
And think to myself how my
Unknowng family supplys so
Many helpful utensls
That could and my life

Haley cox

Exquisit

Sweet kisses in the blue summer moonlight
Words said softly in a whisper,
from the heart
Hold me tightly in your arms,
From the cold winter chills
Your gentle touch lingures
Quietly on my bare flushed chest
The wisp of lips on my cheek
Leave me aching for more
The notes of your laughter floats
In the air like baby butterflys
My fingures drag over
Your most sucluded places
We fall back into the caress of sleep
And dream about what tamaro will bring

Haley cox

Fading

His love fades every day
I can feel it draining from my body
Leaving my soul
The marks on my arms fade as well
I can see them leaving my skin
But they'll be back
That much i know
But his love won't be
Only his pain

Haley cox

Fly To Him

Birds, though im not one
are lucky
They can fly 62 miles to him
While i stay grounded in Olympia
And he stays unknowing in Seattle
Come take me away to him birds
Take me to my love

Haley cox

Glass

Glass shards are my best friends
They wont leave me till the end
They always help me thru the worst
Till the end, till i burst

Haley cox

Haven

My safe haven no longer exist,
Because it chose to leave
So many words, yet countless unsaid
The air bag that softened my falls,
Has now up and walked away
Im falling faster now and
When i reach the bottom
Only death will be there to meet me,
With a smile on it's face
I scream, but no ones heres
Especially not him
For he tunes me out
And keeps on walking
Farther away
Farther into my darkness and past
Farther into his light and future

Haley cox

He Is....

I need him, for he is my air,

Sun, water, universe.

I used to be his to.

Intell i got raped, and wanted to die

I commanded that he kill me, get me out of my misery

He left me to protect me,

He left me and i died any ways.....

Haley cox

Heart

The peices of my broken heart
Are so small that
They can be passed threw the eye of a needle
I miss you like the sun misses the flower
In the depthes of winter
My heart hardens like the
Frozen wastland your absence has banished me to

Haley cox

Heaven And Hell

Heaven and Hell both hurt the same
Heavens only good for alitttle while
When that ends, Theirs hell
So there the same
To
Me

Haley cox

Heavy Heart

I must go on,
While carrying a heavy heart.
It's the burden i must bare
For wanting to share,
My heart with some one who,
Dident want to share his back

Haley cox

His Random Love For Me

As we talk on the phone
In the privacy my home
He declares his random love for me
And this may be
On the best nights of my life
We both remanise
In our own quite bliss
As he wisps me
In a totaly 360
turn for the best
As he declares his random love for me

Haley cox

His Warm Embrace

If i could hace experienced his warming embrace,
I would be alot colder now,
Because i woulda experienced what
I'd now have to live without
So in some ways,
The distance that separates him and I,
Isent so bad

Haley cox

Hold The Ocean

Dip your hands into the ocean
And hold the world in your hands
Smell the salt and wonder,
Just dont leave in a blunder
Splash it on your face
And start to make your pace
Cup the blue magnificence
And turn to walk away
With your own small world
At your fingure tips

Haley cox

How?

How can i ever get over all this?
This heartbreak of no return?
There always will be a hole
One that cant be filled with sorry's,
Forgive me's or fake love
It will remain forever. Forever their,
Making itself known. Everyday
Intell i cant breath. Cant breath anymore
A simple task i cant do anymore
Because the movment pushes against
My unrepairable heart

Haley cox

I Cut Because...

I cut to focus when my
Brain is racing.

I cut to make physical
What feel inside.

I cut to see blood
Because i like it.

I dont like to cut
But i cant give it up

Haley cox

I Dreamt I Had A Place In His Heart

I dreamt he still loved me still the same
I dreamt he took my hand in his
As he pledged his faith in me
I dreamt that you love me still the same
No matter what thy had done
I took his hand in my
And pledged my faith in him
I Deamnt he took me to a land of love
Were we shall be together forever and always
Were you would love me all the same
I dreamt that you savithed thee,
fromm my darkness of never ending surroundness
My world was dark shades of purple
That transformed into blues, yellows and orange

Haley cox

I Hope

I hope when i cry, He crys

I hope when i die, a part of him dies to

I hope when i cut, He feels the pain

I hope when he starts to love me again, I will know how to say no

Haley cox

I See Him

I see him there
With a look of despare
On his Handsome face.
I want to take the Space
Between us,
And make it disapear
I rech out to touch him,
But he pulls away
And says he wont hurt me again
I need him now,
More than ever
I see him there with a look of dispare
On his handsome face

Haley cox

Imortal Love

imortal loves amazing
Intell the other person goes and screws it up
We coulda gone forever
Intell he dicated to drive
A knife threw my heart
I didnt no one person
Could survive that
But im lving proof
Its possible
I loved him,
But he always supprises me
With the worst

Haley cox

Into The Sunset, Outa This World

Walk me into a sunset,
And outa this world
My sweet dear,
That leaves me with tears
Wisk me away,
Taday.
Into the Tower,
This very hour
That will start our Togetherness,
Forever bliss
Shall come our way,
Walk me into the sunset
My dear

Haley cox

Just Outa Reach

He's just outa my reach
Even in my dreams,
I reach out but he just dissolves.
I sink down to the ground
And let my tears go.
I feel something wipe my tears away,
But look up and only see the wind swaying the trees,
He's gone i tell myself,
He's really gone

Haley cox

Keep Letting Him

I keep letting him say
'He loves me'
I keep letting myself think
Its true
I keep letting him
Subdue the hurt
But the more i let him,
The harder im going to fall this time

Haley cox

Lies

He said he'd never hurt me
He said He'd always love me
But what a surprise,
Those were all just lies
To an extent
His love was always over

Haley cox

Losing

I didnt want to let you go
But you were occupied
You didnt want me to slip away
But i was tired of waiting
I tried to make you understand
But you just couldnt get it
You said hold on a little longer
But to me, thats to long
I want to let go
But you said no
You said hold on 1 more day
But to me, one day is more than i have

Haley cox

Love

I thought his love would never leave
But once again i was deceived
From my eyes the tears shall fall
And as always
I must atand tall

Haley cox

Love Is A Lullaby

If love is a lullaby,
Then that's what my love with him used to be
Now,
It's hard metal

(metaphor)

Haley Cox

Make Sure

I run to the window,
Are they gone?
Yes my parents finally left the house
I'll try something new today,
Not the bath tub, not even my glass
But something that resins in my kitchen,
Knives. Knives of all kind.
I need to find somewhere
Where the blood can go,
And won't make a mess.
My parents jacuzzi bath should suite me fine
So i snatch my knives and run to there bathroom
I position myself in the bath and roll up my sleeves
I try not to look at my scars,
For they bring many memorys
I made sure to pick my sharpest
So this could be my last
I close my eyes and apply pressure,
And when i feel the sting,
I no my cut was successful
I open my eyes, one by one,
To find a beautiful stream of blood,
Flowing, and not stopping,
From the veins in my arms
These cuts have his name all over them
A dedication you could call it

Haley cox

Marks

O the marks that paint my arm
They may be grand but cannot be undone
To the extent, all for him
And
The funny part is?
He will never see them

Haley cox

Matthew

How fast the end must come and go
How much i really need him so
He really never will no
How much i really need him so
O how boys so often come and go
But this one if you must no
Made a special mark in me
And now only he
Can fix the damage he has done
As to an end all love shall come

Haley cox

Medicine

I finally got the medicine,
The sweet medicine for my heart,
I got to hear his voice
Even though what came out of his mouth,
Wasent what i wanted to hear

Haley cox

More Than Love

Hes more than a man
And this is more than love
The reason my hearts split in two
The hurts rollin in
Settaling inside my chest
I hope he can here me cryin
And feel that i am dying
Inside my own world of hurt
He might as well take a gun and put it to my head
Get it over with
I dont want to feel this,
Anymore
No, No

Haley cox

Music

Music helps and music doesn't
Icy forest are beautiful
But remind me so much of him
The sun is brilliant, as is he
And the December air is cold, As was his love

Haley Cox

My After Death

My after death is a 6th

Dimension of
life

He's there holding me in
His arms
forever

I breath in his
Scent and
sigh

I look into his blue
Eyes and
melt

He takes my hand
As we
walk

He sings my song
All day
long

We lay in a
Flower filled
meadow

He lays my head
On his
chest

We breath our breaths
Together as
one

(My 6th dimension with him)
Matthew&Haley

Haley cox

Never Again

I hope the Kisses you gave to her
Turn her mouth green
I hope every hug you Gave her
Makes her stumach hurt
I hope all you 'i loves you's' to her were real,
Cause now,
Mine wont be

Haley cox

Never Knowing

Never knowing
What coulda been
From the softness of his hands
To the warmth of his body
The scent of his skin

Haley cox

New Outlook

I have a new outlook on life
I once again enjoy the rising of the sun
Or being around my family
I am getting better
That's for sure
I don't feel dark all the time
Though I know that I
Won't ever be the same
The razors lay dormant
Tucked safely away
For another rainy day
His voice no longer haunts me
The sight of his face doesn't bring me to tears
The thoughts of our happy times shared
Don't make me fall,
They make me stronger,
Make me smile

So if you're wondering,
Yes
I do believe I am better

Yes I do believe I got over my heavy waves of depression
I still long for him
But not so much it makes me crazy

I'm living proof anyone can survive a heartbreak

I encourage all who read this to read
The poems from the start of my struggle
To now
So you can witness my triumph
My winning
Over the horrible monster

And I must thank all who helped me through
Without these people
I couldn't have possibly survived

So thank you for reading

:)

In memory of Matthew And Haley Cox

Haley cox

No More Meanings

As i see it, Their are no more meanings for me
My great time is expired
I cant even escape to
The matthew in my dreams
Because from there, He has also been erased
The only reminder of him,
Is my right arm and these many poems of sadness

Haley cox

Our Love

How cruelly it was gone
How fast the end was done
I really thought he loved me
But they were all just cruel, cruel lies
I really thought i had this one
But as usual, I am wrong
I really thought he loved me,
How fast the end must come

Haley cox

Over My Head

I slip into the bath water
The ice cold bath water
Now only my mouth and nose are above the water
I hold my breath cause
Although i want this to end my life,
I dont want it to be because my lungs filled with water
My breath is held,
So now i submerge my nose
My last breathing source
My head soon becomes light headed,
And my vsion starts to blur
My lungs sream for me to breath,
I ignore the erdge
I sigh out my last breath
And whatch as the bubbles quiver there way to the surface
My eyes roll back in my head,
And i smile....
Because i just got my revenge
If he can't be mine
I wont allow me to be his

Haley cox

Point Proven

Every conversation proves more of my point
The point that he should return to me
I need him back, now

Haley cox

Rays

The rays of sun
Shine into my bedroom,
Dancing on my floor
Playing trix on my eyes
There so beautiful
They give warmth to me
On the coldest of days
They give me hope
On the worst of days
The days were i feel
So alone, So unloved by him
They pick up my soul
And help me go on,
The little rays of sun,
That shine on the floor in my room

Haley cox

Sleep, Dreams And Nightmares

Sleep is my only plac away,
Safe from him, Intell,
Dreams come along, involving him
That turn into nightmares
Showing, Telling and Reminding me
Of times shared between us
My own black hole
Forever spinning,
Never stopping the pain...
Ever

Haley cox

Slipping Away

My last breath is spewing over my lips,
Escaping from my lungs
Leaving my body.

This is the last movement my lungs will make
They shall not rise or fall again

My heart speeds up to slow down
It feels as if it has helicopter wings
Trying to cut open my chest and leave forever

He won't try and stop it,
For he's the one who caused this
My slipping away

Haley Cox

So.... Everything

Im so cold
Im so alone
But will he ever know,
What im really feeling inside?
He may not even care
But does he dare,
To confront the pain he's inflicted?
No, i dont think he will

Haley cox

Somethings

Theirs somethings you cant get over
Heartbreak is one, But
Rape is worse
And i'v experienced both
Thats one thing no one can ever help me get over

Haley cox

Stare Into The Fire

Stare into the fire
Embrace the flames
Don't let them leave your sight
Because they will rage into the night
Touch them while their yellow
And let out a bellow
Blow them while there orange
And let them forage
Leave them when there red
And go crawl into bed
Stare into their brilliance
Embrace their beauty

Haley cox

Still There

Suicide thoughts still float around in my head,
Every day matthew's with her,
My suicide thoughts grow
Some days its all i think about,
About how easy it would be
To let my razor cut my arm deeper than normal,
Then the blood would flow, And he would no
How it feels to go on without the flow of my love
The only flow he would get would be the blood from my wrst
My soul finally fled,
As i lay lifless on my bed
As the thoughts of suicide still float around in my head

Haley cox

Summerland

A place to be free
To get lost
But dont over stay your welcome
It can become addicting
Go to often,
And you'll never come back
Let your mind wonder and the universe will become yours
Think of a flower and you'll get a sea of them
Think about a mountain and you'll see a range of them before you
Its a place to get away
Now,
The only problem is getting there

Haley cox

Surrender

O matthew,
Surrender
Surrender into my love
My love that flows like a river,
Surrender to the sound of my heart,
My heart that beats like a fast paced drum for you
Surrender to what you know is right,
Me
Please surrender yourself to me
And promise forever and always
You'll be mine

Haley cox

Sweet Disposition

A moment alone with him was my only wish

(A silent tear)

The first kiss with him lost

(A Silent cry for him)

The first time holding his hand

(A silent wimper)

Our very first time making beautiful love

(now a long lost dream)

Matthew

(my insperation for each and every one of my poems)

Haley cox

Take It! ! ! ! !

Take it! ! !

Take my crumbled heart

For i know longer what the toll

Of having such a heavy burden in my chest

You break it,

You buy it

In this case its free

So take it,

I do not want it

Any more

Haley cox

Taken From This Earth, If Only In My Dreams

To be taken from this earth,
If only in my dreams
Shall they come true When i leave this place of despare
And hopfully go Where life is better
He'll take me there,
My sweet love
He'll take me, hand in hand
To the place,
Known only in the sweetest of dreams

Haley cox

The Earth At Your Side

Walk into the eery forest
Dont be afraid
Turn in circles and gasp
For some trees are as tall as masts
Some as small as you
They look at you too
Because you are new
Of a sight for them also
Touch there bark
So different from a lark
Walk out of the forest
Don't be sad
They will always be here
To reach out and take your hand

Haley cox

The Game Of Love

If you play,
 You play for keeps
Simple as that

Haley cox

The Phone

I will sit and stare, at my phone
Hoping for it to show one name

Matthew

As it will cry its lonely ring
I will simply sit and sing
To myself this poem of heartbreak
As it plays its sad lonely ring

Haley cox

The Wish That Never Happened

He's my wish that never happened
My wish upon a star that burned out
My wish that got lost in the never ending galaxies
Lost, and never coming back

Haley cox

To Fall Asleep In His Arms

To fall asleep in his arms would keep the bad dreams away

To Kiss him forever would be amazing

To never leave his side would be the best

To finally see him again would bring a smile to my face

/

To see his face makes my day

To hear his voice is my heavenly paradox

And if these things Should happen to vanish
This would be my heart beat

.....
.....

Haley cox

Undieing Love

He said we had undieing love
But out the truth had finally come
He finally said said that it would never work
The 62.5 miles that split us up

Haley cox

Untill

Please dont love me untill it kills me
Only hold my hand untill it bleeds
Kiss my lips with words unspoken
Walk by my side untill we're invisible
Make love to me as sweet as sugar
Touch me like im made of glass
Carry me away like its my last

Haley cox

Was I Not?

Was i not good enough for you?
Is that why you said good bye?
Were you tired of my love?
Were you sick of my sweet kisses?
What were your reasons for pulling my heart out
And throwing it away?

Haley cox

Wearin' It

To me,
My hearts worn on my left arm
All scratched up, all turn
I promised myself that
This would be my last heartbreak
So no boy shall enter my heart
Not even one
None can be trusted
Nor can they be loved
I wear my Heart on my left arm

Haley cox

Will He Ever Know?

Will he ever know what he has done?

Will he ever face his hurtful actions?

Will he ever know the pain of cutting?

No

No

No

Will he laugh about this with his friends?

Will this make no matter to him?

Will he simply forget?

Yes

Yes

Yes

Haley cox

Wipe The Tears My Child Of The Dark

Wipe the tears my child of the dark
Do not waste them on me
For i will always be there
Though thats not always as it feels
Ill stick with you
My other half
My sagnificant other
You'll always be in my heart
No matter what
Child of the dark

Haley cox