

Poetry Series

**Guarded Heart**  
**- poems -**

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## Guarded Heart(5/15/90)

\*\*\*\*\*I NO LONGER WEAR A MASK AND DO WHAT IS EXPECTED OF ME. I  
LOOK OUT FOR MYSELF, AND MY HAPPINESS, REGARDLESS OF WHAT IT MAY  
COST ME. IVE MADE A MISTAKE, I HOPE TO MAKE IT RIGHT. I'VE BEEN  
THROUGH AN INNER TRANSFORMATION AND REALIZED THAT I AM NO LONGER  
THE REBELIOUS GIRL WITH SHORT HAIR WHO DIED IT PURPLE. I'M DIGNIFIED,  
CREATIVE, AND CULTURED, SOMEONE WHO CARES ABOUT HERSELF. I'VE  
BECOME WHAT I WAS MEANT TO BE, AND I'VE NEVER FELT SO GOOD\*\*\*\*\*

\*\*\*\*\*LA DOLCE VITA\*\*\*\*\*

## : The Beauty Growing Inside Of Me:

I will shelter you until it is time  
You, born in the image of mine  
And of the one i love so well  
I will care for you, i promise i will  
When ever you look for arms to hold you  
Look no further than me, and i will be  
Your sheltering tree, always  
You will have my dark beauty  
And his intuitive thinking  
Someone like no other living  
For you will be his and mine  
And a different kind of wing will carry you  
Wings made of passion and of love  
You may look different, but you will be beautiful, my love  
Your skin may mark you, but it marks you as ours  
And your eyes may be bright and green, a color not normally seen  
But they will also have an abnormal sheen  
You are heavenly, my angel, living within me  
You are one of the many gifts your father has given me  
Life may be hard, things may be a struggle  
But you are the object of which i shall prevail  
I will never leave you out alone  
And i will do my best to understand your ways  
its unfair when what we want is forbidden  
And so i will never forbid you anything  
You will be happy and healthy  
Raised in the sun and by the stars  
Because, my darling, you are ours  
And everything i can give will be yours  
You are so very lovely  
You are the beauty growing inside of me

Guarded Heart

## : Why Am I Coming Undone:

It hurts everywhere  
Inside, it erodes all i have  
Outside, i'm sore, my eyes don't shine  
I have the strongest urge  
To be held so i can cry  
Just to release the emotion inside  
Maybe i do need help  
Why does everything think there is  
Something so wrong with me  
Why does everyone betray me  
Never mind the tears are coming now  
Please somebody help  
So unworthy of everything  
It's time for me to go  
Time to leave  
Find another place  
One that might accept me  
Or just expect more of me  
Why do i hurt so much  
I need someone to need me  
Someone to be there for  
To give me a sense of purpose  
But most of all, i need someone to heal me  
Whats wrong with me  
Where did i screw up, what did i do wrong  
Why am i coming undone  
And down my face the tears run  
Everyone seems to think i'm better off  
Alone, where i can affect no one  
But all i ever did was try to please everyone  
I'm unraveling, everything is going wrong  
And the tears keep coming

Guarded Heart

# A Fight Within

Throat ripped out  
Breaking down  
Your conscience has a hold of you  
Beating you up because you messed up  
It doesn't care what you've been through  
You made a mistake  
And now you have to pay  
This is the real world  
This is its way

You lay down to sleep  
Haunted by dreams  
Reach out to that beloved face  
Then the face is gone  
A horror in its place  
You can't make it  
You lost it  
Try and save it  
Maybe you can't have him

But you will still try  
No matter how many tears you cry  
It will never be enough  
No effort will ever seem wasted  
Because he is too precious  
And you love him, regardless

Guarded Heart

# A Little Dissapointed

I'm a little dissapointed  
That you acted that way  
Just a little dissapointed  
Things turned out this way  
Only slightly dissapointed  
It's all gonna end this way

Sorry that life is this way  
Too bad you won't stay  
Guess what?  
Tommorrows another day  
And maybe  
by then  
it'll be ok

There's a little dissapointment  
In your days  
I've just been to dissapointed  
To go on living this way  
Only to dissapointed  
That i can't even say

Sorry that life is this way  
Too bad you won't stay  
Guess what?  
Tommorrows another day  
And maybe  
by then  
it'll be ok

I hope you redeem yourself  
I guess we'll just have to see  
I'm sorry that it's going to be this way  
But maybe someday  
It will  
Be  
Ok

Guarded Heart

# A Lovers Plea

Fall together  
Hold forever  
Don't let go

Bathe me darling  
In the ecstasy  
Take me higher  
Than i ever dreamed

Be my lover  
Like no other  
Time is short

Mistakes are gone  
To many worries  
Here my plea  
Rescue me

Just hold me  
Don't leave me  
Want me  
Take me  
Have you forgotten that i am yours?

Feed the hunger  
Like the prowling tiger  
In all your majesty  
Love me baby

Hear me  
This my plea  
Come for me

Guarded Heart

# A Muse Of The Day

If i had you now  
Right now at this moment  
I wouldn't let you go  
No matter where you had to be  
I wouldn't let you leave

Thank you for holding me  
And caring too  
Making sure that everyday  
I will pull through

I didn't mean to cry  
You know it wasn't because of you  
The date is coming up so soon  
And i'm scared of what i'll have to do

I love you for the little things you do  
And i crave your embrace  
I want to be a fearless person  
But i need you everyday

Because the things that i'm going through  
Require to much thought  
So i'm begging you to take it off my mind  
Because you are more worthy of my time

When i wake tomorrow  
It'll be hard to go through  
Because tomorrow is another day  
I have to spend without you

And i promise not to bore you  
With my insecurities and worries  
Your my happiness, my joy  
And the events of the day are a temporary state

Guarded Heart

# A Rendezvous With Death

Take me in your embrace  
Wipe away the pain, let it be erased  
Carry me off to a secret place  
You said you would never leave me  
And i believed you, i believed  
I reached out for you  
My body is alive, but i'm dead inside  
And now you've come for me  
My darling death, come to make it all go away  
To make it all leave, To let me be  
You will release me, Oh so loving  
You of all things, will never forsake me  
Your kissess, icy, on my cooling lips, skin  
Slowly, i'm falling into you and you will catch me  
Warmth gradually leaving the sensuality  
To your refuge you will take me  
Unparalyze my mind, fingers up my spine  
Tangled in passionate cries, taken by suprise  
Tainted with all the lies, but you cleanse them from me  
make me whole again, at peace, happy  
Dearest death, won't you rendezvous with me?

Guarded Heart

# A Sad One Sided Story(He Needs To Read)

I am honored to have been your one and only  
To have been the love of your life  
But your so unfocused lately, that all i am is lonely  
Your busy with other things in your life  
And no matter where i stand, i'll always be supporting  
But it's all so hard on me, and it affects how you treat me  
The tone in which you talk to me and the way you ignore me  
Yes i still care for you, but right now i need someone who  
Can focus on me and appreciate me  
This all feels so strange, for we don't part on bad ways  
And if you could only see the tears coming down my face, feel my pain  
If you walked into this room right now, i would forget it all  
And melt into you, take you away with me  
But your not here, and you can't help it  
And we have a problem that may be beyond our solving  
I'm not mentally stable to take it all again  
Better stop now, while i'm beginning to go numb  
There are so many things here that remind me of you  
That old brown blanket, the strawberry incense, that sexy little outfit  
Eventually i'll stop crying, i want you to be happy  
To many songs remind me of you or us  
The memories are overpowering  
I can still picture your face, when your sleeping  
As my tears splash on the page  
I know what is happening, i can feel my heart break  
Into a few more pieces, and i want you to know that you always had me  
And should have trusted me, because i was always there  
And i was always loving, always in love with you

Guarded Heart

# Acting Selfishly

How did it ever happen?  
How could i not see?  
That all the while i was acting selfishly  
Wanting more, wanting to be free  
My mistakes ranking with a greek tragedy  
The worlds accusations echoing in me  
Someone elses anger raging around me  
Off others moods and emotions i feed  
Constant crave for affection, i seek  
To feel living is something i need

When i told you i was coming back, i lied  
When i said i'd see you again,  
I knew this was really the last time  
When i said i knew you loved me  
Inside i knew it was a lie  
She told me to leave  
Now she's asking why  
I turned my back on a part of my family  
I threw away a part of me  
I thought it would better me  
Now i know i acted selfishly

But if i had never left, i wouldn't be where i am now  
I wouldn't have the people that i do around  
I wouldn't have found someone to love me  
I wouldn't be so close to free  
If i had let you keep me  
And shelter me, hide me from the world  
So that nobody could see the potential in me  
Nobody could see what i could be  
I'm not the only one who acted selfishly

Turn your back on me  
Scold the family  
All because they still want to be a part of me  
It's sad that you'll never see  
Your daughter graduateing  
And when she gets married, where will you be?

What about my children, will you push them away to?  
Though i think i've decided that they will have no part in you  
You don't deserve chance's  
Not in the past, future, or present  
Maybe one day we will sit down to see  
Just which one of us acted truly selfishly

Guarded Heart

# Again

'Wake up, are you ok? '  
Why wouldn't i be?  
'You were screaming. His name again'  
Oh

Every night i see his face and every other mistake i've made  
All i want is to pick up the pieces  
And gain back some sort of semblance  
Now i'm not so sure that can happen

Take yourself away, someone says come back  
Try to come back, someone slaps you in the face  
And you have to wonder if its worth the risk  
The risk of getting hurt, again

Guarded Heart

# Again And Again(My Repetitive Stupidity)

It's like I was destined to fail  
No credit to my name  
I'm always the one to blame  
I've tried my hardest  
I've crashed and burned  
Tried to start over, live a new life  
But you, my damned past, followed me  
Bringing with you grief and strife  
It seems I can't be anymore than I was  
I'm done crying, it's time to except, that  
I am who I am, while I have the pride left  
I'll walk away from here with my head held high  
No tail between my legs, again I tell you  
I will not apologize, I'm still not sorry  
Consider me offended that you think so little of me  
Take your pity from me, please  
I know now that I don't need you  
I'm done changing for them  
They'll have to except me as I am

Always, again and again  
I fall to my repetitive stupidity  
I always fall into the wrong line  
The wrong order, and though I've committed no crime  
I still served the required time  
It's time to live a life that's mine  
I'll go where I want to be  
I know you don't want me  
I'm a distraction to your life  
I get in the way of your son and wife  
How could I have been so stupid?  
To think you had grown up, changed  
I realize now you're still the same  
Your anger was only chained, temporarily contained

Again and again I fall to my stupidity  
"Why do you always pick the wrong ones? " Is what someone asked me  
Each one the same as before, never caring about me  
They only love me as much as I'm willing to give

Yet why am I willing to give you so much  
For that so called love, constant affection?  
Am I so insecure that I really need them?  
Do I really need them to care that I'm there  
Does it make me as shallow?  
As the other girls who need them there

Guarded Heart

# All That I Do

At night i lay awake  
Locked in my nocturnal state  
My mind can't stop racing  
As my thoughts continue their retracing  
Of the events in these past months

I have left a home to discover on my own  
Who i am meant to be  
Away from the oppressing fear, that you  
Are ever present and omniescent

I've come out of my shell  
A bird out of her cage  
My true colors can finally show through  
I know i can acomplish all that i set out to do

The people I've met, and the things that they do  
The clothes that i wear and my outspoken views  
In what I believe and the love i profess  
My turmoiled emotions and sin unconfessed

I've escaped from your murderess prison  
I'm from under your ruthless shelter  
And in all that i do  
I've succeded, no thanks to you

Guarded Heart

# All That You've Done

Inside I'm dying  
from this pain that i feel

And despite all I keep trying  
to hope to change it

What did I do that was so wrong?  
What did i do to be so alone

How could a mother reject what is hers  
How could she hate her loving daughter?

To hold such hate against one young  
To know what it takes to leave her alone

I can always forgive but can never forget  
All the things that you've done, all the hurt you emit

Guarded Heart

# An Angel Of A Different Kind

Maybe I have wings  
That only need to stretch  
For you to see them

The wings that you may see  
Are not of the brightest white  
But of black with hints of red

I'm not the fairy light of innocence  
I don't shine with unnatural brightness  
My thoughts are not the purest

I'm an angel of a different kind  
Not the one that sings glory in high or praises Halleluiah  
You won't meet me at St. Peters gates

I'm a dark sort of being  
And I may not be the chosen guardian  
But I will still guard from afar

Know that I will always be watching  
And praying for your well being  
And from me love will always be flowing

A dark angelic being  
Misunderstood in living  
An angel of a different kind

Guarded Heart

# An Image In The Dark

Now i lay me down to sleep  
I close my eyes and begin to weep  
And then i feel the hand upon my cheek  
To wipe away the fears that creep  
From the corners of my mind so deep

I open them up to see  
The one that is standing over me  
The outline of a face that haunts thee  
Standing there i wish he'd touch me  
Is he the same one that visits me in dreams?

But as i try to focus i can not see  
I fear he is slipping away from me  
Back into my romantic fantasies  
Yet i know he is the key  
To cure my nights of weeping  
The image in the dark is all that i see

Guarded Heart

# An Old Memory

It's an old memory  
It's a bad dream  
Brought back by forces unseen  
At times, only to remind me  
To be thankful that now i'm happy

I have recently wakened  
To a day where somebody cares  
Somebody to hold me, tell me its ok  
Someone who just might want me, maybe even love me

One once so gaurded  
Her story, she is now willing to tell  
Of a tremendous pain she once felt  
Before someone came to help

Broken through the barricade  
Unlocked the dozens of chains  
Brought a smile to her face  
Eased her pain

...Gentle embrace now gives new reason

My broken heart is like an old memory  
The days of old have been lost with the misery  
Today i feel so perfectly complete  
And i wish you luck to finding what makes you happy

So i implore you now to open your heart to see  
If someone else can make you as happy as me  
Take a chance at letting your gaurd down  
And remember to hold your head up proud

Love hurts, what they said is true  
But its a fabulous thing to be able to go through  
Better to have been hurt by love  
Than never to love at all

## Guarded Heart

# An Ultimatum For You

I want nothing more than to be mad at you  
You don't deserve my forgiveness for what you put me through  
Yet it seems i'm all too willing to forgive you  
It's unfair, but i am in love with you

So what they say is true  
That no matter what a person does  
The inevitable forgiveness is love  
And no matter what you do, the love makes me forgive you

In any other case, with any other person, i'd be through  
But it seems i'm unable to be through with you  
What is it about you?

You made me cry today  
The last thing i wanted was to talk to you  
Yet i listened to what you had to say  
And though it wasn't enough, it was a start

By the end of the night i craved your touch  
For the first time i really don't know what i want  
So i guess an ultimatum will have to do  
I'm sorry but now i turn this on you

If you are done with me, then let me be  
If i don't make you happy, we need to move on  
And it will hurt so much to say goodbye  
To you the love of my life

If i'm still what you want, you have a lot to fix  
Somethings bothering you, you need to trust me and tell me what it is  
You need to realize that i'm not your enemy  
I'm only here to make you happy, i only ask that you care about me

The next step you alone can decide  
This is your one free shot, so take your time, answer wise  
It's up to you to make it happen  
Only you know what makes you happy...

Guarded Heart

# And We Melted To The Floor

You touched me  
It thrilled me  
I kissed you  
You held me  
You loved me  
I wanted you  
You took me  
To a place of bliss  
A place where i  
Was no ones but yours  
And we melted to the floor

Guarded Heart

# Anything

Anything in text or word  
Will hide itself in conversation  
Anything wrong in your world  
Will get you if it can  
Anything that makes you hurt  
Will kill you on the spot  
Anything within your heart  
Will hide within the corners  
Anything that goes right  
Will scare you into doubt  
Anything you give up  
Will never truly come out

And if you hide from what you want  
Then it is you that anything shall haunt

Guarded Heart

# Around The Edges

Being with you  
Made my protective barrier fall  
My sharp edges were made soft  
No longer able to defend myself from pain  
When I had you, I didn't need to protect me  
I had you; you kept it all at bay

But with you gone, nothing is there  
I'm like a little child playing at the park  
And every time I fall and scrape my knee  
Only because there is no one there to catch me

And every time I think I can finally stand  
I slip and fall again, and I scrape myself again  
My edges are soft now; I'm not as strong as I was  
I'm weaker than I thought; it's easier to fall apart

Guarded Heart

# As Long As They Both Breathe

Sides come together in a fury of battle cries

On one side, she sits, and forgives  
The evils that have been done to her  
She's on her knees  
And hopelessly prays  
She then stands  
And though forbidden to leave  
She picks up her sword  
She mounts her horse  
Only she knows the real reason they fight  
She has the gift and curse of foresight  
And so she will end it tonight, or give up her life

He ruthlessly fights on the other side  
And unlike her, he doesn't know why  
He simply fights to quench his lust, and because they tell him  
In his heart and mind, bloodlust consumes him  
He kills because it's all he knows  
And from the corner of his eye, he sees her  
High on her black stallion, she rides by  
He is mesmerized, turns his horse and follows  
Through the trees, across the creek  
And she turned to face him

Surprised by what she say, who is he  
A different kind of man, her supposed enemy  
But why was he here know  
Staring back at her, she met his intense black eyes  
He met hers back, and she knew  
She felt it in his energy  
He was meant to be at her side

Stunned by her as she turned  
Her aura shinning brightly  
Green eyes mesmerizing  
He wasn't sure why he followed her  
She didn't seem like a hostile enemy  
He was supposed to be there

And when he met her eyes, he felt her need

And he took her among the trees

And he loved her passionately

And for a few moments they were free

Now they fight together

To unite both sides

They'll always be fighting for victory

But for each other they will be living

And at the end they shall both succeed

As long as they both continue to breathe

Guarded Heart

# At The Alter

Im here  
At the alter  
Looking up at Him  
Why me?  
A question no one can deny asking  
Is it all over  
Before it had started  
Is this the end  
When it was barely the beginning  
Kill this loneliness i feel  
Oh! how i long  
For strong, steady arms around me

They followed her through the door  
So long it was her  
She was the one they hunted  
It was her they set out to kill  
This should be what it takes  
To get to him to make a mistake

I see His face  
And it's judgeing me  
On something i can't see  
Somewhere that i have screwed up  
He's not letting me forget  
The things, my horrid sins  
Send me some reprieve  
For the pain i'm in

They close in for the kill  
They surround her, still  
Thinking they have the right idea  
Hitman draws his blade  
Ready for the kill  
They crave the taste of her dying  
The killers and their demons

God, please send me some reprieve  
from the pain of him leaving me

Here all alone  
To survive  
He walked away  
Gave up on helping me  
My senses are tingling  
Is it You listening  
No someones behind me  
I feel it then  
Cool metal against my skin  
Throat slit

They think they have won  
Their job is done  
But they are wrong  
He won't come  
He doesn't want her anymore  
They think this will get him all riled up  
But it wont

It's all over now  
They left her there  
Left her dying  
Dead at the alter

Guarded Heart

# Beautiful And Tormented

He lives in his dreams  
They are less painful than reality  
He's been through more hell than anyone should know  
And yet, he's more beautiful than any she's known  
She knows life's unfair, but he's been so wronged  
He automatically sees everyone as an enemy  
She's tried so hard to find a way in, to love him  
And every entrance is blocked, yet he's found her heart  
And she does love him, whether he believes it or not  
She'll always be his escape, the light at the end  
He's so tormented, and he won't let her help him  
Sharpened tongues, lash out with lies  
And, oh, the jealousy, it finds its way to him  
He won't let her protect him, he simply welcomes it  
Everyone has faults, but she's proud of who he is  
And yet it's the years of torment that have made him  
But it's built up inside of him, scarred him  
And all she can do is love him, and hope  
Hope that one day he will let her in, that he'll trust her  
It seems so much is left unsaid  
With every kiss of parting, she never says what she's thinking  
For fear of seeming silly and foolish  
And she's never privy to his thoughts, he'll never tell her  
Everyday that she is graced with, she will always think of him  
And she hopes through tear filled eyes of loss, that she too,  
Will be on his mind

Guarded Heart

# Beauty Among Her Roses

She's done  
She never let it show  
But now she's letting go  
No one to trust  
She hates to face the truth  
But she can't hide anymore  
He drags her down  
It's never enough  
She live as a shadow  
And he takes advantage of her

And it will all fall apart  
Soon she'll stop breathing

He's always been there for her  
He wants to save her  
She promised him she'd leave if it got bad enough  
And he loves her so much  
He only wants her to do what she wants  
She just smiles  
She'll keep her promise  
But not as he expected

She slits her wrists and lays down  
Among the blood red roses  
Garden path  
Covered in snow

He came to find her  
Wanted to take her to the doctor  
Thinks maybe that will help her

Their lies Beauty  
Among the roses  
Her burgundy tressess around her face  
Green eyes closed in peace  
Olive skin fading to ivory  
Lips still warm, but warmth slowly fading  
She's no longer breathing

## Guarded Heart

# Bitten By Lust

I have been poisoned by lust  
Bitten by the fangs of passion  
An incredible thing  
That if you have not experienced, you can't imagine

Dark love comes through the night  
Bringing with him absolution  
Discovering chambers thought to be well guarded  
Now being opened up with stories to tell  
Divulging in the intimacy  
Doing his best to hold on to me  
He needn't worry, for i shall not leave

His passionate poison runs through me  
Awakening senses long asleep  
Calling to me, making me need  
Unfairly making me plead  
Constantly in a state of tease  
And me, craving for him to bite me

Guarded Heart

# Black Widow Dying

..Spins her web  
Irregular in pattern  
White wash color  
No one to love her..

She poses a threat  
But never a crime to commit  
Lived only by the cycle of nature  
humanity condemned her..

You were scared of her  
I watched you poison her  
She shrieked from the pain  
To my subtle disdain

A black widow died today  
I watched her shrivel away  
I felt her waste away  
I think i might be insane

I fear what i've become  
I'm afraid to lose my love  
I don't want to end up  
A black widow dying

Guarded Heart

# Blood Of Me

You're the blood of me  
You're everything that i need  
You're what it takes to sustain me  
You're the blood in me

You're the blood of me  
You're the bittersweet memory  
That won't cease to remind me  
Of my constant failing

You're the blood of me  
You're the truth that speaks  
Of everything expected of me

You're the blood of me  
You're in every breath i breathe  
You refuse to leave me  
Until you've made me believe

You're the blood of me  
You're the reason i bleed  
You are the cause of the tears that come from me  
You bathe in the blood i bleed

Guarded Heart

# Blooming Rose That Is Your Heart

I am a writer  
And aspiring  
I have what it takes  
In the eyes of society  
The eyes that only see outer beauty  
But my beauty is only for you  
See my hand, wears a ring  
Open the hand and see  
The rose that blooms there  
Your heart, a thing of beauty  
Blooming, full of energy  
Now i take your hands in mine  
And am forced to remind  
You what you have in your own hands  
Maybe not as beautiful as a rose  
And it needs alot of work  
But one thing is constant  
It is pure, and it beats for you  
Just like my body breathes for you  
And my blood runs with you  
Cut my wrists, i bleed you  
And i can no longer hide from you  
The mask has been worn away  
But for you, i took it off, i'll let you see  
The real me, because thats what i want you to have  
I want you to hold the pure, loving me  
Not what i was once pretending to be  
I hope you still love me  
My thoughts are consumed by you  
Just as i give my body to you  
I give my every being to you  
Simply because i so passionately love you

Guarded Heart

# Can'T Hide In The Substances

Its been so long  
Since I have had the comfort of your arms  
A mothers love cannot be replaced  
Not by anything, least of all this

The drugs over loaded in my veins  
Alcohol numbs the pain  
Drift into nightmare speckled sleep  
Wishing she were here to comfort me

Light up another cigarette  
Take a long drag, hold my breathe  
Inhale so deeply, my lungs burning  
For her I seem to be yearning

Its been so long  
Since I have played in your heart  
A mothers love cannot be replaced  
Not by the substances that make the mind race

I find I am tired of  
Always running away  
And attempting to hide  
In what only brings more pain

Nothing will ever be  
The same again  
When you told me you were done  
And I chose to walk away

And now I feel the longing  
Something pulling me away  
From what Ive chosen, this place  
Every time I dream I see her face

Its been so long  
Since I have known your art  
A mothers love cannot be replaced  
Nothing fills the heart, its empty space

Bittersweet freedom  
Or another form of prison  
Take a trip with the acid  
Another loss, so tragic

Body awakens, becomes inflamed  
Fine white powder makes the day  
But after the high, nothing will change  
Go and hide in the empty space

Its been so long  
Since Ive been gone  
A mothers love Ive missed  
As I succumb to the substances

Guarded Heart

# Catching Butterflies

Running through a garden  
So innocent and sweet  
I see her smile running towards me  
My book in my lap, her face in my hands  
I kiss her cheeks and tell her i love her  
As the tears fall on my face  
She giggles and runs off to play  
Running through the blossoms  
As perfect as her skin  
She's chasing the butterflies  
As sweet as her kisses

I want to hold her hand  
But i know that i can't  
She's off in another land  
The sky darkens and i hear her scream  
I want to save her from her demons  
But she can't see me, only reach for me  
All at once i scream, as i'm wakened  
From this dream, into creul reality

I'm here if you only knew that  
She can't keep you for ever  
One day i'll get you back  
To you i swear that  
And together we'll be in that garden  
Chasing the butterflies together

>My sister is one of the most precious things to me<

Guarded Heart

# Caught In The Moonlight

The best time of night  
is when the moon shines bright  
and the stars white hot light  
stand out against a midnight sky

A full moon is out tonight  
and i in its mysterious light  
So take me by the hand  
and i'll do my best to make you understand

Lay down with me under the stars  
Roll around under the trees  
Place all your passion in me  
It will take us both far

Watch for me through the trees  
You'll see me dancing, happy and free  
And i'll beckon for you to join me

Open your eyes and see through the tears  
Look ahead and banish your fears  
I'll hold your hand through your hardest years

>please excuse the randomness<

Guarded Heart

# Circles Of Time (Constant Dream)

We're standing in the circles of time  
Minuets are constantly ticking by  
We've only got so much time to make it right  
Before you disappear into the night

I've dreamed this dream so many times  
Yet each night it feels like the first time  
And each night I watch you fade  
As the morning comes and I'm forced to wake

It invades my thoughts throughout the day  
And when I stand next to you, it takes a lot to come to  
As I imagine you in my reverie  
It seems as though it is one constant dream

How many opportunities will you pass up?  
How many chances will I take?  
We're playing with everything at stake

Time doesn't come in an abundant supply  
That's why, now, we have to live our lives  
There will be time enough later to cry, after bitter goodbyes  
But right now I want to dream you into existence

The dream isn't content to leave me be  
It tortures me every eve, while I'm restlessly sleeping  
I see me begging to be taken  
And then, by some cosmic force, I waken

If time didn't have a hold on what we do  
If I didn't have to give you up so soon  
Then I wouldn't worry so much about losing you  
But it seems time will not wait for me  
And soon you will want to leave  
And I'll be plunged back into the dream  
Where you are all I see

Guarded Heart

## Coffee Shop Remedy(A Silly Little Thing)

As relaxing as can be  
An odd sort of comfort for me  
Enjoying a latte, sippin Chai tea  
A mellow mix of jazz, feet tap to the melody  
In your company, i enjoy to be  
So sit down and join me  
Let the spirit roam free  
It heals anything that ails me  
In a setting thats a relaxing retreat  
It's the coffee shop remedy

>this is actually a silly little piece, but i had a good laugh<

Guarded Heart

# Crash And Burn

Simply a crash and burn  
Burn for me  
Just a crash and burn  
Burn baby  
Burning for the love of me  
My love forever burning

Guarded Heart

# Crying Out In Fear

My God! Don't they hear me?  
Don't they hear me pleading?  
I'm being taken away, and there is no one to help me

WHY? Why don't they hear me?  
I am screaming out in fear and yet it's though i'm not there  
I am needing, and yet no one is here

Oh lord, spare me  
Send someone to save me  
From my own mentality, for i shall go mad if left here

Will no one save me?  
From the brutal man that holds me here  
The very creator of my worst fear

He holds me here and will not let me go  
He takes no heed to my pleading  
He beats me into submitting

I can't get out of here, and no has come  
They no not of the reality of my fear  
And my screams they did not hear

He will kill me, and i will welcome the death  
For it is the only saviour that hath bothered with me  
The only thing that has offered to save me

I am tainted now, no one would want me  
My god forsaked me  
And hell is home to me

\*Rape is my biggest fear. i am sorry to any that lives with this event, should they have had to experience it, and i thank the lord it has not happened to me\*

Guarded Heart

# Daily Highschool Drama

Do drugs to be cool  
Skip a couple days of school  
Get your gossip here!  
Hold tight to your mans leash  
Don't let her squeeze him right  
He dates her, she uses him  
Or maybe it's the other way around  
Those two other girls hate each other  
And talk when the others not around  
He likes her, but he'd never tell  
Those two girls constantly fool around  
He cheats on her and everyone knows  
but they're all scared to tell her  
She holds on to her dreams at night  
And holds on to a knife by day  
Everyone has their secerets to hide  
Every clique their shortcomings  
All the stereotyping and bad mouthing  
Get your copy of the Daily Highschool Drama

Guarded Heart

# Damning Her Part1

you watch her intently  
your eyes bore into her flesh  
you note how she moves  
with grace to her sway  
she tempts you like no other

you like what you see  
her soft olive flesh, envy green eyes  
long brunette tresses  
she flows with young blood

you're hungry and you need to feed  
but which hunger enslaves you more,  
your blood lust or you're other lust?  
confusion has its hold

you've made up your mind  
you'll hunt her tonight  
stalk her as she walks home

all the while unsuspecting...

Guarded Heart

## Damning Her Part2

she's noticed him  
the way he looks at her  
shes not sure what to think

she's used to attention  
she's naturally seductive  
this isn't the first time  
she's played with a guy

she knows the affect he has  
he makes her heart race  
her head spins wildly  
she feels true wanting

she needs to feed her passionate lust  
shes tired of being played with  
if he can't make what he wants known  
he should just leave her alone

little does she know  
he will make his move  
but she won't be suspecting  
the change he will put her through

Guarded Heart

## Damning Her Part3

she starts out towards home  
unsuspecting innocent that she is  
you lurk in the shadows  
hunting her, preying on her

she hears something in the alley  
she's relieved it's just you  
she throws her arms around your neck  
she has no idea what you plan to do

her sensual perfume entoxicates you  
you can't think as your fangs sink  
into the soft flesh  
encasing her neck  
she cries out in pain not pleasure  
as she realizes what you've done to her

you've damned her it's true  
you've made her one of you  
inconsiderate for not asking if you could do this  
but you've given her the gift of immortal bliss

Guarded Heart

# Deathgrip

Today is almost over  
My brief moments of happiness  
Will soon be lost  
To the abyss  
known as tomorrow

I try to hold on to today  
and never let it go  
Everyday is not guaranteed  
The happiness on which  
I thrive and feed upon

Today is gone  
Now known as yesterday  
Hold on to it with  
A force built up in you  
The deathgrip you didn't  
Know you had in you

Guarded Heart

# Delightful Agony

Take me slowly  
Give me agony  
Go ahead and tease me  
You know exactly what i'm needing  
Take your time to please me  
I know you hear me pleading  
Feel me breathing  
Now i'm begging  
Not taken lightly  
But true, hot, and heavy  
I want you with me, in me  
Making me purr incessantly  
Craving a taste of the delightful agony

Guarded Heart

# Demons

Do they haunt you  
Threaten to ruin it for you  
To tear up your world right before your eyes  
Do they talk to your mind  
Make you think your unwanted  
That you could never find love  
Do they convince you  
That your an abomination to the world  
Do you know them by name  
Or by their emotion  
Do the demons want you to?

Guarded Heart

# Desired Addiction

I have an addiction  
No amount of rehab can fix  
I deny being in denial  
And leaving me dry only makes me want more

Stop trying to take me off it  
I'm so much happier on it  
Reality seems less cold, instead it is warmer  
Life is less lonely, in fact it is friendlier  
I desire to be addicted forever

It's a unique drug that i'm used to  
Time is a restraint leaving doses few  
Proud of yourself, knowing how to touch me like you do  
And i find no sin in enjoying it too  
Summed up my desired addiction  
And i enjoy the adiction it's true

>thank you to the lucky one who is my inspiration<

Guarded Heart

# Desperation Is Not The Issue

Sometimes i wonder  
If i am not writting for nothing  
If i am trying for no one  
Maybe i AM just dreaming  
Like my exotic, far away fantasies  
And i'll wake up without you by me  
That i won't be wearing your ring  
And these will be real tears that i'm shedding

I want you to lay down beside me  
Put your comforting arms around me  
Wisper in my ear how much you love me  
And this time i don't want it to be a dream  
I want to wake up and really have you next to me

Sitting here in my white tank top and ripped jeans  
Wondering what you're doing, what you're thinking  
Are you thinking of me? About what all this means?  
Is your heart aching, Your desires waking?  
Am i mistaken to think that you're still a part of me?

Guarded Heart

# Do You Feel Powerful?

Kiss my lips  
Make me scream

Love me gently  
Tear me to pieces

Care for me openly  
Stab me blindly

Hold me closely  
Forget me occasionally

Make me happy  
Beat me weary

Accept my forgiveness  
Pray for my weakness

Know your salvation is never ending  
Abuse the fact that i am dependent

I'm no longer running, turn around to face me,  
Look at my reflection in a mirror, i'm weary

Do you like that i beg you not to hurt me  
Does it make you feel in power

To bad you missed the face that i had  
Not so cute under circumstances  
As i dropped the phone willing myself to not believe  
That you would purposely hurt me, i know you love me  
And yet i couldn't stop crying

A reckless mind and heart not working together  
Someone should start thinking

Spontaneously living in the heat of desire  
Lucky me i only desire you, never look another way

It's sad that i need you so much  
That the absence of you makes me sick

So does it make you feel good to know that i'm suffering  
And that i am forgiving and bending, raised to be submitting

>take no offense, you know its all ok. i wrote it before we talked about it, but i  
can never give up a good write<

Guarded Heart

# Does Pleasing Make Me Guilty?

Ever So Trusting....

Never running  
Spontaneously combusting  
Into absolutly nothing

Never doubting....

Living a dream  
Wanting him with me  
But i imagine he will leave

Always trusting....

It seems once again i can't please  
Though it is my only goal in living  
Does that make me so guilty

Forever promising....

Flash back to months ago  
When i was strongly watching  
And all i wanted was him

Constantly craving....

And now i wonder what he is planning  
Is my world soon to fall apart again  
Is there a reason for my crying

Still trusting....

Is this a game at which i am losing  
A match that i'm not winning  
A fate i should stop fighting

Always frgiving....

is there legitamacy to my fear

Is it hopeless to hold you dear  
Is there anyone that can answer my questions here

Guarded Heart

# Dom Perignon Is Your Ending

The champagne is dripping now oh such a waste  
Guns won't get you father then the door  
They mopped up the mess while i was away

Sympathy starts with screams, baby  
You've got me at best but for now i think i'll roll out of bed

Hang up your life on the coat rack  
Because they'll figure us out before dawn  
I'll be long gone by the time they find you on the floor

Sympathy starts with screams, baby  
You've got me at best but for now i think i'll roll out of bed

Bang's the word dear and now you know i mean business

By: Tara Davis

Guarded Heart

# Don'T Deny Me

Don't deny me the right i have  
to be part of my little sisters life.  
Don't try to keep her away  
from me when i have the right.

You'll only make her hate you  
and despise you to the bone.  
All because you disagreed  
with where i make my home.

Don't tell her i don't care.  
Just tell her you don't want me there.  
don'tdeny me my right to call  
and tell her that i love you all.

Guarded Heart

# Double Interest

i came into this knowing i was a toy  
i knew we were just playing  
    i was told there was a girl who was competition  
i know that i'm not perfect

    i've seen her and i'm not impressed  
i've considered the options to discover by best  
    i've talked it over and planned it out  
i've decided i won't help you

    you want it both ways  
you want to have it all  
    you wish i had never found out  
you know now your game is over

    i'll let you figure it out  
i'll let you learn your lesson  
    i'll let you explain to her  
i'll let you do all the fixing

    a double interest is dangerous  
a game your bound to lose  
    a thing you've done a few times before  
a wonder you still managed undepleted

Guarded Heart

# Drowning In His Eyes

You'll be a thousand miles away  
But i will still see your eyes burning brightly  
Filled with passion unleashed  
Burning with their intrancing beauty, in, they draw me  
It's those eyes that first made me see you  
I caught them in passing, when you noticed me  
And staring into them, i lost my way in you  
I was strong, made it without you  
But every smile i displayed was fake  
Now i am filled with joy at the thought of you  
A smile dances upon my lips, my laughter plays in the wind  
All thanks to your eyes, and the blessing of getting lost in them

Guarded Heart

# Emotional Whore

It hurts way to much,  
to go through it the first time.  
So when i said i'd try again,  
I had faith it was the last time.

Yet i see the resurfacing,  
of the one come in for the kill,  
and that meddling little whore,  
Covered in all her filth.

She loves to take what causes me my joy.  
She plays with my life as though it were her toy.  
The emotion now coming after the happiness i've found,  
trying to replace it with doubt and with fear.

The uncertainty of this life is to much to bear.  
Things in which i have no control over,  
all because i cared

Here she comes again,  
this time to worry me.  
To cause me to dwell on what i can't control,  
on the one thing i thought i had a hold.

Make her go away  
She's trying to take my life  
Then again, as much shit as i've been through  
Perhaps i will welcome her knife.  
Her blade is familiar to me, i've felt it before  
When she cuts at my heart, and leaves me there torn.

My emotional whore works at my side  
She is ever present, never dormant  
And she will never rest  
Until she controls my mind

Guarded Heart

# Enchantment

Running fast through dark woods  
Bright stars, cold air, fairy tale  
Full moon, I'm following  
I see your shadow  
I know what i'm craving  
When you fall into me  
It feels so sweet, so complete

Come to me  
Don't ever leave  
I'll give you what you need  
No need to ever wander again  
Just give into me

Your just out of reach  
Teasing me, dancing away from me  
Oh please, just give into the darkness of me  
Press into me, feel the heavy breathing  
Do you hear my voice constantly calling  
Can you feel my eyes piercing your heart

Come to me  
Don't ever leave  
I'll give you what you need  
No need to ever wander again  
Just give into me

Guarded Heart

# Endothermic

Now the temperatures dropping  
As the energy is absorbed, but only a fraction  
Come to a resting place  
Be part of the endothermic reaction

An inner collection of emotions  
The things that you feel  
All showing in slow motion  
Hold it inside, as your drained of feeling

Close your eyes  
You can't bear to witness  
Whats happening around you  
It's all inside now

> An endothermic reaction is the absorption of energy from a substances surroundings<

Guarded Heart

# Evelyn Lilith Rose

My beautiful child, your sway is mesmerising  
Your enchanting green eyes mark you as mine  
Your ability to manipulate from him  
Your hair falls down your back  
In loose brown curls

My Evelyn Lilith Rose  
You ask about your father  
What can I tell you?

That I love a man, who fits me in  
only when his other life is not calling  
And I forgive him no matter the offense

No, my darling, i do not hate him  
For he gave you to me  
I feel eternally in his debt

One day, when he has been where he wants to go  
When he has decided to settle down  
He will come back to us

My precious one  
I would not trade you for all the dreams  
I had before I dreamt of you

My love, I pray everyday  
That your faerie innocence,  
Which cloaks you, to protect you  
From the dark world that awaits you  
Outside our courtyard walls, never leaves you

Your name, my dearest, has meaning  
Evelyn, for your unmatched beauty  
Lilith, For your enchantment, and because he willed it  
Rose, for the dark love that made you

Guarded Heart

# Even In The Rain

As spontaneous as i am  
I'll dance in the rain  
And forget who i am  
For i have no shame

Soaked through and through  
And finally i come to you  
You stare into my face  
As though i have Gods grace

My make up all smeared  
My hair all a mess  
You tell me im beautiful  
Especially when im wet

You love to see this side  
When i let my guard down  
And the innocent in me  
Turns your world around

And the shine from my eyes  
Is enough for you to see  
What i have become  
And all The rest of me

Guarded Heart

# Everyone Runs Away

She cries out in pain  
But no ones there to hear it  
She's lost everything she had to gain  
No one helps, everyone runs away

A new problem has arrived  
No one cares to solve it  
It's an increasing unemployment rate  
Their all scared, everyone runs away

Ten more soldiers died today  
Fighting in a war in which they have no say  
No on can help the families  
When asked why, they all run and hide

Lie to the world, hope they can't  
The nation falling apart, a failing economy  
Nobody has any suggestions  
When they look for someone to blame, everyone had run away

Guarded Heart

# Exothermic Reaction

Watch the energy being released  
See me breathing heavy  
In a fit of raging passion  
A collective exothermic reaction

Let it all out, scream your rage  
In a burst of fury, bring it all down  
In anger your going to paint the town  
In the only color you care to

Tell the rest of the world to get lost  
You've got it covered  
Let them know you are your own boss  
And what they say just hasn't registered

> An exothermic reaction is the release of energy into a reactions surroundings<

Guarded Heart

# Explanations

Hateful words without explanation  
A world with high expectations  
Bringing out a much needed confession

Hold back thoughts of pure annihilation  
The upcoming youth of a fucked up nation  
None have the sense to be silent and patient

Words swelling with venom  
She knows she wants to hit him  
He could tear her from limb to limb

Everythings breaking  
Emotions crashing  
The turns their taking

Try to hold on tight  
No explanations for this night  
Or any reasons for why they fight

What started as retaliation  
Now has hearts breaking  
And lives wreaking

She turns away to cry  
His emotions, he'll just hide  
And inside they'll both die

It goes without saying  
That their love is breaking  
Without any explanation

He never did anything  
She jumped to conclusions  
it's the only explanation

>For those in love, never assume anything. Always question what you hear,  
otherwise you'll end up like them. To lose your love is a fate worse than death <

Guarded Heart

# Fading Dream

Hold on to me  
I'm slipping away  
The day starts and ends  
The same everyday  
Thats when you come to me  
I cry for you and you hold me  
And tell me it will turn out okay  
I damn the morning i must wake  
to lose the feeling and the dream fades

Guarded Heart

# Fae

Settle for a moment on the petal before you  
Light upon the waters cool current  
Hold nature's cycle in the palm of your hand  
Laugh at those who don't believe  
That your playing hide and go seek  
In the very garden that they would seed  
Gossamer wings sparkle in the sun  
Gentle laugh rings through the sky  
Your swift moments heard  
As you tangle passionately in the moonlight  
Come to the land of the Fae if you're intrigued  
It doesn't take much to believe

Guarded Heart

# Fatality

Live forever in my arms  
I dread the day you'll leave me  
I'll shelter you from the pain life brings  
My strength i will lend thee  
Your life was not in vain  
I want you next to me  
For you to love me  
A dose of your ecstasy  
I'll never survive if you become  
Another fatality

My heart you've pierced  
My body you've entered  
Proving a satisfaction  
No other has rendered  
At your touch, my spine quivers  
Don't stop what you're doing  
Your love, you're constantly proving  
And it will be the death of me  
If you are another fatality

Think of me what you want  
If it hurts i'll pretend it doesn't matter  
I could never ignore you  
The loss would be to great  
It would bring more pain than i can handle  
The tears i will shed will be innumerable  
It would be the end of me  
If you prove to be  
Another fatality

Guarded Heart

# Feel Me

Touch me, feel my heart beat  
I'm living, breathing, needing  
Feel me invading your mind  
Hold me as i bleed  
Love me like you need me  
Feel me need  
Take me by the hand  
Feel who i am  
See who i'm meant to be  
Watch me walk away and leave  
Listen to me scream things i don't mean  
Forgive me as i say sorry  
Don't hate me, know me  
Want me, taste me  
Feel me

Guarded Heart

# Feels Like Forever

Forever feels eternal  
Especially when you're sitting all alone

I'm looking for you through the glass  
The glass that makes up my windows  
And i know that no matter how hard i look  
I wont see you, Oh God, it feels like forever  
No matter how many pieces i'm in  
You wont show, i'm losing hope  
But i'll wait forever

Guarded Heart

# For My Dearest Ben

The love of his life has broken his heart  
And he would turn to dangerous ways  
Thinking he was worthless  
But he forgot what he was worth to me  
He calls me angel, wishes me a good life  
As he signs off, to contemplate his life  
I hope he remembers that he means a lot  
To the entire world, not just to me  
Ben, i hope this reaches you before you leave  
Love hurts, but is not worth your life  
Not when someone can come to you  
And love you even better, but if you say goodbye  
She'll never make it to you to try  
So my dear, hold on to your life

Guarded Heart

# For You And For Me

It seems no matter how hard we try  
We never get it right  
Time goes by  
And i think of you and what we'd be  
If you had it in you  
To remember me

Holding on to what never seems  
To be working out for you and me  
Holding on to hopeless dreams  
And endless failures for you and me

Again and again we try some more  
And in the end  
We colapse to the floor  
A million pieces more this time than the last  
We seem to be made for each other  
But in this time we only suffer

Holding on to what never seems  
To be working out for you and me  
Holding on to hopeless dreams  
And endless failures for you and me

What seems to someday be  
Now isn't the time for you and me  
We had our season, and maybe agian  
But not this time for random reasons  
I wish you could feel what i feel  
Then maybe you would see what see

Holding on to what never seems  
To be working out for you and me  
Holding on to hopeless dreams  
And endless failures for you and me

Parting is such sweet sorrow  
Especially if it isnt the first time  
Goodbye for now, is it forever

Holding on to what never seems  
To be working out for you and me  
Holding on to hopeless dreams  
And endless failures for you and me

Guarded Heart

# For You I'D Bleed

To good for me, I don't deserve thee  
I'm so content and happy, but I wonder  
Are you happy with me?  
Come close to me, move rhythmically  
Breathe on me, never stop wanting me

I'm human, weak too  
Susceptible to humane views  
I'd sacrifice for you, carry you  
If need be bleed for you

I miss you the moment we part  
It's as if you own a part of my heart  
My emotions are raging, mentality breaking  
See me here, leave me here  
Bleeding

Welcome to my dark side  
The moment you dim the lights  
I come out to play  
Join me in the next life

I'd slit my own throat  
Spill the life out of me  
If you asked it of me  
You know for you I'd bleed

Be a part of the immortal me  
And if you would, please  
Make a lover out of me  
Can you feel me, listen closely  
Do you still want me?

I'm sorry to tempt, to tease  
It's a test, one you can't fail  
Not if you want to keep me  
Don't go behind my back  
You know I'll catch you at that  
It's too late; I can't take the blood back

Be confident, there are no limits  
How can I know what you expect?  
I worry for you, I'm here for you  
I love you, I'd bleed for you

Guarded Heart

# Getting To Me

It's getting to me  
all of these things  
The ugly things you say,  
the angry games you play.  
I shouldn't let these feelings be known,  
But tell me, what the hell do you know?  
A mother blind to the destruction  
she has brought on her daughter.  
Why do you have to make me feel this way,  
must we play at this shit everyday?

Guarded Heart

# Goodbye And Goodluck

As i lay awake and cry  
I vow upon my life  
You'll never see these tears  
But i will confess they are for you  
For all you've been through  
And what is yet to come  
I love you, goodbye, and goodluck

I hate that you feel that way  
I hate that you only want to go away  
I wish i was enough to make you stay  
My tears wet this page, these words i must say  
You've got a long way yet, the road won't be easy  
When things get rough, think of me  
I love you, goodbye, and goodluck

It has been tough and will be tougher still  
And i won't be there for you to lean on  
I'm sorry that i won't dare hold you back  
Make what you can of yourself, I encourage you in that  
As i fight my tears back, i feel so giulty  
Forgive my selfish thoughts  
I love you, goodbye, and goodluck

I'll miss your touch  
It's everything i love  
Leaving me, wrapped up in one  
My future looks rough  
And you can't be here to be my crutch  
Who will hold me when i cry?  
Who will replace my fears with a smile?  
Having to bear it is too much  
I love you, goodbye, and goodluck

I'll carry you in my thoughts  
I'll keep the memories close  
To feel this way about someone, i never thought  
And believe it or not, you're the only one  
You're all i've got

But i will bear the pain  
Because there will come a day  
When i will be forced to say  
I love you, goodbye, and goodluck

Thank you for all that you've done  
You were the one who conquered my fears  
You've shown me love, that someone cares  
You helped me up when i fell down  
I can't imagine living without  
I dread the day when i know i must say  
I love you, goodbye, and goodluck

Guarded Heart

# Green(Nature Made Me)

Untame, Wild, Free  
Nurturing, Loving, Dreaming  
Affectionate, Intelligent, Discerning  
Seeing, Hoping, Living  
Growing, Learning, Lovely  
Green  
A reflection of earth's beauty  
Born of earth's sown seeds  
Exactly what nature intended me to be

Graceful, Understanding, Forgiving  
Stubborn, Strong-spirited, Heavy-willed  
A burden to be carried  
Watching them live  
Feeling them die  
I am growing  
I am green  
I am everything nature intended me to be

I fell to sorrow, things were out of place  
But sudden light was shed  
To remind me how I was bred  
I now remembered that life should not be wasted  
But cherished, I shouldn't try to throw it away  
It was a gift given to me  
And to the giver I have a duty  
To tend the trees, all living things  
My love, my passion, my blood runs green  
My scent, sensual as nature's serenity  
Given to me by nature's generosity  
Blessed I am, to have someone that loves me  
I promise never again to act so selfishly  
My life is worth keeping  
Thank you for forgiving me  
I was born of nature, I was born green

Guarded Heart

# Guaranteed

The sun is not guaranteed to rise  
Nor the moon guaranteed to change  
No one is guaranteed another day in this life

There is no promised happiness, health, or prosperity  
We make of it what we can, being each others joy  
No one is guaranteed a life of harmony

But one thing is truly guaranteed  
There is an energy, a love flowing in me  
And it is guaranteed to live, thrive, and survive

No one can guarantee the world  
Nor can someone promise a second chance  
We deal with fate who has her own plans

One cannot guarantee that you will always be here with me  
Some are destined for a different path, another guarantee  
And to now walk hand in hand is a luxury

If i ran away with you  
It is not guaranteed to be safe  
Yet its a guaranteed risk i'd take

And only one thing is truly guaranteed  
There is an energy, a love flowing in me  
And it is a guarantee that it will always be in me

Guarded Heart

# Guarded Heart

Keep it locked up tight  
Security is heavy even at night  
While i wonder through my dreams

In my daily routine  
When the reality hits me  
I make it run and hide

Good luck trying to get through the gates  
And decieveing the walls that i have put up  
Because its all there for my gaurded heart

Guarded Heart

# Had You Only Listened To Me

Dying

Hate

Destruction

Pride led to all this mayhem

And now look around

What has been accomplished

Can you speak for yourself

Or are you too astonished

Must I sit by and watch as you bring on more affliction

Has your heart turned black from the lack of restriction

What will you do next

Has enough blood been shed for you

And it is I, the dark image from your dream

I, who was once light, until you turned me

The constant hate you feel, has made you into something

Something willing to kill

Yet I stand and face you, to knock you down

I will take your crown, let you see the destruction

You have wreaked upon yourself

There is no one else left around you

Your darkness and pride has chased them away

I tried to tell what to and not to say

I foretold of this day

No one listens to me, yet what I say could have helped you

Could have avoided all this mess

Had you only listened to me, your conscience

Guarded Heart

# Happy Birthday To Me

As i lay here and cry  
Forget asking why  
Yor abusive ways  
Your constantly mocking me  
You think it's funny  
I'm scared of you

Fear is a hard thing to put in me  
As i am ever trusting  
But you have continued to wrong me  
So my trust in you is breaking  
You couldn't just leave me be  
Walk around here with your ass on your shoulders  
It's all about you until its time to point fingers

>a brief summary of feelings for this month on the 15th.<

Guarded Heart

# Happy Remind Me That I'M Single Day

Happy 'Remind Me That I'm Single Day'  
Thanks for telling me  
Do you think I don't already know?  
That like any other day i'll spend it alone  
And watch as everyone else spends it with their 'lover'  
One as lovely as me will watch in on all the fun  
And wonder who came up with this Evil Corporate Holiday  
As an excuse for greeting card companies to sell  
Chocolate at outrageous prices  
So Thanks for reminding me that i'm single  
Febuary 14 is just another day to get up  
Happy ' Remind Me That I'm Single Day'

Guarded Heart

# Have I Lost You

In my attempt to make you happy  
Did i lose you?  
Is everything i tried to do  
Come back to haunt me  
Have i lost the one i love the most  
Just when i realized that he was the one  
Did i offend you in some way  
That you seem through  
Has your love for me faded  
That i might have lost you  
I said i was sorry for losing hold of me  
You still haven't forgiven me  
Does it mean you are lost to me  
What can i do to make up for what it is  
That has made you lose interest  
I don't want to lose you  
But if being done with me is what makes you happy  
Then i'll be gone, so that you can have what you need  
Tell me please, instead of making me think  
Letting my mind run from me  
Have i lost you and should i prepare  
For the pain that is coming next?  
Have i done so wrong that you just don't see  
Happiness in being with me?  
Tell me is it you that i am losing?

Guarded Heart

# Have You Ever Wondered?

Have you ever wondered if you did the right thing?  
When you let it go and said goodbye  
When you tore yourself apart, cried to sleep everynight  
Did you wonder if you did right?

Have you ever been so confused?  
So that you didn't know where to make your next move  
With life coming at you from all sides, so many vying  
Can you tell me what to do?

Have you ever wanted someone to make the decisions for you?  
To tell you the best thing to do  
What the best thing is for you  
Or simply live your life for you?

Guarded Heart

## Have You Noticed?

You don't know what you have until you let it go,  
and the realization that you may not get it back  
causes you to beat yourself up, you know you've done wrong?

That it really does look greener on the other side  
until you get there and realize what you had was better,  
and then your afraid you can't cross back over?

That the stars shine brighter when everything is ok,  
and when you fall apart, the sky goes dark  
all of a sudden you don't remember where you are?

That the harder you try, the more discouraged you get,  
life seems to knock you off your feet, fate laughs in your face  
but you keep going, your that determined?

That when you make a mistake and throw it all away  
you spend the rest of your life trying to make it right  
so that, those lips, you might once again taste?

Guarded Heart

# He Asked...She Said Yes

He's nervous, she makes him that way  
Its finally come, Its their big day

She's in the next room  
All dressed in her white  
Someone hands her a tissue as she begins to cry  
As a little girl she dreamt of this day  
As a teenager she denied that it would ever take place

Then she met him and her entire life changed  
Someone cared about her in a new way  
And all the times that failed before  
Have no meaning on the one she now adores

The time is now not so far away  
She's a walk down the aisle away  
She'll come to the end and stand next to him  
He'll take her hand and pull her to him  
And wisper to her words of encouragement

Look into their eyes  
You can see their in love  
He'll take her as his  
She'll take him as hers  
And they will walk away  
To begin their new life together

Guarded Heart

# He Wants What Isn'T Mine

For him, it's over and done  
He can pretty much have who he wants  
In a short amount of time, he'll be gone

And here i'll still be, waiting  
But there's no guarantee he'll really come back to me  
After all he wants what i can't give  
A life that is only half-way mine, is what i live  
He already has what i own  
He's taken what's mine to give  
I don't want it back, i won't fight him  
But there's a selfishness within  
No matter what he has, he wants more  
To take me from here, no stipulation, to be with him  
And i'd never blame him, because i know how badly i want all of him  
It's a shame no matter how much i sacrifice  
Someone else still own my life  
I can't give all of me to him  
I only control my heart, my mind, body, and soul  
He already has all of those  
And though the access is there  
My life is owned, undesirably so, but it is owned, held captive  
i can't have it for years yet  
And i have to wonder 'is he that patient, that he'll wait for me'?  
If he will wait until i am free

Guarded Heart

# Heart

(...Broken  
Unspoken  
Demented  
Twisted  
Torn...

Fallen down, no one to pick it up  
Left out in the rain, neglect inevitable  
But it's all right  
I won't put up a fight

...Unguarded  
Unwanted  
Cast aside...

Like an orphan in the streets  
Or a stray trying to survive

What a waste of time, dreaming of a life with you  
Opinions heeded, full of shit  
Lies being told  
It's ok, i'll die soon anyway

...Stabbed  
Wrapped in thorns  
Stealing it from the world...

My heart)

Guarded Heart

# Heart: Broken, Wheathered, And Torn

My heart can no longer beat  
To the same tune it did before  
Because the beater of that drum  
Stepped out of my life  
And someone new was willing  
To step in

All the energy and stress  
My body knows best  
And my mind is through too  
But my heart, the shadowed part  
Still calls out for you  
Two against one, who do i listen to

So many say i deserve better, including you  
Why would you say that, unless you wanted it to be true?  
And with so many else after my hand, why would you now  
Choose to abandon, all that you worked for, all you were having  
I feel used and neglected, and i no longer thinkk its my fault  
For i have done to much to make it right, to be in the wrong  
Please excuse my heart, it's been brokne, weathered, and torn

Guarded Heart

# Here By Avalons Call

Hidden away safely from the rest of humanity  
To practice an art passed through generations

Peer into the pool, and marvel at the world  
See what destruction they've managed to bring  
Yet find those who wait and sit quietly  
Watching to see what will happen next

Greet her, lady of the lake, in all her majesty  
Crescent moon inked on her forehead  
Young priestess, yet ancient with wisdom  
With so many years behind her and so many more ahead

Unmatched beauty, the lady blesses her faithful  
Raven tresses, olive skin, envy eyes  
Every man would lust, but none may touch  
None but those whom she chooses

Tears begin to fall, she would throw away it all  
This life locked behind Avalons walls  
Forced here by the Goddesses' call  
Hidden away, hidden from all

Guarded Heart

# Hit Me Again

You think its ok  
To abuse me in this way  
Something about your legal rights  
Makes it ok to make me cry at night  
You don't like that i fight back  
I don't think you should hit me like that  
As you tell you did nothing wrong  
Go ahead and blame me, its all my fault  
My expression doesn't change  
As the silent tears caress my face  
Roll down my cheeks onto my chest  
You want a response, its only a test  
Stop trying to make a show  
Of some false affection that has no hold  
Your arrogance has proven to bold  
And though i may not have told a soul  
Next time you try, the next morning i'll be gone

Guarded Heart

# Hollow

I'm sitting here staring at the hole  
that is my hollowness.  
The emptiness crying out to be filled,  
my body needing to be held.  
But if you hold me,  
try not to suffocate me.  
If you want to fill me,  
don't overflow it.

If you choose to fill my gaping hole,  
first you really should know,  
It has been empty for a while  
and may take some time  
to completely do the job.

If you want to soothe my body,  
just so you know,  
it has ached for so long  
that it's numb,  
So go easy on me

With you i hope to  
no longer be hollow,  
and my body shant ache any more

Guarded Heart

# How Much Do You Know Of Me

Do you know my secrets, everything i keep  
Can you really say you know exactly whats bothering me  
How would you sum up the real me

Did you know i was a romantic  
That i love an adventure  
I drink coffee at midnight  
I laugh when nothings funny

Have you noticed i'm over sorry  
That i apologize for being me  
That i love poetry and i feed off creativity  
There are so many flaws about me

How well do you know me  
Do you know my hopes and dreams  
How much have you seen  
I've done some awful things

There's an emptiness inside me  
Alot of things are missing  
But you have nothing to compete with  
How much do you know of me?

I prefer to live in my books  
They have better tales to tell  
Their ideas of life seem so easy  
That it's easy to lose sense of reality

Could you say you know the real me  
If you had a question, would you ask me?  
Does it worry you that theres more than you have seen  
Are you able to trust me?

Guarded Heart

# How To Keep Her

tangled up in passionate lust  
you kiss her up and down, then back up again  
she completely aroused and you can't hold her down  
her body arches up against yours her soft skin is pushed up tight  
and then you smell her erotic scent and moan in pure delight  
together you come, you enjoy the power that you have  
she lets you in knowing that you'll always take her back.  
tangled up in the sheets, exhausted from your pleasure  
and tell her that you love her

thinking thats all it takes to keep her

Guarded Heart

# How We Change

We are not what we arew overnight  
What we once were  
What we are now  
What we will become

There are so many things that bring about change  
That every year we see  
Something new and different  
We realize that we are changing

Remember when your parents said  
Not to do this and don't touch that  
Stay out of that crowd and make us proud

Yeah?  
Well we did that and we touched this  
That was our usual crowd and we rarely made them proud

And when they thought they were protecting us  
Were they really holding us back?  
Didn't doing what they said not to  
Help us to mature, learn, and grow?  
And the screw ups we made  
Helped us to change  
Into what we are today

We are flawed people  
With a million more mistakes to make  
And each time we make a mistake  
We change into the people fate meant for us to become

Every heart break and headache  
Every murderous smile  
Helps the heart to strengthen  
With the change of the body, heart, and mind  
Comes the change of a soul in time

Guarded Heart

# I Am What I Am

I am what i am  
How dare you try to change that  
Your words are meaningless now  
You abandoned me, remember?  
Told me you had given up, you were done trying  
Now you think you have a say  
With others around to dictate, what makes you think you're special?  
Take your hands off me now  
When i look in the mirror  
I see the me that was hiding  
From you all those years  
Knowing you wouldn't except me  
I'm not afraid to make mistakes now  
You can't stand over me anymore  
Breathe down someone elses neck  
Go to someone who actually gives a damn  
Leave me alone in my happiness

You never cared anyway  
Just wanted to show off a pretty face  
To all your friends, 'look isn't she sweet? '  
Thats what they'd say  
I can't belive they didn't see through you  
I can't belive they never knew  
About all the mental abuse

I am what i am  
Now you have no say  
Keep your fucking thoughts away  
You told me to leave  
Now you want me to come back  
Lifes to hard without me  
Look into my sisters eyes  
You know you see me  
Looking back  
I left my mark, on her heart  
You can never take that away from me  
Try as you might, she'll always come to me

I am what i am  
You worthless bitch  
And you can never  
Take that away from me

> I fear it is a bit long, but i cannot shorten the contempt i feel for the woman  
who thinks she's my mother<

Guarded Heart

# I Can'T Say This(To Your Face)

I know i'm guilty  
I didn't need you to accuse me  
But now it's easy  
To destroy the memories  
The ones that haunt me and remind me  
Just how much you despise me  
I hate to be the one to say it  
But i told you so  
There's more to me than you'll ever see  
I know you'll never trust me  
I don't expect you to, not with all that i do  
It takes what i can't have to make me happy  
Thats why i went behind your back all those times  
I have all that you attempted to deny me

I don't need you to forgive me  
I'm not going to say i'm sorry  
You'll find out soon enough  
Just like i know how you use me  
I'm your leverage, just to get at her  
Guess what? she doesn't want me either  
Tough shit, you'll never beat her  
Stop trying to threaten me  
I'd rather die than go back to her  
I'd wield the knife myself  
Take your guilt trip to someone else

I'm still scared of you  
I know what you can do  
I, ve seen the beast in you  
But i'm not giving up what i have  
I worked hard to get it  
And quite frankly i don't care if you approve or not  
I never asked you what you thought  
You can't make me what i'm not

Guarded Heart

# I Love You Because

I Love You Because...

You understand me  
Make me happy  
Fulfill my needs  
Bring me to my knees

I love you because...

You make me feel like I'm all you need  
You're supportive of my dreams  
Of how you treat me  
You never doubt me  
You trust me  
You have faith in me

I love you because  
Of how you love me

Guarded Heart

# I Love You, It's True

It's like a dream come true  
It's like a plan gone through  
I know i've fallen for you

It flows in my viens  
Crashing like a frieght train  
I'd love to scream your name

You know you've won the game  
Consider it your claim to fame  
After all its a beautiful day

After all i've been through  
It's hard to imagine it would be you  
I love you, it's true

Guarded Heart

# I Remember The Day

I remember the day  
When i saw you walk away  
And i felt like i would never see you again  
I cried the whole way home  
And couldn't even say why

I remember the day  
When i felt a little bit of my heart break  
I remember it like it was yesterday  
And you had nothing to say  
It was my turn to walk away

I remember the day  
When you first told me you loved me  
I had waited so long to hear it  
Even though i didn't, at first, believe it  
But to hear it was so relieving

I remember the days  
Of you and of me  
Of everything we thought we'd be  
Of everything we wanted to be  
And me begging you to remember me

I'll always remember the day  
When i watch you walk away  
To start the next part of your life  
And i'll pray to one day be a part of that walk  
but i'll never forget that day

I'll remember every day  
As if each moment  
Happened yesterday

Guarded Heart

# I Sleep Naked

If you walk in on me  
I'm afraid you'll catch thee  
And there you'll find me  
Wrapped up in my sheets  
Bare skin underneath  
Bronzed flesh settled on  
475 count green threads  
Of egyptian cotton bliss

I find pajamas rather useless  
I sleep naked, i confess  
My hair will be a mess  
And yet i probably look my best  
Unarmed, serene, and innocent  
Hidden away from prying eyes and jealous lies  
When i'm rested and the stress is lessened  
I'll be bare and alone  
I sleep naked and exposed

Guarded Heart

# I Think You Get Me.

I've never known anyone quite like you  
you seem to listen and take an interest  
i can't think of the last guy who even knew  
the color of me eyes, yet you do.

I think you get me.

Your firm embrace is sweet and friendly  
your not so pushy, and over consuming  
you keep a respectful distance, but i think i want you closer.

just maybe, you get me.

you see my createivity and notice what i'm capable of  
your someone who sees the inner beauty, intead of trying to seduce me  
i hope against hope your around me for me

maybe i'm wrong, but i think you get me.

i think you see inside me  
and the outer beauty is just a perk  
i'm thinking of how to make this work

do you get me?

you seem to understand without being told  
but i can handle one more fall  
im independent, willful and strong

I wonder if you get me.

Guarded Heart

# I Tried To Be Perfect

I tried to be perfect  
And couldn't find worth in it  
I still let them down  
Here i was trying to be the best for them  
And it turned out that i lost me  
The me i was so proud of being  
To be something else  
To be what they wanted me to be  
And even then it wasn't enough  
They still couldn't see  
How hard i was trying  
To be everything  
Being perfect wasn't worth it  
Only because they still weren't happy  
So now i'm me  
And to me it works out perfectly

Guarded Heart

# I Trusted You

I trusted you to get me through to the end  
And yet i believe you gave up at the begining  
No matter the forgiveness, it was never enough  
Al i asked was honesty, but i didnt get much  
I feel that inside you really do care  
But the way to show it is underneath, buried  
And you don't know where to find it  
Last night was amazing, circumstances made it better  
Yet tonight i learned, that i'm not the only one  
Who's been in your amazing arms

Guarded Heart

# I Want (You)

I want you to take me to the world you retreat to  
I want to be a part of you

I want to get lost in you

I want  
To come close to you  
Blend with you  
I want to be loved by you  
Touched by you  
Wanted by you  
Teased by you  
Taken by you  
I want to be controlled by you  
Taken over by you  
Used by you  
Yet never abused by you  
Trusted by you  
Held by you  
Known by you  
Marked by you  
Owned by you  
I want to know you  
Share the ecstasy with you  
Show you all that you are worth  
I want to love you

I want you

Guarded Heart

# I Was Hiding In The Shower

No one could figure it out  
'Aren't you better off now, why are you crying? '  
Well step into me and feel the pain i am feeling  
I can't escape the questions, the feelings, the pain, the memories  
none of it will leave me, my make up smeared away days ago  
I can't eat, i'm sitting here, wasting away into nothing  
I'll admit it i'm running, i look for relief in hot water  
Furiously scalding, i need a new source of pain  
One i can see, i'm in the shower, hiding

Under steady water, i feel obselete  
Burning sensation floods down my skin  
Leaving it's mark, much like my foolish sin  
You can't guess the pain i'm in  
After n half an hour, i know i can't stay like this  
I turned off the shower and grabbed a towel  
All the while tears streaming down my face  
At least he can't see me this way  
I cower to the floor, holding myself, i have no one to hold me now  
No one here can put there arms around me  
I cry by myself

It would be nice if i could stay here  
On the floor amidst my tears  
Maybe it would all go away  
I wish i knew what was happening  
I wish you were here with me

Guarded Heart

# I Was Up To See The Morning

Up this morning to see the sun rise  
True, it's early for my tastes  
And definitely not normal for me  
To be up before the rest of the world

It's quite outside  
No one is stirring  
Hazy mist settles around me  
And the first rays of light kiss me

The world is waking  
Drugged sleep is lifting  
Subconsciousness is abandoning  
A new day is starting

The sun's up now  
Welcome the day  
Here in its full presence  
What will it give me today

It's gone now  
The quiet of the morning  
To think I miss it everyday  
For the sake of sleeping in  
Miss the transformation from innocent to average  
Miss the beautiful, quiet, hazy morning

Guarded Heart

# I Weep Alone

I'm more alone now than ever  
Clear nights sky, perfect weather  
The eyes i belived to be dry  
Because of you they flow like rivers  
You've accused me as the source of my misery  
And then you left me on my knees  
I hold myself and weep  
The very land ignores me  
I can't get the trees to respond to me  
The earth beneath me is still  
It's not used to it mistress in distress

I water it now with my tears  
Dearest earth, do not fear, i am still here  
Realization comes so sudden  
I weep because i know what i've done  
I know what i have lost, what i have become  
The tears are shaking, violent, yet silent  
They are relentless, no one comforts me  
I kneel here, alone i'm weeping

Guarded Heart

# I Won'T, Not Any More

I absolutely will not say sorry any more  
No i won't  
I will move on with my life  
Beyond my mistakes  
No longer will they be held over me  
I have let them go  
I am free

No, i won't any more  
Will not let you control me  
Hold my guilt up over me  
I will speak, for me  
And hold on to what means the most to me  
You will not take it from me  
You do not have me

I won't, not any more  
Hide the real me  
Pretend i'm something you want me to be  
Let go of my morality  
Turn to the otherside so i do not see  
Let you take my love from me  
Nor hold my heart captivity

\*The 'you' in this refers to Lady Fate herself

Guarded Heart

# I'D Let You Have My Soul

I'd steal your pain from within you  
And feel the hurt for you  
If it proved how much i love you

I wouldn't live another day  
If it meant living without you

I'd run away with you  
if it meant i could spend forever with you

I'd give you the stars  
To show how hard i was wiling to try

I'd let you have my soul tomorrow  
If you didn't already have it

Guarded Heart

# If Only Looks Could Kill

She walks by  
She has all of thier eyes  
Without trying, she has them hyponotized  
All she did was walk by  
She catches eyes

The air of confidence, chin slightly in the air  
If they ever got her alone, they'd know it wasn't really there  
She sways when she moves, with grace untold  
But along lifes path, she stumbles  
To them she has it all

For her, they all seem to fall, she'll never understand it  
Most of the other girls secretly and openly hate her  
All because of the attention the guys give her  
All the sweet words, 'you deserve the world! '  
And shes knows they barely even know her

But here she is in all reality, she needs affection  
She's got a dark side, a glint of mischief in her eyes  
The envy green of them matches the envy of the girls all around her  
There are secrets behind that soft smile, just part her lips and taste  
Soft skin thats alive with desire, touch her, feel the fire

She is what they seem to compete for, fight over, wait in line for  
They say they are willing to wait for her, for the current guy to move over  
Inside she truly wonders why they think so much of her  
But they don't seem to notice, all they say is this  
'If only looks could kill, she'd be Miss Murder'

Guarded Heart

# If Only Our Insecurities Didn'T Haunt Us

If only it wasn't this way  
Our insecurities didn't haunt us  
Day and night, always waiting  
To make their way inside of us  
Causing us to think less of ourselves  
When the person that loves us  
Thinks the most high of us  
And still we forget, that its them  
That matter, because its them  
That put up with every heartache we give them  
And still support us in our every whim  
And it drives a wedge between us and them  
When we act like we don't care about them  
And we have more to do with our insecurities

Guarded Heart

# If Prayer Changes Anything

'Prayer changes everything'  
Or so they tell me  
But if that is case why are we at war  
Do you really think mothers don't pray  
For their sons to come home

If prayer changes everything  
Then we wouldn't be alone  
Or having to struggle through life  
Families wouldn't be starving  
Depressed ones taking their lives

If prayer really worked  
We'd live in a utopia  
Where everything would work  
We would all get along  
Race theologies would fall

If prayer really solved anything  
Children wouldn't be molested  
They wouldn't be raped or killed  
I wouldn't have to cry myself to sleep  
From the pain of being lonely  
If prayer changed anything

Guarded Heart

# If You Want Me

If you want my love  
Then love me back  
If you want my presence  
Then come to me  
If you want the shelter of my arms  
Then place your body next to mine  
If you want my lips on yours  
Then prove to me that I'm yours  
If a life with me is what you want  
Then be mine  
If you want me  
Then tell me

Guarded Heart

# I'LI Be The Girl

I'll be the girl you forget when you leave  
When you move on to your future  
In the back of your mind is where you place me  
And i become the number you made me

But.....

When you crawl into the sheets  
On the nights that you're lonely  
Thats when you'll think of me  
And remember us rolling in the sheets  
And you'll wonder if i am alone and asleep  
Am i laying awake thinking of you  
Is someone else holding me  
Then you will drift. sleep, dream, you'll see me  
I'll be the girl in your dreams

As you're sitting in the restuaraunt  
A new girl across the table  
Maybe you'll think of me  
You might wonder who i'm seeing  
Maybe you'll regret never saying  
All the things you wanted to  
But you didn't want to be seen as foolish  
But regardless I'll be the girl you wish you were still pleaseing

Maybe you'll come back, come looking for me  
I'm not sure wether or not you'll be happy with what you see  
And i don't know what i'll be doing  
Not positive where i'll be  
But one thing is for sure  
I'll be the girl waiting

Guarded Heart

# I'M An Innocent

They call me a witch  
All because nature talks to me  
Go ahead and condemn me  
A child of nature, no more  
I feel the earths energies to the core

I only aim to please  
It is your pain i wish to ease  
I want no more then to please  
And yet you condemn me for more  
You blame me for the bewitched  
I'm no innocent in your world

The trees speak to me  
The breeze greets me  
Animals answer to my voice  
The storm comes to calm with my kiss  
Plants bend to my will  
And me herbs cure any ill

I'm an innocent i say!  
Please don't throw my life away!  
Don't burn me at the stake  
Only because your afraid  
Of what you don't understand  
I'm an innocent don't you see?

Your scared of those who understand  
Where mother nature has her hand  
If not for her you wouldn't be alive  
Shes the key if you are to survive  
But not even she can save me from you  
And your outrageous, humane views

Please don't kill me  
Do you really hate me?  
Have you all forsaken me?  
Why have you condemned me?  
Is there no one left beside me?

Do you believe me guilty?

Guarded Heart

# I'M Here

You've pulled away and you seem distant  
I feel like i can't reach you no matter how far i go  
You're unresponsive and i can't make you notice

Is it my fault, do i demand too much?  
All i ask is that you make time  
To fit me into your schedule.

I'm the one person who will stand by your side  
No matter what you put me through  
Come hell or high water

I know i deny you a true relationship  
And force it to stay at freinds  
Please understand that I'm scared to love

Yet i expect the commitment as if we were married  
I'm sorry for wanting what isn't mine  
Can you ever forgive me?

Know this, i would carry your child,  
Care for you both  
And love you until i die

Please take into consideration  
How scared i am to lose you  
And that i have a habit of trying too hard

When i seem unbearable  
And always on your back  
It's because i'd hate to say goodbye

But if you want me gone, all you have to do is say  
I'll do anything for you, if you'd only ask  
Snap your fingers and i'll disappear forever

I'm at your beck and call  
And i'll catch you when you fall  
And help you get up and stand tall

I'm here, please remember that

Guarded Heart

# I'M Not Like Them

I'm not like them  
They are so different from me  
You just simply can't compare me  
To the ones of your past

I'm sorry that I'm so insecure  
To hear you talk of them, of how great they are  
Plunges a stake through my heart, I'm not good enough  
And I find myself trying to measure up, to what I'm not

I can't be sorry for who I am  
I do have some bad in me  
My dark side wins most of the time  
I tease you and feign my anger  
Only to see you get flustered  
And have an excuse to kiss you later

I'm weak and needy  
And of course I'm not proud of that  
But I'm not all bad, and I am proud of that  
I'm loving and forgiving  
I'll shelter you from the worst if you let me  
I'll take away the pain you show me  
Heal your scars and give you an escape  
I'll go with you around the world  
Help you fulfill your dreams  
Do my best to make you happy

I'll be yours

But I'm not like other girls

Guarded Heart

# I'M Not Ready

I'm not ready to backdown  
i'm not ready to quit this fight  
Not ready to tell you to get the hell out of my life  
I feel obligated to keep trying  
to let you push me down, like you always do  
But i'm not ready to go down on you

I'm not ready to say goodbye  
Not ready to move on  
After all its you who gave me life  
I'm not ready to give up  
Not ready to admit i've lost  
I'm not going down with out a fight  
After all it's i who controls my life

I'm not ready, no i'm really not  
I'll keep crying tears and holding on  
Of the memories of the good years  
And i'll keep trying to show you that i was always here  
No matter everyone else's advice, your still my mother  
And i've got to try

Guarded Heart

# I'M Sorry

Forgive me please  
If lately, i havn't seemed myself  
To much on one mind  
Only yesterday i wrote of happy things  
I was delighted to see you  
Be held by you, be loved by you  
I try not to let her stand in the way  
I keep pushing her back  
And yet she resurfaces  
I'm frightened by what she does to me  
What she turns me into  
Someone with the desire to kill  
I can't believe the things i just wrote  
In my previous poems  
How guilty i feel  
I lie here now and cry alone  
The monster she made is gone now  
And i stand back in her place  
I swear its me, don't be afraid please  
I feel the hatred draining away  
And my usual smile in its place  
But i can't take back the angry things i said  
I don't feel its right to apologize for my words  
I'm only sorry that for a temporary moment  
That i became a monster

Guarded Heart

# In The Shadows Of Your Mind

In the shadows of your mind,  
You come to waters deep  
    Filled with memories  
You thought you could delete

In the shadows of your mind  
You come to a vast sea  
    Swelling with secrets  
You wish you didn't keep

In the shadows of your mind  
You must come to terms  
With the center of your pain  
Overwhelmed with all your hurts

In the shadows of your mind  
Locked away so you can't see  
Are the memories you have  
Of your time spent with me

Guarded Heart

# Inner Ache

Have you ever had that inner ache?  
When there is something that you,  
Want but its just beyond your reach?

Have you ever missed someone so much,  
That you would give it all up to be with them?  
Has that inner ache ever got to you so much?

Have you ever wanted someone so much,  
You would kill for a moment of there attention?  
just to quench that inner ache?

Guarded Heart

# Is It Any Wonder

Is it any wonder? .....

That it's you i need  
And my need for you controls me?

That i have nightmares  
When you are not beside me?

That i'm so forgiving  
I'd do anything?

That it only takes a touch  
And you have me?

I'd be the stars for you  
I'd be the light of the moon?

It hurts to breathe  
When you're not next to me

Guarded Heart

# Is It Real, Or Are You Pretending?

You say you want me to wait  
And God knows nothing can stop me  
I'll wait for you to come to me  
But question is, are you waiting for me?

I say i love you  
Yet no equal response  
I try to talk to you  
And feel shrugged off

I'd throw myself at your feet  
Give away all sense of dignity  
Simply to hear that you love me  
And that in return, your waiting for me

Guarded Heart

# It Could Be My Grave

It is so rarely spoken of  
Yet you know it to be true  
There lies a girl that always loved you  
The headstone is as morbid as the death  
'A young girl, To early laid to rest'  
No words of love or encouragement  
Not even a date to mark her place in time  
But you never felt her die  
You know she is still with you  
You have felt her in the night  
Seen her creeping among the shadows  
They killed her body and mind  
But were unable to put out her soul  
Its flames still burn bright  
And you see her dancing in the moonlight  
As you visit her grave on this night

Guarded Heart

# It's All Right

It's all right  
To be who you want to be  
Never allow someone else to dictate thee  
Hold the reins of your life  
Lead yourself

Be you  
No matter who that is  
I'll love you all the same, each and every day  
Smile at your freedom  
Stay close

It's all right  
To forget for a while  
The obligations you have to others  
When you remember  
They'll still be there

If you can  
Accept the real me  
Why can't i do the same for you  
Belive me its all right  
Just be you

Guarded Heart

# It's What I See In You

There's no one like you  
You'll never meet another like me  
You understand my desire for adventure  
You give me passion and love

A sparkle enters my green eyes  
When a thought of you enters my mind  
You thrill me, delight me  
You make me, me

You promised it would all be ok  
I didn't believe your words  
But I saw honesty and sincerity  
I saw it all in your face

I am surrounded by people  
People who claim to care  
Say that they will always be there  
But I'm still alone with out you

No one can please me or thrill me the way you do  
Somehow you are all I need  
I need to be rid of the tears on my face  
Take me into your arms, away from this cage

You shouldn't have to do this  
You could have anybody else  
I'm not worth the risk or wait  
But it's a risk you take daily

Guarded Heart

# It's What You Can'T Do

All that I've learned  
Nothing came from you  
You think you'll force me  
Into your narrow conformity

You say I'm blind to reality  
You're wrong, you just don't agree with my reality  
You can't be happy, so in your mind, neither can I  
I am the cause of all your problems  
Go ahead, justify blaming me  
Or better yet, just blame me, you don't need justification  
As long as you win you don't care

You believe in me being what you want me to be  
But I'll never again lose me, and you'll always fail to see  
That I did it all for me, to make me happy  
You don't have to agree, but he's the better half of me  
Guess what? I'm leaving, and if he won't have me  
Then I'll leave with someone who will  
But I'm leaving and you can't stop me

You don't scare me anymore  
I have real things to fear  
No longer can you hurt me  
You don't even have the right to touch me  
He deserves me more than you do, at least he tells me he loves me  
Can't remember when you last said it, you don't have it in you

And you know what?  
As of today I'm free  
No longer do you have me  
You can't hold me back

Guarded Heart

# I've Made My Bed, Time To Lay Down

Only i can be blamed  
For the mistakes that i've made  
And only i can take the credit  
For the right chances i take

I'm the one who has the say  
The say to agree; yes or no  
To do what i think i need  
And be what i need to be

I'll never abandon you  
Even if you abandon me  
I'll never forget you  
I hope you won't forget me

My mistakes make up the sheets  
My good deeds make a nice mattress  
A comforter of maybe's and might have beens  
And a sturdy quilt of things that made me happy

Turn down the coverings and you'll see  
The bare and naked me  
You might glimpse the future, glimpse what might be  
And you may see the past, see what made me

But it's a bed that i've made, i'll crawl in  
And i'll do it alone, unless you'd like to join me  
Be woven into those sheets, my lifes story, and be made part of  
A bed that i'll always have to lay down in

Guarded Heart

# Judgemental Past

How can you say the past  
Judges what our present is?  
Why let your past judge you?

Why would you want to live in the past?  
Was it smoother then?  
If so why did you bitch to me?

Don't you know people can forgive?  
Its a quality which we possess,  
So use it for the best

People are tired of the same old shit  
They've left, they'll finally admit  
They couldn't handle your rage  
You flew off at those who tried to help you  
No one will let you abuse them anymore  
Now that you've turned yourself into a whore

Have you ever heard of meaning?  
It should have that,  
Not be some meaningless act  
I fell sorry for you  
You've abandoned the true you  
Or is this it, finally come out to play?  
Have you come to ruin the day?

Perhaps the past was better for you  
But we have the present now,  
And what you make of your future  
Is the decision to be made now.

Guarded Heart

# Just Another Day

People will talk  
About anything  
That will make others listen  
Everyday as i walk in  
Someone else is talking  
No one has the decency  
Anymore to mind their own

Is today supposed to be special?  
What makes it any different?  
Are they going to be quiet?  
I fear not my love  
They will still speak of us  
And they've run out of truths  
So they'll make something new  
But it shouldn't bother you

I don't turn my back when they speak  
I face them with a smile  
As should you  
Make them squirm in their guilt  
Let them know we don't play their games  
After all its just another day  
Filled with lies and hate

So when you wake up  
Remember, today is just a day  
It will be like any other day  
I'll still love you the same  
Regardless of what they say  
It will be like any other day

Guarded Heart

# Killing Me(I Meet My End)

I promised you my heart  
Kiss my tears  
You murdered me  
You can't deny  
Your guilty  
Of my inner killing  
No longer naive  
You know me  
You had me.....

You killed me

No longer am i sleeping  
Where will you put me  
You can't kill the memory  
I'll always be inside your mind  
Tucked into the shadows  
The memory of my killing

Dressed in black  
You laid me to rest  
Single rose on my chest  
Ring intertwined on my fingers  
In eternal darkness  
But you still see me  
Breathing heavy  
In your arms  
Will you deny it?

Never will you forget  
Killing me

Guarded Heart

# Let This Go

Explain to me  
How all security  
Can be lost with one sentence  
How all my safety is taken from me?  
Please don't ever ask me  
Why, from now on, with anybody else  
I'll always be wary, and untrusting

Where do I turn for comfort now?  
I need to know  
Tell me please  
Where I went wrong  
You told me we'd make it  
That I was worth it  
Worth the love and the risks taken  
Was it all lies?  
Was I right, when I said I was unworthy?  
And what of the dreams  
Of the future we planned  
Was it all empty promises?

Surrounded by nothing  
I'm left out in the cold  
Without so much a reason  
Or the closure I deserve  
I'm not being selfish when I ask  
For a face to face, for one last chance  
To look into your eyes, to kiss you goodbye  
For you to tell me why  
How can you tell me you love me  
And walk away at the same time  
Why make another empty promise  
If you don't intend to keep it

All I ask is your honesty  
Every sorry in the world  
Can't take away the pain  
Of losing what you love  
I'll never get the chance to tell you

But it doesn't matter now  
You don't want to know

I don't want to be alone  
A part of me will never let you go  
So what am I supposed to do?  
Who am I to turn to?

Guarded Heart

# Letting My Gaurd Down

If you can manage to  
Catch me when i'm vunerable  
At my weakest moment  
You've found my gaurd let down

Search for a place in the wall  
Less tended then the others  
Where the edges are crumbling  
And where i am more sensitive

You may be able to crack the codes  
On the security alarm i've set  
Dispose of my warning flags  
And make your way in

But if you really want in  
Don't breach my security  
And flag up mistrust  
To sneak your way in

Confront me if you want me  
Knock on the front door  
Chances are I'll let you in  
For you've had my trust from the beginning

>consider this a follow up to 'Gaurded Heart',  
hope it gives you more insight<

Guarded Heart

# Little Miss Positive

She's Little Miss Positive

All her feelings locked up tight  
It seems no matter how hard you try  
She turns around and manages to hide

You'll never catch her cry,  
She's too good for that  
When her face falls and you ask her why  
She'll feed you some bullshit happy lie

There's only one way to tell  
When Little Miss Positive is not well  
There's a certain glint in her eye  
That will be missing at the time

Her emotions can be eroding inside of her  
And you would never know it  
The face she puts on for the public  
Is the practiced result of her skill

You can never tell what's going on  
In Little Miss Positive's mind  
You simply have to read through  
Her happy bullshited lie

Guarded Heart

# Look Beyond

Look beyond those solemn hills  
To see what dwells within the minds  
Of those who have wandered there

Look beyond the horizon wide  
Where the sun rises in its splendor  
A sight I love to see

Look beyond the tree line  
Into a forest filled with whim  
And see me standing there, arms wide open

Look beyond the boundaries of your mind  
The restrictions you have placed there  
I'm waiting for you, if you step across

Guarded Heart

# Look Into My Eyes

Stare deeply into what you see  
My eyes have yet to abandon thee  
Comfort, compassion, and god forbid sympathy  
Not the i pity you kind, it's the i love you kind  
I'm alive and raging inside  
I'm cocked and loaded, full of passion  
I'll kick someones ass without second notion  
Freedom of expression is a great thing  
Especially when abused, but it's there for you to use  
Hold my tounge, i will not  
And i encourage you to do the same  
I'll stand up and shout  
Not walk away and pout  
You can carry your flag labled pride  
And damn it i'll carry mine  
Just remeber to look into my eyes

Guarded Heart

# Looking Ahead

Why am i so anxious to settle things  
Have everything written in stone  
My life set out in front of me  
To know where exactly i'll go

I've grown up afraid, worried that i'd never make it  
Those that influenced me, downed me  
Degrading me, as though i wasn't worth anything  
And that no opportunities were open to me

Now it seems i'm willing  
To grab at the first opportunity in front of me  
To run to the first thing i see  
And i forgot to ask what it would mean

So instead of looking ahead at where i should be  
Maybe it would be safest to let things happen to me  
Because nothing planned can be guaranteed  
And right now, with you, is exactly where i want to be

Guarded Heart

# Looking Past

One mistake can cost you your whole life  
Cause you to lose the one closest to you  
But i can look past your insecurities  
Betrayal runs deep, but love runs deeper  
To overcome what has been done  
To erase the blemishes in ones history  
Looking past what has been committed

I've seen a heart that is simply  
Crying out to be released  
To be understood in its purest form  
Looking past the mistake i can see  
Everything that makes it easy  
To love thee

Guarded Heart

# Love Always, Samantha

I promise to love you always  
I promise to hold you close  
I'll always do what's best for you  
What I think is best for us

I couldn't stop loving you even if I wanted to  
Your every bit a part of me  
You occupy my every thought  
I see your face in my dreams

You are the phantom that beckons to me  
Your very aura in my veins  
I close my eyes and you come to me  
I beg you not to go away

I know I let you go  
I'm sorry, it was my biggest mistake  
I'd do anything to erase that day  
And bring you back to me

No matter where your travels take you  
No matter who you meet  
Know that my love goes with you  
And that I pray your love is with me

Guarded Heart

# Love Me

Love me...

Until dawn stops coming  
The sun stops setting  
The moon quites changing  
Love me

Love me...

Until every bird stops flying  
Every flower quites blooming  
Every star stops shinning  
Love me

Love me...

Until life stops coming  
And my blood stops flowing  
My heart quites beating  
Love me

Guarded Heart

# Love Never After

So much is at stake  
Your heart, your pride, and your faith  
In reality, faith in love never after  
Eternity is forever, and forever is almost over  
Give up on happily ever after  
There's no prince on a white horse  
No enchanted sunset or castle in the sky  
Your no lost princess, worthy of anything in this life  
All you've got is your pride and arrogance  
It's your usual drama case, so simple  
They get what they want and move on  
Don't fall for the fairy tale stories  
From a bunch of prince charming wannabes

You can't live happily ever after  
It's a case of love never after  
In the meantime, make it the most  
Do with it what you can  
Living here and now, forget tomorrow  
What a waste of time, worrying  
Trying to find your castle and prince  
It's time to be independant  
Happily ever after went out the door  
Love never after left your heart torn

Guarded Heart

# Make Me Feel Like That

Look into my face as i writhe in desire  
My unsteady breaths want you to take me higher  
Don't hold me down, don't push me back  
Keep doing what you're doing that makes me feel like that  
And when i cry out to stop its to much  
Keep on going and electrify me with your touch  
Send pulsations through my body that leave me numb with pleasure  
The fiercness of your kiss and you body wieghts pressure  
I love to feel you on me, wieghing me down  
A new form of ecstasy more addicting than the first  
Keep me coming making my world go round  
And never stop loving me

Guarded Heart

# Maybe

I think i'm trying way to hard  
...To impress you  
I think i'm trying to hard  
...to keep you  
I think i'm trying to hard  
...to hold you

Maybe- i should- just sit- back and watch the show  
Maybe- i'd be- better off on the go  
Do you- see me- wandering without you  
Should i-be running- from all that is true  
Tell me- should i be waiting- for you

I'd like to wonder what it might be like  
And i wouldn't mind seeing you forever in my life  
but lately your signals have been so faint  
That i'm not sure what i'm doing and if it's the right thing  
By you, i stand, and support you in any thing  
I'm not running, by no means, what you get is what you see

Maybe- i should- just sit- back and watch the show  
Maybe- i'd be- better off on the go  
Do you- see me- wandering without you  
Should i-be running- from all that is true  
Tell me- should i be waiting- for you

Tel me right now what it is you want me to do  
Oh please, will you tell me, what it is i can do for you  
Are you happy, are you needing, let me help you  
Who would i be if you couldn't lean on me  
What would that make me to you, except a burden, it's true

Maybe- i should- just sit- back and watch the show  
Maybe- i'd be- better off on the go  
Do you- see me- wandering without you  
Should i-be running- from all that is true  
Tell me- should i be waiting- for you

Maybe

Oh maybe

Just maybe

Guarded Heart

# Maybe This Is Danger And You Just Don'T Know

I want to snatch you up and tear you apart  
I want you to feel the pain, you should take part  
I'm not going to be the only one, no not me  
I want to fucking tear you apart

And yet in the same moment  
I want to rip your clothes off  
Have my way with you  
Breathe my passion into you

You deserve to be slapped  
And yelled at a hundred times over  
Someone should explain to you  
How cruel it is to treat someone like this

But then i want to be under you  
To be taken by you, had by you  
Made to scream by you  
Breath heavy because of you

Logic and emotion are worst enemies  
What you want in your mind and in your body  
Are against one another on the playing field  
It's only a matter of time before it's all said and done

Guarded Heart

# Me

Would it be okay,  
if for just a day  
i wasn't me?

Am i allowed to  
reinvent myself  
when i am tired of me?

would the world care  
if for just a little while  
the usual me wasn't there?

Guarded Heart

# Memories In Sand

Walking by the ocean  
Trailing memories in the sand  
Walking hand in hand  
Remembering times i've had

Playing by the railroad tracks  
Throwing rocks in the puddle covered grass  
Blackberries to pick in the spring  
Long walks to play in the old oak trees  
Telling me stories of fantasy  
The only memories of my father i chose to carry with me

Playing in the snow, in our village in Germany  
Baking cookies but mostly eating the dough  
Wrestleing matches ended with uncontrollable laughing  
But it ends here, i want to forget the rest  
My mother is an unspoken part of my past

Late nights in make shift tents  
Playing restuarant without a kitchen  
Nuturing your imagination  
Hopeing you'll never forget me  
I love my sister dearly

Other memories have been gathered along the way  
Other people have had a part to play  
One has found my love in his way  
And as i walk into the horizon  
I know that i'll never forget them  
While walking by the ocean  
I write my memories in the sand

Guarded Heart

# Mistakes And Memories

Of all the mistakes we made  
Of all the times my heart ached  
Of all the times i felt out of place  
Of all the memories that i saved  
Every time i felt my heart break

When it broke it broke for you  
Every piece that came crumbling away  
Fell in front of you on a silver plate  
The tears that fell from my face, for you as well  
They shall fill your glass as your wine  
And you wil remember them as mine

As i am racked with internal pain  
The memories i see plain as day  
I dont want to forget, but it hurts to remember  
And i can't hide from whats happening inside  
My heart, my mind, my body is aching  
And tonight there is no escaping it

I have a disorder that no one can heal  
I see my past in exquisite detail  
It brings joy, but mostly pain  
I find it hard to remain sane  
I will lay on the floor as though i am maimed  
And wait for someone who will come to save me

Guarded Heart

## Morning After(I Won'T Wake)

While you were there standing, ranting, and raving  
You brought back the memories  
I thought i had buried  
I remembered how much you scared me  
Just how terrified i used to be  
It's only because you have sympathy  
That you hesitated to beat me

I see a light at the end of my tunnel  
It's closer than i thought it would be  
You forgot to lie and tell me that you love me  
Now its only the light i see, coming closer to me  
I bet you never thought i'd do this to me  
Try and wake me on the morning after  
But i won't stir  
I've traded one hell for the other

You still terrify me  
I'm just as scared as i used to be  
But only i know what tomorrow brings  
Sweet relief and an end to this misery  
I don't want the ones i love to find me  
Tell them i'm still watching, i want them to be happy  
Because i won't wake on the morning after your storm  
I have surrendered, death can't come faster

You will wake the morning after  
You will be the one to find me  
You can comfort her as she screams  
You can tell him what you did to me  
You can take care of my loved ones for me

Guarded Heart

# Murderer

Close my eyes,  
slip into darkness

Hold my hand,  
for sins i must confess

Slit my throat,  
watch me bleed

Are you happy now,  
that you've murdered me?

Guarded Heart

# My Destiny Has Found Me

It's been a long time coming  
and i can feel it move towards me  
Its been haunting me forever  
but i think its finally showing  
I can't escape it because i know  
it will find me

I'll open my arms  
and welcome it with a smile  
I'll embrace it with all that i have in me  
No longer can i run from it  
or hide from its coming  
The inevitable is happening  
My destiny has found me

Maybe i'll enjoy what hell rains on me  
Maybe it wont be as scary  
I'll take it like it comes, dive in head first  
I wont turn and run, i'll face it like it comes

I'll open my arms  
And welcome it with a smile  
I'll embrace it with all that i have in me  
No longer can i run from it  
or hide from its coming  
The inevitable is happening  
My destiny has found me

Guarded Heart

# My Face In The Shadows

In the Shadows of your mind  
You come to a place  
In the shadows you see my face  
Hiding in this place  
Haunting you  
Invading your space

In the shadows of your soul  
You meet your conscience  
Suddenly you don't feel so bold  
And again you see my face  
You can not escape

In the shadows  
The darkest depths  
Hidden crevices  
Yet in obvious places  
My lovely, smiling face

Guarded Heart

# My Heart Torn From Me

I stare at the ground  
and i see my heart  
Throbbing from all the pain  
It's been ripped out  
And torn from me  
Do you see it bleeding?  
It's crying out for a  
Supernatural healing  
I stare at my heart, bleeding  
True pain in mine eyes  
You have been my demise  
There is my heart torn from me

Guarded Heart

# My Life Is Orgasmic

Step outside and feel the air so soft and smooth on my face  
Its warm sweet touch caresses my face and teases with my hair  
The sun shines down gently on my back warming me with pleasure  
Each breath is orgasmic

A meal cooked to perfection of freshness and splendor  
A creation all my own made up in a short amount of time  
Nothing more satisfying than the gratitude and joy of your guest  
Every bite is orgasmic

Submerged in the bubbling heat of the water  
Every muscle relaxes causing small moans of pleasure  
In the finest company with the finest wine  
Each moment is orgasmic

Everyone knows the feeling  
When everything goes just right  
When everything brings you unmeasurable pleasure  
The happiness before it comes crashing down

\*remeber not to take your happiness for granted, it does not last for very long.  
take every risk and chance you can. live out the orgasmic moments and when  
things get rougher, you'll have those moments to remember.

Guarded Heart

# My Rogue That Rescues Me

You save me from over thinking  
You rescue me from the shadows of my mind  
You pull me out of the deepest memories  
And i am lucky to have you next to me

You help me overcome the strongest of insecurities  
And though it is annoying to you, my submitting  
You save me from falling through the cracks in my heart  
And you won't let me pull the trigger

It is you who keeps me from bleeding  
And when the withdrawls set in you extract them from my system  
You provide the element of familiarity and hope for my eternity  
And you remind me that i'm not lonley for i have you with me

Guarded Heart

# Needs

They know it's so wrong  
yet somehow they got too involved

His touch on her causes her spine to quiver  
her caresses, much pleasure they deliver

Behind others backs, they hide from the world  
One quiet guy and one spontaneous girl

Didn't know what they were thinking, this intimate pair  
they understood the consequences, but they didn't seem to care

She's only here for a little while longer  
but once she's gone, no one will understand his hunger

Yet, she to has needs only he can fulfill  
but for now both will have to still

He needs her more than few  
she needs him through and through

And through the agonizing months as he waits for her return  
she'll come and both their hungers will adjourn

Guarded Heart

# Never Say Never

I've been away for a year  
And i've changed in so many ways  
I've been freed from my cage  
Something i thought i'd never see  
Yet i am now looking at a future in front of me

I said i'd never find love, i did  
I thought i'd never be free, i am  
I never imagined a night without tears, but my pillow is dry  
I thought i'd never be anything, yet i'm fast becoming something  
I was convinced there would never be anyone that cared, i was wrong

In a year i have learned not to say never  
Because whats written on the heart is not permanant  
And until you've already done it, you can still erase it

I said i'd never get married, now i'd consider it  
And kids, they were out of the question, never  
And yet now i'm not so sure if i could go through with never

I'm not sure what will happen in my future  
I'll take it all in stride, as it comes  
But one thing is certain  
I can never say never

Guarded Heart

# No Need To Changeits For You

You are different from the man i once knew  
You don't seem like the person  
I fell in love with so many months ago  
Because it was months ago, though you'd never knew  
You never saw it, if you did you ignored it  
And it is that same love that allows me to go through it  
To put up with it, i still have hope that its just a phase  
That i'm going to wake up one day and you'll be back  
You'll look at me and see someone who cares  
Someone thats still there and will always be here  
I'm tired of shedding these tears in your name  
I want you to hold me and if you still love me, then tell me  
I never wanted to change you, i only tease you

You've been through alot and thats fine  
It's what you go through that makes you  
I don't know what i ever did to hurt you  
That your manner towards me has changed  
You don't look at me the same, you don't look at me at all  
So many would curse your name for what they've seen you do  
What they've seen me go through for you, they want me to leave you  
They tell me this is normal for you, you've done this to others  
That your never going to stop and that it'll always be this way

But heres a secret they don't know, they don't know you like i do  
And you would say that i don't know you either, but listen well  
Theres a part of you i've seen, a part that dreams  
A part that has hope for a future away from this hell  
I know your not heartless, for i've seen your heart  
I know you can love and be someone

But your life has changed  
And it has changed you  
You've lost your way, and i feel i've lost you  
Please don't think i'm complaining but I still see glimpses of you  
Glimpses of the you i once knew  
Therefore i know your still in there waiting behind some mask  
And thats fine, sometimes its better to wear the face  
But you don't need to in this place

When you're with me, theres no need to change

>my darling, if you read this, know that i mean no offense. Take these words, heed them if you wish, and contemplate them. I never wanted you to change, i truly am sorry. i know of no way to make it better. I don't what wrong i have done to make you hate me so. I love you<

Guarded Heart

# No One Told Me

no one told me that i'd be going away  
no one told me i wouldn't go out to play  
no one told me that he felt that way  
no one told me i was going to die today.

no one told me that he brought a gun  
no one told me that the others made fun  
no one told me that i really should run.

no one told me that i'd be a target  
no one told me i'd be hard hit  
no one told me my life would be missed.

no one told me that i would go away  
no one told me i wouldn't go out to play  
no one told me i would die today.

Guarded Heart

# Not Of A Submissive Nature

How easily it is dissipated  
And how easily disposed of  
If you cry  
I'll be there to hold you tight  
And for you i'll stay up all night  
It is never the same old same old  
It is a new ride everyday  
And i live for the spontaneity  
Of the everyday, as long as you  
Still claim your place  
You make me want things i never did before  
I have never been loved like this before  
And no one has ever made me happy like i now am  
And it is not of submissive nature  
But rather for the first time  
I am actually aiming for what i want

>it is you who taught me not to submit<

Guarded Heart

# Not Only Human

Maybe we're not all we see  
There's a separate being  
That's waiting to be free

Maybe as we walk around everyday  
There are other forces at play  
Invisible in the light of day

If we were only human, we would have no compassion  
It would be too hard to dream, to imagine there are bigger things  
To know that we could ever be something

With the destruction in this world  
There has to be another thing  
Some foreign part of us has hope

It has hope because it's seen better things  
It knows there is a reason just to be  
Away from oppression, wild, and free

Maybe the someone hiding inside of us  
Sees that there's more to living  
Than the same mess we see

Inside of us is another being  
From another plane of vision  
Another time frame, a different world entirely

And even though the human is all we see  
I think there is more to being  
Another part of us is living

Guarded Heart

# Nothing

If nothing is right, what can go wrong?

Calm is all we want  
Love is all we sought  
Nothing is what we got

Now it seems time  
To surrender all that is ours  
But nothing went wrong  
It went as fate planned

Nothing is the only response  
To the questions that are asked  
It seems an easy way to blow the whole thing off

If "nothing" happened, then we're responsible for nothing  
If "nothing" is said, then we can be held accountable for nothing  
If we want nothing, we can be denied nothing

We will never know if something is missing  
If something is nothing  
Nothing is ever important if it isn't something

Nothing is a pointless word  
In a rather meaningful world  
But if "nothing" is satisfying, then it's all we need  
Nothing is all we see, nothing is what it takes to please

Guarded Heart

# One Day

One day you'll wake up  
And realize you want more  
That what you've got isn't enough  
And holding on seems wrong  
When letting go doesn't seem impossible anymore  
Moving on is the sensible thing to do

One day we will understand the need for change  
We have to make room for the new  
Old alliances will fade  
New loyalties will be made  
And we will be forced to change our ways

One day it will be clear to you  
Life's little trials sent here to test you  
Why you had to go through what you had to  
And healing the scars is something you will have to do  
But where you go next is a choice left up to you

One day when you wake up  
And see that you're alone in life  
All because you wanted more  
You'll think back on what you had  
On what you gave up, thinking you'd be happier  
You'll wish you had held on  
And learned to be satisfied

One day when you're on your own  
And your loneliness causes you strife  
You'll remember what you lost  
And swear you'd do anything to have it back  
If only you hadn't played it safe, had taken a chance  
Ignored what everyone else said  
And listened to your heart instead

Guarded Heart

## One Day Part 2

One day you'll wake up and realize  
Just how good it feels to be alive  
To have someone by your side  
All because you took a chance and tried  
Now you see how the love has survived

One day it will be easy to see  
Why it is that you are so happy  
How it is that you feel so free  
That something as simple as her smiling  
Cures whatever ails thee

One day you'll be able to analyze  
Why you don't mind taking care of him  
How you enjoy catering to his every whim  
You do your best to please him at every chance

One day you'll be happy that  
You took your risks and chances  
You held each other's hands  
You talked about your dreams and plans  
She wanted to be his lady  
He wanted to be her man

One day it will be so obvious  
Why people are willing to take a chance  
Why we would risk it all for another person  
Sacrifice our lives, our trust  
To earn another person's love

Guarded Heart

# One Lone Rose

One lone rose amidst a bed of thorns  
It's articulate shape carved from heaven  
Bewitching in color, A sight to behold  
Scarlet hue with viens flushed pink  
Each petal as sacred as her thoughts  
Be careful not to damage her, lest she wilt  
Should her petals begin to fall  
And the thorns over take her all  
Carefully tend to her,  
And care for her with all your might  
Make sure she gets enough light  
Love her as you've never loved another  
Take care of your rose and she shall thrive

Guarded Heart

# Opposites Attract

She wears a 'Live strong' around her wrist  
I wear the words 'die hard' in my head  
She wears a necklace with a heart around her neck  
I wear a rope tied tight  
She sings sweet lullabies  
That make me have a good night

We are together, attached at the wrists  
Mine has cuts, yours has a bracelet  
we wear different kinds of necklaces  
Mines made of spikes and yours has jewels  
But we're two of a kind, but always together in my mind

She lies in bed with a phone to her ear  
I sit in a corner, blood mixed with tears  
But one things the same, with her and me  
I so very much love her, and she loves me

We are together, attached at the wrists  
Mine has cuts, your's has a bracelet  
And we wear different necklaces  
Mines made of spikes and yours of jewels  
But we're two of a kind, but always together in my mind

>Written by my friend logan,  
who inspires me everyday<

Guarded Heart

# Out Of It

The world seems hazy  
The mind wanders through a maze  
Its as if your under the waves  
Run from the day, hope it will never catch up  
Pop the pills, smoke a joint  
Move through the day, out of it anyway

Can't seem to concentrate  
Don't notice anyone there  
Run from those who care  
Pay attention, try not to stare

Be out of it  
No one cares  
For a day, just be that way  
And tomorrow it will be ok  
Cause your out of it today

Guarded Heart

# Outside I'M Raging, Inside I'M Breaking

My fingers are bloody  
Everything broken around me  
I've thrown every punch I can physically throw  
And my impure thoughts have come down crashing  
You should heed my advice and hide from my rage  
And yet hold me and nurse my mind back to health

I'm emotionally breaking into the biggest mess i've ever been  
Not sure if the maid can clean this, you might have to get dirty and clean it

Dawn is arising and i am waking  
The earth is calling and i am answering  
Second nature, routine never changes,  
It's constantly repeating, will the cycle ever change?  
Will the habit ever break, or is it destined to be the same?

Am i dying?  
Are you lying?  
Now who's hiding?  
Which one are you eyeing?  
Not sure if i find it suprising?

You said  
Never again  
Should it happen  
And i trusted  
You not to get wasted  
To be falsly intoxicated

One last time  
Your last chance to be tested  
Don't fail this one  
Because i won't be waiting for you to emerge  
You talk of future, but if you want to see me in it  
Then learn to master your addiction into just one outlet  
I'm not being selfish, wanting your loyalty isn't asking to much of you

Please don't come railing at me  
And ignore your insecurities

Don't think that this is easy for me  
To tell you part of what i'm thinking  
A new part of me is opening  
I'm tired of breaking  
I only want to be happy

I want you with me.....

Guarded Heart

# Parting Is No Sweet Sorrow, But Sorrow Is Present None The Less

I love it most  
When you made your promises  
And then failed to go through with them

When you wanted to make it all up to me  
And then forgot all about me

When you said you couldnt live without me  
And then went on without me

Was it worth your troubles?  
Why waste your precious time?  
Why waste mine?

So here it is  
My goodbye  
The hardest thing i will ever write  
Go now on your own

But before i go, please know  
That i have no regrets but one  
That i have lost a part of me i can never have back  
And i hope that you find your home  
Where ever it is, who ever she is

Guarded Heart

# Poetry In Blood

Each word carved into my skin  
Etched onto my soul  
I've always known

Rivers flow from my mind  
Blood makes its way in time  
Foreboding crisis creeps down my spine

My words that i write  
Flow in my viens  
Slit my wrist, bleed me dry  
My words flow out in blood red bright

I bleed every time i think  
Of what i've put you through  
To read my words and compliment me  
All the while gritting your teeth  
Thank you for humouring me  
You have no idea how much you mean

Mistakes are written off as fantasy  
Murder the memory, for get you ever hurt me  
The wounds you caused are healed  
You've been redeemed  
You can leave guilt free

The words that bleed here  
Are not written out of fear  
But in the sincerest honesty  
No humble apologies, for i am not sorry  
Try not to forget me  
My words burned in your memory

The poetry in my soul, making me whole  
Runs through my viens, much like you  
The poetry in blood is painful to wrute  
Set my words free, Hide the wounds so you can't see

Don't be agitated, smile for me

Try to ignore me as i bleed  
It's perfectly natural fo me  
My poetry i bleed for you to see  
Please don't condemn me  
I love thee, it's why i bleed

Guarded Heart

# Points

Every thoughtful act  
Earns another one  
Every little thing you do  
Gains another point for you

Everytime you say you love me  
Everytime you take my hand  
Whenever you reach out to hold me  
Another point is in your hand

When you show me that you care  
And i know your always there  
And your reassurance that i have nothing to fear  
Earns you another point my dear

And each day you prove your loyalty  
And remind me that you care about me  
Erases the last penalty  
And earns another point for thee

>this is really lame guys, sry<

Guarded Heart

# Pretending

Pretending to learn my lesson  
When i screwed up the first time  
I know i'll do it again

Welcome to home, welcome to hell  
Pretending to be happy  
Pretending to fight it  
You know you still want it

Desending to sleep  
Pretending to keep  
All the while i'm burning

Pretend i want to stay  
Where hell is home  
Can't stand being alone

Take me away, don't leave me here  
Pretending it's safe, living in fear  
Toss and turn, no sleep at night

Pretending to try, give up and cry  
Hold me please, the pain is great  
Help me drift away.....

Guarded Heart

# Pretty Face

Do you see beyond this pretty face?  
Do you see the desires and ambition that lies behind my green eyes  
The dreams i want to live, the beauty thats within?

When i wake in the morning. do you think that you could see  
The compassion in the sun drenched silhouette of me?  
Will you understand the dire need to have you with me?

Can you see beneath the pretty face?  
To know of what i am truly made  
And care for the spirit within?

Do you know whats under the cloud soft skin?  
The raging passion that i hold in  
And the love for you that will never end?

Guarded Heart

# Raped

She lays there and cries, certain that she wants to die  
She holds on to what's left as she becomes an emotional wreck  
    She falls into oblivion, her tears melding with one another  
She can't tell a soul, for no one would believe her  
    She's torn up inside, without a chance in the world  
She drowns out her sorrows, without another word  
    She has no one to turn to with the problem she contains  
Who could think that a girl like her would do something like this  
    She can't be loved if things continue as this  
And when she lays down to sleep at night  
    She sees nothing but a dark alley  
And the man by which she was raped

Guarded Heart

# Reasons To Live

It so hard to stay alive  
Remind myself to keep breathing

Hang on to my last shred of hope  
Wandering around in my mind

It's a hopeless journey  
Trying to find out who I am

Everyone has an opinion  
But no one has an answer

But if we had all the answers  
Living wouldn't be half as fun

Guarded Heart

# Reflections

Outside the storm is raging  
but will soon be breaking

And left will be the gathered rain  
like mirrors, but falsely reflecting

A still puddle reflects calmness and tranquility  
a world i do not know

Yet with each newly added drop  
the ripples are sent scattering

And a true glimpse is caught  
of a world turned upside down

And for a moment i see you  
and all that we've been through

Guarded Heart

# Remember Me

I want to lie down next to you  
For you to hold me close to you  
Tell me it's ok, and not to believe a word they say  
Wipe the tears i cry for you, as i tell you  
That i love you  
And when you dream of going away  
Remember that i'll still be awake  
Don't forget me when you're gone  
Know that i'll be here alone  
If what they say is true  
That absence makes the heart grow fonder  
You cannot imagine how fond i am of you  
And i do not tell you this so that you will feel guilty  
Only that when you read it, you remember me

Guarded Heart

# Remember Not To Forget Me

You have been through a lot  
You still have a long way to go  
Discrimination will always be in your way  
You will face new trials everyday  
So many people you will meet  
Just remember not to forget me

You have a lot to live for  
But not a lot to come back for  
I'll always be here waiting  
Waiting for the love of my life  
For my happiness to return to me  
Please remember not to forget me

You gave me what I never had before  
Hope, a reason, the will to keep being  
I lived for the moment, you taught me to slow down  
You taught me to think about it, to savor it  
And then to plan for tomorrow  
So when tomorrow comes, remember not to forget me

When you're with me, the rest of the world fades  
Everything melts away and it's just you and me, face to face  
I don't know how you feel, but I know you are part of me  
You are my other half, I need you to breathe  
You are the light to my dark, the night to my day  
As the sun rises and sets, remember not to forget me

You remind me that I don't need their reality  
I just need you with me, away where we can be  
Every kiss you give me takes my tears away  
With each passing day we get closer  
Closer to the day when you will take me away  
Just come back, remember not to forget me

I tried to quit you, to prove i didn't need you  
I failed, I couldn't forget you, the memories found me  
Everything near me has residue of you  
Close my eyes, I see you, as if you were here

You know what, I couldn't be happier  
Carry the memories with you, remember not to forget me

Every morning that I wake, I'll think of you  
And you will be on my mind all through the day  
When it's late, I'll be thinking of you, as I lie there alone and awake  
As I dream it is you I will see  
I can only hope you will be thinking of me  
My darling, my love, please remember not to forget me

Guarded Heart

# Rescue Me(Another Repeat)

Save me from this gone wrong fantasy  
Rescue me from this horrible dream  
I can't stand being here  
Im clinging for life so dear  
I've met my fears  
Face to face, they beat me this time  
My strength is waning  
Maybe i just don't care any more  
I can't believe i may have given up  
How out of character of me  
Should i be worried?

Oh won't you rescue me?  
I'm hiding from the world  
See me onky through the poetry  
I have condemned me  
It seems everything i write is a repeat  
Have i run out of ideas?  
Don't give up on me

God somebody save me  
Take me where they don't know me  
Where they won't know what to expect from me  
Where i can live as i please, out of hiding  
I want to blow off the opinion of the ruthless  
I feel my face fading, no longer can i cover it up with my mask  
I wish i could erase the screw-ups of my past

I'm fucked up in this mess  
To rescue me would be best  
Go ahead wisk me away  
To the world you have created  
Hopefully there i can be excepted  
I'm bored with my daily routine  
My life seems slow, i force myself through the day  
The little excitement i have leaves me soon  
Won't you save me, take me with you  
They'll never know it was you  
I'll tell no one of the rescue

## Guarded Heart

# Resting In Peace

I can finally lay down and rest in peace  
I can sleep and know that my minds at ease  
To have finally resolved the things around me

I have been set free from the bonds that chained me  
It has all been laid to rest in peace  
The hatred was never there, the forgiveness now is,  
but to forget would be an unpardonable sin

Why listen to what they say  
For if they could only see  
What has been racing through my head  
The pain that stood in pleasures stead

I can lay down tonight and rest in peace  
My head is wieghtless from the fact that its free  
My mind has quieted and only one thing now occupies it  
Am i crazy to think you might be in love with me

No matter the answer I am resting in peace

Guarded Heart

# Ring Around The Moon

Spinning around faster than you can go  
Creating a lovely white glow  
Burning brightly against the midnight sky  
The reflection from their wings  
Makes the ring burn bright  
Listen closely, you can hear the voices  
Of the lovely Fae sing  
Thier own version of ring-around-the-rosie  
As they swing around the ring

Guarded Heart

# She Still Loves You

How can you sit there and make her cry?  
Do realize you hardly even have to try?

You attack her from all sides  
and she doesn't know why.

So she sits by herself with silent tears  
falling from her eyes and dwelling on her fears.

She can't really fight back  
i mean how could she, you are her dad.

So she'll sit there and take as you dish it out  
she'll stand there and listen as you scream and shout.

She will never let you see her cry  
and she'll always have to lie  
to cover up her life and keep her self alive.

How could someone she loves so much  
turn around and tear her love up?

She'll respect as always, no matter what the others say  
and continue to take it all through her days.

Guarded Heart

# She's Still That Same Girl

She'll never be afraid to speak her mind  
She's confident in all that she does  
And she's never lied to you

You still know a girl  
Who doesn't doubt who she is  
But only what she will become  
And what she's worth  
And she'd never leave someone without

That girl is still here  
And I'm sorry if she doesn't shine to you anymore  
Or that her beauty must have faded  
She still smiles everyday

That girl thinks too much of future and stuff  
Now is where she is and  
she shouldn't focus so much on tomorrow  
As for how she can be happy, she focuses only on the positive  
Though negative has lately clouded her mind

She still spends her time on others, that will never change  
She is still young and though some innocence has faded  
A good bit still remains

Someone told that girl she should set limits and I'm  
Struggling hard to stay within them and she wants to break out  
I'll never be finished until my living breath is beat out

Life is still so amazing, and she wakes up everyday  
Knowing she's blessed to have you  
And lives each day as though it were her last

You still have a girl  
She loves you all the same  
She may not be big enough to change the world  
but she'd be happy if only she helped one soul

## Guarded Heart

## Sick (First Person)

You who abused the person  
The one person i loved  
And because i percieved that he  
Cared about you, i put up with the abuse  
I was always there for you  
I hid your secrets and kept your lies for you  
Yet you disposed of me when you were through

And know i'm really sick of you  
After leaving all of us and moving on  
You think you can re-enter our lives  
Come back to us and it will all be ok

Know tha i'm not scared of you  
And i don't see you as a threat  
And i swear to God  
You try to so much as sway him  
And you throat is mine  
I will not be so forgiving anymore

You know why?  
You treated me like i was a disposable  
And wether you believe it or not;  
You don't deserve him  
So back up and get lost  
Give up on you fanciful notions of what were  
Because i'm sick of you  
Taking and hurting everything i've got

Guarded Heart

## Sick(Third Person)

Sick of all the lies, pain, and deciet  
All the inconsideration people have for those...

Those who only care about others  
Who can't stand to see someone hurting  
People asking them to lie  
To hide what they've done  
And if they don't hide it  
Someone else gets hurt

Sick of everyove using those around them  
When all we do is sacrifice  
And love them for them  
Put up with all there shit  
And then tell them it's ok

Sick of being used  
When we treat them with respect  
And tell them that we care  
And no matter who else they hurt  
It is we who absorb the pain

Sick of how after all  
That was done for you; you  
Had the nerve to say to say  
I didn't care about you

Guarded Heart

# Six Feet Under

When i'm six feet under  
and i'm buried deep  
Will satan hold me in hes keep  
or will heaven open wide for me?

When i'm six feet under  
Will they remember my name?  
Will my poetry be my claim to fame?

When i'm six feet under  
Will they miss me at all  
Will my absence be noticed  
I don't want you to fall

When i'm six feet under  
Will they cry tears for me  
Will anyone weep  
Over my lost memory

Will you leave a rose for me  
Someone thank the gravediggers  
Tell my sister that i love her  
Do this for me when i'm six feet under

Guarded Heart

# So I'M White, This Is What I'M Doing

I'm a white girl from the south  
But do i believe in southern views?  
Just as much as i believe  
That others can control me  
I am my own person  
And this is what i am doing

I've got a darkside to me  
That doesn't make me a freak  
I'm a caring, pretty little thing  
Start in on racial conflict  
I'll state my views and then leave  
I won't sit around while others bash at me

I date a mixed guy, and i love him dearly  
So he's a little black and a little white  
He does me just fine, and who cares if others don't like it?  
My parents think i'm a traitor to my race  
But at least they'll tell me to my face  
And i take no heed

White supremecy, please  
We are no better than the rest  
Whatever you believe  
They are just as great as me  
And because they are no different  
I can say this in peace

No one holds out over me nor me over them  
All races are the same  
Minus the different beliefs and color of their skin  
Society can keep their nasty comments to themselves  
What i do is nothing to them, doesn't affect them  
So leave alone natures children

This generation will change the way people think  
We will step out of racist beliefs  
And prove to the world we can live in peace  
All together and happy, the way God meant for it to be

No more killing and caging of the mind, that sort of thing will be dead  
We'll forget all about it and move ahead

So I'm white

This is still what i am doing

And not one person can tell me it's wrong

Because this is what i believe

That we are all part of a bigger thing, it's not about one race

We were meant for unity

I'm a white girl and this is what i'm doing

Guarded Heart

# So It Begins

Only you could put me in this hateful mood  
Destroy my dreams with only your presence  
I feel so destructive, i have chills  
How do you make me lose myself like this  
Lose control of what i am  
Take your passionate lies elsewhere  
Tell her i don't love her, you little wench  
And so it begins

I declare war on you  
You piece of shit  
How could you make me think like this?  
Your my mother for christ sake  
Better yet christ has forsaken  
He must hate me for what i feel  
How could He forgive a soul so criminal  
I'm lost and it's all your fault  
It has begun

And like it began  
So it will end  
In tears and bloodshed  
Emotions all a wreak  
Hateing each other still  
Whatever happened to the little girl?  
I cry for her loss, she's gone now  
And i stand in her place  
I look you in the face  
And ask  
How did this begin?

Guarded Heart

# Sold Into Your Slavery

Enraptured by you, captured by you  
Slave unto thee  
You've taken hold of me

You are my King Henry  
And, I, your Mistress Carey  
A young girl in love for the first time  
With a man who is above her worth

I am yours, a slave behind closed doors  
Take me where you want me  
I am no whore, for i am only yours

Swayed into submission  
now I'm begging your permission  
Let me be your kitten

A slave in your arms  
Let me feel the pleasure you give  
I'd do anything you ask of me  
For i was sold into your slavery

>Mistress Carey was also known as Mary Boleyn, Anne Boleyn's younger sister. She had the kings affections and was his mistress before his eyes rested on the older, darker sister, Anne. Though i hold Anne in higher regards, Mary's story works better for me here.<

Guarded Heart

# Somehow

Somehow we fall and get back up  
Even now we're standing tall  
False pride and dead hope are no help

Somehow i made it this far  
Without giving up, keep trying so hard  
Not sure how much longer

Somehow you found me  
You shed a brilliant light on me  
You made me less empty

Somehow the world is falling apart  
Taken apart like a work of art  
Overloaded with mediocre individuals

Somehow society took over  
What others say means more than life itself  
Conform to anothers idea of right

Somehow we lost the grasp on reality  
We're trying to live a fantasy  
Somehow we've forgotten lifes meaning

Guarded Heart

# Standing In The Rain

I'm standing in the rain  
I want you-to wash away the pain (wash away the pain)  
Make it go away- i'm tired of hurting  
Now i'm out- in the rain

You said it was forever  
Guess what? Forever's not eternal  
So- what makes me think this is any different?  
It's time, it's time-to hurt all over again

I'm standing in the rain  
I want you-to wash away the pain (wash away the pain)  
Make it go away- i'm tired of hurting  
Now i'm out- in the rain

I'm sitting here all alone(all alone)  
Black in one hand-merlot in the other  
Thinking of the bliss i've known  
but every bliss, like a kiss, must come to an end  
Now here i am, in the rain, here i am

I'm standing in the rain  
I want you-to wash away the pain (wash away the pain)  
Make it go away- i'm tired of hurting  
Now i'm out- in the rain

We were so happy  
What became of us  
I loved your everything  
Now where is the love  
Now we are lost  
But i'm still standing

I'm standing in the rain  
I want you-to wash away the pain (wash away the pain)  
Make it go away- i'm tired of hurting  
Now i'm out- in the rain

I'm standing in the rain  
I wish that you would take away the pain(take away the pain)  
Just make it go away, i'm tired of hurting  
You left me in the rain, i'm out in the rain

Guarded Heart

# Super Suave Sam

I'm tired of all the phonies  
That are raging with their jealousy  
Need to refocus their energy  
And quite fucking with me

I'm super suave sam  
It's been me from the beginning  
You can't touch me  
It's time to quite ranting  
And time to start raving  
I am absolutely crazy

Done with insecurity, no confidence, and low self-esteem  
Time to realize my greatness  
Thanks for helping me remember my dream  
I had almost given up on me  
Break dance. throw down, ho down  
just go ahead and get down

Hey all you losers that have nothing better to do  
Than to talk about someone you don't know, like me  
I light my candles, burn my incense  
You all know you can't touch this  
i'm out of my dark abyss  
Back into the light that i missed

Rumor has it  
i'm this gothic slut  
Funny thing is i'm not that goth  
And in this place i've only been with one

I'm gonna be a model one day  
Somehow i'll find a way to pay  
And I'm gonna be a kick ass chef  
Who knows, maybe even the best  
After all, i am super suave sam

Guarded Heart

# Take Me Dancing

Take me dancing  
Under the stars  
Let me free  
Take me dancing  
Watch me intently  
Spinning insanely  
Take me dancing  
Hold me close  
Don't let me go  
Take me dancing  
Feel the rythm of me  
As you move within me  
Take me dancing  
Wipe the tears off me  
Now that you've left thee  
We went dancing

Guarded Heart

# Talking To Trees

When i stand outside, i hear them  
When i open a window, they're waiting  
When i walk outside, they greet me

I could lay outside for hours  
And listen to their chatter  
As they gossip in the wind

A rustle of leaves  
A snap of a twig  
Signs that they're happy to see me

I talk to the trees  
They talk back to me  
Please don't question my sanity

Do you want to know what they say  
And the lovely games they play  
Gentle breeze caress my face

Sit down and listen  
For the trees will certainly wisper  
Try hard enough and you'll see  
That the trees talk to me

Guarded Heart

# Tears

They start from up high  
and everyone seems to care

They perch there for a moment  
and have their mighty claim

Now they will spill down  
and splatter at the end

My tears don't have much fame  
except to heal my pain

Guarded Heart

# The End(Of My Forever)

It feels like its swallowing me  
Plunging me into my burning eternity  
I thought it was everlasting  
But now it seems I'm not so immortal  
I can be defeated after all  
It seems I'm finally reaching the end  
Of what I thought was forever

I'm not one to give up so easy  
But it seems like I've no energy left in me  
I don't think I can keep fighting  
Maybe I'll let the demons have me  
Do I say goodbye now, Is it over?  
Have I reached the end of my forever?

I've known that I was I falling  
But I didn't realize the bottom was so close  
There's no happy ever after, like the story goes  
Because I'm rarely ever happy  
And ever after is a lot like forever  
And forever it seems is fastly ending

Guarded Heart

# The Love Of My Life

The love of my life is a passionate creature  
Devoted to that which they love to do  
No matter what is said it will never abandon me  
A mind can be poisoned, but can't touch a love so true  
And all through my days I will go on loving you

Always available when I need  
Never have you disappointed me  
Never shall I disappoint you  
To sound a bit cliché  
I will go on loving you through my days

You are the one who holds my heart true  
Who tells me that it's what I can do  
My beautiful little girl, after my very heart  
A sister that I will cherish until the end  
The one I will go on loving the rest of my days

Guarded Heart

# The Naked Me

The naked me is far from perfect  
A slight bit shy and insecure  
My make up gone, my hair a mess  
yet i belive its the best side of me  
Standing before you, examine me  
Do you like what you see?  
I hope so, cause this is the naked me

Tell me what you think  
I'll try not to speak  
But i've got alot to say  
I'm a romantic, isn't it obvious?  
Nature never was my enemy  
I want to love you under the trees  
In the moonlights blessing  
I talk to myself quite regulary  
I think out loud  
But no matter how strange my notions  
Or who questions my sanity  
I simply love the naked me

Hang on tight, its a rather random ride  
I'll drive you wild at night  
I laugh at absolutely nothing  
I sing in the shower, but offkey  
I hope you never have to hear me  
My eyes are known for enchanting  
And when i see you they shine  
I'll try to never give you a hard time  
I'm stubborn and hard to please  
I'll try not to scare you  
With the naked me

Guarded Heart

# The Need To Feed

It's driving me crazy  
I need to feed  
I'm craving  
It's driving  
Destruction  
I prey on the weak  
But i enjoy the strong  
And strong is what i need  
The weak struggle under me  
But the strong welcome me  
I must find what i need  
Because i need more than to feed  
I need him inside of me  
So unsuspecting  
By the end of the night  
He'll be much like me  
And he too, will have the need to feed

Guarded Heart

# The Only Regret I Have

Can you remember a time?  
When we were so alive  
A time when we forgot the strife  
And just lived out our life  
Together when you loved me  
And we were happy  
It was just us  
When we didn't care about others  
Somehow though everything has changed  
You don't feel the same  
I won't get used to this  
My heart is stained  
It has been taken  
Or rather given  
Every place you go  
Each country you see  
You'll carry me, all of me, because that's what I gave you  
I'm not sorry, I have no regrets, none but one  
That I can't make you happy

Guarded Heart

# The Vow She Made

"I will wait for you"

She said it, but you know pain will too

She meant every last word she ever said

And every night, she recalls her vow

Each and every lonely night as she slips into an empty bed

But she remembers her vow with happiness

A secret smile on her face

She has the memories, they help her sleep

No one understands it

Why does she wait?

Only she can look forward to the day

When he will return, when she will again

Lay her green eyes upon his perfect face

And remember the day she said

"For you, I will wait"

Guarded Heart

# They Hold Each Others Heart

She holds his heart in her hands  
She will care for it if she can  
Nurture and show him how  
To love and be loved  
To live for the here and the now  
Not to think about tomorrow  
Just be happy that he can  
Love another soul, live another day

He holds her heart in his hands  
He will teach it if he can  
To be patient and approving  
Look ahead in her life  
To plan for tomorrow  
Just be happy that she can  
Love another soul, live another day

She'll show him to embrace life  
He'll show her to live without strife  
She'll teach him to think of others  
He'll teach her to think of herself  
She wants him to be happy with her  
He wants her to be happy within  
And they will continue like this  
With him holding her and her holding him

Guarded Heart

# This Ones For The Girls

Girls need to be loved  
A girl needs to be hugged  
Girls are more than just looks  
It's like judging the cover of a book  
A girl is more than you'd expect  
And they all need to be treated with respect

One is better than all the boys in the world  
This is a song for the girls  
They don't deserve to be hurt  
They don't need a mini-skirt  
To Prove that their beauty is true  
Us men don't have a clue  
How much they mean to us

If you look them straight in the eye  
You can see that they will fly  
Into the sky of dreams  
Where everything is as it seems  
Where the clouds of forgiveness will heal their pain  
You can feel their love in your veins

Girls are not to be toys  
That's what all men need to see  
Girls are to be protected  
By every man on earth  
no matter what happens, hold them tight  
Show them that you'll never let them go  
Continue your strong grip  
and never leave them behind

> Written by my dear friend Logan,  
who inspires me everyday<  
To love them is a must

Guarded Heart

# Time To Forget(A Suicidal Cry)

I never thought these desires would come again  
I never even imagined the desire to die would win  
Against the urge to live  
I don't want to fade to the specter i once was  
But it's time to give it all up  
I dread awaking, i know the pain is waiting  
I know i'm nothing, with out your trust what can i be?  
Daddy, please forgive me, try to understand me  
I wish i could tell you how i'm feeling, everything i'm doing  
Hold me tightly, i want to stop breathing  
Leave this world behind me  
After all who's going to miss me?  
I'm sure yoo can replace me  
I'm tired of all the lies and deciet  
I wish you could just be happy for me  
I'll take this dose and waste away  
And as the pain builds up inside me  
The more i know i'll need  
Somebody to love me, somebody to hold me  
But i know where you'll be  
Locked away in some distant fantasy  
Where you never beat me, always loved me  
As the lightning storm rages within me  
I've lost all desire to live, to breathe  
Let someone else have my dreams  
I'm to tired to fight it  
Hell is anxiously waiting for me  
To welcome me, to burn me  
But right now i'm home, a different form of hell  
Locked in my room, this cell, a prison, my tomb  
No longer can i pretend that i'm so innocent  
My eyes are dry, no tearsa left to cry  
Only because i know that no matter how hard i try  
I'll never win this fight  
You want to kill the inner me, you say i'm too pretty  
Keep calling me a freak, you beat at my creativity  
God how i drea mto be free  
This kife was meant to be a gift, but you never wanted me  
Now i'm not sure if i want to be

It's time to forget i ever lived  
And its time to remember that i always knew  
That i was never good enough for you

Guarded Heart

# To Glimpse You

I walk this way everyday  
just to get a glimpse  
of you while passing  
you always look my way,  
yet you see past me

Do you ever notice  
how i look at you?  
Can you ever figure out  
the feelings you put me through.

I want to be loved by you  
Everything i have, i want to show you  
I'd give it all to you,  
if you would only take my hand

My friends all notice  
the mood you put me in  
When i'm sliding down  
it's you who turns  
my world upside down

Your gentle face is there  
your shy and unsure.  
Can you do this,  
is it wrong?  
do you really care?

Guarded Heart

# To Live Or To Die?

While I live, I have to hide  
The me inside wants to die

To live or to die?  
To answer my own question could be suicide

To die, to say goodbye, to leave this life  
Such an easy way out now that I know  
Because when you go I'll be alone

To live, to thrive, to hold you tight  
To love and be loved  
I have so much to lose

To live without your touch  
Is far to much  
To endure, to survive  
I'd rather give up my life than say goodbye

But to live this life  
Means that in order to survive  
I must deal with strife  
So again I ask the question:  
To live or to die?

Guarded Heart

# To Lose What You Love(Maybe The Last One)

To think;  
I'll never be kissed again  
By those lips, never be loved again  
By those hands, never be looked at  
The same way again, by those eyes

Here's what it feels like  
When all that you hold dear  
Is torn from you by a single sentence  
And you held it so dear  
That it was the center of you  
And when it was ripped out  
It took everything else with it  
Leaving me a hollow empty shell

Such a terrible way  
On such an awful choice of day  
An anniversary no less  
Please don't make anymore empty promises  
What's left of me can't take it  
I'm too fragile now

I'll never hate you  
It's not possible  
After all we've been through  
After all that I forgave you  
I saw through to the real you  
I love every aspect of you  
I gave you all of me  
Thing is, you walk away, still holding me  
And you don't want it anymore  
And I am still forced to wave and cry, goodbye

I let my guard down  
I fell in love  
Mark my words  
It will never happen again  
You can only give your heart away once

I have it in my mind to give up writing entirely. I had two novels in the making  
And was going to publish a poetry collaboration, but my inspiration has said good  
bye.

Even this piece was a struggle to write

Guarded Heart

# To...

To crave your touch is like torture  
To be in your presence is bliss  
To want you is like needing to live

To be in your arms is pure ecstasy  
To know you have someone to hold you gives you hope  
To be part of something bigger than you holds its own pleasure

To be alone is crushing  
To be known is confining  
To hold on is challengeing

To physically exert yourself so your mind can't wander  
To exhaust your mind so you can't think  
To hide your emotions so the world can't see

To know not who you are  
but who you want to be

Guarded Heart

## Turn Another Page

I was surprised, never thought i'd get caught  
I've been playing hide and seek with my demons  
And they've finally found me  
Surprise! open the door, it's me  
It will always be me, all the hype  
People keep asking why  
Your lifes not as perfect as it was yesterday  
And days are wasting, and we have so much to say  
But we keep finding ways around it  
Soak up the pain, the pain that goes with silence  
Such a beautiful thing, why throw it away  
Shame on me for my silly doubts and insecurities  
It keeps happening over and over again  
I won't give up on you, not now, unless you want me to  
I may be a whore, but i am forever your whore  
And no matter what, you own me now, i live for you  
I know someday, you wish someone would just blow you away  
Make it quick, and end your pain, but i won't, instead  
I'll help you shed your dead skin  
Do you hear me, can you see me, do you feel me  
I'll leave footprints on your soul  
And if you understand it or not, i'll wait patiently  
If only you could see me when i fall  
You'd know what i mean, you've invaded every part of me  
Every part of me, it's why you own me  
I don't want you out of my veins  
You are my antidote, you are my high  
It's not my nature, to apologize for who i am, but i'm sorry  
Sorry for anything i ever did to displease you  
I'm not jealous, i'm selfish, and thats not fair to you  
I trust you, i'd put my life in your hands  
And i'm already trusting you with my heart  
Soon, you'll be so far away, and i'll be here  
Alone, everyday, despite the many around me  
But i'll have my dreams, and thats when i'll escape, into your arms  
Into your shelter, don't turn away from the one that has always been here  
Don't turn away form the one that loves you inside and out  
I know sometimes you feel lost  
And you don't know who to be, just remember

You can be your true, unguarded self with me  
There is no judgement in these green eyes

Guarded Heart

# Undefineable Passion

I'll provide you with what you need  
You get a whole lot more than you see  
Passion is everything

Hot, hard, and heavy, always tempting  
With my hands, I'll take your face  
With my body, you make your place

I'm the type from dreams  
I am not a bang and leave  
I'm the type you keep  
And not just for a week

When you do leave  
You'll carry with you the memories  
I'll forever haunt your dreams

I'm an addiction  
Substance abuse is easy  
Good luck quitting

Guarded Heart

# Understanding My Writting

It's about the mood i'm in  
It's about the emotion i'm feeling  
It's about the people i'm with  
It's about the places i've been

To those who don't know me  
They seem like another little diddy  
But to those who know what i have been through  
They make more sense to you  
Those who know me  
Will not be offended  
The ones who know what i am  
Will truly understand  
Those who see me in my naked form  
Know where i'm coming from  
The ones who see me for what i am  
Will accept that most are random

To understand my writting  
You must go where i have gone  
You most love whom i have loved  
You must lose what i have lost  
You must do what i have done  
You must know what i've known  
You must be who i am

Guarded Heart

# Unexpected Dependency

My life used to move on my time  
I was once able to be my own happiness  
I never needed someone else to make me feel alive  
And now that you're gone I feel I could die

I never expected you could do this to me  
I never thought it was you that I'd need  
But now that I feel your absence from me  
I feel my happiness bleeding from me

I know that I need you here with me  
By my side holding me  
Knowing that you love me  
I have discovered an unexpected dependency

Guarded Heart

# Unforgiving

That look is unforgiving  
Unexplained, cold and icy  
Unmoved by my tears  
But it seems up to me to make it better

I'll give in for the sake of happiness  
I don't want to fight  
So i'll take the blame  
And face the pain

Something else occupies your mind  
And i can't see into it to make it right  
So maybe its better if i just don't try  
And let you have your way in time

Never mind how i might feel  
Doesn't matter that your coldness might actually affect me  
Overlook the wounded look on my face  
You hurt me and somehow i said sorry

Your emotion is unforgiving  
Your constant distance is unrelenting  
The lack of compassion is most taxing  
For the most part you seem unwilling to be forgiving

Guarded Heart

# Unwanted

I respected you  
Held you on a pedestal  
You denied me  
Forever lied to me

You took care of me  
You treated me like your own  
Now how can you ignore  
And ban me from your home?

Unwanted as i am it's true  
never forget how much i love you  
i idolize you and completely by choice  
and cannot wait until i next hear your voice

Guarded Heart

# Waking Up With You

I collapsed to the bed  
Exhausted from loving you

And when morning calls  
And the sun slowly wakes  
I roll over and see your face

And soon after you awake  
And place your arms around my waste  
Adorn sweet kissess upon my face

I'm convinced this is the only way to awaken  
To know happiness before i even start my day  
And i only have you to thank

Guarded Heart

# Warrior By Night

Centuries have passed  
And still we mass  
To fight for our kind to survive  
By day live a normal life  
A warrior by night

Ancient blood fued  
Over the centuries fought  
No end in sight  
By nights cover we fight  
Underneath the moons swaying light

Embrace the destiny we've been given  
To authorities, no submission  
Live forever, complete this mission  
Without sunlight's permission  
Fighting in the nights passion

Mortal by day, warrior by night  
For the same reason we always fight  
The chance for our kind t survive  
Spill blood of the innocent  
Invade the thoughts of the magnificent

Embrace the chosen destiny  
Act out your fantasy  
Live like it was meant to be  
Be unknown by day  
Be a warrior by night

Guarded Heart

# Welcome To My Heart

Welcome to my heart  
Come on in and have a seat  
You'll find theres room for you here  
I do my best to provide a comfortable atmosphere  
Theres alot to be done, and you've the time to do it  
So welcome to my heart

Come fill this empty space  
Make me feel whole  
Give me memories to last a lifetime

Welcome to my heart  
Come stay for awhile  
You'll never be rushed  
You will always be welcome

Guarded Heart

# What Am I Supposed To Do, With All Of This From You?

What am i supposed to do  
When everyone around me is telling me to leave you.....

That i deserve better, that i shouldn't put up with you  
That it's not worth the grief you put me through  
That the stress is tearing up my body  
That what you do to me is unhealthy

Yet here you are, saying sorry, but do you mean it?  
Do you even know what you're apologizing for?  
Telling me that you love me, that i've changed you  
When everyone around me say they see right through you

What do you want me to do?  
Am i ever going to be happy?  
What the hell is wrong with me?  
If only we could all see whats underneath.....

Guarded Heart

# What Am I Supposed To Do?

Tell me what I am  
Supposed to do  
With this heart  
That only beats for you  
The pain would leave if it  
Would stop beating  
But it cant, I won't let it  
My hearts is yours  
You don't want it  
So what do I do with it?  
What am I to do?  
With this heart  
That I gave to you

Guarded Heart

# What Good Is A Life

What good is a life With no one to share  
The glorious moons light with  
Mother natures purest delights  
Are worth nothing without you by my side  
Like the ocean is called to the shore  
The sun is called to the horizon  
So i am called to you

If i do not have you to swear to me  
That you'll never forget me  
That you'll always return to me  
What will keep me waking up every day  
I will not be lost to the emptiness  
Carry with you my cherished kiss  
Loneliness will come to pass  
But true passion is built to last

What good is a life  
What makes it worth living for  
Being connected to you  
Is what helps me pull through  
However rough my time may be  
Its the memories of you i keep  
That sustain me when i'm weak  
For what good is my life  
Without you by my side

Guarded Heart

# What I Have To Lose

Indisposed  
Insecurities  
Thoughts gathered in a flurry  
All so precious to me  
The few things close to me  
I chose to get involved  
Knowing i might have to fall  
So i hope to make it right  
I promise to never instigate a fight  
If something goes wrong  
And i happen to screw up  
Inform me, forgive me  
I'll make it right  
Face the responsibilities  
Know what means the most to me  
Hold you close to me  
Know that i love thee  
I'll try my hardest  
To be what you wanted  
Never let me run away  
I'm begging you to let me stay  
I'm scared of what i might lose  
I know i could lose you

Guarded Heart

# What If I

What if I  
Wanted to lie here forever  
In your arms and never get up again  
Would you hold me?

What if I  
Wanted to run far away  
And just keep running  
Would you let me?

What if I  
Wanted to break down  
Into a million pieces  
Would you keep me together?

What if I  
Wanted to disappear  
And lose all sense of reality  
Would you try to keep me here?

What if I  
Told you I loved you  
And that I'd die for you  
Would you die for me?

What if I  
Said that I know when you leave  
You'll meet someone amazing  
And you will forget me  
What would you say?

Guarded Heart

# What If?

What if we could pause our lives in one place?  
And just hold it there in our happiness

What if we could just rewind for a moment?  
Prevent ourselves from making mistakes

What if we could catch ourselves?  
Before we had the chance to fall

What if you could look at me and see me  
Look into my eyes and see what I need

What if I needed you?  
Would you need me to?

What if everything was all for naught  
And I had known my destiny all along

What if we all listened to what we were told?  
And learned the lesson the easy way

What if we could  
Where would we go?  
What would we do?  
Who would we be?  
What kind of life would we make?

What if we didn't have to answer this question first?  
What if the answer was already there?  
But then, how would we learn to hurt?

Guarded Heart

# What I'M Not

I'm not deceiving  
I won't lie to you  
But i'll keep your secrets

I'm not modest  
I'll show what i have  
But no one else can touch

I'm not some loose little girl  
I despise meaningless sex  
But chastity's not in my vocabulary

I'm not discouraging  
I won't put you down  
But i can't support all you do

I'm not going to hold back  
I refuse to be silent  
But i whisper, so come close

I won't turn my back  
I'm not going to put you out  
But i can't always let you in

I'm not going to hide what i'm feeling  
But i'm allusive and i keep you guessing  
But look close and i'll come clean

It's oxymoronic, I know  
Just take me for what i am  
And what I'm not

Guarded Heart

# What I'Ve Become

A mothers fault can be her own demise  
With an ending she will truly despise  
    Someone will only try so hard  
You can only push someone so far  
    I'm only willing to take a few more steps  
Before I give up and quit

I'm hurting inside, it's tearing me up  
And i have only one to which i can confide  
    Yet its no wonder i've become  
a person afraid to fall in love

You've had an affect on who I am  
You will alter who i become  
    I'm so far down  
That you can't beat me any further  
    You've degraded me  
Until there is nothing left

Now no matter how hard i try  
To break out of what you made me  
    In the back of my mind  
You'll be there telling me i can't  
    That I'm not good enough

    The face that I wear for all those to see  
is the result of what you've made me

Guarded Heart

# What The Inner Me Says Everyday

Just give up  
It'll be ok  
Just let it out  
Lay your armor down  
Turn off the security  
Open the gates  
Cry in the rain  
Wash away the pain  
Never be perfect anyway  
But it's ok  
Good enough for some  
Let the world hang  
Can't please it anyway  
Don't hide anymore  
Let somebody show love  
Don't constantly doubt  
If it's real  
Just let him  
what my inner me says everyday

Guarded Heart

# What You Do To Me

How i'm longing  
To be holding you  
Be controlled by you

Your scent is intoxicating  
Your lips i can't help but nibbling  
I'm not sorry for teasing

I love this feeling  
This is one of needing  
Heavy desire matching

I love what your presence does to me  
The way you over power me  
And i can't seem to get enough

Your my desired addiction  
And the doses are never to many  
To imagine quitting cold turkey, you'd kill me

Your head resting on me  
Heavy with sleeping  
It's as if i'm dreaming

The weight of your body on me  
Feels so heavenly  
No one else could ever satisfy me

It's what you do to me  
Every time you touch me  
It's as though i'm lost in a sea of bliss

You say i enjoy myself to much  
But thats not true, what i enjoy is you  
No one before you could recieve a reaction like you do

Guarded Heart

# What You Want

Am I wasting my time?  
Is it pointless to try?  
To think you could want me?

Am i just embarrassing myself?  
Am i the only one that does not see?  
Have I killed your interest in me?

Was i just whim?  
Did you just want  
a temporary distraction?

Can you offer me a clear answer?  
Can you make up your mind?  
Will you ever be sure?

Do you like the game you play?  
Pull my heart one way  
My emotions the other?

Guarded Heart

# What's Important To You?

What's important to you?

Is it how she looks  
seducing in nature  
and she doesn't even know it?

Is it what she can do  
how far she'll go to prove  
she really cares about you?

Is it what she's willing to give  
no matter what she must live with  
and the consequences after bliss?

Is it the way she could keep you guessing  
because her intellect is a blessing  
and cleverness is her key?

What about her humor  
should she keep you laughing  
and constantly make you happy?

Do you wonder about her background  
her family and her culture  
or did you forget to get to know her?

What's important to you?

Are you afraid to answer?

Guarded Heart

# When I Knew

I lay entwined with you  
Arms around me tight  
And every so often  
You'd twitch and they'd tighten  
Like you were afraid I'd leave  
As if you'd never let me go  
And I never knew what it was like  
To be so content and happy  
Until I was loved by you  
And I never want to lose that  
Never want to be without it

And then I knew...

Guarded Heart

# When I Run Away

When I run Away, it's always to the same place  
So don't worry about me, it's not all so hard  
But when i fall on my face, please help me up  
And acknowledge my cry for help, because  
In case you haven't noticed, i need you  
Wheter i'll admit it or not  
I'm stubborn and i'll try to push you from me  
Just come after me when i run away  
Finding me will be easy  
Convincing me to return will be hard  
Tell me it will be o.k. and it won't hurt anymore  
That i'm going to make it, and someone does care  
And if i run away again, don't lose hope  
Follow me and bring me back  
Each time i will be grateful  
That you belived in me and brought me back

Guarded Heart

# When You Close Your Eyes

Don't hide away your thoughts  
I'll listen to your stories  
Your sanity lies within the reality  
That your never going to be alone  
Be no one but yourself,  
I'll help to bring you out  
If you seek a world no one can find  
Then with open arms i welcome you to mine  
And when you close your eyes to dream  
Think of light and dream of me

> you know its for you<

Guarded Heart

# When You'Re In Love

Many people say they're in love  
But most are only in love with an idea  
Of what they wish would happen or what could be  
They are in love with what they want things to be  
They love what they want someone to be

But when you're in love, it can't be put simply  
The idea that you love is your reality  
What you wish to happen is happening  
What you want to be is  
When you love the person for being  
And you still have great chemistry

When your in love, there are still insecurities  
Every harsh word stings uncontrollably  
When all you ever try to do is please  
And still the words hurt more than normally

When your in love, your time spent apart seems like forever  
Your entire mood alters at the flick of a wrist  
And you can go one moment from sulking to smiling the next  
The sight of your love makes it all seem ok  
And when held by that person, your fears run away

When your in love, you've given someone your heart  
You've let down your guard  
They now control your every feeling and you are at their mercy  
Because it is them you are constantly craving  
But it's being in love that we were created for  
And being in love is worth sacrificing for

Guarded Heart

# Where Your Eyes Take Me

to look into your eyes  
is to travel down a path  
filled with you past happening

the sorrow you were in  
when your mother went away

the pain that you have felt  
by responsibility's wieght

the joy you have lived through  
when you finally got away

and the happiness you knew  
when you shrugged away you pain

i'm so glad to have known you  
glad to set you free  
and give you a taste of true delivery

Guarded Heart

# While You Were Sleeping

I couldn't help but watch you  
You were so peaceful  
As I stared down at you  
While you were sleeping

I packed my bags, I knew I was leaving  
Forgive me my dear, I know you were sleeping  
I kissed you for the last time  
I'm sorry I never said goodbye

I told you I was coming back  
It was the hardest lie I've ever told  
Don't ever forget that I love you

I'll visit you in your dreams  
I'll bring you the desired peace  
Your deepest secrets I will keep  
I'll watch over you while you're asleep

Guarded Heart

# Why Can'T He See

Why can't he see?  
That he's what i need  
When he's with another girl  
It's killing me  
In a crowd of people  
He's all i see

Why can't he see  
That in me, he has someone loving  
Every word that he speaks  
I hold dear to me  
And when all around him is admiring  
Why can't he see me

Why can't he see  
Something sitting right in front of me  
A friend, always hear, ready to listen  
If only he wouldn't hide his thoughts from me  
Then, maybe i could see  
The him thats underneath

>Written a while back, in january of this year<

Guarded Heart

# Why I Am Always Questioning Authenticity

I wasn't asking for much  
When I wanted you to love me  
To want to be my mom, please

I wasn't asking to much  
When I wanted to be noticed  
For him to notice me

Maybe I asked too much of you  
When I mentioned that I loved you  
and I couldn't go a day without you

Did I ask to much of you?  
When I wanted your support  
And to not break my hopes apart?

Is it to much  
To want to live this fairy tale?  
To want it to be real?

It is never to much  
To want someone to care  
For someone to be there

But maybe because it's me  
And I abandoned simplicity  
That it is to much for me.

Guarded Heart

# You Asked Me Why

It's the chemistry  
The mystery  
The fact that i'd bleed  
That you always seem to be there  
Holding on to me  
Needing me  
It's the way that you love me

You make me laugh  
Even when i'm crying  
And if i don't  
It's the fact that you're trying

The warmth of the light in your face  
The sensuality of your embrace  
The way your kiss makes me weak  
The way you respond to me  
Tells me that you're what i need

Your family accepts me when they barely even know me  
I once rejected the idea of a future with any man  
But now my sleep is haunted  
By dreams of you with me  
And a future without you scares me

It's because i keep trying  
Even though you've hurt me  
I keep forgiving, and the only reason  
I continue to be submitting  
Is because i'm afraid of losing what means the most to me  
Of losing what loves me

You accept me, insecurities and all  
You fell in love with me, issues, perks, everything  
And i find i love you more than my little girl  
And you know how much she means to me

I love to feel your body  
On top of or beneath me

I love to go to the places you take me  
You make me happier than i ever imagined being  
i adore the softness of your skin  
And the eyes i constantly get lost in

The way you tell me i am perfect to you  
Makes me hope thats the way you really see me  
The cute little nicknames, and the random things you say  
The way you get defensive about me, yet will fight me till the end  
Simply for your amusement, and i always give in  
You give me purpose just for being  
You mean so much to me  
And thats why when you asked me  
The answer to the question came easy

Guarded Heart

# You Can'T Escape From What You Want

You lay there  
Eyes closed in fear  
Your wondering how you got here  
Panicked breathing, threatening hyperventilation  
You hold yourself tightly, wishing it would all just go away  
but you can't escape, your well aware of that  
A mind won't abandon its body for sake of relaxing  
You can't keep running from the thoughts that invade  
And no matter how hard you try, they break the barricade  
There is no guard from the thoughts that haunt you  
You can't escape from what you want,  
No matter how impure the thought  
You control your mind, but your mind controls the thoughts

Guarded Heart

# You Keep Me

You keep me from  
The terrors of this life  
The things that would haunt me  
And hurt me if they could  
And when i crash and burn  
You keep me from going under  
And bring me back to reality  
Remind me that i'm human  
And i can't do it all

You keep me from falling  
Into a dark hole  
And if i do fall  
You light my way  
Tell me its ok to break down  
Tell me it makes me stronger  
Even though i feel weak

Keep me a little while longer  
And i promise to make good  
All your efforts, they were not waste  
Keep me from the shadows  
And what lurks there, waiting

Thank you for keeping me  
Whole, encouraged, and alive

Guarded Heart

# You Make Living Worth While

You'll never guess  
Just what you mean to me  
And even though i've told you before  
You probably don't believe me  
And no matter how many times i tell you again  
It will never be enough

Do you know how much i care?  
Has it ever crossed your mind,  
Do notice how much you make me smile?  
You make living worth while

And if i tell you that i love you  
And i miss you all the time  
Would you think i'm rather crazy  
Or that i had lost my mind?

And so what if i have  
I feel happier now than i have in a while  
And if insanity is the price to pay  
Then consider the bill paid

I'm addicted to your touch  
Your kiss makes me wild  
Its the little things you do  
That make it all worth while

Don't be timid or afraid  
It's really quite ok  
We're no longer playing a game  
It's our live's we're playing with

Guarded Heart

# You Saved Me

It's time for me to stand up again  
To shrug off the insecurities  
That are destroying me  
You've helped me-to see  
You saved me-from falling-into someone i don't want to be

You knocked on my door  
Dried up all my tears  
You took me to the shore and said here  
The world- is yours, take it - please

I've been selfish-drag along by- someone elses lies  
I have worried-unessicarily- until it broke me  
And now i see-what i was becoming  
And what i see has made me cry-made me ask why  
You would still want me- you saved me

You knocked on my door  
Dried up all my tears  
You took me to the shore and said here  
The world- is yours, take it - please

When i asked why, you said thats just- how things are  
And i'm still crying, but at least i'm trying to be the old me once more  
I had fallen and couldn't get back up- lost all dignity  
you stopped me and lifted me  
And now my only wish is that you could be here  
To hold me and dry the tears

You knocked on my door  
Dried up all my tears  
You took me to the shore and said here  
The world- is yours, take it - please

Come back you told me  
Be that girl i once knew  
And i'm hoping that it's ok  
And i'm admitting  
It's my fault

I'm sorry..... maybe now it will be ok

Guarded Heart

# Your Star

I look intently  
I can't see your star  
The light that is your life  
Is fading away

In between worlds  
You sway  
Which way will you go  
So far away

Your growing colder  
I'm calling your name  
But so are they  
Which way

Fading faster  
Darkness so inviting  
You will leave me  
And your star is fading

Guarded Heart

# You've Got A Keeper

You've known from the beginning  
Exactly what you have  
Though you may not have known the depth  
And how far it went

Pleasing  
Generous  
Loving

Qualities i try to have  
If you need more  
You know i'll deliver

I'm not all that great  
But you seem content with that  
I owe you my deepest gratitude

You know what you've found  
You know what you've got  
There's a keeper in me

I promise to be all that you ask of me  
I'll try to help you be steady  
And when you leave reality  
Please come back to me

I'll always be waiting  
Even when we're gone  
On opposite sides of the world  
Think of me

For a while now  
You've been keeping me  
Sane and alive  
Whether you knew it or not

I owe you my happiness  
The joy that i feel  
The hope in my eyes

The light in my life

So keep me close  
Try to have a hold  
And always know  
You've got a keeper

Guarded Heart

# You've Got Whore Written All Over You

Narcissistic doesn't even begin to cover it,  
You've got bruises from looking at yourself.  
Give us all some credit your not that pretty.

Cake on the makeup baby, they love you for it.  
Mess with all the boys you can't stand to be alone.

He didn't call last night, he passed you in the hall without so much as a word.  
That's what you get for screwing around so much, We're all getting sick of it.

Cake on the makeup baby, they love you for it.  
Mess with all the boys you can't stand to be alone.

Time will tell if you've truly got it or not, don't whine to us when you're buried by  
yourself.

By: Tara Davis

Guarded Heart