

Poetry Series

Grace Hays
- poems -

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Grace Hays(October 12,1979)

hello all...i know that i am changing this but oh well...just want to say thank you for reading what i write...some of the poems on here might actually be part of a short story that i am working on...i want to thank all of my friends for giving me support while i am writing these...i know that not all sound like poems or look like a poem is supposed to but i am just writing from my heart...and if you have any questions bout that just ask Doc Wilde bout my writing and he will talk to you...he is a good guy and a good friend...now i feel like some of these aren't my best but please bear with me as i try to get back into my groove that i used to be in when i wrote as a kid...and yes i do know that i have a lot of potential as another one of my friends would say...well this is practice for me...to get better at what i do...well thanks again and please enjoy...and please forgive the language in several...Alwalys & 4ever, Grace(aka Doc's Gracie)
ps you can find some other information about me at

****(Stood Up) ****

a very beautiful woman
sits there ever so patiently
awaiting his arrival
wanting this one to be the one

how was she to know
that he would be like the others
just a jerk that didn't care bout her
only wanted to toy with her emotions

she begins to wonder what happened
did she say something wrong
did she go to the wrong place
or was she just getting her hopes up again

why won't he show up
is he too scared of what could be
or is he scared of her
it is far too difficult for her to tell

an hour goes by
and still he does not show
was it all a dream
that she thought was real

two hours have passed
and still no sign of him
had her prospective date forgotten
or did something terrible happen

no way to know
as she sits there wondering
what happened and what she should do
wondering if she should just go home

finally after 2 1/2 hours have passed
she gets up to leave
for she finally sees
that he stood her up

left her there waiting
with her heart in her throat
hoping that he would be the one
when he was no better than the others

so she went home
and changed into her comfy pjs
and curled up on her couch
with one of her fave books

she jumped when the phone rang
it was him calling from the rendezvous spot
saying that he was sorry he was late
and asked if she would come back

tired of the lies that he said
she gave him a piece of her mind
and said that she was staying home
as she was tired of being stood up

Grace Hays

*****missing You*****

where oh where have you gone
my sweet love and friend
will you ever return to see me
to visit with this friend whose heart you have
i can't help but to sit here
and think of all the fun we shared
my mind roams back down the road
to those blissfully sweet memories
as i sit here missing you
wishing you were here to hold me close
in your protective embrace
yeah....i know my dog protects me now
but i miss the comfort of your arms around me
when i need to be shielded from the pain and torture
i'm so tired of being this lonely
tired of missing you....
going through a time of endless pain and misery
wanting.....needing a way to heal
needing your sweet embrace to hold me
yet knowing that you have moved far away
leaving me here alone and missing you

Grace Hays

******julie B******

a friend from school
that i will always remember
for she showed a kindness
and caring like no other
she was there for me
in my darkest hour

it is thanks to her
that i am still here today
for without her
friendship and support
i don't want to think about
where i would be

her words from that
very fateful day
have guided me through the years
to this point in my life

tall and pretty
awesome at sports
and totally cool to boot
a miss popular in my book
but she still considered me a friend

from time to time
i still have those crazy moments
where i just want to end it all
but then i remember
what my friend julie said
and i realize that life ain't so bad

that's when i remember
that i do have friends that care
that there is a reason to keep going
even when all seems lost
for i would be lost to all
if it hadn't been for her friendship

so julie i thank you
for your friendship and support
for keeping me going
and having me make that promise
to see you in school that following monday

i'd be lost without friends like you
so from the bottom of my heart
thank you for being there for me
for being a friend to remember

(dedicated to my classmate Julie Befort for being there for me at the end of our
junior year)

Grace Hays

~~~~~my Friend~~~~~

i have just met a wonderful friend
she doesn't want much
just an ear every now and then
it is so cool to just have friendship

a friendly ear to me
always there to chat
no pressure to be more than me
because she likes me the way i am

a mom to five kids and very loving
the best kind of friend to have
for she can share her insights
on motherhood with me

let's me scream and cry
when the pain of the past sets in
the best friend to chat with
that is alot like me

a hard working and dedicated mom
that wants the best for her kids
she now has a great man in her life
so it helps to have a friend to talk to

sometimes we share our poems
before we put them
and let the other say their mind
so that if there are problems
we can fix them(at least on my part)

it's kind of funny
that we started talking by emailing
and commenting to each other
through this very site

it is amazing that i found
a friend like her
here of all places

to find friends

so all i can say is
that i thank you for your friendship
and hope that all things go well for you
as you lead your life

sweet kids to keep you happy
such a great man to give you love
oh how i appreciate having another friend
like you to help keep me sane

thank you ever so much
for being a friend to me
for you see Lesa K
you are my friend

Grace Hays

~~~~==++(Sarah Beth) ++==~~~~

can't help but to write  
for another dear friend  
she is a coworker by all rights  
but i appreciate her dearly  
for she can make me smile  
at work almost daily  
and i know she takes that extra mile  
to do so just because  
she doesn't like to see me sad  
her name is Sarah  
and she is quite the friend  
full of love and life  
doesn't quite know the word give up  
cause she has a dream of her own  
i'm not sure what that dream is  
but i hope it happens for her  
what i like most is her personality  
she is such a cool person  
that i just don't think that i of all people  
can truly give her the honor she deserves  
i can't help but smile when she tells me something  
oh sweet Sarah thanks for being there  
for me and going that extra mile  
to make me smile

(written for you Sarah! ! ! ! thanks a bunch.)

Grace Hays

## ~~~~~i Could Fall In Love~~~~~

Everyday I talk to you  
I feel like a new person  
Totally transformed into a brand new me  
I didn't know I could feel like this

Did you know that you are toxic  
You fill my blood with toxins  
So potent that I can't fight them off  
I can't help it I find myself fighting  
the one feeling I want to feel the most

I have to stop myself  
You don't know how close you have me  
I could fall in love with you  
Especially if I let you take over  
I could fall in love

Your charm is working on me  
I can't help but smile back at you  
When you smile at me  
I get goose bumps all over  
when you touch me

Your touch is filled with your  
toxic charm  
I try to fight it off and find myself falling for you  
Why do you have to be so damned good  
looking and charming

I have to stop myself  
If I'm not careful  
I could fall in love with you  
Especially if I let your charm  
continue its work  
Oh I could fall in love

I hope that you know the effect  
that you are having on me  
It is hard to stop you

I can't keep this fight up for much longer  
I truly didn't know anyone could  
make me feel this way

Why do you have to be so damned charming  
I am powerless against your charm  
I have to watch myself around you  
Why do you make me feel this way  
I can't help feeling this way

All I know is that I have to be careful  
I could fall in love with you  
Especially if I let you into my heart  
Oh how I could fall in love

Grace Hays

## ~~~~the Mist Around Me~~~~

crawling and stumbling  
i try to fight my way through  
the mist that surrounds me  
crying deep inside for someone  
to lend a guiding hand  
i close my eyes to fight back the tears  
it's a hard fight and the battle is all uphill  
why does it have to be so hard so difficult  
why does it seem like it's only me  
where has everyone disappeared to  
will i ever be able to find my way  
or will i be 4ever crawling  
and stumbling through the mist

Grace Hays

## ~~~~~thinking Of Us~~~~~

sitting here thinking of us  
and how it used to be  
thinking of how much fun  
we used to have

i miss all the fun  
that we shared  
and wish that we could  
just go back to the good old days

thinking of us  
keeps me going these days  
especially when i get to feeling lonely  
it helps to pass the time

i wish that there was a way  
that i could be with you again  
and get a second chance  
to be what you want

but i have disappeared  
to hide away in my own little space  
just so you could have space  
to live out your life

thinking of us  
keeps me going  
when i get to feeling  
so lonely and missing you

Grace Hays

## ~::~bubbles~::~

So sweet and kind  
a smile for all  
You have such a sweet  
and gentle attitude  
A very bubbly and bright  
outlook on things  
A giggle here and there  
when you hear a joke  
Sometimes a giggle  
just because you are so happy  
You are a good friend  
sunny disposition and all  
There are times when  
I want to call you giggles  
But you will always  
be known as Bubbles  
Though I believe  
that is due to  
You having and bubbling  
over with lots of love

(written 4/5/08 for my friend/coworker J-Dub aka Bubbles)

Grace Hays

# ~::~danielle~::~

Danielle, Danielle  
what can i say  
Just a sweet girl  
trying to find her way  
Full of hopes and dreams  
Striving to reach her goals  
that always seem to be  
just out of reach  
A shining star to me  
that with lots of love  
and friendship  
Can grow into what  
she wants to be  
My Danielle friend  
and coworker  
May all your hopes  
and dreams come true

Grace Hays

# 4ever Broken

Wanting....needing  
something that can never be  
Knowing deep down  
you are gone  
Just a fling for you  
Another broken heart  
and used body

When will you see  
how you make me feel  
Will you ever truly  
see the real me  
Or am I just  
another fling of the past

4ever broken  
in two  
Always trying to survive

What can a girl do  
to make an honest living in this world  
How do I live  
this life without you

A slammed door  
glasses breaking on the floor  
Where did it all go wrong  
Why am I  
4ever broken

Grace Hays

# 4ever Remembered

Fought with you overseas  
thought we would make it back  
How can it be that it is only me  
here without you  
My friends and comrades in arms  
always in my memory  
For I will never forget you  
I will 4ever remember you  
Fighting side by side  
through it all  
In a country and a far off land  
How I miss you so  
miss hearing your voice  
What I hear now only in my dreams  
isn't enough to keep you near  
My friends and comrades in arms  
the French Legionaires  
In my memories  
4ever remembered

Grace Hays

# A Fight On Their Hands

sorcerors and witches  
gather round in great numbers  
come together from near and far  
to get ready for battle

for a friend of their's  
is in great peril  
and needs their help right now  
for a war is brewing

the vampires and werewolves  
are getting restless too  
for they don't want their friends  
to lose this fight

so they all come together  
to make a stand  
against an enemy  
that only one has seen

all of these beings  
are putting their strength together  
for they all know  
that they have a fight on their hands

normally you wouldn't see  
vampires and werewolves  
in the company of such great  
sorcerors and witches

but the times call for extreme  
measures as they come together  
allies to the bitter end  
all to save their one mortal friend

they feel a storm  
gathering in the distance  
as the enemy  
prepares their troops for the battle

a fight awaits them  
where many will be lost  
but with determination  
and sheer fighting will power

they know that they will survive  
for they won't let no one  
destroy the one person  
that believes in them

for that person has been  
their mentor and friend  
like a father or brother to some  
and they would lay down their lives for him

so the enemies best beware  
for unbeknownst to them  
these great beings of myth and lore  
will be willing to give them  
a fight they will never forget

Grace Hays

# A Heart Full Of Tears

she cries the night away  
wanting to feel your embrace  
but knowing that you are gone from her  
she tries to hide the tears she cries  
especially from the man that she loves now  
why did you have to hurt her so  
fill her with such doubt and pain  
let her self-esteem fall so low  
such a sweet lady and friend  
she doesn't want her hubby to worry bout her  
but she can't seem to hide the tears from him  
she wants you and loves you  
but she knows you have pushed her away  
the reasons why she doesn't know  
all she knows is that she has loved for a long time  
either be her friend or leave her alone  
so that she can deal with her pain  
for you have left her  
with a heart full of tears

Grace Hays

# A Love Pure And True

A love so pure and true  
Would make anyone happy  
And give a person great joy

I dream of a love like that  
And I look for it on a daily basis  
Oh to know that someone loves me

I know that there is someone  
out there for me  
I just hope that he will like me  
for who I am  
I wonder who he is

Looking for a pure and  
true love  
Constantly taking care of my daughter  
Will life slow down again

I miss the man I love  
I know that I'll find another  
love someday  
A love that is pure and true  
A love from the heart and  
soul  
A love that only he can give me  
A love pure and true

Grace Hays

# A Mother's Love

A guide in my life  
A shoulder for me to cry on  
The best support a daughter  
can have

You didn't have to be my mom  
Yet you chose to take me in  
And you have shown me  
what love is like

I thank God everyday  
That you are my mom  
For He gave you the gift  
of a mother's love

You give me love  
even when I don't deserve it  
You are always there for me  
The best mom a daughter  
could ever ask for

My best friend  
my mom  
Both in one  
God truly did give you the gift  
of a mother's love

Grace Hays

# A Pretty Lady

there is a pretty lady that i work with  
who is such a good friend  
that i just had to write  
a little something bout how pretty she is  
as she comes into the cafeteria each day that i work  
i can't help but say  
'hey there's that pretty lady'  
and she just smiles  
i can't help it when i say it  
for she is such a nice lady  
that i want to make her day  
so if you ever see my friend  
be sure to say this to her  
'how are you today pretty lady'  
and wait for that smile to light up her face  
for though she says she's not  
she is a pretty lady

this is for my friend Susan at work.....glad i can make her day

Grace Hays

# A Rose For You

here i am bound with chains  
wanting to give you this deep red rose  
as a token of my love for you  
my sweet and precious angel  
i long to be set free of this darkness  
that controls this heart of mine  
i don't mean to cause all of this pain  
i just want to be free like you  
oh sweet angel  
will you please take this deep red rose  
for i picked it just for you  
right before the darkness took over  
how was i to know  
that i would turn out like this  
not quite human anymore  
i'm more of an animal now  
don't know exactly  
what caused this change in me  
i just want you to have this deep red rose  
so that you will always remember  
that i love you my precious and sweet angel  
don't let the vampire you see chained here  
scare you away from me  
for i could never hurt you  
for you are my sweet angel  
and this deep red rose  
is just for you

Grace Hays

# A True Hero

Fighting for this great land  
In a far off place  
To fight for the freedom of all  
In a war in a country not your own

So many wars  
So many lost  
Yet we love you all  
Even the ones that are gone

Our brave heroes fought  
to make us our own country  
They fought each other  
when slavery was an issue  
They even fought  
for Texas and The Alamo

World War I  
Had to go put things  
to rest in Germany  
World War II  
The need to fight back  
May all the souls in Pearl Harbor  
Rest In Eternal Peace  
Fixed our problems with Japan  
and righted things in Germany

Vietnam our saddest war  
Why did so many have to die  
Vietcong hiding everywhere  
making it hard to survive  
Now there is a wall  
for our fallen brethren there

Fallen and survivors  
Several disrespected at first  
Now honor given to all  
from our saddest war

Korea oh Korea  
We tried to keep you united  
We did our best  
Now we can see you slowly mingle again

Persian Gulf  
The first time to fight Iraq  
We managed to save what we could  
We put the fires out in Kuwait

Now we are in Operation Freedom  
and the hunt for Osama binladen and his men  
We have lost so many  
Yet we keep helping them  
The heroes of today  
taking after the heroes of yesterday

So this is my tribute  
To honor all the heroes  
that are and have been in uniform  
Thank you  
To the true heroes  
The United States Military

(Dedicated to the US Airforce, Navy, Marines, Army Vets and current soldiers.  
We all love and appreciate you.)

Grace Hays

# Almost Over The Edge

got stood up today  
and the pain is almost too strong  
don't know if i can take much more  
of this torture and torment

i'm standing here at the edge  
just about to fall over  
wanting that blissful darkness  
to come in and numb everything

so tired of all this heartache  
wanting to be so much more  
than what i am  
can't help but wonder if i'll ever be

more than what he sees  
or if i'll just be  
another heart full of emotions  
that he toyed with

on the edge of the cliff  
looking down into the endless blackness  
wanting the peace that it offers  
but being held back by the love of friends

almost over the edge  
ready for the fall  
wanting the numbness that is offered  
just out of reach

only my friends seem to see  
what i am truly like  
for they know that my heart is fragile  
that i'm on the mend

so tired of this pain  
i feel oh so ready to fall  
yet i can't seem to move  
for i am almost over the edge

Grace Hays

# Art The Oil Painter

you may have worked as a mechanic  
but i'll always remember your paintings  
and how you made them come to life  
and make it look like i was looking out a window

transmissions, tractors and combines  
your specialty at the shop  
but when it came to paintings  
you had a studio in your house

i don't know if you ever sold any  
but i sure would buy your paintings  
for you had such great talent  
with the artwork that you did with your oil paints

there was a time  
when i asked you to paint one for my mom  
it was her Christmas present i think  
and it was of her dog Rocky

i knew that she missed him so  
and i gave you a picture i had of him  
and to this day my mom still has that painting  
that you made so life-like of him

we used to think  
that he could walk right off canvas  
thought we were looking out the window  
when it was just an oil painting of him

i even remember  
your paintings of farms  
with barns and animals  
my favorites though  
were of the woods and wildlife

i keep wanting to ask you  
if you remember our vacation trips  
and then i remember

that you're not here anymore  
then the tears start to fall again

the memories of us  
at Gettysburg, PA and Mount Rushmore  
the trip to Pioneer Village in Minden, NE  
(the last time i went i thought of you)  
i even remember how much fun  
it was to watch you take pictures of the battlefield

i even remember going into Missouri and Arkansas  
to tour battlefields there with you  
of course mom and dad were with us on all these trips  
but the fun we had with you there will always be with me

i think that your inspiration for your oil paintings  
came from trips like those  
for sometimes i thought i could recognize  
a place or two we had been

you will always be in my heart  
and with me everyday  
as i strive to do the same as you  
with my own works of art

for you are an inspiration  
my dear sweet Great Uncle Art  
for some of the poems that i have written  
because i could see them as paintings you had made

This is dedicated to the memory of my Great Uncle Arthur Ledru Boileau who  
passed away on December 24,2006 (i love you and miss you) written on  
December 29,2006

Grace Hays

# Beautiful Blue Eyes

Blue eyes so full of life  
A wonder all of their own  
So beautiful and precious  
Oh to see those eyes smile  
Such a beautiful sight  
How I love to look into those eyes  
When I look into them  
A kind of peace comes over me  
Beautiful blue eyes  
Always haunting me  
...teasing me  
Reminding me of what I want...can't have  
Why do they haunt me so  
When will I be free of them  
Constantly held captive by those blue eyes  
Beautiful blue eyes  
Always there  
A reminder of what I want...can't have  
Such beautiful blue eyes  
Beautiful blue eyes...

Grace Hays

# Bleeding Heart

a bleeding heart is all that's left  
in this shell that is me  
where once a love lived  
now nothing but shattered pieces

broken and bleeding  
torn into millions of pieces  
when you said you had married  
had you forgotten  
the love i have for you

my heart is beyond repair  
yet i knew it would come to this  
my love has died  
now that she is in your life

i always suspected  
but never knew  
that you would marry  
the one you hid from me

now i can understand  
why there were secrets and lies  
deceptions even to me  
so that she would never know

i let my heart fall  
to be held in your hands  
and now all that is left  
is a broken bleeding heart

maybe one day  
i can tell you that i am happy  
that my dream came true  
that the man of my dreams  
swept me off of my feet

until then all there will be  
is broken and bleeding

pain unsurpassed in this  
bleeding heart

i will always love you  
...always care for you  
never 4get that  
i will always be your friend

now i can say  
goodbye to my beautiful blue eyes  
that have held me captive  
these past two years

may happiness and love surround you  
...your dreams last 4ever  
while i take time to heal this  
bleeding heart

Grace Hays

# Blue Eyed Thunder

Beautiful blue eyes full of life  
Always a smile even when  
    there is a lot of pain  
I don't know if anyone  
    has ever seen the fire and passion  
        thundering right behind those eyes  
Blue eyed thunder that's what you are  
So full of passion and life  
    beyond anyone's imagination  
Those blue eyes are so captivating  
I can't help but to stare into them  
Passion for life burning in those eyes  
    a fire for a love good and true  
All stemming from the life you live  
Blue eyed thunder how can it be  
    that your eyes can hold in such a  
        thunderstorm  
Always alive with passion and love  
Always and forever my blue eyed thunder

Grace Hays

# Broken Hearts

Crying a river of tears  
Since I talked to you  
    someone that I love  
How could you say  
    what you said  
It broke my heart  
To hear you talk like that  
Especially to our daughter  
You may live far away  
But you didn't have to  
    talk like that to her  
She doesn't need to hear  
    that you hate me so  
You don't need  
    to drag her into our fights  
She misses you so much  
    more than you will ever know  
Now she has a broken heart  
All because of what you said  
She doesn't like it  
When you speak ill of me  
Or when you don't listen and  
    try to get me to fight with you  
    on the phone in front of her  
So here we are  
    with broken hearts  
When the man we love  
    hurt us so  
Just leave us alone  
To mend our broken hearts

Grace Hays

# Bundle Of Joy

oh sweet precious one  
you are my little bundle of joy  
a miracle sent from above  
for me to give my love  
a little babe in my arms  
when once you were in my womb  
a tiny little babe  
new to this world secure in my arms  
i will never let you go  
even when you grow up  
for no matter how old you are  
you will always be my little bundle of joy  
i've always wanted this chance  
to be your mommy  
this chance to hold you close  
and feel your heart beat  
in time with mine  
oh my sweet little babe  
life will be so grand and neat  
with you in this world with me  
i will always love you  
my little bundle of joy

Grace Hays

# Canyon In The Valley

A beautiful green valley  
dotted with trees  
Cows grazing in the  
meadow below  
Seeking shade from  
this treacherous sun  
Peaceful and quiet  
hardly a sound  
What looks like  
normal valley from above  
Turns into a canyon  
running through  
A place where water  
can flow free  
And wildlife can roam  
Never before seen  
this canyon in the valley

Grace Hays

# Cory

a friend to me  
that served in france you see  
i can't ask for much more  
than what he has already given  
a man that misses his friends  
his comrades in arms  
how i wish that i could do more for him  
so here is this little tribute  
to a great friend of mine  
i'm sorry for your loss  
so my dear sweet cory  
my heart is with you  
for everytime you remember them  
i want to ease the pain  
for you are my friend  
and i care for you so  
i only wish that i could do more

Grace Hays

# Cousins

Two little kids  
playing out in the country  
One my little sandy blonde girl  
The other my little blonde nephew  
Both cute as can be  
Exploring the woods  
looking for interesting bugs and worms  
Oblivious to the world  
they set off on their adventure  
to go see the woods and what it holds  
They have just met each other  
for the very first time  
And it is oh so hard to separate them  
especially so my little girl and I  
can go back home  
It makes me laugh every time I hear her say  
"Can I talk to my cousin? "  
"Can I go see my cousin again? "  
"Will you take me to see my cousin on your next day off? "  
All I can do is sit here and say  
"Wait 'til July when we get to take our vacation."  
Max and MistyRaine  
cousins long before they met  
and cousins 'til the end  
Happy to be near one another  
these two sweet little cousins

Grace Hays

# Damned Slow Computer

oh when will you speed up  
i sit here half the night  
trying to find the site that i want  
but you keep taking your time  
i go to the store to get a couple of things  
when i get back i can see  
that you are finally where i want to be  
why do you have to be so slow  
i don't have that many windows open  
so i know you're not that busy  
are you trying to tell me something  
are sick with a virus  
or worse yet.....a crash in the works  
don't you know how i feel  
how i really dislike any and all  
of these damned slow computers  
come on now....please don't make me mad  
for if you keep this up  
i'm afraid.....i'm going to have to  
throw you out the window  
for you are getting on my last nerve  
for i am getting tired of you  
my very own damned slow computer

Grace Hays

# Damned Slow Internet

oh how frustrating  
you just sent an email  
and it hasn't got there yet  
must be that the internet doesn't like you  
emails that are letters  
get there faster  
but when it comes to pictures  
it takes forever  
'damned slow internet  
can't you move any faster  
you fly like lightning with letters  
drag like a snail on pictures  
oh do please hurry up  
so that these pictures are sent'  
you think this while telling your friend  
'i just sent you pics hope you like them'  
and all they can say is haven't got them yet  
man this is a damned slow internet  
wish it would hurry up  
cause you need to go run to the store  
guess by then it will have caught up with you  
for you just don't know what to do  
bout this damned slow internet

Grace Hays

# Damned Telemarketers

i really hate the way telemarketers  
call both day and nite  
just to try and get you to buy  
things you really don't need  
half the time they hang up  
before you even get hello out of your mouth  
wish they would stop calling  
i've been a telemarketer  
so i know what their job is like  
but i hated the outbound side of it  
the inbound wasn't so bad  
just had to take the customers orders  
sometimes even got to be  
customer service and explain  
why things were the way were  
so why can't these damned telemarketers  
just leave me alone

Grace Hays

# Darkness Surrounds

the darkness surrounds me  
i am no longer a merciful angel  
i have become a demon of sorts  
and i love to prowl around in the dark  
a little imp to some  
but always a prankster with a devilish grin  
i can't help what i do  
for i love to play with fire  
the darkness surrounds as i search  
the nearby woods for some witch  
that i can have my way with  
for i know that she is so like me  
in loving the darkness  
that hides our fun from prying eyes  
we play hide and seek for hours  
until she tires of that game  
and lets me catch her  
then it is onto chasing each other  
naked through the trees  
on our way to the secret love nest  
where she will let only me touch her  
for the darkness surrounds us  
every night when we come out to play  
for though i miss being an angel of mercy  
the fun that i have as a demon  
is so much better  
because the darkness surrounds me

Grace Hays

# Doc You'Re The Best

i'm sure that you have all read  
poems by my dear friend Doc Wilde  
he is such a sweet dear man  
with such a big caring heart  
a farmer at heart  
that loves to be near his horses  
calls me his Gracie and talks to me everyday  
he helps me with my problems  
when they come up  
for he knows that i care about him so  
i don't know what i would do  
without such a sweet caring friend  
like good ol' Doc  
he helped to start a prayer chain  
for sweet and pretty Kristin  
he didn't even have to ask  
for me to pray for her  
i couldn't ask for a better friend  
than my sweet and caring friend Doc Wilde  
thanks for being there for me Doc  
for Doc you are the best

Grace Hays

# Don'T Cry Mommy

Don't cry mommy  
I am right here by your side  
I know that you can't see me  
but I am watching you  
I didn't go far  
just up to Heaven to sit on God's lap  
It is such a pretty place  
full of light and laughter  
No pain or illness  
just sunshine and smiles  
I'm helping God watch you  
and the rest of our family too  
I'm your baby still  
even though I have left for Heaven  
I'll always be with you mommy  
so please pretty please  
don't cry mommy

(dedicated to all the moms that have lost a child or had a miscarriage)

Grace Hays

# Don'T Cry My Green Eyes

Don't cry my green eyes  
I'm not that far away  
Just close your eyes  
and you'll see me  
standing there  
I'm always here  
watching over you  
I may not be  
around in person anymore  
Death can't keep  
me away from you

My love for you  
is just too strong  
I can't stay away  
no matter what  
I'll be here as  
long as I can  
Because it hurts me  
to see those tears  
So please don't cry  
my beautiful green eyes

I really want you  
to know  
That I'm in a  
really good place  
I'm really happy here  
with family and friends

It was just my time  
I know you weren't ready  
But my body was  
just worn out  
I tried to hold on  
so I could see you again  
It wasn't meant to be

Don't cry my green eyes

I'm always here with you  
Always in your heart  
one of your most  
treasured memories  
So please don't cry  
my beautiful green eyes

(written in loving memory of my grandpa Raymond Eugene De Vasure. (Love u  
and miss u))

Grace Hays

# Dreaming

I must be dreaming  
For you are here  
Telling me good news  
My baby angel  
looking out for me  
Helped me pick  
the right school to go to  
Now I am off to college  
in the fall  
I must be dreaming  
I never thought  
that I could go back  
I thought my schooling days  
were done and gone  
How did you know  
That the time was now  
My baby angel  
with good news  
I must be dreaming  
Because I can hear you  
Telling me to go  
pursue my dreams  
Dreaming away  
Is how this feels  
Yet here I go  
back to college  
I must be dreaming

Grace Hays

# Dreams Of Better Things

dreaming of things far better than this  
wanting something just out of reach  
not knowing how to get to my goal  
and wishing that you were here  
to help guide me down the right path  
wondering where you are  
in this crazy world living your life  
you know that one of my dreams  
ever since i was a very little girl  
is to sing for the world and yet here i am  
sitting here all alone having daydreams again  
and dreaming of better things  
than this world filled with hate and animosity  
i really do wish taht i could find my way  
down this road to what i am supposed to be  
and i really would like your help to  
see that those dreams of better things  
will come true, oh so very soon  
i constantly think of you  
while i have these dreams of better things

Grace Hays

# Dreams Of You

Dreams of you  
fill my head at night  
With hopes and dreams  
of a better life  
I don't know who you are  
for you are so mysterious  
I tell you my secrets  
in these dreams  
Secrets about my past  
and what happened  
Dreams of you  
guide me though my life  
Giving me the strength  
to carry on for my daughter  
Giving me the courage  
to face my nightmares and fears  
Dreams of you  
my mysterious friend  
Wish you could  
share a secret or two with me  
About how my life  
will turn out  
So I'll see you soon  
in my dreams of you

Grace Hays

# Eye Of The Beholder

he stood there in the middle of the room  
looking for the princess of his dreams  
when suddenly out of nowhere  
there she stood at the top of the stairs

her hair shined like gold  
thanks to the light of the room  
her eyes a dazzling blue  
that showed her heart oh so very well

her beauty was so great  
that she had caught the eye of everyone  
all that they could see  
was the outer beauty and not what he could see

even though her face showed happiness  
he could tell in that one look  
that something was wrong  
for her eyes held a deep sadness in them

a sadness that was caused many years ago  
by someone she thought to be kind  
he could tell by the look in her eyes  
that the one who hurt her  
only saw skin deep and not beneath

the beauty that he saw  
standing there at the top of the stairs  
was such a beauty that  
he couldn't take his eyes off of her

he wanted to help end her pain  
by giving her the love that she deserves  
and he vowed that nothing  
absolutely nothing would stand in his way

for to give this beauty happiness  
was his one wish now  
for the pain in her eyes

called out to his soul

begging for freedom and release  
into a happier life  
where only love and happiness  
could shine from her eyes

for while he was watching her  
she saw that he was looking at her eyes  
deep into her soul into her very being  
and saw the true her that was hidden within

and that is when she realized  
that true beauty is only  
in the eyes of the beholder  
and life can go on even with the pain  
for love let him see her  
for who she really is

Grace Hays

# Fire In The Thunder

just talked to you on the phone  
and i couldn't help but to feel  
the old flames stirring in my heart  
for what i once felt for you  
a firestorm has broken loose  
and no one is around to control it  
i could hear the thunder echo  
like it did before  
back when there used to be  
fire in the thunder  
a fire so hot and passionate  
that could easily loose control  
and rage war within my heart  
for the place where you belong  
then the thunder steps in  
to make its presence known  
and i quake with fear and passion  
everytime you come close  
for you brought the memories back  
and the pain along with  
isn't it better  
to just stay happy with your wife  
oh how i can feel  
that fire coursing through my veins  
i shouldn't want you so  
yet this fire is saying yes  
please come quickly  
to put out this  
fire in the thunder

Grace Hays

# Forgive Me

Forgive me my love  
for saying goodbye  
for not listening to you

Forgive me my faults  
my many indiscretions  
when it comes to you

This is goodbye  
to you and me  
hello to sweet friendship

I will strive  
to find love again

So forgive me my love  
for moving on  
now that you're gone

Grace Hays

# Free To Love Again

My love for you just keeps growing  
I still can't believe how far  
I fell for you  
My heart breaks every time  
I see you  
This fountain of love  
that's in my heart  
Continues to overflow  
with love for you  
Although you are  
with another at this time  
My heart is Always & 4ever yours  
to hold and love in return  
Be gentle to this heart  
for it has be badly  
oh so badly burned and broken  
My heart fell for you  
and finally thawed out  
Making sure the ice queen  
no longer sat on her icy throne  
My heart feels free  
to love again  
I love you my Rock 'N' Roll Angel

Grace Hays

# Freeze Your Heart

looking at him  
wanting to touch him  
oh how tempting and irresistible  
wanting more than what is possible

your heart is telling you yes  
while the logic in your mind says no  
should you give him a chance  
or should you go

trying to figure this out  
how he wants to stay friends  
but deep down you want more  
how can it be that your heart wants him

he lies to you  
tells you he cares  
then he slams the door in your face  
why can't this be easy

supposed to stay friends  
but your heart falls anyway  
it is no longer under your control  
now he holds your heart in the palm of his hand

one slip up  
one single mistake or misspoken word  
and it could all end  
you don't know what to do

just let him go  
and freeze your heart  
don't let him see  
the tears you cry

he isn't worth the tears  
but he does get a hug  
from you and your heart  
full of love that cannot be

freezing the heart is no simple matter  
for you have been there before  
when he started to protect you  
and now he doesn't speak to you

off on the road  
touring this country and that  
only stopping by  
when he thinks he needs to get away

don't let him in  
just another heartache  
and out the door he will be  
so guard your heart carefully

never give in  
to him or any man  
for you are you  
and if they don't like that

then they don't want you  
and if he doesn't like you for you  
then tell him goodbye  
for that is all he needs to know

for breaking your heart isn't enough  
he wants to tear you down  
and hurt you again  
for it seems that misery likes your company

freeze your heart  
and let him go  
for if he truly cares  
he will let you know

he will come back  
and hold you close  
never to let go  
so he can mend your heart

so freeze your heart

and wait for time  
to right and mend things  
freeze your heart

Grace Hays

# Glad I Didn'T Say

there was a time when i thought i would say  
those three little words to you.....  
now the time has passed and all that is left  
is how could i be a fool for you....  
i let my heart fall...straight into your hands  
and watched it fall through.....  
saw the way it landed on the floor  
as the knife there pierced straight through.....  
wanting to scream....those three little words  
knowing that your ear is deaf....  
wanting you to hold me close  
when i know our time has gone dead....  
yes there was a time when i could have said  
those three little words to you....  
but now that our time is gone i'm  
glad i didn't say them to you....

Grace Hays

## Here 4 You

no matter what the problem is  
if you are in trouble or need a shoulder  
just talk to me and i'll be there  
a friend in your time of turmoil

don't hesitate to call  
or even send an email  
for i'll answer as soon as i can  
and talk or listen for as long as you like

wish i could be there to hold your hand  
to hold you close as you cry  
it wouldn't be right  
for me to sit idly by in your time of need

so this is my way of saying  
that no matter what  
i will always care for you  
and i am always and forever  
here 4 you

(for all my friends)

Grace Hays

# Hiding

always carrying a love  
that will never live  
past this night

hiding inside  
away from prying eyes  
trying not to cry

used body  
thrown to the side  
no longer wanted

fighting a losing battle  
to earn your love  
knowing it will never be

burning with desire  
longing for  
your sweet caress  
knowing you will  
be leaving soon

tired of hiding  
yet i am safest  
locked in my heart  
away from you

Grace Hays

# I Just Want To Be Loved By You

I close my eyes  
and I see you there  
You're the answer to my prayers  
You're the one that I love  
the one I want to hold  
So come home to me please

I can see you standing there  
across the distant plains  
waving at me from so far away  
I want to rush to you  
and hold you close to me

The feelings I have for you  
I've never felt before  
I just want you near me  
I don't know why I feel this way  
and it scares me so  
because I've always fallen so easily

I don't want to hurt and I don't want to cry  
I just want to be loved by you  
It's so hard to explain  
How this came about  
and I don't know where to begin

A heart full of dreams and love  
All of which you have set free  
It's all part of me  
This writing and love of music  
So please take me as I am

I don't want to hurt and I don't want to cry  
I just want to be loved by you  
It's so hard to explain  
How this came about  
and I wish I knew where to begin



# I Miss You

Every moment that we are apart  
I think of you and how much  
I love you  
I think of the fun that we have together  
And I wish that you were here with me

I miss your smile and the way you laugh  
I miss the way you hold me close  
with your arms holding me tight  
I miss your kiss  
and how they feel against my skin  
Most of all I miss you

It hurts when I can't see you  
I just want to spend time talking to you  
I love holding you close to me  
And I wish that you were here  
with me right now

I miss the way that you touch me  
I miss the way that you look at me  
I miss feeling you close to me  
Most of all I miss you

I want to say I love you  
I want to show you I care  
I want to be near you more  
And I wish that you were here with me

I miss our talks  
I miss the way you make me smile  
I even miss the way you make me laugh  
Most of all I miss you

Will I be able to get over my fear  
of losing you  
Will I ever get to just talk to you again  
Will I ever get to hold you close to me  
without worrying about what other

people will say  
Oh how I wish you were  
here with me now

I miss your gentle touch  
I miss your sweet caress  
I miss everything about you  
Most of all I miss you darling  
Most of all I miss you

Grace Hays

# I Still Love You

though i try very hard  
my heart just won't let you go  
i have put back up my guard  
to try and block out the pain  
but to no avail.....  
for you see that deep down in me  
my heart will always be yours  
for the love that has grown  
can not be stopped overnight  
though you and i would like it to be  
how did it come down to this  
my heart having to make this choice  
lose my love for you  
or continue to love you and give it voice  
i'll never be able to forget  
all the fun and great things we did  
so forgive me for saying this my love  
i still love you

Grace Hays

# I'M Yours For The Nite

oh baby i want to hold you close  
let you have your way with me  
cuz i'm yours for the nite  
i luv how your hands roam all over me  
it feels so good that i don't want u to stop  
i return your sweet carresses  
with the tenderest of touches  
i just want to kiss you all over  
and taste your sweet skin  
oh please let me hold you close to me  
so that we can be together  
in the most passionate way that we can think of  
you have me for tonite  
so don't waste anytime  
in getting me there  
as i am yours for the nite

Grace Hays

# In My Dreams

i close my eyes to dream of him again  
but instead of seeing him  
i see you standing there  
in my room waiting for me  
i want to run screaming  
but yet i feel the urge to run  
straight into your outstretched arms  
i don't understand this feeling  
as far as i knew i only wanted him  
but now i am running to you  
aching to feel your touch  
longing for it more than i thought possible  
suddenly you grab me up  
toss me on the bed and give me such a sweet kiss  
at first the thought was repulsive  
but now i can't stop thinking bout it  
i just want to run my hands all over you  
take care of your needs  
just like a woman should  
but before i can move  
you take complete control over me  
and give me a treatment  
that only a woman could give  
i can't help it now  
i just have to be with you  
oh please don't let this dream end  
without us both happy as can be

Grace Hays

# Is It Love

I can see the love in your eyes  
Every time that I look at you  
Shining back at me  
    through your beautiful blue eyes

When I think of you  
your love keeps me safe  
    and warm  
Always there to hold me close  
    when the tears start to fall

You're in my heart  
    no matter where you go  
Always on my mind  
    protecting me from afar

There are times  
    when I feel crazy  
Then you show up  
    and I am at peace again  
What is this power  
    you have over me

You always know  
    when I am sad  
I look into your eyes  
    and wonder  
Is this power you have  
    over me love

Grace Hays

# Just Plain Crazy

i've got to be crazy  
for talking to you  
i'm letting you pull  
at the old heartstrings again  
isn't it enough  
that i froze my heart for you  
i can't stand this torture anymore  
just plain crazy  
for thinking these thoughts of you  
why can't i just move on  
and live my life  
why do i always have  
you with me in my heart  
i just wish that i could let you go  
just plain crazy  
to be in love with you still  
i shouldn't be  
for you are married now  
i miss you so much more  
than you will ever know  
oh please help me  
to be at peace again  
for i am tired of this torture  
this pain in my heart  
it is driving me  
just plain crazy

Grace Hays

# Letting Go

I feel so lost and confused  
I can't find my way without you  
But I have to let you go

The pain is just too much  
It hurts to think about you  
But I am letting you go

This is not how I want to live  
I need to change my focus  
So I am telling you goodbye

My life no longer revolves around you  
Your happiness is no longer my concern  
It is time to let you go

Letting go of you  
Is the best thing....choice  
for me  
Letting go

Even though my love for you  
is great  
The pain outweighs it all  
So goodbye to you  
For I am finally  
Letting go

Grace Hays

# Longing For Love

Longing for your love  
is all I do these days  
I miss you more than  
you will ever know  
I can't sleep because you  
fill my thoughts at night

A friend, a lover, and a musician  
I know that you don't have time  
You are a good friend to me

MistyRaine really does like you  
She knows how much I care for you  
She also knows how much I hurt

Longing for love  
Knowing that I can't turn to you  
Longing for love with all my heart

A constant heartache  
with no ease in sight  
Will I ever earn your love  
Will I ever be loved

Longing for love  
A heart broken with grief and heartache  
Longing for love

Grace Hays

# Look...Don'T Touch

you can look at me  
all that you want  
but just remember  
not to touch  
cause i am a firework  
about to explode  
and if you don't have  
the right touch  
i could blow up and hurt you  
but if you are the one  
then you know  
to bide your time and wait  
for the invitation  
to set off the fireworks  
that go with sweet love  
and all the fun things that go with  
trust me when i say  
that you don't want  
the dynamite in me  
to blow the fuse  
and kick your ass  
you want the fireworks  
that go along with the  
wildcat that is deep inside me  
for if your touch is right  
you will unleash  
that wildcat and set forth  
the unsatiable beast of desire  
that resides within  
so remember these words  
and think carefully before you touch  
look...don't touch

Grace Hays

# Lost

Lost without you  
wishing that you were here  
Wondering what went wrong  
how can I fix this mess  
Trying to find my way  
through the mist  
that covers my eyes  
How can it be  
that it came down to this  
Torn into a million pieces  
scattered across the floor  
Lost without you  
wishing that you were here  
How can it be  
only yesterday when you left  
Missing you with all my heart  
please come and help me  
find my way  
Lost without you  
Lost

Grace Hays

# Lost Angel

They met back when they were both young  
She gave him the love and the hope that he  
Needed to fulfill his dreams  
Now she is the lost angel he misses at night

She watches over him day and night  
Trying to keep him out of harms way  
Never knowing if he'll listen to her whispers of  
warning and love

A lost angel to him  
Yet she's not so far away  
Trying to get through to him  
To let him know she's okay

'I'll never leave you  
I'll never stop loving you  
I'll always be here for you just call my name'

She is constantly whispering that to her lover  
Letting him know that she hasn't left him  
She will constantly be near in his heart to protect  
and love him  
He may think she is a lost angel but if he listens  
to the wind she is talking to him constantly

A lost angel with a goal  
To protect and love the one she loves  
To guide him through until the right time  
Always whispering and saying  
'Call my name and I'll be there'

She doesn't want him to stop loving others  
Actually she wants him to live his life  
After all there is time for her to love and  
protect him

'Wait until the time is right  
You will know when it is time to come home to me

For I will be there with open arms  
To hold you close and never let go'

'Always know that I love you  
I will never leave you alone in this world  
You'll find another love and give her your heart  
While knowing that I am there with you'

A lost angel smiled for a change  
When the man she loves listened to her advice  
Now he knows his lost angel never left  
She is always by his side  
The love of his life  
His lost angel

Grace Hays

# Marching Band

The drummers beat  
The flutes shrill whistle  
The tubas bass  
All heard a mile away

The marching band is in town  
Everyone find a seat  
For the fun parade  
Soon begins

There they go  
The clarinets sweet melody  
The alto sax jazzing it up  
As they march down the road

Sweet music to the ears  
The trumpets sound the charge  
As the band steps on the field  
To the cadence of the drums

It is the marching band  
Making it's way down the field  
To where the light show begins  
At the high school football game

Everyone take your seats  
For the fun parade  
Soon begins  
Here comes the high school marching band

All dressed up  
In their blue and gold  
Their parade hats on  
Time for the lights to go out

What is that glow  
Some children ask  
Just the marching band  
Doing their light show

There they go  
Marching lights on the field  
Can't really see  
Who is who

It really doesn't matter  
For we all know  
That the band director  
Would just say it's the marching band

Grace Hays

# Megan Christine Hays

Waiting expectantly for a bundle of joy  
Hoping and praying for this miracle  
Thanking God for this chance to have you  
As time goes by I always pray that  
    you are safe in God's arms  
A tiny precious angel that I will  
    always love  
How I miss you  
I really do love you  
My only wish is that you could be here now  
Your mom and dad miss you too  
We cry for you every year  
Why did you have to go  
I constantly pray that you are safe  
    in Heaven  
A tiny precious angel  
That I will always love  
My precious little sister Megan

Grace Hays

# Megan's Poem

My little sister  
that I never knew  
Lost when life was  
just beginning  
Oh how I wish that  
I could have met you

I hope and pray that  
you are safe in Heaven  
I miss you oh so much  
my sweet baby sister  
You will always be  
our little angel

Why did you have to go  
Why weren't we allowed  
to keep you  
Why did God only allow you  
one short breath

It really hurts us  
when your birthday rolls around  
We all miss you so much  
Our only wish was to hold  
and take care of you

Why did you have to go  
Why weren't we allowed  
to hold you  
Why did God only allow you  
one short breath

You will always be  
my little sister  
No one can take you out  
of my heart  
I miss you sweet little Megan

It's been 16 years

and I still miss you so  
It will bring great joy to  
all of us when we meet  
you in Heaven  
Until then please help protect  
us all sweet little birthday girl

Why did you have to go  
Why weren't we allowed  
to keep...hold you  
Why did God only allow you  
one short breath

In Loving Memory  
Megan Christine Hays  
(written 7/16/2004)

Grace Hays

# Missing Him

missing him with all of your heart  
how did it come to be like this  
with you frozen heart  
and him married to someone new  
girl you are crazy to be feeling this way  
just let him go and move on with life  
wouldn't things be easier that way  
you don't need to be crying your heart out  
he had plenty of chances to accept your love  
your devotion he had from the beginning  
along with your loyalty  
there is no need to miss him  
oh please let him go and move on  
missing him is breaking your heart  
even more than losing him has  
and it shouldn't be like that  
he should be the one that is missing you  
and regretting the fact that he missed out  
on your vast love for him  
don't shed those tears  
for he isn't worth their price in gold  
he didn't really care  
when he threatened to hurt you so  
so stop pining away and start living today  
for tomorrow can always be a  
better and brighter day  
for there is no need for you or your heart to be  
missing him

Grace Hays

# Mistyraine's Nurse

mommy can we go to the hospital today  
can we go see my nurse  
i really miss my nurse mommy  
she took such good care of me when i was sick  
do you remember her mommy  
the one who took care of me  
back when i was dehydrated  
can we go see her please mommy  
the one that you say  
has the same name as my aunt in oklahoma  
i really would like to go see if she is working today  
i just want to stop by and say hi  
i know she works at the hospital you work at mommy  
can we please go see her  
so i can tell her thank you for taking care of me again  
i really do like my nurse mommy  
can we please go now  
i promise not to be long  
just a quick hello and how are you  
i even want to give her a hug  
that is all i want to do  
when i go see my nurse  
so mommy can we please go see my nurse

Grace Hays

# Mom

You are my best friend  
Always there when I need you  
Always giving love to me

I love talking to you  
I miss our drives to Wichita  
Will I ever see you again

Sitting here miles away  
from you  
Wishing that I had stayed  
close to home  
Wanting you to hold me close  
while I cry

You're never far from my heart  
Always there for me to think of  
I will always love you

Thank you for guiding me  
through the difficult times  
Thank you for always loving me  
You are the best  
And I love you for that mom

Grace Hays

# My Buddy

well what can i say  
other than thank you  
to my buddy from the S.E.A class  
for being there for me  
you always seem to know  
just when i need to hear a hello from you  
it always brightens my day  
to hear a word from you  
especially on those really bad days  
when i need that pick me up  
i think it is cool that we work in the same building  
even though in different departments  
i think it is so cool  
that you have the skill and talent  
to run the imaging equipment the way you do  
and i like your gift to make  
even the patients smile and have a good day  
so i just want to say thank you  
for being my buddy

(written for my buddy Brian)

Grace Hays

# My Guardian Angel

To be able to say  
exactly how I feel  
That would be oh so great  
But how do I tell a person  
that I care about  
that I love him

Every time I go to say something  
I stumble over my words  
Oh to have the courage to say  
what I want to say

To tell him that I love him  
That would be perfect  
To see the joy in his eyes  
As he hears the words  
and see the love shining  
in my eyes

Every time I look in his beautiful eyes  
I feel a peace and happiness  
that I haven't felt in years  
I feel safe when I am around him

He is my guardian angel  
Always there to protect me  
A friend that is always there  
My guardian angel

Grace Hays

# My Mistyraine

Just a little girl  
Without a care in the world  
    when you whirl and twirl  
Sometimes you make me dizzy  
Crashing into things  
Laughing most of the time  
Sometimes crying  
Just a bundle of energy  
What can I say  
You're my MistyRaine  
Every time it rains  
I just think of you  
How much I love you  
My little girl  
    is much more than  
        there are stars in the sky  
At times you move like the wind  
And sometimes even quicker than lightning  
When there is a storm  
I hold you close  
And ask you  
    why you are outside  
For you are my MistyRaine  
And I love you  
    more than there are stars in the sky

Grace Hays

# My Prayer

Calling out to you  
with all of my heart  
Praying for Your help

A million words to say  
when I only need one  
For only you know my heart

Pain coursing through me  
breaking me in two  
As I cry to You

Missing her  
with all my being  
while she is away

Please bring her home  
safe and sound  
For I love her so

She is my angel  
my pride and joy  
Please keep her safe  
This my prayer  
to You

Grace Hays

## Once Trusted Now A Thief(Not Really A Poem)

i trusted you once  
my friends and enemies  
left my door unlocked for my babysitter  
and i suspect her the most  
for she was staying with me  
how could you come in  
and take the one thing  
that was helping me go back to school  
if it wasn't for all the personal things  
and the homework saved onto that computer  
i wouldn't be as worried  
how could you sit there and lie to my face  
not only lie to me...which is bad enough  
but also lie to the cops  
i don't know where you put it  
and i don't know where you are now  
i just want my laptop computer back  
because then i can finish my homework  
and keep getting As in my classes  
oh don't you see  
the stress you are putting on me  
for you were trusted once  
but now you are a thief

Grace Hays

# Only(And Always) Yours

met each other back in the day  
fell in love right at first sight  
and haven't been able to control  
the fall since then  
your friendship has given me  
the will and the power  
to fight back for what is mine in life  
i know that i don't have to tell you  
how i feel for you  
because you have seen my heart  
you heard my cry for help  
and came to my aid  
there may never be a you and me  
at least not in this lifetime  
but that don't mean  
that i can't hope for the next  
for no matter what  
i am only(and always) yours

Grace Hays

# Opinion

Everybody has their opinion  
and yet I really don't care what you think  
My poems may not follow a certain standard  
they just come from the heart  
I don't care if you like the way I write  
If you don't like it then read  
someone else's  
For my poems are just  
what they are  
Words of my heart  
poured forth onto paper  
I don't really care  
to write in stanzas  
or any other form  
For if you don't like this  
then maybe a word  
with the good Doc is what you need  
I would change my style  
but then he would say  
that it isn't me writing anymore  
So please keep in mind  
my poems are freeform  
They take a mind of their own  
and I write how my heart feels it should be written  
I don't like to cuss  
but all I can say is  
It feels damn good to speak from the heart

Grace Hays

# Pain

Pain coursing through me  
All because of one phone call  
Tried to make my daughter's day  
yet the pain got to be way too much  
My heart shattered into a million pieces  
When she told me what you said  
Pain coursing through like a wildfire  
rushing through my veins  
As if calling me that wouldn't hurt her  
What did she do to deserve this from you  
I hurt so much  
from the pain that you caused  
I shouldn't have answered your call  
A father should know better than  
to say things about his child's mother  
when the child is on the phone  
It really hurt when  
you put down my parents  
I am so glad that I am not  
moving closer to you  
For this pain is far too much  
for me to handle  
Pain is coursing through me  
like a wildfire

Grace Hays

# Pain And Humiliation

pain and humiliation coursing through me  
thought i was wanted at one time  
now i'm not so sure  
my heart and mind are fighting again  
fighting against each other over someone i knew  
my heart saying be patient  
while my mind says move on  
how can i ever say how i truly feel  
without the fear of rejection loomin there right in front of me  
afraid to say what i want to  
afraid to be who i am  
wish i knew what it was that i'm supposed to do  
to get all of this anger  
pain and humiliation out of me  
for i care about someone  
but don't know what to say without crossin' the line  
will i ever find peace for my heart and mind

Grace Hays

# Prayer 4 You

Another prayer 4 you  
On its way up to Heaven  
Couldn't resist  
those few little words in my heart

Always asking  
for Him to help you  
A person so well loved  
Deserving so much more

I don't know you  
But I still pray 4 you  
So I'll continue  
to send this prayer 4 you

For you see  
I have too big a heart  
To sit here quietly

So I voiced my opinion  
And God heard every word  
Of my prayer 4 you

Grace Hays

# Queen Of Ice

there you are the queen of ice  
with your heart frozen solid  
no more tears for you  
for you have cried them all  
turned you heart into ice  
when he left you for good  
sitting here in the silence  
wondering what went so wrong  
did you not show enough love  
did you not stay loyal enough  
it isn't your fault  
that you were scarred for life  
someone out there one day  
will accept you as you are  
for you don't have to be  
the queen of ice  
for you see your highness  
you are me through and through  
don't let him tear you down like this  
for he isn't worth all of this pain  
set your heart free my queen  
and rejoice in life  
take heart in knowing  
that your daughter loves you more than he ever did  
and you don't have to be  
queen of ice

Grace Hays

# Queen Of Poems

Oh dear sweet Kristin  
we really miss you so  
for those of us that pray for you  
we hope you hurry back soon  
life is hard sometimes  
but i believe that you'll pull through  
for you see sweet Kristin  
you are the one and the only  
Queen of Poems  
you stole our hearts  
with your words and your strength  
we can't wait for the day  
when we can say hello to you again  
so please heal quickly  
and come back home  
to your family here  
at the ole good PH  
for we really miss you so  
our Queen of Poems

(This is written for Kristin Davis and if you would like to add to it please feel free.  
Love ya Kristin! ! ! ! Always & 4ever, Gracie)

Grace Hays

# Questions

mommy oh mommy  
i have a question for you  
where do butterflies go when they sleep  
where is olaf....our ever so protective dog  
why is he still outside  
can i please oh please can i let him in  
oh mommy i know i said one question  
but i have a bunch more to go  
why do owls fly at night  
can i have a baby brother or sister  
is he going to be my new daddy  
what's wrong mommy.....please don't cry  
i love you mommy  
but i have so many questions for you  
i know i am only six  
but there are so many curious things  
in this world for me to see and hear  
why do bees buzz and why do they sting  
why do spiders have to be so scary  
i don't like snakes...but why does olaf have to attack it  
oh mommy do you have answers for these questions  
i just want to know the answers  
because of how curious i am  
i know i am so full of questions

(written for my daughter MistyRaine: I love you baby girl)

Grace Hays

# Rage

rage and anger burn through me tonite  
not much i can do bout it  
except to write  
my spelling has gone bad  
along with my mood  
and i don't care if you even notice  
for this is my release  
and my way to vent  
so forgive my fucking language if it offends  
for i mean no harm  
no foul play  
just trying to get out  
all of this rage  
tired of the memories that haunt my soul  
give me a torch to burn them  
and let them go  
turn into ashes and leave me be  
for i don't want you anymore with me  
rage and anger burning through me  
trying to cause a fight tween the ex and me  
when will it end if it ever does  
why did he have to hurt me so  
please let me vent  
bout this rage til it has passed  
for i promise my language will be better  
i'm tired of this rage

Grace Hays

# Reflections

Your beautiful eyes  
show me how you feel  
For they are the windows  
to your soul

A glimmer of love  
shining through  
Showing the world  
how you feel

Then I see  
that you are me  
My true inner self  
reflections of me

A mother full of love  
caring and devoted  
Striving to succeed  
in this world

Aiming for a better life  
I can see the  
hope in your eyes

A mirror image  
of me  
Shining through my eyes  
My true inner self  
reflections of me

Grace Hays

# Rock 'N' Roll Angel

A rock 'n' roll angel  
came into my life  
With soothing words  
and rocking good music  
He held me close  
in a tender embrace  
Rock 'N' Roll Angel  
watchin' over me  
Protecting me and sheltering me  
from the danger and pain  
No wings can be seen  
on my Rock 'N' Roll Angel  
For he is an angel in disguise  
living life as a man  
busy being a rock 'n' roll star  
Don't know how it happened  
but he is my Rock 'N' Roll Angel  
My heart is falling fast for him  
Oh how I can't wait to see  
my Rock 'N' Roll Angel again

Grace Hays

# Scared Off

i hope that i haven't scared you off  
especially with my language  
i don't mean to cuss  
but today's just been a day from hell  
there is no way  
that anybody could possibly  
cut 75 pounds of fruit into little pieces  
within two hours  
yet i was told to get it done within that amount of time  
didn't make it at all  
in fact i was late getting home to call my little girl  
she is off on a trip you see  
and she usually comforts me  
so i am missing her tremendously  
and hope that you will forgive me  
for i truly didn't mean to  
scare you off from reading my poems  
just a bad day and nite  
so please don't pass on by  
for i really don't want you to be  
scared off

Grace Hays

# Shadowwinds

Not sure of what  
I see up ahead  
Is it a man  
with the wind  
blowing through his hair  
Or is it just a shadow  
playing with the wind

The sun must be playing tricks  
for nothing is there now  
Just endless sand  
with cacti here and there  
Only open desert and sky  
nothing more...nothing less

I look down at my feet  
with sorrow in my heart  
For I am alone  
in this dry and arid place  
Trying to survive this torture  
for just one more day

Hoping to see  
a friendly face  
But there is nothing here  
to see except for the sand and cacti  
Wait a minute  
I think I see a glimmer of something  
Is it real  
or is it a mirage

Then I see that it is  
the same image  
that I saw before  
I decide to walk  
closer to the image  
But like before  
the image disappeared

Instead of looking  
at my feet  
I charge forward on my quest  
to figure this mystery out  
To see if this image  
is mirage or man  
For if it is man  
then maybe he will talk  
with me

As I get closer  
to where I saw the image  
It appears before me again  
right in front of my face  
and I see that it is a man  
and he seems to be talking to me  
As I get closer I can hear chanting  
and then I realize  
that he is an Indian

He sees me standing there  
and says to me  
'I am what you want  
me to be  
I can be a man  
yet I can also be  
a shadow playing with the wind  
I can be your friend  
or I can be a shadow  
just out of reach'

As I stand there listening  
I think of how nice  
a friend in this place can be  
I talk to him  
and get to know him  
Then he said that  
he would stay with me  
'til I made it home

To this day  
I will never know

If my Indian friend  
was real or a figment of my imagination  
He shows up  
every now and then  
just to say hi  
He even told me  
that his name is Shadowinds  
For he is both man  
and a shadow playing with the wind

Grace Hays

# Shattered

you gave him your heart  
to guard and protect  
yet all he can do  
is shatter it into a million pieces

you were there at home  
waiting ever so patiently for him  
but he had to work late again  
and you had to wait to serve the dinner  
that you made just for him

watching and waiting  
for him to come home  
not knowing but suspecting  
that he is cheating again

shattered heart  
don't cry anymore  
for he can't hurt you  
when you leave him

oh shattered heart  
no need to fear  
for a new love  
will appear out of the blue

a protector and friend  
that can hold your heart  
safe in his hand  
as the fighting gets too intense

he steps in  
and tells the cheating one  
leave and never come back  
all to protect you and your child

you miss this friend now  
but don't you fear  
he shall return

when his tour is through

your heart may never mend  
but always know  
you are safe  
as long as you believe in him

shattered heart  
broken and torn  
no more fear  
no more tears

shattered heart  
please mend soon  
for you love him and let him go  
now it is time for him to decide

don't let the cheating one  
continue to shatter your heart  
for he cares nothing  
while your friend and protector cares most

so don't cry  
shattered heart  
keep living and speaking out  
for he cannot hurt you again  
for he has already  
left you shattered

Grace Hays

# Sisters

Sisters

Two sisters together again  
After years of separation  
Finally able to see each other  
And catch up on years gone by  
Living near each other  
Like they have always wanted

Twenty years have come and gone  
Since they saw each other last  
Still three sisters in spirit  
but two for now  
Tragedy struck two years  
before the happy reunion

Saddened by the loss  
the oldest sister broke down  
Crying her heart out  
for she had so much  
to apologize for

This heart broken yet happy sister  
Drove nine hundred miles  
to see her baby sister  
For the sweetest family reunion

Grace Hays

# The Vampire Within

hello my angel love  
i have missed you so  
over these long and lonely years  
i long to be with you  
will you take me as i am  
for i am not the same being  
that you fell in love with so long ago  
for now i look like a dark angel  
when in all actuality  
i am the vampire within  
oh my angel love  
i can't help but want  
to feel you body close to mine again  
i miss your touch and kiss  
for you gave me life  
when i thought i was gone  
the light in your soul  
still gives me some hope  
that i don't have to be this way forever  
can it be true my angel love  
that it may be possible for us  
to be lovers again  
even with the vampire within  
a chance for me to feel  
your silky smooth skin  
as i feel your body with my hands  
i promise to protect us from sight  
with my ever so large wings  
for i need you now my angel love  
to take care of this desire in me  
i promise to you  
that i will not turn you  
for i could not hurt you my angel love  
as i am with you i will do my best  
to keep my fangs in during our time  
for i hope you can love me  
even with the vampire within



# These Tears I Cry

these tears i cry  
pour down like rain  
covering my cheeks  
as they run down my face  
know one can really see  
the pain hidden deep within  
buried deep in my heart and soul  
these tears burn and sting  
as they pour out  
trying to release all of my  
pain and fears that i have locked away  
wanting to know more about me and my past  
but always running into obstacles that last  
crying myself to sleep  
never knowing if the closure i seek  
will come in the mail  
or as your knock on my door  
searching for you on the internet  
even through my home state's adoption agency  
wondering why you gave up  
when we loved you so  
oh mother.....is there anyway  
you can ever dry these tears i cry

Grace Hays

# Tired Of Lonely

waiting for letters to come  
not knowing when they will show up  
beginning to wonder if my friends  
have forgotten about me  
i know they have been  
because there are new poems  
that he has written on his site  
i just wish that they would  
write to me and tell me they are ok  
my heart cries for their friendship  
as i am getting oh so lonely  
i only want one letter to tell me  
and if they don't want to talk ever again  
i'll try to understand  
i can only hope and pray  
that they will write me soon  
as i am tired of being lonely

Grace Hays

# Typing To The Beat

listening to cool jams  
rocking the nite away  
while typing poems and songs  
on the computer to pass time  
the beat just moves through  
to the tips of my fingers  
and i can't help but to type in time  
and almost rhyme to the rhythm  
of all the cool music out there  
rock and roll or pop  
hip-hop or country  
it don't matter what kind of music  
if the beat is good then my fingers  
just can't seem to stop dancing  
over these computer keys  
in time to the music playing  
on the speakers oh how i love this cd  
that just helps me to keep the beat  
while typing on these cute and sometimes  
wild and crazy little writings of mine  
this may not make much sense for  
my fingers have a mind of their own tonite  
so please 4give  
if this confuses you so  
for my fingers can't quit  
typing to the beat

Grace Hays

# Unbreakable

you sit there talking the nite away  
not worrying about who's heart you will break  
thinking and believing that you are a goddess  
that nothing can hurt you  
icy cold to the touch  
just like an ice princess  
why could that be that you are frozen so  
have you frozen your heart your highness  
for if so  
he never really was worth it  
he never really did care for you  
not the way that you wanted  
it isn't right to be sitting here  
breaking their hearts  
for you are no more unbreakable  
than they are  
several have seen  
the tears in your eyes  
they have seen your heart thaw out  
they have seen that you bleed red too  
so why this show  
why make them think and believe  
that you are unbreakable  
i will tell you my princess  
it is because  
as long as you love him  
no other can touch your heart  
and you shall remain forever  
and always to them  
unbreakable

Grace Hays

# Wanda

Dreams and wishes  
glow brightly in your eyes  
Letting everyone you know  
exactly what you want  
A smile full of joy  
and laughter  
So sweet and contagious  
that it makes us smile  
to this day  
Loving memories of fun and games  
tide us over for now  
Waiting patiently to see you again  
We love and miss you

Grace Hays

# Wanda's Letter

Sweet little sister  
oh how I miss you so  
Many times throughout the years  
I have thought of you  
Wondering where you were  
and how you are  
Always hoping that life  
would turn out good for you  
I'm so sorry for all the bad things I did  
I really didn't know what I was doing  
I wish I could turn back the hands of time  
just so I could see you again  
Memories of you as a cute little blonde  
that I loved with all of my heart  
It pains me to know that I won't  
get to see that sweet smile of yours again  
My little sister for all time  
and no-one could ever take  
away my love for you  
For you have a special place in my heart  
where my memories of you and my love for you  
will be kept 4ever

(Written in Loving Memory of Wanda (Melissa) Opal (Soto) Foster 12/22/1982-03/09/2005)

Grace Hays

# Waterfall

water flowing ever so swiftly  
where are you going  
is to meet the sea  
or is it to meet a lake

i can see the swiftness  
by the little eddies in your stream  
will you turn into a river  
or just stay a fast paced stream

water flowing ever so swiftly  
don't leave me here alone  
for i hear an echo up ahead  
is it a cave or a tunnel

please tell me for i do not know  
and it scares me  
to not know at all  
where you are going

a curve up ahead  
now i hear a roar  
what is happening to you  
why are you vanishing

wait a minute  
is that a cliff up ahead  
that leads into a canyon  
straight down below

for if it is  
then do you my dear stream  
turn into a waterfall  
for if you do then please take me with

for i long to tumble  
free from it all  
and make a roar  
when i land at the bottom

ah there you are my friend  
as i suspected toward the end  
a beautiful waterfall  
cascading down a cliff

landing with a roar  
in the beginning of a great river  
oh how i love to watch your beauty  
the beauty of a great waterfall

Grace Hays

# What Is Love? ? ? ? ? ? ? ? ?

i know strange to ask this question  
but everytime i think i know the answer  
i find out that i am wrong to mention  
how i feel for you cuz you're so much shallower  
i don't know if i'll ever understand  
but i wonder if someone can please tell me  
what is love and how to withstand  
this pain in my heart that is causing me to wilt  
i wonder constantly if i will ever find the one  
that is so special that can give me love  
a love to last a lifetime  
and can keep me safe from most of my pain  
someone that will care about the real me  
and not what they want me to be  
oh can someone please tell me  
what is love  
what is that feeling everyone calls love  
does it always leave you in pain  
constantly torturing you until all you want  
is that special one in your life  
to hold you close and dry your tears  
ease your pain and relieve your fears  
oh bother.....why do i try to understand on my own  
oh someone please tell me  
what is love

Grace Hays

# What Is This Feeling

Every time that I look at you  
I start to feel funny inside  
Just looking at you makes me want to smile  
I don't know if I have ever felt  
anything quite like this before  
Can you help me figure this out

What is this feeling that I have  
deep inside of me for you  
I don't recall feeling like this before  
Do you know what this feeling is  
All I know is that my question is  
What is this feeling

Some people call it love  
Others call it lust  
But I am confused as to what it is  
Can you help me figure this out

What is this feeling deep down in my heart  
Is this a feeling that can only happen in dreams  
Is this what love is supposed to feel like  
What is this feeling

I don't know what it is but I hope that you  
can answer my question  
It doesn't seem that hard to answer except  
for when I go to answer it  
Can you help me figure this out

What is this feeling that is trying to break through  
Is it really love  
What do you think it is  
Please tell me because  
I sure would like to know  
What is this feeling

Grace Hays

# What One Look Can Do

A glance and a smile  
That is all it takes to set  
my blood on fire  
You seem to have a magic  
touch  
Especially when it comes to  
my heart

I keep pushing you away  
Yet you continue to stay my friend  
Why are you so nice to me

Every time I look at you  
I can't stop what my heart says  
Oh to let you know what is  
in my heart

Every time I close my eyes  
You are there to hold me close  
Just like when I was a teen

I would give anything to be  
near you  
I don't know what I would do  
If I couldn't be your friend  
To tell you how I truly feel  
Would be a dream come true

Grace Hays

# Why I Love You

You make me laugh  
You make me cry  
You give me love at the oddest times

You are my friend  
My one true love  
To lose you would cause me to never love again

No matter what you do  
No matter what you say  
These are the reasons why I love you

You hold my fragile heart in your hand  
You hold me close when I cry  
I don't know if I'll ever understand your love

You may hurt me  
We might fight  
Through it all your love stays strong

No matter what you do  
No matter what you say  
Everyone will learn why I love you

I may be a royal pain  
I may break your heart  
Yet you say I love you in the most caring way

We may argue and break up  
We always make up  
Yet you come through with loving words from the heart

No matter what happens  
No matter whose wrong  
You are there for me  
And that my love is why I love you  
Yes that is why I love you



# Wild And Free

running wild and free  
through our mountain home  
the leaders to the west  
disappearing one by one  
you think we are crazy beasts  
but really we aren't of that sort  
we just love the freedom that we have  
running wild and free  
just doing our best to survive  
out here in the wilderness  
like we should be  
the rodeo really isn't for us  
you may like to watch us be mean  
but treat us with love and respect  
we can be just as tame and gentle  
as any quarter horse or thoroughbred  
we are the mustangs  
wild and free  
don't toss our legacy away  
remember us as the way to the west  
remember how wild and free we love to be  
for running wild and free is our way of life  
so please just let us  
run wild and free

Grace Hays

# Years Go By

Sitting here missing you  
As the night goes on  
Wondering where you are

Are you alright  
Did you go to college  
Do you have a family yet

I find myself  
    asking you this  
Always at night  
    and in my dreams  
For that is the only  
    place I can see you now

The years go by  
And still I haven't found you  
My sweet sisters Wanda and Lulu

Just a few more tears  
    then off to bed  
Have to work tomorrow  
Hope no one sees the tears

Always in my heart  
    and on my mind  
Where are you at  
What are you doing

The questions keep going round  
Running in endless circles  
Yet the years go by

The last time I saw you  
    I was almost seven  
It has been a long twenty years  
And I still miss you so

I hope to see you

And let you see your niece  
But when I do not know

The years go by  
I wonder where you are  
My sweet sisters Wanda and Lulu

Is it too much to ask  
For just one word of you  
To know that you are safe

Oh to see you again  
Would you still love me  
The one that tried to protect you

My heart is with you  
Please come find me soon  
For then I will be able to  
    know that you are okay

The years go by  
No word from you  
My sweet sisters Wanda and Lulu  
Oh how the years go by

Dedicated to my biological sisters Wanda and Lulu Soto(current last names  
unknown just know biological) miss and love you girls

Grace Hays

## Years Go By Part 2

oh mom where are you  
just wish that i could see you  
it's been 22 years and still no sign  
of you out there  
i have searched the internet  
looked in the white pages  
oh where could you be  
i'm constantly searching  
to no avail  
for my mom and my sisters  
oh lord please help me find them  
so that my daughter and i can reunite our family  
that way she can meet the grandma  
that she doesn't know  
for the years keep going by  
and now my heart aches  
with the pain and loss  
of their love and embrace  
oh how these years go by

Grace Hays

# You Are A Soldier

You're a father, mother, son,  
daughter, brother or sister  
Yet you are willing to give up  
your life for our freedom  
You are a friend and you  
are family

This is your calling  
It is what you are meant to do  
You are a soldier

We constantly pray for you  
to come home soon  
We know that you are doing  
your job  
Thank you for all you do

Right now you are somewhere  
in the world(Iraq or Afghanistan)  
You are fighting for freedom  
And we anxiously await your  
return

This is your calling  
It is what you are meant to do  
You are a soldier

This is a thank you to the troops serving overseas right now.

(written in 2004 after I heard about a classmate of mine who is overseas)

Grace Hays

# You Are Toxic

No matter what time of day it is  
I always find myself thinking of you  
I try to focus on other things  
    yet I can't get you off of my mind  
Why do you have to be so toxic

You are toxic  
Filling me with hopes and dreams  
    I haven't had in years  
Giving me happiness where  
    before there was sadness  
You fill my thoughts with you intoxicating charm

I sit here thinking of you when you aren't near  
Always trying to find a way to your heart  
Never knowing if she is going to whisk you away  
    before I get the chance or not  
I can constantly feel your intoxicating kiss

You are toxic  
Filling my heart with hopes and dreams  
    for a life I'll never know  
Giving me happiness where  
    before there was sadness  
Your intoxicating touch is constantly following me around  
Yes my dear blue eyed thunder you are toxic

Grace Hays

# Your Passion

Everytime I am near you I can feel your passionate gaze  
I just want to let you do whatever you want  
I feel helpless when I am around you

Your kisses are like poison  
They knock me senseless  
for hours at a time  
And your sweet caress  
is more than I can bear  
It all makes me feel helpless when I am around you

I shouldn't be wanting you like I do  
I can't help it that you have me under your spell  
No matter how hard I try to fight it  
I still feel myself falling for you

Every time that I look at you  
I can feel the toxins of your passion burning through me  
Now your passion is burning in me too

Your passion is like a wild fire  
It burns deep within your heart and soul  
I can feel it when you look at me  
I can feel it when we kiss  
Oh how I love to see your passion burning so brightly

Grace Hays