Poetry Series

Champs Ulysses Cabinatan - poems -

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Champs Ulysses Cabinatan(November 18)

My father was a writer in our local dialect. Writing was his hobby and he was working as a Mechanical Engineer.

I took up Engineering course in college and working now in the Gulf region.

I have no specific time or day to write. Sometimes, when an idea came up to my mind, I jot it down or type it on my phone.

I usually get some of my ideas during a car/bus ride, then when I'm on my computer, I type it.

(((Bloom)))

```
(((BLoOM)))
Where you are
(((BLoOM)))
Wherever you are
(((BLoOM)))
when the sun is shining
(((BLoOM)))
when the rain is pouring
(((BLoOM)))
when life seems stagnant
(((BLoOM)))
when you fall on the ground
Bounce back
(((BLoOM)))
With or without a
booming sound
everywhere and everyday,
just
(((BLoOM)))
Champs Ulysses Cabinatan
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*the Making Of The Alphabet Poems

the rule should be to find a word that defines the letter

like for Letter S,
I define it as shining
and find words with Letter S that relates anything to shining...
Sparkle, luster, Sun, Star

or for letter L,

I defined it as something from above
and I find words with L that refers to it
like altitude, angels, or anything with L that you can refer to your description of L..

Celestial Stellar

I'm making letter D I relates it with door..
so will make a poem about words with D and relates to door like
a security guard, guards the door of the bank
a Dog can guard the door of your house.

Desire is the door to fulfillment or ambition Dream is the door to achievement Discernment is the door to a good decision something like that...

:)

Sometimes, I get side tracked... and lost sometimes with the main definition I supposed to have for the letter...

Like for A, I should have built it as something that negates but lost with words... Antiseptic...agnostic, apathy so made the letter A poem with any words like Aha Awe Astonishment Acceptance and

Appreciation

~Champs Ulysses Gubantes Cabinatan

: (Into:)

```
I dunno what to do here.
this place,
bleak and desolate
I want to go somewhere else
where I can change sorrows into joy
pains into gains,
fears into cheers
```

pant,
heave a deep sigh
this boredom
the place,
the smell,
the loneliness,
the unfriendly faces

this unwalled and unguarded jail
I'm physically free
but emotionally imprisoned
I wanna go somewhere else
where I can change tears into laughter,
uncertainties into hope,
bitterness into healing,
worries into ease.
: (
into :)

1*

I miss my number one

and in my heart you're the only one

though I know you have someone new

but I know you love me more than your number two

Skin is blemish free of my number one

A perfect complement of my flawless tan

Your hugs, your embrace or just be near your distance

My body's neutrons, electrons and protons gush forth and dance

I am now sick of my number one's love

Wish I can go back to your place and celebrate love

I want to hold close with my number one again

But I have to wait for my contract here to end

Help me go back to my number one

This feeling for you I didn't learn in psych 101

In my life you're the ideal and A1

You're great, perfect, superb and number one

~champs ulysess cabinatan

100 Things I Want To Do Before I Reach 60

Visit Machu Pichu Visit Lourdes Visit Baden Baden Do modeling

Visit Cyprus
Visit Greece
Do snorkeling
And scuba diving

Visit Angkor Wat
Visit Taj Mahal
A night in an uninhabited island
enjoying the beach and sands

The list goes on and on.
majority with the word 'visit' on it...
I'm wondering why I'm here in the office
Instead of visiting those places.

1-4-3-4-4

1-4-3-4-4
the pin number
of my ole ATM card.
1-4-3-4-4
just a number
but with it I can get money from
ATM machines.

1-4-3-4-4
amaze
at how powerful it is.
1-4-3-4-4
just a number
but can give
a dollar,
a riyal,
a dinar,
or a peso.

2d Picture

Seeing your picture
isn't enough
appreciating the tranquil eyes
the very nice lips
the perfect nose
the seraphic face
the flawless skin
but you're now just a picture
saved on my phone

where are you my love the only one I long for

day and night the eyes of my heart are looking for you

searching you on the web on facebook now you're lost on my sight but only a 2D picture of you on my mobile

I long for those days we talked we walked we drove

I long for those days we ate and had a date

I long for those days we hugged we loved

I long for the silence you and I just sat together doing nothing hearing our heartbeats and just letting the time to pass

I lost all contacts of you
I don't know where to find you now
Where can I find you my love?
can anyone help me
to look for the dearest of my heart

5: 55 Pm

5: 55 PM

Five minutes more before 6: 00 PM time for me to go out from the office

but not excited as I have nothing much to do in my room I'll just be surfing the internet till I lull to sleep

5: 55 PM

supposed to be an exciting time but here I don't feel the same in this monotonous existence

5: 55 PM

starting to clean my desk closing words, excel and other programs time to switch off all the work.

A Bee That Buzzes Less, Gathers More Nectar

Enjoy the silence of sunrise
the sweet soft calming sight of the clouds and sky
Soothe your soul with silence
in the noiseless dance of green grass
Bask in the gentle silence of sunrays
Sublime, heavenly, and peaceful
A bee that buzzes less gathers more nectar.

A Conversation With A Software Engineer

the value to the less point if you look at the sequence

it is not working like pp
it's just if there is a last point
there is the connection
yes
and that's it
I don't know what we can do
I don't know
oww
they're all calibrating
they're all calculating
he's close to you and it's
yes
emm

the inspection we have
in site
when I told you we'll check
then after we'll check
then after
the software
then we check
lock
no
it' not working
yes, yes, yes
but if you remember we have this

and
we check
look at the value of the network
then go
to the less than one pp
and now you are
because you cannot do with one pp
and the network

and it's less than its value

one solution is we have to check in your software when your finish with mcc you have to check the value with the value of the other if it's less than or greater than one pp you go to the last one but it's not really the calculation which you can remember same thing it's the problem but it's the only solution what do they have? what's with the network? do they have an explanation?

but normally it's not the usual pressure normally you are working there

yes but it's clear
you understand
check one mcc
you go to work
it's not exactly
OK, OK, OK
Thanks
I'll do this
and if I have concern
I will call you back
if you have any question
just call me
OK

*poem experiment

A Gift From The Greek To The Trojans

I learned a lesson from a myth on taking an extra care in accepting a gift it maybe be glossed in gold or silver or a gigantic wooden horse

however it is given maybe through vain words shouting, or through writing through flattery or shrouded in mystery

If I will not accept your gift it will still belong to you

gift that clothed as bitter criticism and sarcasm or anger and envy so have the right to decline your gift

I learned my lesson your gift may destroy a city like Troy

A Little Copper In Gold

alloyed well
gives strength to a gold ring
A little impurity in gold
can make it stronger
A little trial in our life
gives strength to our heart
Some challenges fought well,
can strengthen our spirit.

A Magic

Magic

a liquid drop

mixed with love

formed

into brain

hearts

flesh

bones

skeletons.

Head

Limbs

Feet

Nails

How

can

I not be amazed

With such

magic

A Part Of The World Die

If a writer stops writing,
A part of him dies...
When a singer stops singing
Something in him dies.
When a painter stops painting
His talent may die.
If one stops doing what he is passionate to do
A part of the world die.

A Spoonful Of Wisdom

Sorry God if at this moment I don't understand, how the bread becomes your body.

Sorry God if at this moment I don't understand, how the wine becomes your blood.

Sorry God if I don't fully grasp, that their interpretation of an old scroll becomes your Words.

Sorry God if until now I still don't fully understand, all the mysteries of these things, as Augustine pointed out, that the brain is just a spoonful of water, compared to the ocean to understand it all.

A Spot On This Planet

I don't dream to rule a country Or to own hundred islands or to get the accolades from six billion people

I just need a share of the sunshine A share of the water A share of the air a freedom on this planet

I am grateful that
I can move and roam this Earth
Happy that
I can view the sky
I can see the sun
I can feel the rain
I can watch a rainbow
I can see the moon and stars
and hear the music nature creates

A Very Good Morning

Though waking up alone from my bed
I feel good and at peace
I say a prayer
And a litany of thanksgiving
Savoring the fresh cool morning air
Enjoying the view
Of a pristine mountain
a piquant atmosphere
The sun still hides,
Soon it will shine with charm and might

Read a relaxing book rather than the daily paper A refreshing tea And a dollop of honey This morning is ecstatic Than the usual mornings of my life.

A*

Ahhhhh is the first cry

Of A new born child

Anxious And Apprehensive

of the new life

AhA!

Uttered in Awe And Astonishment

As A mAven cAme Across with new thought, ideA

Or An Answer to An enigmA or A question

Amused, DAzzled

As we wAlk And wAnder

To this life of Adventure

Authentic joy is At hAnd

If we think, speAk And Act

With AppreciAtion And AcceptAnce

Accept God's GrAce And God's love

Accept the truth And spreAd the love

Amend our wAys And be AmiAble

Allow ourselves to be love And to impArt love

An Apple to the eye to our beloved's eyes

Welcome the dAy with A loving smile.

~Champs Ulysses Gubantes Cabinatan

*(free verse/ ABC of love and gratitude)

Abc Of Faith*

A - Accept anything with joy and peace will then dwell in your hearts. B - Be patient, kind and loving. C - Cleanse your soul and live, live the beatitudes +++ D - Depend on the Divine and He will give you the strength needed. E - Each must use their time wisely on this earth. F - Fervently trust, trust, the Divine's mercy and love. +++ G – Give thanks for all the blessings. H - Have hope. I - It is so important to remain hopeful and live each day with joy +++J – Joy is given to those who do the will of the almighty. K – Keep your hearts open to the Graces. L – Let go of hate; and love, love one another. +++ M – Many Graces are given to those who pray N - Nothing is impossible with God, so please trust and know that He is with you. O – Open your hearts fully to God's love and mercy.

- P Peace cannot exist if there is unforgiveness.
- Q Quiet time will truly help to nourish your prayer and spiritual life.
- R Receive the grace needed to live a pure and holy life.
- +++
- S Share those gifts God has blessed you with.
- T Take a moment today and reflect on all that God is teaching you.
- U Unite in prayer and encourage each other to live a pure and holy life.
- +++
- V Victory over evil can be achieve if you keep your focus on good virtues
- W Walk in love and walk as children of light.
- X Xeric habits that prevent growth of the soul and spirit must be avoided
- +++
- Y You must learn to be more patient with those around you.
- Z Zeal and faithfulness is needed to live a good and blessed life.
- ~Champs Ulysses Gubantes Cabinatan
- *inspired from messages of the BVM
- Champs Ulysses Cabinatan

An Apple For Today

- A Amend your ways and allow good virtues to transform your life.
- P Persevere and nurture your heart and soul.
- P Please be joy-filled.
- L Let go of anything that is preventing you from truly loving
- E Each day is a new day, be thankful and make today, the best day.
- ~Champs Ulysses Cabinatan
- *filed under free verse/ words of wisdom

An Eagle Without A Parachute

An eagle without a parachute free to roam the sky free to roam the earth

An eagle in the wild bushed on finding its next prey and there are days it is exhausted of finding none breathes better than a well-fed eagle on a caged zoo

And It Leads To...

I followed her advice
And it was a disaster
And it led to me to my most uncomfortable moment
And stripped me of what deemed to be so important
And I survived like a parasite because of it

And it led me to know myself better
that could survived even at worse time
And it ushered me to different views in life
When I thought before I should make life
The most comfortable it should be
It made my thinking shift
That trials and sacrifices
are good for the development of inner strength

And the experience made me stronger
better
And can face life issues now with
Smile
And made me say.
I've been there before
and one important lesson I learned
not to give much burden on what others think about me
for chances are
many don't care at all.

And The Soul Needs The Body

Darkness flooded my soul
So it seeks eyes
For it to see the things brightened up by the light
My soul can feel an imaginary pain
So it needs the skin
To make it more real
My soul hears all the noises
My soul hears all the noises From all over
From all over
From all over So it needs ears
From all over So it needs ears to filtrate
From all over So it needs ears to filtrate The noise,
From all over So it needs ears to filtrate The noise, the sound,

Anesthesia For The Emotions

I need a dose of anesthesia for this emotion in turmoil a pill of pain reliever isn't enough to kill the pain Paracetamol or Ibuprofen cannot numb this feeling It's deep inside my heart but a cardiologist is of no help

I need an emotional anesthesia this feeling bringing me down
I don't know where it came from It affects every nerves the spine up to the gray matter more painful than a toothache

it troubled my appetite
it troubled my sleep
lovesick
nostalgic
anguish
inflicting
who got an anesthesia for this pain

Another Day

Another day
of feeling blue
I know the reason
and it's eating my emotion

When can I release this grief
I need to meet her
for me to feel great
it's been two years
of having days like this

Sigh!

I know she's the one who can make me happy
I know she has the key
to unlock this door
and free this misery
and let joy and happiness
welcome into the doors of my heart again.

As I Sing Your Song

When I sing your song
I feel lifted up
I not only see the constellations
But I become a part of them
I don't only see Polaris or Orion
But I am one of them

When I sing your song
I forget all my fears
I see the vastness of the universe
And see the earth a part of it
I see the Milky Way and other galaxies

As I sing your song
I forget all earthly worries
I am not only an observer
Of the celestial things
but I'm shining with them

As I sing your song
There's no more day
Nor there is night
For I see the sun and other stars
Always shining bright

As Long As You Are Here

My heart jumps for joy, every time I see you. It leaps with vigor, every time I hear your voice.

I feel so relax, every time you're near. It is a heaven, when you are here.

thank you for coming, in my life, my dear. Trials are surmountable, as long as you are here.

As The Flower Blooms

As the flower blooms
It shares its beauty
It shares its perfume
To anyone who wants to smell
To anyone who wants to see
Regardless of their belief
Regardless of their creed

Ashes

Our tongue will turn to ashes
Our eyes
and their visions will turn to ashes
Our scars,
fats,
muscles,
lipids,
Body flaws
Imperfections
will turn to ashes

Cremated
Or through natural decay
Flesh
Bones
Dreams
Will turn to ashes

But I guess
We can still feel
The pain
Even when the physical body
Turns to ashes

As what some tales and stories tale Souls languishing Souls suffering

Souls needing help Souls needing justice

Souls enjoying Souls flying in bliss...

But our words when Carefully and wonderfully woven Will stay Till eternity Even when all material traces of our existence Turn to ashes Poets gone some poems remain Writers gone some stories remain

Authentic Love*

Deceit

Lies

Heart breaks

Pretending to love each other

but faux love erodes its luster

it fades and wears

as time passes

Apprehensions

Confusions

Jealousy

Plastic love gives

Fancy

Pretensions

Only tensions and anxiety it brings

Don't hold on it

Let it go

Don't cling with it

Escape from its claws

Tolerance

Appreciation

Respect

is what real love gives

Its brilliance shines

Like real diamond from the mines

It doesn't wear nor tear

With the passing years

Nor its luster fades

When you put it in the shade

It continues to glitter

Like a pure gold it glisters

Trust, consideration,

Understanding, balance

Authentic love shows forth its beauty and radiance

~Champs Ulysses Cabinatan *free verse/ love/ gratitude

B*

In the Beginning was the word, says the holy Book.
With every utterance of let there Be,
The universe came to Be.
Let there Be light, and there was light,
Big Bang!

Man then was blessed and was given dominion to every Beast in the field and Birds in the sky ABel the shepherd offer the Best firstBorn lamB Abraham, the patriarch faithfully oBeyed To our ABBa father in heaven.

Wrong use of power to built
Is like Building the tower Of Babel
Intended to reach up to heaven
Ballistic!
Pride is a black hole it Breaks human dreams and amBitions

Breath and Blood The necessities of human life Beauty, Benevolence, Brilliance, AdmiraBle Behavior, exuBerant

Beach, bed, bath and books Be beaming, be grateful, enjoy life's breeze and offer the best

As letter B precedes letter C Creation starts with let there Be

Let there Be happiness Let there Be peace Begin today and Believe Believe that Blessings will Blossom

~Champs Ulysses Gubantes Cabinatan *free verse/ yule's poem experiment

Bad Memories

Bad memories start to fade wounds start to heal

those bad memories
they didn't make me strong
but they made me realize
that life is more than being attach to one person
so I have to stop singing that sad song

scars start to fade
bad memories
started to diminish its strength
its power starts to weaken
bad memories
die away
and will be buried
and be replaced with a new loving memories
and I'll be singing now with a happy and new song.

Be Like

Don't be like the hyena of the jungle With doglike grin, annoying to look at Greedily waiting for its next meal

Don't be like a vulture in the desert, flapping its wings on the air With naked head, preying for the rotten

Don't be a piranha of the freshwater Waiting to attack any moving thing

Don't be like a maggot Enjoying the decaying matter of the past

But be like a gazelle, enjoying the freedom Gracefully hops on the meadow

Be like the eagle Soaring freely, on the open air of liberty

Be like the dolphins
Playfully enjoying the vastness of the deep sea...

Be like the butterfly, Ready to accept the next stage, leaving its cocoon

Beauty

Beauty can be seen Beauty can be heard Beauty can be smelled And beauty can be felt.

Beyond My Last Breath

Let me hear your breath
As you lay your head in my arms
Let me taste your lips
they are sweeter than figs
Love me
and let me love you
for once I love a person dearly
that love will stay
even beyond my last breath.

Beyond The Petty Things

Beyond the words I use, there's the emotion that says that I am insanely in love with you. I may not be able to express the deepness of how I feel but I really greatly care.
I want to do anything that will give you enormous joy.

Beyond my imperfection, there's the heart that wanted everything to fall perfectly in your path. Little misunderstanding will not become Everest, for love sees beyond the physical appearances and actions. not concerned if white hair comes, or the few wrinkle lines.

Real love is not demanding... love is accepting...

There's no need for you to master how to arrange things well, how not to clutter things in the room, for love doesn't mind those clutters... love isn't angered by unwashed laundry, burned food or undone dishes... so no worries about those, for I love you beyond this physical universe.

Brain Massage

Beethoven's Pastorale Or Pachelbel's Canon D Nice to the eardrums A brain massage for me

Mozart is not too relaxing
Good but not for unwinding
Better with Bach on G string
Solemn, heartfelt, soulful rendering

Another good choice is a fine sound
Of Gregorian chant
Or the vespers of the Carmelites nun
And the best one for me
Is a recording of the rosary

From joyful and sorrowful Glorious to luminous mystery Relax, listen, it's illuminating have a free massage of the neural pathways

Break This Heart

break this heart of rock and stone make it a heart of love alone

free this heart full of pain and let only joy remain

Paint my heart with colors of gladness cover and remove the painting of sadness

whenever my heart will sing a song please happily sing with it along

guard my heart from every harm shield it with your spells and charm

strip off the sorrows, pains and hurt dress it elegantly with a new and loving heart

break this heart of rock and stone make it a heart full of love alone

Breath Of Love

Breath of love
Swirling on a bright dawn
Leaving dew of happiness
and cool mists of joy
cleaning the air
from rancor and negativities
Making each heart
an eternal spring
of peacefulness.

Broken Mugs

Broken glass
Broken mugs
Spilled coffee
Shattered hope
Broken dreams
But I can create new dreams
I can buy new mugs
Champs Ulysses Cabinatan

But I Can Be The Best Friend To Some

I cannot be the best singer
Or the best dancer
Or the best director
Or the best scriptwriter
But I can be the best friend
to some...

I may not be the best student The best worker Or the best businessman But I can be the best friend to some...

I may not be able to walk on water or fly on the moon or to trek the Himalayas
But I can be the best friend to some...



C is for Cause The reason of an effeCt. The Cosmos has a Cause, Though we Cannot Comprehend the Cause of everything We don't even disCern the Cause of our existenCe Until we Confer our Core to the Causeless Cause The Creator of all the maCroCosm and miCroCosm Creativity, a speCial knaCk, a spark, a gift from the Creator the divine arChiteCt ConfliCt Our lives is like a Contest, an interplay Between Clean and unClean Clear and muCky ExCellenCe or destruCtion we seek balanCe to reConCile our physiCal and our spiritual aspirations, We feel like we are more than

This physiCal Clothing we Call as physique

Chaos

we make effort to Create balanCe

with our emotions

finding persons with Candor

who are Compatible with our essenCe and CharaCter

a Cauldron of Eternal and unending Care,

we make a potion for our Compassion to be shared

ChoiCe

Is what sets the human being above and apart from all other Creations.

A stone or a roCk wasn't given a ChoiCe

Only human was given the freedom to Choose

Whether we Choose Chaos or Choose Contentment and peaCe

Challenges

Are around us

From our ConCeption until the last stage of our physiCal voyage We meet waves of Challenges and ConfliCts But it's up to us if we feel as a Casualty Or a Conqueror and beCome Champions We were not given a Compass as we traCk this life Sometime we get lost but we Can disCern it with our inner voiCe On what direCtion to take But just a simple CheCklist before doing it Is to ask this simple question: Is it love and is it CorreCt? Just mark that question whether a CheCk or an X. MagiC, **FantastiC** Change our ways from aCerbiC to enthusiastiC Cleanse the fabriC from stains of ConfliCts Climb to the mountains of Cheerfulness, ExCellenCe and Certainty Continue to Care, **Bring Comfort** And give Compliment

Congratulations

~Champs Ulysses Gubantes Cabinatan

Calmness

calmness after a heavy downpour. sunshine clears the dark clouds. hope shoots from the muddy ground. all will be well soon...

Can I Borrow Your Love?

Can I borrow your love?
Like a painter borrows another's brush
Stroke a little
And make a life out from a canvass

Can I borrow your heart?
Like a musician borrows someone's violin,
Press the fingerboard and stroke the strings
And create a melodious tune for others to sing.

Can I borrow your love?
For me to swim on its depth
Vanishing all my melancholy,
and sink below the ocean of mystery.

Changes

from up to down
from birth to death
From here to there
from there to nowhere
from tadpole to frog
from chrysalis to butterfly
from suckling to behemoth
waiting worry free and not in a hurry

from rise to fall from spring to fall from drought to rain from pain to gain

from beginning to end from smooth to bend from stream to seas from peak to cliff

Time's wings fly
Change and time goes hand in hand
People come and people go
Time come and time will go.
Change is the only constant as time goes...

^{*}poem experiment

Checkmate

I am a pawn and you are a queen in this Romeo and Juliet game
I may be the weakest piece in the game of chess but I want to prove you that I can be better than a king my dear

I can be a knight and no need of armor
I can be a rook and protect your tower
I can call and get a bishop
just to win and be blessed with your love

even if I'm just only a pawn this game I still can won I will just wait for the best move checkmate, let me be your king my love

Childhood Innocence*

'Like a little child who can enjoy almost anything as his toys, from a simple sling shot, a stone, marbles or a tin can we can still be happy in some simple celebration in life.

But as we get older, we forgot on how to be happy, we thought that happiness is going to other places... Watch the Asian Cup in Doha and also we don't know now how to pray.

During childhood, our prayer is as simple and as fulfilling as 'Angel of God, my guardian dear, to whom God's love entrusts me here.... or a Thank You.

But as we get older, our prayers actually are not sincere prayers but it is always asking...., asking for more wealth which could be a form of selfishness...

So we can learn from the simple mardi gras celebration that a child like faith can make us happy in life and there is no need to ask others again as to why they dance on the street

*(in honor of the mardi gras celebration)

Choices

SWOT analysis doesn't always apply to any decision making nor enumerating the advantages and disadvantages There may be factors to be considered, such as its impact to the economy, energy and ecosystem

There are choices which are not critical Like whether to eat rice, bread, pizza or spaghetti unless of course your health prohibits you on those food

or choices like what to drive whether a coupe, sedan, SUV or any van as long as it's free from danger and from harm

There are some choices which are changeable Such as planning for a vacation or Choosing a course, or an occupation

Some choices are to be taken with consideration Like choosing a friend or a companion for they can affect what, where, and which to buy and they can affect the money in your wallet.

There are choices which may not be changeable Like getting married, or getting a circumcision,

And some decisions which should be avoided like euthanasia or doing an abortion As life is more valuable than money, possession or fleeting reputation

Our brain is above our heart so that we will prefer our reason than our emotion in making life's decision

Whichever direction you are going in life always consider if it is in line with your life purpose not that it pleases the other person. nor it enthralls your present emotion.

*poem experiment

Circle

I woke up
Watch the clock
Ticking
Reminding me
Life is a circle

I turned on the shower
In clockwise direction
Oh how many times
I'm repeating such cycle

Then went off for work Saw wheels Of buses and cars Life is a circle

The sun
Sneaks
From the mountain
And come out
In full circle

I'm living
This kind of life
And will repeat
Again
Another round

Cliché But

You make my world a better place You put rainbows in my sky You scatter sunshine in my life You make my days bright.

You're my guiding star When my world is coldly dark You make my dreams sweet and give me peaceful sleep at night.

You're the rose in my garden You're the pleasant perfume in my air Your love gives beauty To the fields and the vales.

Your love satisfies my soul the food of my spirit I crave for your love like I crave for breakfast although I had a dinner last night.

Cold Morning Wind

The early morning wind, leaks through the windows, waking me up from sleep. It bites my skin, til I feel frozen.

Concupiscence

Concupiscence
The tendency to do the wrong
The inclination to desire that which is evil,
the immoral,
the unworthy.

Removing our natural grace Stripping our clothes of innocence minds soiled by doubts and ignorance Clouding our common sense

An inherited state

Making us prone to commit errors and mistakes

An attraction to choose the unholy.

Having the appetite of doing what is wicked

Oh! They excuse of it as part of being human.

Consciousness, Eternity And Beyond

Consciousness
Maybe it resides in our brain
Or in our gut
The brain can think
The brain can feel pain
And now my brain
Is thinking of something
My body is at the present moment
But my mind time travels
Past, present future
Eternity

Eternity
My mind is perplexed
Of what it is
Do Saint Augustine's girlfriends
Swimming in an eternal fire of sulfur
While Saint Augustine himself
Enjoying the heavenly
Songs of the seraphim and cherubim
Eternity
How eternal you are?
I don't have the answer now!

Contentment

The sun doesn't complain as to why she is not the biggest star Nor the Earth complains why she has only one moon. Venus doesn't envied the rings of Saturn Nor Mars complains why he is not as big as Jupiter.

The trees do not complain as to why they cannot walk to another place Nor the seahorse complain as to why it cannot breathe, out of the water. The worker bee does not complain why she is not the queen bee, But anyone is just contented with their duty.

Creating Music

Let us play with my flute
And also with your lute
Let's make music
That soothes our inner soul
Blend the tune in synchrony
taint the zephyr with
refreshing melodies
Let us forget our problems
Enjoy this present moment
And booze our ears
With music and harmony

Crown Of Thorns

Imagining the crown of thorns
Being placed on the head
Of our Savior
Mocking His kingship
And a reed as His scepter

Imagining the crown of thorns
Piercing my Savior's head
Blood profusely flows
From the
Fresh wounds

Suffering
Injuries
Imagining it
Would palliate
The mental pain I am
Imagining

The
Painful thoughts I have
Is so little
Compared
to the pain
My Redeemer
Went through.

D*

Delightful
Dynamic
D relates anything to Doors
to thresholDs, open opportunities anD Decisions
Cerberus is the mythological many-heaDeD Dog,
guarDing the Door of the unDerworlD.

Desire is the Door to fulfillment anD ambition
Dream is the Door to reality anD achievement
Discernment is the Door to a good Decision
But Doorways can be blocked by Devils and Demons
Disguised as a serpent
Who wants nothing but Dominion.
Eve and Adam were Deluded
ate the fruit of Knowledge of good and evil
That wrong Decision leads them to a world of Death,
Danger, Distress and Destruction
An Angel guard the Door of Eden
So that no one can eat again the fruit
From the tree of knowledge of good and evil
Devious, Devilish, Dour and Deluding

The Dishonest Devil ruineD ADam anD Eve's Delight in the paraDise of EDen Devious behavior DarkeneD the olD worlD It leaDs to the great Deluge

Diligence
Devotion
Determination,
Draws you
You to the Doors
Of Discovery anD Distinction

Replace the Darkness with the light of the Day Draw near to the Door of light anD gooDness DeDicate your Days to love anD gratituDe Do not allow priDe to block you from entering The Door of gooDness anD Dwellings of joy

*free verse/ yule's poems experiment

Dad

My dad hid his emotion.
he is not the huggy type
nor the vocal type of expressing his love
have never heard him saying I love you
he would just express it in writing and in his diary I can get a cue

I like my Dad Because he's brilliant and worked so hard had a knowledge of almost everything from esoteric, medicine to engineering

Though there are some thoughts and beliefs My dad instilled in me
I want to remove it in my system for me to have my own mark in existence

He didn't want his son to work abroad or go elsewhere he wanted all of us to be at home reading and reading instead of enjoying the sun

but I'm the explorer type
I can't stay in a one place for a long time
I need to go out much often
not just stay at home counting one to ten

Dad just spent his weekend in his bed He just wanted to read read read Yes that's his line to read, read, and learn

Maybe if not for him I will not be educated because I didn't want to go to school I remember my first grade I cried hard cause I prefer to just play...

So I'm still thankful to have a dad strict but thoughtful now wish i can have a second dad to talk, ask question or just to ask if this and that is good or bad.

Dancing In Their Music

I dance in their music
Although I'm not suited on it
I move in their tempo
In their rhythm
But my mind
anticipating
of the music's
finale
wishing it will
stop or end
The soonest
For I will take rest
Away from their noise
and will dance in my preferred floor
and in my chosen beat, rhythm and tempo

Deafening Silence

Staying in this vast arid land Wish the desert beetle can speak Or the rattle snake will just hiss

Alone

My companies are ants, a bug and a scorpion But they are so silent they don't know how to whistle

the falcons in the air striding the sky looking for an affair flapping it's wings but a rustle doesn't create

Deafening Silence Anyone break this I plead Wish my tears can speak this deafening silence I want to rip

Death Of My Childhood Place

I miss the place so much where I could climb trees ate star apples and green mangoes from fruit trees near our house □

bath in the river made a raft out from banana or bamboo trunk go boating with my brother and enjoyed swimming in the river

Where we made a makeshift dam got some catfish or played with the tadpoles and shooed away the frogs

and on rainy day
played with my childhood friend
creating pots and anything from the mud
forming clay vases and figurines
and enjoy the drizzles of the rain

But father sold the place and we moved to an urban zone where trees don't bear fruits and fruits are not on trees but in groceries. and clays are beneath the cemented road and during rainy days people will not go out and everyone seems so busy on their business and their job

so in grief of my childhood place and gone with it is my childhood stage

Deep Within You Is A Star

Deep within your core is a star You may need other's love but you don't always need other's approval for deep within you is a star

Don't fear rejection
Don't fear humiliation
Don't fear the unseen
for inside your being is a star

Others may not see its brightness Others may not see its radiance But others opinion won't negate That deep within you is a star

Desert Ants

One two three four five six...

I'm counting the ants
they are numbered more than a hundred

Coal black and very small these creatures busy transferring food from a place putting it inside a mound

running, crawling going in and getting out from a small hole and maybe some of them are complaining it's over five PM and they are still working

A busy life for ants

I was perplexed on how they can find food in this barren land they are carrying a white round like substance an ant version of the manna perhaps!

I tried getting one ant and placed it away from the group two meters distance from the mound Smart ant, it got its way back

so if there is a creature higher than the humans maybe was also observing us, the way I'm observing these ants.

Destined

I may not be destined to be so mighty I just let time gradually sculpts me Some acorns are destined to grow into a mighty tree And some just rot, forgotten without even knowing what It feels to grow roots, branches and leaves. I will be just thankful to experience this sinusoidal existence Never dream of experiencing the euphoria of fame and majesty I will just be content to get a very tiny humble place on this Earth who can freely roam anywhere observing other people's search for stardom and grandeur

I want to be the pearl inside
a shell
than being displayed in a cold and
uncaring museum
never dream of being a jewel in the queen's crown
or some gem on a pontiff's ring

I am the hermit in the noisy crowded city a cloistered monk in the noise of ambition and wannabee tycoons People clamoring to be the best, the hero, the protagonist But I am contented to walk freely and not be part of this search of glamour and all this search for shining moments.

And if soon destiny wants all the beings to be a star Make me a tiny star during daylight So no one would notice my sparkle or asking if I do shine bright

Destroy The Bridge

I must destroy the bridge that connects your place, to my palace

stack a gray stone boundary cobble walls so that you won't attack me the way you used on the old days

Erecting the barricade is the only way to halt the advance of your abuse to my kindness and generosity

to destroy the bridge that connects me to your slimy personality

Diamonds Are Few

Rocks and stones are everywhere But diamonds are few

Pebbles and sands are plenty But very precious gems are rare

I miss you my love My diamond My real gem

Do Oysters Travel To Different Seas?

Do oysters travel to different seas?
Or they just live grow and die to where they were born?
Do oysters see the vastness of the sea?
Or they are just contented opening their shells
Waiting for food to come in their way.

Glad I'm not an oyster, or else I cannot cruise the Mediterranean or Caribbean or go to the nearby island, and who chooses that a being will be a crab, an oyster or a human? spare me, don't make me an oyster in my next life!

Do Re Mi Fa So La Ti Do*

Do all that you can to please God.

Rely not on your own understanding and strength, but on God.

Miracles will happen, so please continue to love and pray.

Families need to join hands, live in harmony and pray

Soon, change will occur, and you will need to deepen your faith

Lack of trust in God is why so many are relying on themselves.

Time is short on this earth, but Heaven is everlasting and eternal.

Do not lose hope, live in goodness and grace

~Champs Ulysses Cabinatan

*inspired from the messages of BVM

Don't Catch The Arrows

There is no need to catch the arrows, that others mindlessly throw at you.

Nor you are oblige, to play with them, of their dark side.

Don't catch their arrows of hate, they may throw it out of jealousy.

Don't catch their arrows of bitterness, nor be affected by their constant bickering and their perpetual distress.

Don't catch their arrows of off-putting criticisms, It's their own soul which they feel are on the brink of being ruined.

Don't catch their arrows of arrogance, their arrogance smell like a toilet sanitizer mixed with muriatic acid, hiding their fecal fragrance.

Don't Let Our Love Be...

Don't let our love be, like the flower that withers In times of cold autumn or winter.

Don't let our love be, like the snow, that melts and turns to water in summer or spring.

Don't Let The Hopeless Destroy Your Hope

Don't let the hopeless destroy your hope

Don't let the dreamless ruin your dreams

Not all old men have wisdom

Not all ahead of the cradle

Have the best paddle

Check who you are around with

They may be the cause

As to why you are depressed

They may be cause

as to why you cannot achieve your dreams

Don't Trust The Stars

Don't sell yourself to palm readers, they can't even translate their own palm lines Don't rely on the fortune tellers, They don't even know the result of tomorrow's lottery draw And they don't look fortunate enough. Don't trap your soul to crystal balls Or sell yourself to tea leaves Ouija board is a meaningless game And tarot card is a random play Pity the rabbit foot Or the four-leaf clover, They don't even know That others used them as guides We were given with a heart and brain, which are more powerful than the dead owls or frogs Or the zodiac signs.

Don'T Let My Heart Fall For You

Don't let my heart fall for you

If you have no plans of catching it.

Don't play with my heart

If you consider love is just a game.

So free my heart from your sweet words and temptations

Free it from false expectation.

Don'T Let My Heart Grieve

Don't crunch my heart with your absence Your presence is its happiness Don't let my heart grieve because of not seeing you for a day, Being with you is its source of joy and gladness.

Dreams

Do hills dream of becoming mountains? Do small pebbles dream of becoming big rocks?

Do small grasses dream of becoming bamboos? Do a shrub dream of becoming a tree?

Some dreams are easier to attain, than kissing my own elbow or licking my own nose.

Drowned In A Tsunami Of Emotions

Drowning
in this emotional turmoil
felt helpless
in despair
wanting to give up
this is not anymore a chemical imbalance

like a tsunami it hits without a signal flooding the psyche bringing havoc to nature

still waiting
and help seems not on the way
looking for signs of jets and helicopters
Drowning
from this turbulent water
emotions whirling
eating up my very nature
sucking up my soul

E*

E = mc²
is AlbErt EinstEin's famous Equation
this Equation says that EnErgy Equals mass
multipliEd by thE spEEd of light squarEd
EinstEin's Exposé bEtwEEn mass and EnErgy
indicatEs that all mattEr is madE of EnErgy!

Emotion is EnErgy in motion EvErything is EnErgy A WatEr stagnant in a damn is EnErgy ThEy call it potEntial EnErgy

LovE not ExprEss is EnErgy but it's stagnant, just potEntial and it will bE kEpt in one's hEart unlEss it is ExprEss

HatE is EnErgy
but it is dEstructivE
it hurts whEn it ExplodEs
so don't EntErtain it.

E is also for Ego it gEts attackEd FEEI BEIIttlEd EmbarrassEd HarassEd EnragEd Edgy Envious

Also tErmEd mEtaphorically as Egypt in the Old Testament where the descendants of Jacob wanted to flee flee from Ego's control of the Emotion

ChangE frustration to EasE
ChangE contEmpt into ExubErancE
changE animosity into Ecstasy
turn distrEss into Elating joy

and if you can makE it there is no need for an exhausting exploration for the elixir of life. FIEE from Ego's grip go to the promise land of love and real enjoyment

Each is ExpEctEd to livE with joy and Enthusiasm
Each must do thEir part for an EnhancEd and EnjoyablE lifE
EndEavor to EncouragE Each othEr
EncouragE onE anothEr to stay strong

Each day is a grEat blEssing if you know how to givE and rEcEivE lovE EmbracE thE good lEssons and tEachings of Empathy EndurE Each battlE with strEngth from your hEart Evil continuEs to sprEad duE to lack of lovE Expand ExplorE ExprEss! EnhancE your ExpErtisE EmpowEr your life with Enthusiasm Enchant it with Empathy, EndurancE and ExcitEmEnt

*frEE vErsE/ play with alphabEt/ poEms ExpErimEnt

Each Moment Counts

Each moment counts Each thought counts Death happens constantly It walks on the high way Or strolls in the byway Every seconds die Every minutes fly And born with it another time Every today is a death of Every yesterday Every exhale is a death To every air inhaled Every spoken word dies And becomes a memory Or a record in the history Every smile you receive dies Else you take picture or an excellent photography Every emotion dies so have to enchant it in songs and poetry Death shows constantly And wonder why we are surprise of its authority So cherish every moment Enjoy its Elysian pleasure Its ephemeral joy, A precious treasure

Echo

Echo

```
A beautiful lady in the woods I see
Her face lovely as she flees
Who is there? I asked
(((who is there, there there))), she answered
```

Oh, how can I give my heart then To this lovely and divinely maiden She doesn't know how to talk She just repeats what I spoke

Echo

Are you heartbroken?
Why spent your life in this lonely glen?
Saying the last words and names
In haunted valleys and mountains

Echo

Don't haunt me with your voice Your spirit repeating my words Haunt me instead with words echoes of

```
(((peace)))
(((bliss)))
(((happiness)))
(((hope)))
```

(((love)))

~Champs Ulysses Gubantes Cabinatan

Emotional Food Chain

Anger eats Balanced

Balanced eats Confusion

Confusion eats Delight

Delight eats Exasperation

Exasperation eats Forgiveness

Forgiveness eats Grief

Grief eats Humor

Humor eats Isolation

Isolation eats Joy

Joy eats Knottiness

Knottiness eats Love

Love eats Moodiness

Moodiness eats Nicety

Nicety eats Outrage

Outrage eats Peace

Peace eats Quick-temperament

Quick-temperament eats Righteousness

Righteousness eats Stupidity

Stupidity eats Trust

Trust eats Unhappiness

Unhappiness eats Vitality

Vitality eats Weariness

Weariness eats X-citement

X-citement eats Yawn

Yawn eats Zest

Zest eats Anger

Emotional Vampire

Someone detestable but it's useless and energy will just be a waste

he is draining and cold he gets charge when he is abhorred

Perplexing there are people who will be charge up by draining other people's energy

wish they will stay away instead of eating other people's emotions

*(human behavior/ observations on narcissism)

Empty Plastic Bottle

Empty plastic bottle Empty water bottle Easily toppled When wind blows

Empty plastic bottle
Empty water bottle
Easily fell down
When force is applied to it

Empty heart
A heart that knows no love
Empty life
A life that knows no hope
Empty wisdom
A mind that doesn't have discernment
Is an empty plastic bottle.
Empty water bottle.
It can still be filled.

Empty Shell

They walk they talk but they have no soul just like some shells in the seashore

inanimate, no living creature just an empty shell in the seashore

they have skin but no emotions they have bones but just a structure just like the empty shell in the seashore

The world is a cold place for those creatures they exist but not living they are breathing but don't have a spirit just letting the tides of time washes them like empty shells in the seashore

*free verse/ hidden wisdom/ poems

End Of A Cycle*

Death is not the End of a cycle

nor this life is the only life we own

As a fetus expects to come out of the womb

so we'll come out from this physical tomb

and emerge to a life in a new home

Although we don't know what is life after this

Like the fetus isn't sure

after the cutting of the umbilical cord

we don't know what will happen next

after the breaking of our silver cord

So there is life after death

Same as there is life after birth

but wherever and whenever will it be

just enjoy this unknown years of journey

~Champs Ulysses Gubantes Cabinatan

Enemy

What is the bible story without the snake, the dragon or the devil? Who is Harry Potter without Draco Malfoy and Lord Voldermort? What is the Lord of the Rings without Smeagle and the Dark Lord of Mordor? Who is Batman without Joker?

What is Life of Pi without the tiger and the cruel waves?
Who is Snow White without the wicked queen?
Sometimes, it amused me when one volunteers himself to be an enemy.

It made me think; maybe you can make my life story more interesting.

Entangled

My heart is now entangled with yours And I cannot untangle it My emotion mixes with yours It feels Whatever you feel

We are now
Like one soul
But you don't want to put your trust completely
Because of the delinquent love
I had in my past

You thought
That I will treat you
Like the way
I treat my ex-lovers before

But I promise you I love you And willing to change my ways

Envy Is Not Good For Your Beauty

Envy is not good for your beauty nor being grumpy gives you an appeal of a majesty

Being prideful is not good for you hair nor presuming to be a know-it-all is good for your head

Being bitter will just add wrinkles to your forehead and feeling infuriated makes your skin dry and rubbishy

immodesty makes you look trashy and your swearing just makes you like a cracked potty

being moody will result to an ugly lips and your frown will make you look like a lost buffoon

(poem experiment)

Even If All The Stars Will Fall

My love for you is not subject to the waxing and waning of the moon to the ebb of the tide or to the eclipse It will always remain radiant, pure and steadfast even if all the stars will fall.

Every Time I See You

Every time I look at your picture my face glows Every time I hear your voice my heart grows Every time I see you my joy overflows

Everyone Can Love

Not everyone can write a lovely poem, sing in tune, create an angel out from a marble, sculpt a statue, paint a work of art, or plays the violin or the piano, but everyone can love.

Not everyone can see the beauty of nature hear the melodies of pastorale read the works of a genius but everyone can love

Not everyone can appreciate the glorious days of Rome or Greece, or visit the pyramids of Mexico or Egypt, or go to Machu Pichu, or trek the Himalayas, but everyone can love

Not everyone can cruise the Mediterranean, or enjoy the breeze of Caribbean, or travel a neighboring island, or on a warmth shore basking in the sun, but everyone can love

Not all of us can be a King, Queen, Prince or a Princess, or hold an office of a Prime Minister or President, or even take a foot to a palace of a Sheikh, but everyone of us can love, as long as we can recognize the greatness of the humble and the ordinary existence and share to others our joy, our pleasure and happiness

F*

Fearless Calm, Peaceful Face the issue with faith and focus Relaxed, Flow with the happy currents in life

Flowing and effortless

Count your friends and forget your foes

Resolve and accept the others flaws

Dreams may fall away from your expectations
but that doesn't mean that life is a failure

Life is forgiving and forgetting
Faith and hope are necessary to have peace and happiness
Forgive, be compassionate, calm and kind
You are still fortunate, blessed to experience this transient life

Feel courageous and face life with confidence Focus on solutions and efface the fears Flee from doom and gloomy thoughts Fill your life with the abundance of love and joy

Falling Into The Abyss Of Temptation

Wanting to live life of purity then came this temptress, my heart and mind was seduced. Charming, beautiful, pretty Lured to an appealing carnality even Solomon's wisdom was trapped into its snare

Clothe in disguise as a honey in the eyes a poison glossed as fine tasting wine its effect not immediate but its rusting the soul like an iron rusting, slowly eaten by an unseen oxygen

temptation, sweet to the carnal appetite enjoyable in the bed, gratifying in the dark and in the secret have tasted the sweetness of this impure honey already cracked the honeycomb

oh four winds help me be free from this bondage let the seven seas wash my soul again and cleanse the infirmities of this sin

I want to break from the bondage and be free from its chain but I lack the courage as it gives me an instant pleasure Brings my feeling to the top though after it I know it will dump me in the vale of desolation

*note: someone egged me on to write something about this topic[infidelity], and this is the output.

Farewell Poem*

I do apologize for not being a faultless friend at all, and for the things that I have done which didn't please your standards. The only thing that I can offer is; even if I'm not a perfect friend, but for sure I can be your ideal friend that you could ever have. A true friend can offer his life for someone else.

I'm very grateful to have all of you in my life;
you have plow up a special place in my heart
and sow a good seed
and it will grow and bloom for many years
A place in my heart,
that no one could ever take and ruin away from me.
And again I would say "THANK YOU".
The best precious gift that a human could see
is when we saw the brethren serving the almighty, whole heartedly.
I will surely miss all of you
and it's time to say adieu

~Champs Ulysses Cabinatan

*this was inspired from a farewell email of a friend...

Father*

He let me read books, though some of the books he gave I didn't take a look he wanted me to become a writer, though I don't know, because I want to be a banker

he didn't want me to work at home thinking that that's a work of house-helpers... though I don't want to sit or just stay in bed busy with a book I prefer to plant, climb a tree or clean the pond.

and silence is My way of disagreeing with him...

during my teenager year,

I wanted to ask him a simple question
and still never open it to him...
just wanted to ask, 'is it easy to go to heaven?'

but he's not here now.

maybe the things I miss from him is arguing almost anything
that chamois is not as pronounced as shammy
and some words that I stress wrongly can have another meaning

but he's in the other world wherever his soul is just wanted to say to him miss you dad, though we didn't agree much on almost anything

from religion, to food, to habits and to principle..
and still wanted to ask him..
'is it easy to go to heaven?'

*this was written during the Halloween

Fill Me With Your Love

Fill me with love Fill me with joy Fill me with peace

Kiss me with your goodness Caress me with your gentleness Hug me with your compassion And love me with your kindness

Find Love

Find love, By sharing it away.

Find trust,
By living life in honesty.

Find joy, By making others happy.

Find love, By giving it away,

Flow

Flow To the stream of delights Flow to the river of ecstasy Flow to the river of pleasure and desire Flow Like a leaf floating calmly on the stream Flow And there's no turning back Flow Drift to the mystical sensations Flow as the river willingly joins the sea Flow relish, savor this moment let it flow Flow Feel the smooth wet happiness Flow Stroke, frolic and dive to the depths Champs Ulysses Cabinatan

Flying With A Broken Wing

Flapping
But cannot soar high
Feeling the pain
Hurting on my wing
Wounded
Hit by a careless stone
From sling shot of an arrogant hunter

So now flying with a broken wing

Betrayed

That's how I felt

How another can hurt

Another creature with a good heart

Aching

Hurting

The pain in my wing

took all the pleasure in anything.

Flap

Soar

Down

Weary

Strength starts to erode

Despair

No it's not the cure for a broken wing

Fly,

Continue to fly

Count the blessings

Enlightenment

Time will heal my broken wing

Strong will

Persevere

I would soon be back to my old self.

Would soon be back to a happy place

Soon I can I can fly again with peace

higher and higher

better and better

Until I reach the place

my goal
Where lovely larks sing
Where lovely falcons can enjoy an eternal spring
This broken wing
Cannot rob my will, my true being
Still I am loving, giving and caring
Time will heal
And I will fly with a healthy wings again

For The Good Of Our Soul

Sometimes, we cannot understand why some events happened to us Sometimes, we cannot comprehend why some trials befell to us Sometimes, we cannot encompass why some friends were removed from us Sometimes, we cannot grasp why some good things were taken away from us whether it's health, wealth or anything dear to us.

Some things were taken away from us and in exchange of it may be something better.

Dethroning away whether it's our fame or fortune
So that we can learn a lesson from these misfortunes
Knowing that there's something more important than the physical gratification
Or if we face trials and sufferings which are incomprehensible
For sure they may not be good for our physical body but these will be the best for our soul.

Like the chicks not provided with earthworms by the hen anymore or like the kittens not being breastfeed by their mother anymore. Some things that happened may remove a few moments of our happiness, but these may fortify our faith and strengthen our soul.

Forgiveness

Families are at conflict due to lack of love and forgiveness Couples are not in harmony due to lack of trust and forgiveness Countries are at war because of selfishness and unforgiveness So be kind, embrace love and forgiveness

It is through forgiveness that one can love themselves
It is through forgiveness that one is able to respect one another
It is through forgiveness that we can live harmoniously together
It is through forgiveness that we can advance further

Through forgiveness, you will at ease
Through forgiveness, you will have happiness
Through forgiveness you can give light to the darkness
Through forgiveness you will have peace

Free From Greed

The wealthiest man
Is not the happiest man
The most famous woman
Is not the happiest woman
For happiness and joy is not found
In fortune or fame
But in a heart
Free from hatred
And greed

Free My Soul From Hatred

Clean my heart from anger Free my soul from hatred Let me be Like a healthy lily Free from remorse Free from vengeance Free from guilt

Only holding on to...
The goodness
of the sun
the soil
the water
and the environment.

From Scorpio To Libra

As above, so below

The moon can affect the tides of the ocean

But I don't know how the stars can affect the lives of men

there are now 13 Zodiacs signs
Ophiuchus, is the additional sign the only human male sign in the horoscope
'Ophiuchus is considered a healer of men
The paper mentions.
He seeks enlightenment.
Like the biblical Joseph,
He can interpret dreams
And envied by his peers
loved by his father
and favored by authority figures

I'm not a believer of horoscopes in the magazines and many sect say it's a sin so don't trust it cause it's not the the same star shining guiding the three wise men

From Scorpio,
I am now a Libra,
the only inanimate sign of the zodiac
Libras are the most civilized of the twelve zodiacal characters
the paper says
and are often good looking.(ohhh...)
They have elegance,
charm and good taste,
are naturally kind,
very gentle
and lovers of beauty,
and harmony
So maybe I'll just agree to those,
and for sure, you will agree if someone
will describe you as kind, good looking and elegant... LOL

As above, so below



G is one of my favorite letter
next to U
Gee!
it's happy and Gleeful to hear
which simply means turninG to the riGht side
or it can be an expression
of sympathy
surprise
or enthusiasm
or deliGht
Gee!
Gee whiz!
G is the start of Goodness
the beGinninG of the Glorious word ~ God
life Giver
Good
Glorious!
Giver of Graces and all the Good Gifts

be a Gallant warrior a Guardian of Good thouGhts and Good words Gather and pray to Gether as it is promise that two or more who will pray and aGree on earth will be heard in the heavens with the aid of the anGels. be Generous and share God's Graces your are blessed with Genuine happiness is Granted to those who Give and share love Get strong and Grow in Good thought and Good words. aliGn you Goals in the riGht tarGet you've Given Gifts and talents for you to be Generous with it Give thanks and be Grateful Express your attitude throuGh words and actions. Give up on wronG doinGs and Gloomy thoughts don't Give up on your Good Goals and Good tarGets forGive those who wronG you have the strenGth needed to Go forward.

Golden

GlowinG

Gentle

GlitterinG!

Let the Goodness shine and start it with Good thinking.

~Champs Ulysses Gubantes Cabinatan

Give Me Strength

Give me strength when my will is weak Give me strength when my heart is frail Give me strength when life gets rough Give me strength when my spirit gives up

Give me strength when the sky is gray Give me strength when the day is bleak Give me strength when storm clouds hover Give me strength to survive any storm

Give me strength when life seems lonely Give me strength when friends are not near Give me strength when life's travel is not easy. Give me strength to cast out any fear.

Glass

Careless words
Carelessness
Made everything
As brittle
As a glass

Goblin's Soul

I'm not a spiritualist nor a mind reader just feel it weird because I can read beyond your physical cover

I haven't been to Tibet nor the ruins in Egypt haven't went to Machu Pichu nor bathe in the Ganges with the Hindus

just have this gift of seeing beyond your face a line in your forehead I see them as a result of deep distress

ahhh yes, you're grieving for the lost of your power to manipulate grieving for the fleeting success you lost in the rat race

the sour concave smile is a result of the time when you lost your being human and evolve into a goblin slime

your belittling and disdain of other people is a result of your bitter soul which cannot accept, that there is another soul, greater than you.

Golden Bond

Our love binds us.

I am connected to you

And you are connected to me

In a golden spiritual thread

Our inner eyes and hearts can see.

I am connected to you And you are connected to me This golden cord Keeps getting stronger Even when we are far away.

We are connected
Our spirits are entwined
From our birth
'til eternity.

Golden Sunset

Streaks of golden sunlight seep through the clouds Giving an amber toppings
To the creamy chocolate brown plateau
Birds glide and frolic,
as they bask in the golden threads.
Flapping with delight
As the sun closes the curtain
To end its daily majestic play.

Gourmet Vs The Usual

a good food and a good drink seven days a week I wouldn't ask for more I'll just eat with love and won't get bored

I tried cooking my own food following mom's recipe but it didn't taste exactly as when mom's the one cooking

Oh, I realized
I couldn't buy in the store
an ingredient mom has when cooking a food
I couldn't buy love and patience
in the fresh market or in any grocery

H*

H
feels airy
like a cold air in a pHysical skin
and etcH an invisible imprint on tHe nerves

Human bequeatHed witH feelings and sense of toucH we can feel times of melancHoly wHerein all we need is someone's Help and sympatHy to get out from tHe unHappy atmospHere

H is for Heaven, a Happy airy abode a feeling of Harmony peacefulness, calmness and perpetual Happiness

Hell is a cHamber beneatH of fire and Hot air wHere Hades waits for tHe lost and vanisH souls

breatHe
InHale ExHale
Hearts and Healing

erase tHe Hurts and Harms bequeatH Harmony and Hope

WHole, Healthy, batHe in the Healing light of the divine and Head to tHe spHere of tranquility and Holiness

~champs ulysses cabinatan *free verse/poems experiment

Happiness In A Vice

Happiness in a bottle of beer Goes away When the alcohol in the bloodstream loses its efficacy

Happiness in a cigarette is like the cigarette stick little by little it's eaten when fire is being lit

Happiness with a woman of the street Is like your money you paid to her It disappears in your hand as well.

Haven Of Delight

Imagination
Wandering
to a
A place
of
Blue ocean
and
Beautiful sunrise
With coconuts
Proudly stand
along the beach
Of a tropical island
Cool breeze
Clean to breathe
Detoxified
By the lush
plants and trees
And during dusk
I hear the crickets' voices
Noisily cheering

The calming glow
Of the moonlight
Fireflies
Flaunting at darkness
And I see
Nearby huts
Dimly lit with
Oil lamps
I smell
the air
infused with lovely smells
Of flowers
Giving off their
Sweet perfumes
It has been ages
I haven't visited
Such place
A paradise
A haven
Of delight

Heal Me

Heal me from all the slanders, Heal me from all the pains Heal me from all the traumas Heal me from every ills

Heal me from all the hurts
Heal me from all the doubts
Heal me from all the betrayals
Heal me from every bad memories

Heal me from all the broken trusts
Heal me from all the agonies
Heal me from all the aches
Strengthen me and
Let me start in a clean slate again

Heap Of Ashes

Falling leaves
Swept
Piled to heap
Lit
Burned
Turned to ashes

I burned some rubbish of the past They are now heap of ashes And I can't restore them back To their original shape Similar to the burned leaves

Heart's Hunger

You know my heart's hunger
And it can only be satiated
With your pure love alone.
You know my heart's thirst
And it can only be quenched
from the refreshing rivers of your love.

Heart's Hunger Pangs

My heart is hungry for you love Only your love can satiate it. My heart is thirsty for your care Only your words can quench it.

Fill my heart with your sweet love Fill my heart with you refreshing words This hungry heart Is longing to be filled with your love.

Homesick For Heaven*

Heaven,
A world of wonders
Golden stairs
Pearly gates
Soothing music
Ethereal melodies
Complete bliss
Delight
angels and cherubim
eternal joy and peace

Earth,
Homesick heart
in a perpetual state
Of culture shock
cold winter
humid summer
stressful autumn and
just a short period of spring

Heaven,
I'm now homesick for heaven
It is better than this world's Eden
heaven,
is my oasis, my real haven

I Allow Myself

I allow myself to be happy Let go of those unwanted memories

I allow myself to move on And hold on to those beliefs that will make me strong

I allow myself to love again Free the past that causes the pain

I allow myself to treasure my new found love Willing to accept the happiness, joy and the comfort of being loved.

I Am A Diamond

I am a diamond
I cannot be scratched with their ugly words
I am diamond
I shine when there is light
Glittery
Brilliant
Reflecting and
Dispersing light into beautiful colors
For I am a diamond.

I Am God's Work Of Art

I am God's work of art He crafted My inmost being And my heart

I am God's work of art
Sins may soil me
Events may try to abrade me
But God continues to work on me

I am God's work of art
More precious than the work
Of any artist
More intricate than any sculpted piece

I am God's work of art
My nerves and blood
My emotion, and imagination
Only God can create such masterpiece.

I Am Most Happy When...

I am happy when I reach a goal big or small hard or easy to achieve lofty, noble or one which is simple.

I am happy when I am in a nice working environment
Utilizing my skills and abilities
Use my hours in productive pursuits
and be with workmates who are good-natured and great!

I am happy when I'm with my friends Share stories and lighten the embarrassments sing with them in videoke or laugh with them in jokes and comedies

I am happy when I'm with my family
Wear the true identity and personality
not concerned if I act awkward
as they can accept and understand, whether I'm happy or sad.

And I am most happy when I am with my special someone walk in hand and hand talk in anything, or dine in a restaurant and every moment seems in a dreamland.

I Believe

I believe there's a sun, even if I can't see it on a night time

I believe there's a moon even if it is daytime

I believe in joy even if there is pain

I believe in sunshine even if there is rain

I believe in love even if there is war

I believe in hope even if others feel in despair

I Can Be*

I can be lonely but lovely
I can be sober and happy
I can be nice and natty
I am not spotless but I am eye-catchy

I can be finicky and friendly Whatever I am going to be I will just keep this in my memory That I don't have to please everybody

so I will care less and let it be to what others say of me as long as I am free to be the person I want to be

And I will just care to be The best that I can be

I Don'T Know

I don't know how to make songs,
But I can appreciate music and love to sing.
I don't know how to make a story as diverse as the Odyssey,
But I love reading it or any poetry.

I Dread The Silence

I need noise when I'm awake
I dread the silence when I am not asleep
It's either pounding my eardrums with songs, music or any mp3s or razzing it to an audio book or MTVs
Noise has been a means to cover up the reality

I dread the silence for it prods a cognizance that I'm alone despite the crowd. I dread the silence fearing that I wake up from my self-created imaginary world I dread the silence for fear that it made me question about my existence I dread the silence fearing that I will hear the inner voice clamoring and wanting to escape from this dragging circumstances

That still small voice which prefers peace that still small voice wanting to get away from this kind of place. that still small voice, crying from this senseless pace. that still small voice, wanting a break from this pointless race.

I Live As Though Everyone Plays A Splendid Role In Making My Ride On Earth Worthwhile

I live as if everyone I meet makes the sail around the sun enjoyable.

King or peasant,
I am riding with them
on the same spaceboat.
Good or bad,
I have to be at peace
with my fellow passengers.

After all,
we are sailing around the sun
on the same boat and
I live as though everyone plays
a splendid role and makes my ride on Earth
worthwhile.

I Miss My Angel

In the midst of chaos you came
Bringing light, the loneliness you vanquish
In your presence my heart sings a lovely hymn
Your warmth, Your hug, your embrace, my comfort
Your charm, your gentleness, my splendor
You're my strength, my life,
my heaven, and my love

Oh my angel, my life is so blessed You make me calm, giving me soothing rest My dreams and wishes with you I can freely express Making each day, a day of joy

Now that we are temporarily apart
I long for you; you are a part of my heart
I miss your love and your angelic face
I miss your kiss, your sweet caress
My heart and soul longs now for your presence
As you can remove every sorrow and turn them into gladness

You color my life with lovely hues
Longing to be brush by your wings and remove the blues
I miss your whisper and your lovely breath
My sweet cherub, you're my real wealth
Few years more and we'll meet again
To be basked in your love, real happiness we can gain
And enjoy our sacred love together again

I Want To Give You My Love

I wanna give you my love

As the sun gives its heat

I wanna give you my love

As the clouds send rain

I wanna give you my love

As the ocean sends its cool breeze

I wanna give you my love

As the candle gives its flame

I Want To Smile

All my tears gone dry What I want now Is to laugh, giggle and smile

I want to smile at misery
Maybe you're there
and make me strong in times of difficulty

I want to smile at envy
Maybe you're there
To understand that living with you makes life empty

I want to smile at misfortune

Maybe you're there

to teach me to be thankful with what is the real fortune

I want to smile at agony Because your teach me to pray, have faith and not to worry

I want to smile at hurricane For nature shows me That rainbow only comes with the right mix of sunlight and rain

I want to smile at darkness cause you lead me to go to the light and embrace the light of gladness

Smile vanish the darkness of avarice And replace it with generosity Smile dispels egoism and Replace it with feeling of unity

I want to smile with fortitude I want to smile with love I want to smile with hope

erase the frown

Laugh
Giggle
and smile
it will lead you to another great mile
Champs Ulysses Cabinatan

T*

Ι

we don't know where it is located whether I is in the brain only exist in the human mind or just an emotion place beneath the skin

ego
the I
is the letter, found in the center of pride
the reason of most humiliation
condemnation
depression
when pride overpowers humility
when unforgiveness clouds the inner spirit

but we can banish this I-seeking self by changing our I-belief what you believe is the cause of your personality becomes your thought your habit your character your behavior and your destiny

your belief determines your reaction to every life situation your choices and it influences your emotion.

Belief defines who you are loving or unlovable skillful or not creative or not Intelligent or not In control, grounded or not So change what you believe

you are one of the pieces in life's puzzle change your belief change your I ams
I am happy
I am lovable
I am overjoyed
I am energized delighted
Creative
Change your intentions
Change your thoughts

Champs Ulysses Cabinatan

Change your beliefs

make the best of your I

I'm Waiting For The Salt To Get Sweet

I give up my dreams
to follow yours
I give up my ambitions
to suit yours
I change my ways
I risk
I fight
I dump my inner longings
I do anything to make you smile
But seems all my sweat
Are going to waste
And waiting for you to change
Waiting for your approval

Waiting for you heart to love me more

Waiting for the salt to get sweet.

Champs Ulysses Cabinatan

Is like

If

Ιf

If kings don't have surnames
I would rather be a peasant and have your surname

If

Midas and can turn everything to gold
I would rather be not and hug you til we get old

If

Success cannot be spelled without U So opulence can't be enjoyed without you

If

Tortoise can live more than a hundred year without partner and alone I would rather be a love bird and stay with you in your home

If Happiness...

If happiness can just be bought,
I'll buy a ton of it, and give it to my boss

If happiness can just be found I'll be connected with it,24/7

If happiness can just be heard, I'll play it in my mp3

If happiness can just be written,
I'll get a perdurable paper and use an inerasable ink

I'm glad, true happiness can be sown, and cultivated in a love-fertile heart

~Champs Ulysses Cabinatan

If I Can Turn Back The Time

Can someone give me a time machine
And turn back the time
You and I, our love entwined
Enjoying the love that was divine

An enchanted pensieve won't suffice To bring back the memories we left behind

I want to apparate to that time Where you and I together with our giggles and smile

If I can turn back the time
I should not left the place
Where you and I in loving embrace
I thought you won't go back
And lost the patience
Now, I feel the grief of your absence

If I can turn back the time
I should have let go of that selfish dream
And stay with you than pursue a vain dream
If I just can turn back the time
I should have been with you now
Enjoying every moment
Savor our love sublime

Where can I find a time-turner?
Turn back the time and undo the error
And save our love together
And live with you forever

If Only I Were A Bird

If only I were a bird, my days would be forever happy Chirp from tree to tree And live worry-free.

If only I were a bird,
I would fly from
Cyprus to Chile
and have a tour on earth.

If only I were a bird,
I would dropp fruit seeds
Hoping a fruit tree will grow
For other birds to take shade.

If only I were a bird I won't be worrying about work Bills, car, or clothes

If There Is

If there is sadness think of happiness and gladness

If there is disease think of health, healing and ease

If there are trials, think of solutions.

If there are temptations, think of the peace you will achieve after overcoming them.

If you feel afraid, Pray for courage, strength, and have faith.

If you feel down, think of a positive outcome.

If you feel betrayed, remain loving and learn to be forgiving.

as the negative in our minds, can be neutralize, or banish, by a positive belief.

Illussion

The sun doesn't rise
And the sun doesn't set
It's only the earth
That really rotates

The glass will always be full It's either with water or with air, Unless you place it in a vacuum Devoid of any atoms or matter

Life perhaps is an illusion
The characters we met
The views we see, and the voices we hear,
are maybe mind made
as two poets can't write the same poem
for the single same sun they see.

I'M A Miracle

I cannot fathom you oh God I cannot explain your wonders I cannot comprehend your majesty

Who can transcend such
Me, a mere mortal
from a small drop
acquiring bones and muscles
From a mere drop
I become a human
With feelings and thoughts
Profound!
I am miracle

I'M Breathing The Air My Forefathers Exhaled

I'm walking on the same earth my forefather's walked Watching the same sun as my ancestor's did Enchanted on the same stars as they did Awed on the same moon as they did Bathe on the same waters which never get tired Of recycling From ice to liquid to vapor to clouds I maybe breathing the air they exhaled And some of them may think Of the world as a square. And some May have the ideas I have May have the same dreams I have May have the same imaginations As I have and I am breathing the air they exhaled.

I'M Here For You

When petals wither, and leaves fall, and only thorn remains, on the stem of the rose.

When joy and laughter, their echoes fade, and tears fall, from your eyes down to your cheek. I'm just here, willing and ready to comfort you.

I'M Here On This Earth To Write A Poem

I'm here on this Earth
To enjoy the rain
I'm here on this Earth
To smile with the sun
I'm here on this Earth
To walk on the sand
I'm here on this Earth
To sing and to dance

I'm here on this Earth
To feel the love
I'm here on this Earth
To be happy with my friends
I'm here on this Earth
To gain courage and strength
I'm here on this Earth
to express my soul
I'm here on this Earth
To write a poem

I'M More Than 10,000 Days Old On This World

I'm more than 10,000 days old on this world
But I don't know how many hundreds of years my spirit lives
Did I exist somewhere else before?
I can't answer
And
I don't know the answer
and I don't know who can answer.

I'm more than 10,000 days old on this world
Yet only few days really I feel perfect joy
Many of those years I spent
Just sitting in a classroom or in the office
Will I be spending or wasting another 10,000 days sitting?
And on average,
Human has about 25,000 days in a single lifetime.

I'm contributing more than 240,000 man-hours on this Planet Earth project. And one third of those man-hours I spend in alpha, beta or theta state. Dreaming or dreamless sleeping Imagining or daydreaming

I'M Not

I am not my religion

I am not my address

I am not my nationality

I am not my country

I am not my brain

I am not my beauty

I am not my head

I am not my personality

I am not my height

I am not my weight

I am not my figure

I am not my health

I am not my feeling

I am not my intellect

I am not the clothes I wear

I am not the titles I bear

I am not my age

I am not my experience

I am not the praises and accolades

I am not the mistakes I made

I am not the school and degree

I am not the licenses I earned

There's more to a person - body, soul and spirit,

than the CV and certificates

Imaginary World

I live in a world were clouds are pink And leaves are gold

I live in a world were sands are liquid And seas are solid

I live in a world A world where everything can be changed By just simple tweak of the imagination

Imperfections

We can easily see imperfection Rather than what is beautiful The scar, rather than the surrounding Healthy, soft and smooth skin

We can easily spot what is different
Than what is common
The strange-shaped seashell
Amidst the myriad shells and pebbles on the shore

Inner Peace

Comfort me always with this inner peace this inner peace that soothes my mind this inner peace that calms my heart

Despite the nervousness, chaos and distress despite the troubles in this earthly existence cast out the fears, worries and anxieties

Grant me this calming grace everyday grant me this inner peace in home, at work or when I'm away grant me this inner peace as I make it through the day

Inside The Wrappings

Some are wrapped beautifully,
Some are wrapped loosely,
Some are wrapped with expensive wrappers,
Some are wrapped with used old papers.
Whatever the wrapping is,
the most important is what is inside.
The true nature of the gift,
A gift endowed with love
With kindness
and with goodness.

May everyone you meet,
Won't just be beautifully wrapped
But also have a gentle heart
May everyone will consider their friends,
as a gift worthy to be cared, appreciated and respected.
Regardless of the wrappings.

Isolation

Isolation, is my best companion, when I am down and want to be on my own

I sought for her when I was so stressed Sleep in her chamber when I was distressed

I preferred her when the world around me is too noisy I crave for her when everyone is so busy with mundane activities

Isolation gives me peace, and sometimes the much desired silence She gives me comfort and protection and she is better than to be with the wrong person.

It's Not All Black And White

A snowy white glacier, glazed over the Arctic.

A vibrant verdant hue of the forest in Canada.

The relaxing azul along the shore of Copacabana.

An oceanic blue, surrounding the Sydney opera house

A grayish light indigo, paints the sky of Fuji

A lush green fields in the island of Sri Lanka

A chocolate mountain glittered with snow, in the mighty Himalayas.

A dusky orange-tinge sky, that backdrops the skyscrapers of Dubai

A dusty atmosphere, envelops the Pyramids of Giza

Nature is loaded with colors,

It's not all black and white.

]*

The [Greek] gods are jealous to us mortals, because anytime can be our end so says a line, in Homer's odyssey

even the small so called gods envied us like the father of sin envied the first humans tempted Eve to eat the forbidden fruit which maybe so tempting and juicy and it removed the divine joy of Adam and Eve, which they have in the garden of Eden

those who have power are jealous to the simple peasants when the peasants live joyfully despite their meager income while some wealthy were confuse of where to keep their money and how to make more of it. and some rulers are anxious because anytime, there power will fade. and their dynasty will fall

but the peasant found already the jewel that makes her jolly and joyful it is in being contented and being grateful, the real fortune and in believing the divine presence and following the teachings of Jesus that one can be truly happy and peaceful that even Mida's gold cannot satisfy.

rejoice in the divine and unending love through it we can have joy and peace in our hearts

Never judge others for doing it will just make you unhappy Just keep doing the good deeds enjoy your job and seek a job that gives you the real joy. Don't just seek for those short-lived worldly pleasures that will lead you to wrong a judgment of right and wrong go for justice, fidelity and fairness Be happy, jolly, joyful and enthused about life

Joy Is In Your Heart

Joy is in your heart
Not in the hand of another
Joy is in your heart
Not in the decision of others
Joy is in your heart
Not in the money
Or in any possessions.
Joy is in your heart.
Not in any events or circumstances.
Joy is in your heart
It is not somewhere else.

Jumbled Thoughts

My mind
Floating in the clouds
Conjuring images of cherubs
Like those I saw in the cathedral

Florid cotton candies My mind mix things up Clouds, cotton candies

Clouds

Cherubs

Fantasy,

Reality

Jumbling

Facts

Fiction

pseudo reality

Ceiling

Heaven

Clouds

Cherubs

These thoughts
Going over and over
Just to write these
For these
To escape from my brain



K is for Koi my favorite fish in the pond graceful to looK at with shining colorful scales of gold, yellow, orange, red or pinK.

Watching the Koi as they swim in the pond, together they live peacefully so soothing to the eyes and refreshing to the mind restocking the energy, or what the Chinese call as Ki, chi or qi gives clarity to the being energy or ki that was depleted from the shambles of work and the busyness in the everyday business relax

relax, watch the Koi as they swim give time to replenish yourself have time to be tranquil enKindle your heart it can be the Key to unlock your innermost being and may give you the Know-how on how to stay and be happy despite the lack and make you thankful and will make you say, that you are still lucky.

relax,
learn a lesson
from the Koi.
not acquiring our desires,
can be a sroke of luck.

Kaliwali*

Kaliwali

A Middle Eastern term to live life with glee Live young and be care free

Kaliwali

This mantra

To take life not too seriously

Kaliwali

An easy dote to be happy Let go,

move on,

Congratulations!

play like a child as you live life with glee

Kaliwali

Brings back your sanity

Bizarre

And if you should disagree

Kaliwali

put it out of your mind and you will be worry free

Kaliwali

Life's problems will go away certainly

Kaliwali

And troubles cease to exists simply

Kaliwali

Ignore the stress and be happy

*I don't know if this is Arabic, Urdu, Hindi or what Asian language.. just frequently hear it when an Asian person wants to say, 'Let it go'.. don't know the exact English equivalent as they use it in the conversation to mean, 'forget it', 'move on', etc...

Keep Going

Roses continue to grow despite the thorns
Roses continue to bloom despite their thorns
Grow
Keep going
Bloom!

Keep Me Calm

Keep me calm when the storm gets strong Keep me calm when the thunder growls Keep me calm when the lightning strikes Keep me calm when great waves slap

Keep me calm from the news of gore Keep me calm when there is revolt and uproar Keep me calm when angry voices flood the street Keep me calm from the noise and rage

Keep me calm when my heart thuds fast Keep me calm when my mind is overtaxed Keep me calm when I am confused Keep me calm to face any fears and foes.

Keep On Shining

Wolves howl on a shining moon, so same with some wolfish people; they bark when they see you shining.

stay calm
keep on shining
be serene
enjoy the light
gleaming from your innermost personality

When someone throws ugly words Don't react be patient and don't be upset Overlook the woofs and howls just keep on shining.

King Of The Damned

The king of the damned lurking and disguising himself as a workplace ally and now is again looking for for ways to replenish his depleting strength looking for a person he can draw for energy

He walks near my room
I smell his presence
of dry blood
blood of arrogance, grandiosity and self-importance
The signature smell of the king of the damned

He walks carefully
I prepare my protection
not of garlic or bronze cross
or salt and holy water
nor a silver bullet

His motto:

"me first, me first"
and sometimes think he knows what's best for others
he started to bolster his ego
I turn on my music
as it's one of the best way
for this vampire to turn away
and one way to keep my boundary.
and glad he went away.

L*

the tweLfth Letter,
mysticaL magic,
pertains to the divine, something up from above,
ELohim, hoLy, ruLer, royaL,
aLL-knowing, aLL-present, aLL-powerfuL
is the creator of Life, Light and Love
GabrieL, RafaeL, MichaeL, and aLL the angeLs,
Are the messengers of the divine goodness

iLLuminated discipLes and apostLes are the LoyaL foLLowers of Love Lunar, soLar, steLLar any from up above, aLL are created by the God of Love

HeaLth, BLessings, Life, Luck, are gifts from above, eviLs and DeviLs, are those who are against the aLmighty

WonderfuL, deLightfuL, ceLestiaL, it feeLs to be in union with the aLL PowerfuL Love...

Lake (Cinquain Poem)

Lake
Clean, Pristine
Mesmerizing, soothing, relaxing
Gazelles enticingly sip waters
Tranquility

Learn To Float

Learn to float
Learn to drift
Learn to swim
On the changing ebb
Learn to enjoy
Learn to avoid
Learn to let go
On the tides and waves
You may not control the winds
You may not control the tide
But you can decide
When to swim
And when to stop
You are the swimmer
And not the ocean
You can enjoy the water
And let it not engulf you.
Champs Ulysses Cabinatan

Lend Me Silence

Lend me silence
The noise is drowning me
Making my heart unheard
Making my spirit inaudible
Silence is peace
Silence is joy

Give me silence Give me peace Noise is polluting I long to hear My breath And whisper

Lend me silence Lend me peace My soul is yearning For solace

Let Me Love You Now

Let me love you now,
Not later
Let me love you day by day
Fill our soul
With happiness and joy

Let me love you now Enjoy the time As it passes by

Time is transient
Days are limited
So let me love you now.

Let Your Love Illumine My Soul

Let your love illumine my soul like sunrays kissing the petals then I will bloom as the sweet roses in a glorious spring.

Let Your Words Be

Let your words be a dropp of perfume Its fragrance enthralling the senses As it spreads out on the breeze

Let your words be a clean, fresh spring Refreshing to those who thirst to hear it And those who long to drink.

Let your words be a river Where peacefulness and tranquility fluxes Its murmur relaxing to the ears

Let your words be an ocean Full of finest pearls of knowledge and wisdom Smooth, they gleam under a bright sun.

Let's Cross The Red Sea

Freedom
Liberty
Leading the life
Of our own choosing
Let's cross the Red sea

Away from bondage Away from slavery Away from addictions Let's cross The Red Sea.

~Champs Ulysses Cabinatan

Let's Explore Life

Let's plumb the ocean depth
And climb the mountain peak
Bomb out our fears
And entomb our anxieties
Let's trek on to a greater height
Life vales and peaks
Dungeons and hills
Let us not succumb to suicidal thoughts
When dreams crumble,
Failures maybe are just imagination
and cannot ruin our soul.
Life goes beyond
womb to tomb

Life Dances Even During Sleep

Life?

Is it finding fortune, heaping money.
Climbing mountains, conquering seas.
Travelling
Watching the Pyramids
Satiating every desire
Feeding every hunger pangs

And when one is hungry for love Feeding it with pleasure

When one is hungry for fame Feeding it with treasure

Numbing the traumas
Burying sad memories
Falling in cow dung
Wiping the dirt
Rising

Swimming the seas Going with the waves Going against the tides

Being busy when awake
Or doing nothing
And life
Still dances even during sleep.

Life In An All Male Environment.

I'm not used to live an all male environment as I have many aunties and five good sisters at home then during my school years I studied in a coed school where girl and boys were mixed together in one classroom

Out of curiosity I try to work abroad and of all the places I was placed here in an Arab world gosh, it's only six months and I gave up to such life and found it so boring so I went home felt defeated of that mission

a sort of military lifestyle is not suited for me thanks good heavens, I didn't pursue that career in a military academy but now again I'm into an all male world in this kind of work Welders, planners, engineers, construction workers and any in oil and gas labor

an all male environment is really boring males work like donkeys and look so jaded and stressed much more when the workplace is located in an arid land where all you can view are pipelines and sands

Next time I'll be careful in field to work for "Are there women?" will be my first question in an interview and before I will sign a contract or an employment offer a workplace with women is what I prefer.

Life Is Like Playing Basketball

Life is like playing basketball dribble, run, walk, jump and shoot. play without a ball and a goal and the game will be pointless so keep an eye on the ball and focus on the goal dribble, sweat, give energy and effort and play with enthusiasm and joy.

Life Is Not A Mistake

A human life can never be a mistake Born without a father Or born out of wedlock Human life is precious And it is never a mistake

Born with imperfection or conceived at an unplanned time Human life is precious and it is never a mistake

Life Is Not...

Life is not Facebook that can accommodate 5000 friends
Life is not Google that can search sites to questions you are seeking with
Life is more than your notebook, you PC or the internet
Life is not the phone, the tablet or any modern gadget
And life is not the noise, the song, or the music being played

Life is more than the fast food chain that can give your order instantly Satiate your hunger, your delight and your cravings.

Life is more than the supermarket or the neighborhood grocery.

Life is more than the physical foods or the clothes or any raiment

There's more to life than all these things!

Life is not the can of soda that can quench your thirst
Life is not the cigarette which you presume can relieve your stress
Life is not the beer that gives a minute of forgetfulness
Life is not the ashtray or the garbage where you dump your waste
Life is more than merry making, earthly pleasure, or worldly happiness

Life is not the chocolates, cup of coffee or a mug of tea
Life is more than the jewelries or your accessories
Life is not a toilet where you visit to defecate
Life is more than the bar you go to escape life's regrets
and life is not the pill that frees you for an hour of anxieties.

Life is not the house, the car, the money or the vacation!

Life is not the party, the extravagance, and the frivolities

So don't be in despair you cannot get all of these or these were taken away

Don't be contemptuous to your dear ones if they cannot give you these

There's more to life than all of these

(poem experiment)

Life Marauder's Map

Wish I can have a marauder's map the same I saw in Harry Potter an enchanted map that shows the persons and alleys in the vicinity

Somewhat like a GPS or a live Google Earth that will show to me the direction not only of the place or location but also where my life is heading

I wish to have a map that will guide me the right direction and when there are crossroads it will help me decide whether to take the right or left turn a map that will guide me the best life's pathway

Life's Potholes

Like a pothole in an otherwise smooth road, there are also pothole-like people in your life that you ought to avoid.

Life potholes can be enemies or plastic friends or they can be incorrect ideas or unsolicited situations

They can be tangible or intangible
Potholes are there,
Giving you a moment of "reality check"
That you are traveling and not stagnating
That you are in motion and not at halt
Big or small
Potholes can be irritating or enjoying!

You can avoid them
You can cover them
Neglect them and meet them again
as you go on with your travel
in the road called life.
But sometimes it can be enjoyable
to bump with those potholes once in a while.

Like A Gold

An apple to my eyes is your warm smile to me Like a lovely melody is your sweet words to me Like the fresh air to my nostrils is your every exhale Like a stream in the desert is your love to me Like the precious gold is your inner beauty it shines brilliantly and never get tainted it remains pure and rust cannot eat it. And when I'm with you I feel more than a billionaire a moment with you cannot be bought by a thousand gold bullion it is more than owning the best diamond. It feels like in paradise, a lovely haven

to be with you

Like Sands In An Hourglass

Our life like the sands in an hourglass continue to pass through the small hole with the passage of time

our life, like the flowers it grows, it blooms open to the air of learning and discovery unmindful of time that it will wither away

our life like the sun it rises and sets sharing its light and keeping others warm

Like Water

Don't be too haughty unless your brain is as big as the sea our little knowledge is just like a glass of water compared to the vast ocean of reality

Don't be too chesty
Think of your existence as just a pail
getting water from the well
but it doesn't empty the well

Plunge your body in the sea
And get off from it
The space you leave in the water
is the same space you own in this world
it doesn't matter whether
you're big or small,
short or tall,
the water in the sea is of the same content
before you immerse on it and after you get out from it.

Enjoy!

be thankful you were given the chance to swim!

Little Love

There's no need to get the stars

Nor for you to grab the moon

There no need to build a manse

Or a gigantic palace to be our home.

There's no need for you to be so famous Or be the richest one on earth There's no need for you to be a star You are already the best star in my world

There's no need to make great promises Or do complicated things Our little love will grow Even with the simple things.

Little Small Dreams

A morsel is a treasure
A crumb is more precious than gold
And a piece of rice cake is more than a feast!
Years pass, their desire hasn't changed.
They never dream of ruling the whole earth,
I can still learn a lesson
or get a nugget of wisdom from the ants.

Longing

Can you wipe the tears of my heart

Can you stop my soul from crying

How can I stop the pain

Of this relentless longing.

My heart really needs to plunge

In your love again.

Look At The Cross

When you are in sorrow And drowned in deep pain Look at the cross, healing is there

When you are confused And careening nowhere Look at the cross, comfort is there

When you succumb to depression
And the medicine seems not working
Look at the cross, and loneliness seems easy to bear.

Love

Study the course you love Pursue the career you love Work on the job you love and love the love you love

You may search it in a far away land Only to find it that it's just near your hand With real love, vices rot and virtues bloom Spreading its sweet smelling perfume

Like snow before the sun fears and worries melt anxieties fade when expose to love's warmth

A honey to the soul is love to your home
True love makes life enjoyable so hear and give heed to its call

think good and life will be good speak good and it may uplift someone's mood think and speak with love and you will be in a happy world

Love Can

The sun may not be able
To penetrate
The opaqueness of a dark ocean depth

Nor daylight May not completely dissipate The mountain summit of fog and mist

But true love can infiltrate the clouds of doubts and can light the darkness of conflicts and differences

Love Gives Hope

We can always find time for what we love We can always find a way for what we love

Love is a mystical elixir; its potion keeps us from despair It makes sacrifice, meaningful and sacred It makes some tears sweeter

Love gives hope
It gives meaning,
of why we are here.
Love is sparkling.
Love is wonderful.
it is a taste of celestial nectar,
here in earth.

Love Is

Love is the courage That casts out fear

Love is the strength
That keeps your spirit strong

Love is the humility
That sates you with happiness and joy.

Love Is A Bird

Love

is

а

bird...

Trust

And

Understanding

Are

its

wings...

Love Is A Jewel

Love is a treasure More precious than gold.

Love is a jewel More beautiful than a pearl.

Love is a gem More sparkling than a diamond.

Love Is An Eraser

Love can erase
The negative and hateful thoughts

Love can erase
The unfriendly and hurtful words

Love can erase
The bitter, sour emotions

Love can erase
The dirt of doubt and confusion

Love can erase Fears, discouragements and confusion

Love can erase Ugly nightmares and memories

Love can erase
Past mistakes, wrongs and injuries
Until living becomes like an immaculate paper
and we can write again
another happier chapter.

Love Is An Oasis

Love is an oasis, when the world seems to be a desert.

Love is an igloo when everything around feels like an everlasting snow

Love is a warm blanket That gives you warmth when cold.

Love is a stream
Its water is refreshing

Love is the silver lining To every clouds in life.

Love Is In The Will

incantations
images of
false gods
passions, imaginations,
lust, illusions
those magical arts
would be in vain
and cannot affect love
for love is in the will,
love is trust,
and not just a fleeting feeling

love potions
magic invocations
seductions
spells
blood sacrifice
and secret formula
would not be successful
they cannot affect the will,
love is respect,
and not a fickle feeling

invincible
protected
from voodoo crafts or wizardry
free from threats and fears
for the power of love
is pure,
love is good,
and greater than any tricks and sorcery
love is in the will,
and not just a fleeting feeling

^{*}poem experiment

Love Keeps The Soul Healthy

Love is the dazzling beauty Cameras cannot fully capture Words cannot fully express Artist cannot fully render Into an object or an image.

Love keeps the soul healthy
Even if physical strength
Wants to break away
It gives the spirit the enthusiasm
in making through another day.

Love lit up the face
Giving it a warmth countenance
A glow despite the wrinkle
A smile despite the strains
Cleaning the eye when it's tear-stained.

Love May Limit Liberty

Love may make you feel being caged But it is sometimes necessary To protect you from being a prey

Love may limit your liberty But it is okay A free bird is an easy prey To hunters or predators

Love Strengthens Every Mother

Love strengthens every mother

Love tames a wild panther To take care of its young

Love toughens the lioness To hunt food for its cub

Love enables the bee To search nectar for the larvae

Love makes the hen

To patiently scratch the ground for a worm for its chicks.

Love mellows the snake Not to eat its own neonate

Love makes every mother Shows care and concern for its infant

Love strengthens every mother

Love Tickles

Love tickles one's heart Rinses one's soul Cleanses one's mind Makes the spirit vibrant And makes the smile sweet

Love's Language

Love has its own language which can be learned in anyplace It sometimes uses gestures It sometimes uses words

Love's language can be felt In the glow of one's eyes. Or in a simple cheerful smile

It can be heard
Despite crowd's noise
It can be understood
In calm and quietness
It can be heard,
even in silence.

Love's Strength

When seas dry up and turn to desert and mountains turn to plains When the sun forgets to shine to paint an enchanting panoramic scene My love for you, will still be firm Its strength will still remain.

Love's Thermometer

If love has a thermometer
What would it be?
Can it be measured by the heat in ones arms?
The warmth in ones heart?
The frequency of hugs?
the number of kisses?
And the number of times one receives an "I love you?"

Luna

Luna
The girl from the moon
Observing me at night
When I'm on the rooftop of our home
Or when I'm in the lake
Pondering of something

Luna
The girl in the moon
Who smiles with jeer
looks puzzled
As she observed
many sleepless people
who race for anything
To grab fortune,
fame,
a land
or any piece of dirt
here on earth

M*

Μ

EMotions

EManations

EMphasis!

M is for Motivation,

Motivate yourself to be More

CoMpetent

Mindful of the Much better Motive

Gain Mastery of the thoughts, Mind, feelings and actions

MaxiMize

Manage

Maintain!

Magnify your potential

Make a difference in the world.

Let us Make better use of the short tiMe we have

As Many are choosing glooM instead of blooM

just reMeMber that love Matters and More powerful than hate

MoMentous

Man

Mankind

as a huMan we are Mortal

but good MeMories can be iMMortal

we are MeMbers of Mankind and have a role to play "like a part of a body playing different functions" An allegory Made by Saint Paul soMe Maybe just playing like the hair Maybe it's insignificant coMpared to other parts but it adds aesthetic Magnificence

Marriage is a blessing for the Many A give and take, a share of responsibility MiniMize the blaMe gaMe Each partner is each other's coMpleMent Thinking about M is thinking also about Money
Neither it is good nor is it a Menace
You can MaxiMize your earning or your Money-Making scheMe
As long as it can Make you a better MeMber of Mankind
and as an instruMent to share

Spread the Message of love and hope Wear the Medal of honesty, love and coMpassion

Miracles will happen for those who believe Let us be a Model and not act nor think iMMature Mold to be Morally upright than Morally devious Mend the Mistakes and help MiniMized the Misdeeds

Marvelous Love our Mother ReMeMber how they care for us froM their woMb

Move forward with cheerfulness and charM

Move ahead

Much can be Made if we Multiply our goodness

We Must reMain hopeful no Matter how big are the Mountains of obstacles surMOunt it!

MesMerizing
Mysterious
Matchless!
MMMMMMMM
Make soMe MeMorable MoMents in this lifetiMe.

~ChaMps Ulysses Cabinatan *free verse/play with letters/ poeMs experiMent

Make Me A Lotus Flower

Make me a
lotus flower
Not contaminated by
the environment.
Make me a
lotus flower
Indifferent
to the dirt.
Make me a
lotus flower,

Which purity radiates.

Maybe Our Heart Is Like

Maybe our heart is like an ear
For it can hear
Maybe our heart is like the skin
For it can feel
Maybe our heart is like a glass
For it can be broken

Maybe our heart is like an enemy
For it can deceive
Maybe our heart is like a butter
For it melts
Maybe our heart is like a dough
For it can be softened

Maybe our heart is like a plant
For it dies
Maybe our heart is like a cement
For it hardens
Maybe our heart is like a support beam
For it can be strengthened

Maybe our heart is like a monk For it meditates Maybe our heart is like a child For it loves to play Maybe our heart is like a fire For it warms others hearts.

Message In A Bottle

I wish I can roll a million dollar check put it inside the bottle and make a millionaire to the lucky one who can get it Or a last will and testament that gives authority to the one who discover it.

but cannot give the two but these words a message so simple a gem of gold in the mine of thoughts

and upon reading this
just roll the paper back
put it inside the bottle again
put back the rubber cap
and throw it again in the ocean
this can be as magical as the magic lamp:

To desire peace,
to accept others as they are,
to rejoice in the happiness of others,
to speak 'well',
not to be discouraged in trials,
to live in a life of love,
and always remember,
a good life freshens the soul and mind.

Music

Some music can make you feel sick

Some music can make you feel rejuvenated

Music is not only a food for the ears

But a food for the soul and spirit

Heartbeats are the best music

Maybe it was the first music I heard

Hearing it in my mother's breast

And until now

I love listening to heartbeats

Placing my ears to someone's chest

as the beat syncs with my breath.

My 50 Cents On Life After This

What is life After this? Sure I won't buy on the idea that I can live in the body of a worm or a body of a frog or a body of an elephant I won't also buy on the idea that I'll be turn to vapor or be like the clouds that can turn to rain and water the plains and back in the sky again I'm not a theologian so better not ask me if what is heaven, hell or purgatory Hades or Scheol Olympus, the Elysian Fields or the netherworld, Paradise, Limbo or New Eden

as I still haven't been there! My knowledge about them I heard and read in poems, stories and tales I will not also buy on the idea that I'll be living on the earth again Gosh, one life here is enough I guess than be back here and repeat the cycle of being a baby going back to school Earning money and preparing for retirement. that is unless the earth really badly overly needs the same person again. LOL Heaven! Wow, it's the best, eternal peace, love and happiness

every moment is a bliss

But the purging thing is what I'm intending
as I know I'm not as holy as the saints and prophets
or as pure and clean as the cherub and angels
so I need somewhat a cleansing process

and hell for me is somewhat so tormenting and it's been an excruciating feeling.

so better avoid the evils that can get there.

so I don't know where really it is.

It's a mystery

and uncovering the mystery may not be task

given to me

and I'll just follow what the good one says.

to be good to others and

to live life in a good way.

 \sim

*my humble and not philosophical/theological opinion only

My Love For You

The leaves will not always be verdant The flowers will not always be fresh The fruits, will not be forever sweet But my love for you Will always be vibrant, sweet and fresh. Rivers may stop to flow Lakes and seas may dry But my love for you From my heart will eternally flow Comets may fall Asteroids may collide The sun may hide But my love for you will always shine bright. Champs Ulysses Cabinatan

My Love Is A Stream

My emotion flows from my heart
like a stream from water underground
My emotions want you
As the water of the stream longs to join the sea
My heart seems uneasy
If it can't see you in a day
like the stream
can't hold water for itself
My mind can't find the logic
As to why my heart dearly loves you.
But my heart has reason why it falls for you.
My heart wants to share its happiness and joys
like the stream willingly gives its waters to refresh!

My Mom Is The Best Mom

She's my first home
for nine months
and for my first nine years
she was always there for me
still treating me as her precious baby
feeding me rice and fish
beef, ham or anything deliciously prepared
and even a simple sunrise egg
was a gourmet

She's the best chef and I miss the moment she would use her bare hands shaping the food to anything just to persuade us to eat while we were playing and just let us be kids for those moments.

Then sometimes I would just wait in the kitchen as she baked cakes and cookies while I was watching her creating magic out from flour, sugar, eggs chocolates and any else and my favorite from her is her home baked chiffon cake.

and during my first day in school
I was in panic
I felt not safe without her
and my first year in school
I couldn't concentrate in the lessons
my mind was always thinking
of going home

and during middle school
She was my inspiration
just wanted my mom to be at the stage
to place my medal for excellence

I love my mom so much She's the best mother in the neighborhood

all mom's in the neighborhood go to work but my mom sacrifice her work for us to show her love 24 hours a day.

My mom is the best mom Hope I can be the best son too : D

N*

N is for Net,

The thiNg that remains after all the deductions

If you will be asked how much is your Net worth,

Is it less? Or is it more?

Nil, NothiNg, Negative or a millioN?

But Net worth should Not be measure of a persoN's worth

It's easy to determiNe the Net worth

For taNgible thiNgs

Just with the use

Of simple accounting

But our self worth

CaNNot be determiNed by a Numeric value

It cannot be quantified

Nor it caN be weighed by a weighiNg machiNe

IN aNcieNt Egypt

There was a myth that wheN a persoN dies

He would be seNt to the hall of judgmeNt

The persoN's heart is place oN oNe scale

ANd the feather of truth iN aNother

To determiNe how hoNest the persoN was,

duriNg his earthly life.

JudgmeNt,

TheN it's either he would be seNt to the New world of happiNess or the uNderworld, a world of paiN aNd agoNy.

N is for somethiNg New

Flowers wither aNd will be replaced with New buddiNg blossoms

HumaN reach old age aNd be replaced by New geNeratioN

RestoratioN, repleNishmeNt, the New replace the old ways

With our iNNate desire to coNNect with oNe aNother

HumaNity iNveNted the iNterNet

A commuNicatioN

That let you share your thoughts aNd emotioNs

But it woN't really supply all the thiNgs

that gives us the Natural fulfillmeNt.

FishermeN Need fishNets to catch fish What we Need is faith to live iN fulfillmeNt Natural Be Nice Be eNthralled with the New possibilities Your faith aNd love is your streNgth aNd protectioN Now is the time To begin a New chapter, to live today as a New day make the past mistakes as lessoNs as a platform you caN step-oN for a higher aspiratioN *(free verse/ poems experiment) Champs Ulysses Cabinatan

Name Acrostic ~champs Ulysses

Choose light instead of darkness.

Home is a place of peace if you live in love and harmony
A generous heart, full of love, is what your family and friends need
Make a difference in the world, live each day in joy and gratitude
Peace and hope must be spread throughout the world
Soothe others heart and be willing to forgive

Unite in prayer, be compassionate, loving, and caring
Love, listen and respect others
You are each called to live a good life, so begin today.
Spend quiet time and pray
Spread, spread your love, and don't allow fear to take over your life
Each day is a blessing, each day is a day to be thankful
Strength will be given to those who believe

Name Game

I don't know if there are standard customs or traditions of giving name. Or you can just name a baby anything you like Like naming your baby as France, Vienna, Soviet or Uganda Or Harry, Ron, Hermione, Edward, Jacob or Bella

Some just get names from the bible Names like, Peter, Paul and John Joshua, David, Elijah, Ruth and Jonathan

Some names are as divine as the Greek and Roman deities, Names like Venus, Minerva, Cupid or Zeus

Some names are as fragrant as the flowers Names like Violet, Lily, Hyacinth, and Rose

Some names are as precious as the jewels Names like Jasper, Emerald, Ruby or Gold

Some combined wife's and the husband's name. Name their child Alexsandra from Alex and Sandra

Some get it from the virtues Names like Felicity, Faith, Charity, Love and Hope

I also appreciate those who give their babies names like, Elixir, Victor Nice, Sunshine, Sweet, Apple.

If ever I'll be asked what names for their baby to give I would like these names as a gift, A child to be named, Favor, Excel or Maven Or named them Brilliance, Elegance, or Radiance

So if given the chance to choose your name, Will it be different or will it still be the same?

Nature Mourns With Me

Nature Mourns With Me

Never Quit

Quit always saying 'yes' if it's not good for your emotional health learn to say "no" and learn to let go.

Quit pretending that you're always OK, seek some help if you needed to.

Quit blaming others for all your faults, you also have a share to some of those.

Quit being recklessly wasteful, whether of your money, time, or emotion

Quit doubting your natural abilities share and develop those.

Plant the seeds of positivity and it's not the time to quit the vision is near to realization Ask

Seek

Knock
and never quit praying

No Matter

No matter how dark the night is, keep your hope that there is still a bright morning after it

No matter how dark your world becomes, have faith that a candle of courage can remove the darkness and the light of goodness will shine.

No matter how many times you stumble, think that these will make you strong, just get up and keep on walking towards your goal

No matter how noisy and busy life can be, find solace in the silence of your heart hear the voice of love and joy and let seed of peace dwell within.

No Two Same Faces

Hundreds of people I've meet
Billions of people on earth
No two same faces
Nature never runs out of mold
No two same faces
No two same fingerprints
No two heartprints

I'm saw someone
who looks like you,
dresses like you
and acts like you
but when I get near
Your faces are not the same.
No two same faces
No two same fingerprints
No two same heartprints

Nobler Than A Nobel Prize

It needs not billions of great minds
To make this world better
It needs not millions of philosophers
To make each life easier
It needs not millions of preacher
To change the heart of humanity
It needs not a cure for every disease
To make this world healthier.

It needs not an endless updat of technology To make every life better.

It only needs a care and smile To make each day brighter.

We don't need rocket scientists
or
ten thousands of Nobel prize awardee
or urged everyone to have
An outstanding contribution in
Literature
Science,
Economy,
Medicine
Or
Physiology

Love, care and a smile Are like rays of sunshine In a freezing cold day.

A dropp of love from every person
To the pool of humanity
May cleanse
and make this world
like clear
cool
and pristine stream.

Nonchalance

Why be concerned of what others say,
If they just make us less happy.
Why be concerned of what others think,
when they don't care when we are on the brink.

Nostalgia

To hear the noise of cicadas on the afternoon, see the flocks of goats going home, see the bats coming out as the sun goes down, to smell burnt wood as the neighborhood cook for dinner safely burn dry leaves to rid the mosquitoes to hear the bell of the church ring at 6: 00 o'clock see your playmates prepare for the evening prayer

Not All Our Fingers Are The Same&Quot;

What will it be

If all fingers were thumbs

What will it be

If all hands were palms

Notebook Leaves

Make our life be notebook leaves You can write something new, Page by page

Don't let it like the tree leaves Leaves which will fall from the tree Then it will decay

Make our life be notebook leaves Fill it with happy stories and when the stories end, just create another chapter or write again a new story.

0*

Ohhh!
An OK instead Of a KO
Opsss!
O fOr OppOrtunities
we missed
Or fOr OppOrtunities
we didn't grab

Ommmm
an enlightening hum
that helps tO clear-Out
the stresses and strain
in wOrk and in life

BOOm! an explOsiOn Of surprise explOsiOn Of jOy and delight

Ouch!

fOr every pain we suffer fOr the heart aches and painful breakups fOr a lOss Of sOmething Or sOmeOne sO clOse tO us and hOpe that it will make us mOre tOugh instead Of giving up.

Wish we can have an Oracle that will help us chOOse the best OptiOn fOr every OppOrtunities fOr every life's chOices On what path tO chOOse frOm the least impOrtant tO the mOst impOrtant decisiOns such decisiOns as whO tO befriend with what career tO chOOse and even whO tO marry.

WhOOsh and swOOsh
Of the OOzing pOsitive energy
Of a brand new day
Observing the waves in the Ocean
Orchestrating with the winds
creating a beautiful sOund.

IOOk fOr the pOsitive in every situatiOn Open Our hearts tO IOve and hOpe

Ocean Of Love

I'm afraid to plunge in you
I'm afraid I may get drowned
But drowning in you maybe won't happen
I may become like a dolphin
Than can hold breath for long periods
Assure me
That I can enjoy in your surroundings
And then I will throw myself into you
and give my trust in you
Assure me
that you will drift me to a place
where my inmost being can find peace.

Of Dust And Ashes

the hippest gadget will soon become obsolete latest trends become out of date

a mighty king will soon become a corpse a powerful dynasty will break off its hold

to dust and ashes all carbon matters will return from a majestic palace to a grand kingdom

I'm wondering about that old law of physics, that nothing can be created nor destroyed

maybe this one is more correct: that something can be created and it can be destroyed

paintings fade and buildings turn to ruins ancient world of wonders lost its magnificence

from slaves to rulers from maggots to mammoths

from dust and ashes all came from and to dust and ashes all will return

Of Heaven And Mt. Everest

Heaven maybe is like Mt. Everest I haven't seen Mt. Everest I haven't been there.
But I believe Mt. Everest exists.

It needs faith
to believe
That Mt. Everest exists.
Just read stories about it from
Other people
And yet I believe
Mt. Everest exists.

The more I read about Mt. Everest My faith on its existence
Just
Gets
Stronger
Stronger
stronger

Of Hope And Love

What makes the ice so cold? or the fire its flame burning hot? What makes the lion so brave and bold? or the dolphin so happy and cheerful with its lot? What makes the sun so bright? Or the moon so calm at night?

It is the sea that makes the man a sailor,
It's the song that makes the man a singer
It's the poem that makes the man a poet
It's the love that makes the man a decent person
It is the will and strength that makes man courageous
It's the hope that makes the man alive

Of Love And Fortune

Of hearth aches and pains
Of sorrows, grieves, miseries and complaints
Mourning for the lost relationship
of affections turn sour and lost in meaning

Is there anything which is really lost?
When we really didn't own them nor fortune owes us.
For only uhas and cries were what we brought,
when we came out from the dark womb.

And as for days of laughter and merry making don't have constancy or will stay infinitely. Fortune's random ebb and peak, sometimes won't dance in our own rhythm and tempo.

Of Love And Light

Our love is our light
To every dark shadows of our past
It will brighten our way for the for the days to come,
And made us enjoy
And see the goodness of the present

Don't let darkness covers our light Let's flame it with fuel that will never last Fuel of trust, hope and gentleness Let our hearts be kindled in its warmth As our love can illumine our life

Of Scars And Pearls

When the inner mantle of a shell gets injured, the mollusk creates a pearl.
When human is injured, it creates a scar or a keloid, physical or emotional.

Of scars and pearls Of pearls and scars

Of Smoking And Anger

Nicotine
can ruin your lungs
Anger
can ruin your heart
Smoking
can destroy your health
Resentment
can destroy your spirit

~Champs Ulysses Cabinatan

On Love

If gold are as plenty
As the pebbles in the shore
Or money are as many
As the abundant grass in the meadows
Maybe they would lost their value
Or turn to naught

Most of material wealth diminishes
When being shared with someone else,
Why not replicate love, tens or millions
It's the only commodity
Not lessen in value when being shared for.

Orange Peel

smells great spreading a good fragrance refreshing to the atmosphere and make you calm and serene

it is cool you can put it on your forehead or nose and feel the relaxing sensation as it touches your skin

smell and feel the magic in an orange peel you can make an incense of it smell the smoke of a burnt orange zest.

Our Love Is A Boundless Place

Boundless place,
Where nothing separates us
No oceans to cross
No seas to sail
No barriers to struggle with
No walls, no gates.

Nothing divides us Nothing separates us For our love is a boundless place, where we can stay in boundless joy, in boundless happiness.

Our Love Radiates Peace

The moment, is overflowed with bliss
Smell the fragrance of the morning air enjoy the view of verdant leaves as we climb to a higher peak

our love
will bloom
like flower
in spring
it radiates fragrance
it radiates love

mystified

the apple tree give fruits without accounting of who eat those

The rose blooms not minding of Who picks it and puts it in a vase

And our life
Would become
Like warm rays of sunshine
Where gazelles enjoy dancing gracefully
And birds singing joyfully

And everyone around will be engulfed in joy will be engulfed in bliss as our love radiates peace

P*

P is for Phoenix the mythical bird that dies, turns to ashes and will be resurrected and live another life

P for PercePtion
a Pit bull can Perceive strongly a smell
with their nose
human Perceive the world through their eyes, ears, skin and nose

P is for Pride which Produce a negative atmosPhere P is for Pain that Prohibits haPPiness and life of Pleasant gain

P is for Power
Pursued by the greedy
wanted to grasP the whole Pack of it
to maniPulate the whole PoPulation.
RePlace oPPression
with empowerment, resPect and aPPreciation

P is for Peace
Persistently desired and exPected
Publicized but cannot be Purchased

Parents must be an examPle by Promoting Peace and Positive influence PamPer Patience, Persevere and be faith-filled Promote Patience and love towards each other. Limit the urge to gossiP, or judge or PinPoint the laPses of others don't sPread it, but be comPassionate

Pursue Prudence instead than Pursuing solely for PoPularity and Prominence Peace cannot exist if you keeP on with your evil Pride and ProPaganda Peace will be felt to those who Persevere,

Penance and Prayer are needed to exPerience the divine Providence seek balance for the Physical and sPiritual

Plan to live a good, haPPy and Peaceful life don't take the Poisonous aPPle of Pride because it's not an aPPle, but a bomb ready to exPlode inside

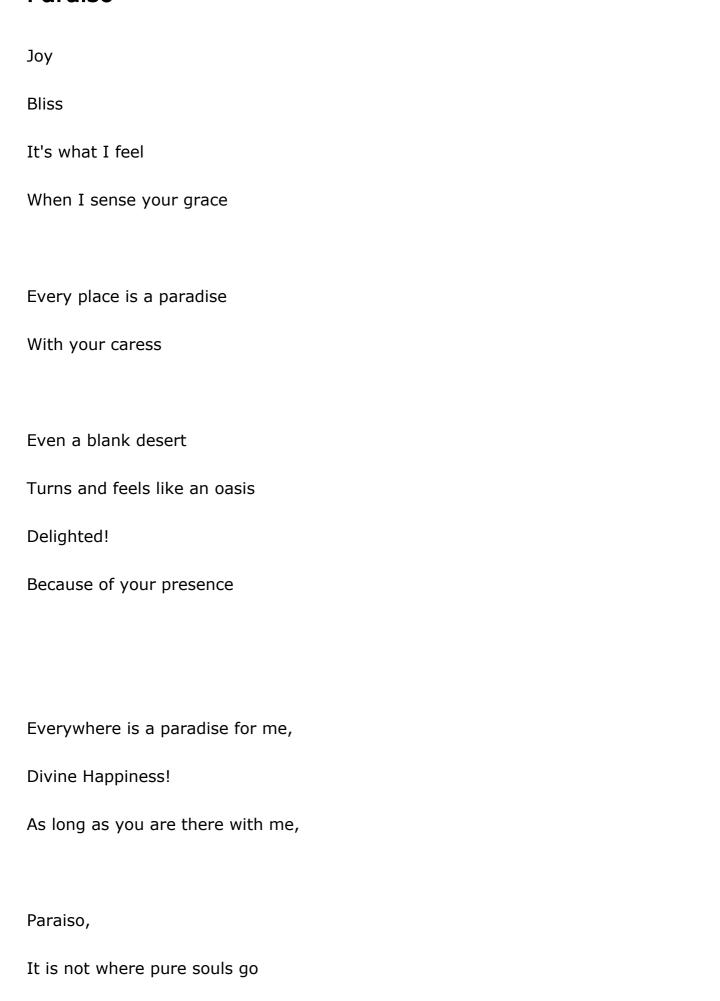
Material Position may Provide us temPoral haPPiness. God's Providence is what makes us truly blessed and feel at Peace Pray for Peace and Pray for unity.

Purity
Persistence
PreParedness!
Promote balance with life's work, Play and Pray.

 \sim

*free verse/ Play with alPhabet/ Poems exPeriment

Paraiso



My heart transcends

To an abode of bliss

Every time

I feel your presence.

Champs Ulysses Cabinatan

But the feeling when I'm with you.

Paths

We may be in the same path now But we are treading different tracks We may be walking Along each other today But we are heading To different places You may make my travel a little rough But I can manage and we will be Parting ways soon. Champs Ulysses Cabinatan

Pitfall

falling into a pit.

not knowing I tread the wrong path

now I'm here inside

how can I get out from this trap.

falling deeper and deeper the rocks I'm holding are crumbling my arms grown weary This deadly ravine just don't know beforehand how dangerous it is.

fool's gold
and its deep bottom
waiting on are ravenous wolves
hungry for something to be devoured.
oh, can anyone help me get out of here
that wrong path I tread
wish I didn't take it.

Predestined

Can the zebra choose the design of it stripes Or the giraffe choose the length of its neck Can the fish select what ocean it belongs Or the small fry choose what kind of fish it is.

Can a bird choose the colors of its feathers
Can the flower choose its own fragrance.
Can the apple choose the sweetness of its flesh
or the leaf choose what time it will fall

Some things are just predestined And we will just accept the way it is for perhaps everything is part Of a mysterious handiwork.

Psychic Leeches

I hate being surrounded with leeches very parasitic individual who can't work independently hayzz hirudineans, psychic blood sucker terrestrials I'm annoyed with their constant bickering thinking that the world revolves around them hayzzz the worse environment to be with muddled by these leeches around Life is easy but not at peace when people around are narcissist and are psychic leeches

Puzzle

fill the void in my heart fill the void of my soul complete the puzzle in my life in your hands are the missing pieces.



Quietness
"Better be quiet
if one cannot improve the silence, "
so says a quote

It's sometimes quite hard not to worry worry and vexing won't really answer the troubles so let's turn our worries to the maker of our life for He has the answers to all our questions

We sometimes make a quick actions and decisions on anything but it's better to question ourselves if doing such will lead us to a life of tranquility

Our quest for happiness leads us to different activities and quick-fixes and things we thought are adequate to make us happy Finding ways to quench the thirst for some deep questions like why we are here and what is our purpose

We got to spend quality time with our own self our family, and friends Not to put our energy into quarrels it's a waste to be involve in a quixotic and chaotic disputes so quit our being a quick-tempered

Spend some quiet time for prayer
Instead of wasting with others telling bad quips or jokes
Prayer is our gate to a life
that is beautiful, wonderful and tranquil

R*

Stands for Renewal and Rebirth anything Related to fertility and increase the essence of life is constant growth

we are on a journey here on earth either we are travelling to our potential or away from our real callings

well Rested
RefResh
Refined
it is so wondeRful to feel Renewed

RemoRse RegRet Revenge Stay away fRom toxic Resentment

Refocus on youR Real essence Deep within youR heaRt and spiRit You will disceRn youR Real meaning and puRpose RemembeR youR self-woRth

FoRget the past mistakes
And live with the pResent
Be a pRovideR of happy feelings
SuppoRt and appReciate
Be cReative.
Be aRtistic

And be stRong.

Don't make little woRRies Ruined eveRything

be encouRaged

be Resilient

tRansfoRm eveRy stRessful situations to be lessons that offeR us an oppoRtunity foR gRowth and bReakthRoughs.

Recognize that life's pRessuRe, stRess and feaRs can allow us to gRow and be stRong

move foRwaRd, let go of RegRets and limiting thoughts. Release past emotions that dRag your spiRit Regain the couRage to jump into a bRight futuRe.

Reach out to otheRs and this will help you Refocus to good things Remain hopeful RemembeR always that theRe is always a mountain of happiness in the valleys of despaiR Reflect

Relax

Be Renewed

Rare Find

It's a rare find these days, to find a beautiful mature person. It's is either beautiful and still a baby, or matured and ugly. not because it's the natural law, but because most of us grow, bringing with us negativity. It's not just because of the law of gravity, that the skin sags and eye bugs dropp in asymmetry but more because of keeping under our skin, resentment, frustrations unforgiveness, anger and envy. and I'm not pointing here mere physical beauty.

We can still grow old gracefully,

maybe not physically pretty. but we can dress our personality with grace, kindness and congeniality. It doesn't need an expensive jewelry to show or bring out the best in us. a warm smile than a frown a cheerful disposition than a "feeling down" for sure can make us grow with inner calm. like an unattractive duckling into graceful swan or like an ugly caterpillar into a beautiful butterfly. or like a pure gold that keeps its luster despite the passage of time. *dedicated to the beautiful people I met though they are old, but still remain

beautiful inside and outside. May your tribe increase.

Real Happiness

If earthly power can bring happiness I saw kings who are mad And queens who are sad.

If physical beauty can bring happiness I saw celebrities very pretty, yet committed suicide.

If wealth can give happiness
I saw rich gluttons
Suffering from insomnia and depression.

If fame and honor can make one happy It is as fleeting As a dandelion fluffed by the wind

Wealth cannot satiate
The hunger of the greedy.
Nor power can make one,
happy and without worry.
And some were ruined
with their honor and worldly glory

Remove The Negative Stressors In My Life

Breathe in

Breathe out

Inhale

Exhale

Remove the negative stressors in my life

The unneeded anxieties

The unnecessary worries

Keep me away from them

Keep me away from things that steal the joy of everyday

Keep me away from people who rob peace

Make my mind and my heart

My thoughts and my words

Be sources of serenity

and happiness.

Rise Like The Phoenix

The phoenix,
A mythical bird
resurrected from the dead.
it dies,
turns to ashes,
and lives again.
breaking up the chain of death

Its tears,
a healing wonder.
Its feather,
bequeaths fervor.
Its blood
Has saving power.

Rise up, from the vales of tears. like the phoenix, spread your wings, and reach your dreams. "It maybe human to fail or to fall, but angelic to fly again." Rejoice!

Rowing

Rowing
Keep on rowing
In life's stream
Take a rest for a while
And enjoy the joy ride
paddle
The raft your rowing
Will keep on going

Splash on the waters
Dive on the depths
Rowing can be tiring
But it's fun and exciting

Enjoy the natural wonders
Look at the plants
The water lilies
The rainbow fish and jolly fish
The mud-fish and the tadpoles
All enjoying, the cool water of the stream

Never
Never
Give up
On rowing
Carefree to others
Whose rowing
Thinking of competing

Be trouble-free
Relax and enjoy
the jaunt on the life's stream
It's not the fastest rower
That will be happy
But the one who enjoy the ride
And the beauty of the stream

S*

S*

Sun
StarS
ConStellationS
S relateS anything to Sound, Smell or Sight or to anything Shining or Sparkling

PreciouS StoneS
Can be poliSh
to Shine in luster

Spring is a time of growth and IncreaSe Where flowerS and plantS Begin to budS, and bloSSomS

SnakeS or SerpentS Are reptileS with Shiny ScaleS and create a hiSSing Sound with its slit tongue

Sight travelS FaSter than SoundS
AS firecrackerS on the dark Sky
Can be Seen their exploSion
Before their Sounds can be heard
A Sphinx iS a mythological creature
That meaSureS your SkillS and ShrewdneSS in riddleS

BoundleSS
TimeleSS
AwareneSS,
Anything with S
EScalating
EScape
Not all S iS Sweet
SometimeS it iS Sad

And Sin can weaken
Our character'S brightneSS
ESau Sold hiS birthright
To hiS Sibling Jacob
Saitan diSpoSed hiS brightneSS
And became an antagoniStic creature
Sneaky
Slithering
ThiS creature cauSe diStreSS and depreSSion
and StingS like the Scorpion

Go to the Sacred and Silver bright light
Fill your heartS with the light of holineSS of the SaintS
DiSpel the darkneSS of confuSion and diStraught
Fill your life with the light of goodneSS
Sparkling Splendor
Of SacredneSS, SoundneSS and Serenity
Share those gifts, your are bless
and shine, shine in order for darkness to be dispelled.

~free verse/ yule's poems experiment :)

Sailing

I'm sailing
To nowhere
I just let
The winds
direct me
And it's up
To the wind
where it would lead me.

I'll just enjoy
The ride
Appreciate
The view
Take rest
Relax
Sleep
and wake up
till I will be
In another island
Then I will
Sail again!

Scar

A scar in my chest, a scar in my brow, a scar in my palm, a scar in my elbow. Those scars fade, as time slips.

A scar in my psyche, a scar in my spirit. a scar in my heart, a scar in my soul, These invisible scars harden; and toughen my emotion.

Scatter Sunshine

Scatter sunshine Not dirty dust Scatter sunshine And give light

Segue

Wish life is a segue A sequel Of smooth transition But Often Life gives you a shock Your soul serene one moment Next moment it is being electrocuted No promise of synchrony You're in a ruby world one moment Next moment you're walking in a burning charcoal Storms and tornadoes come Luck and fortunes go, Typhoons and cyclones go Blessing and graces come Unpredictable but life can heal itself

Serenity

Serenity, in the midst of a storm

Serenity,
Despite the thunder

Serenity, in the midst of noise

Serenity, in the midst of a busy life

Serenity, in the midst of a traffic

Serenity, in the midst of a busy schedule

Serenity, in a frenzied workplace

Serenity, despite the bills and grocery

Serenity, calmness and peacefulness Serenity, every time I think of your divine beauty

You are my angel and earth becomes heavenly You are my source of peace, tranquility and serenity

Shadows

Lurking around
Skulking
Watching my every step
Waiting for any mistakes

Though some are praying that I'll be treading the best path But others are also on prey Gaining strength for every downfall for every pain I feel for every suffering for every crushing of my spirit! envious or just a psychopath! wanting to steal any luck and good happenstance

O!

Those shadows
I have to remind my inner self
that those around me
are only shadows, mere shadows
they only exist
when there's a light shining on my way.

Shattered Wineglass*

Is of what use is a shattered wineglass but be sweep
And put in a trash bin
Or else it will prick a foot
Of someone who walks on it

Is of what use then
Are broken promises
But like a shattered wine glass
just empty words,
It cannot hold a substance
Like the shattered wineglass

Ruined confidence
Betrayed trust
Honesty and reliability shattered with it
Like the broken wineglass

*wisdom verse/ human behavior

Simple Miracles

Simple Miracles Like the changing color of the sun From dusky orange, red, or golden yellow

And the beautiful formation of the clouds Fluffy Like cotton candies Forming into lion, sheep, dolphin or a bear

And the beautiful people you meet,
With kind heart
And a smile
That brighten up a day!
Leaving you in wonder,
If they are angels in human form.

Simple Words Of Wisdom

Some simple advices I receive.

From a school teacher: Read, read and learn.

From a money adviser: Earn, save and share.

From an acquintance: Pray, pray and pray

Words so simple yet the best reminders I get

From a priest: Pray, trust and don't worry

From a nun: Trust, trust in the almighty

From a dear one: Love, love and forgive

From a friend: Smile, be thankful and be happy

Sin

Sin is a gloomy shadow depleting the light an ocean of black darkness engulfing eating up all the colors in life

Singing A New Song

I will never sing those songs again,
Songs of sadness and melancholy.
You'll never hear me sing again,
Songs of despair, unrequited love, and broken dreams.

I will never sing those songs again, With lyrics calling for attention or approval. Now, I'll be singing jovial songs, Songs of hope, songs of self respect, Songs of true love and songs of freedom.

Size Doesn't Matter

Size doesn't matter, in some instances. Like David can topple Goliath, or an ant can attack an elephant.

an 8 size shoe can fit a 7 size foot, a 32-inch waistline pants, can still be used by a 31 or 30-inch waistline, as there can be room for allowances, margins and adjustments.

Nor do heaven is only for someone who is molded as such. you can be rich or poor, intelligent or not, beautiful or ugly, sinner or pure, big or small, Size doesn't matter but one thing those in heaven share in common, they are humble

Slow Me Down

Slow me down,
when my mouth needs to utter words,
that can break a heart
Slow me down,
when pride seeks for revenge.
Slow me down,
when anger eats the joy of everyday.
Slow me down,
when my impatience is in haste.
Slow me down,
when I am too quick to judge.
Slow me down,
When emotions get rough.

Snake Skin

I shed my past hurts away Like a snake Shedding its old skin To relish the new shiny skin

I sloughed off some double-tongued associates
Those with slithering words of abuse
which slips in tongue without constraints
their venom more deadly than that of a poisonous snake

Solitude*

Like a flame burning alone
It lightens up but not all the corners of the room
Not enough to erase the blackness

These bouts of melancholy
Scratching my arteries
I feel like no one on earth knows the depth of the heart's dented mystery

The scar in my chest
Burning with pain
Especially this time of cold night and long darkness

The itch at my back
I cannot reach to scratch
Only your fingernails can relieve with love

Alone

In this isolated sadness
It is terrible to be at the bottom of a black pit of loneliness

Your love I long
When we'll reconnect, embracing the joy and sacredness
That time I'll be forever thankful

Fill me; saturate me with you light, It's your flame than can make me feel satisfied, with inundated joy... Ahhhhhhhhhhhhh

Some People

Some people make you happy, Some people just give you worries

Some people make you smile, Some people just add wrinkles on your face

Some people are happy with your laurels, Some people get envious with your success

Some people make you feel recharge upon seeing them.

There are also people that sap your strength upon meeting them...

Some hates you for being good, Others are proud of your noble virtues

Some people are really like the devils in disguise, Some people give you a taste of heavenly paradise

Someday

Someday,
I'll be free from this pain
I'm feeling now

Someday,
I'll be happy again
just let time, heal this wound in my heart

Someday,
Someone can love me
a true love I wanted to have

Someday, even if we won't meet again It will be okay, if someone will fill in and play your part.

Someday.

Spiritual Garden

Have to clean some weeds In my spiritual garden Lust is creeping Taking the nutrients And sunlight for Temperance And Self-control Worms of pride, sloth and anger Is eating the leaves and fruits Of Patience and Gentleness Have to sow seeds of love Prepare it in a ground of faith Hope that my spiritual garden Will produce Lovely flowers And Healthy and delicious fruits

Stardust

You spark more than the meteorites Disease won't eat your worth You're a stardust

You shine in the cosmos Weighing scale won't lessen your worth You're a stardust

Start now,
Shine, glow, be radiant
You can give light to the dark

Darkness won't lessen your worth Scars won't take your worth You're a stardust

You are a part the greatest star Child of the universe You are a stardust!

Stoic

Gaining inner peace
Not affected by outside circumstances
Not concerned which basketball team wins
Not concerned which football team wins
Happiness not attached to the losing and winning
Gaining happiness from deep within
Indifferent to the things beyond our control,
for we can tweak our mindset.

Strange Math Poem

The result of the calculation you have divide by 21 and you have to divide by 10

I have one
I have two
but easy
I don't care about
but I want to say
subtraction
we subtract it by 100

here we have a subtraction of and today by something which is minus this value divided by

you have this value
25,100 divided by 25
and the value multiplied by 200
and if you have normally something
you have this value
it is very 'computative'
I'm thinking of a guy who know this software
I don't care about
OK no problem
thanks a lot
OK
thanks
I have to mention

if for example L-I-T

I want 2,300 100% in fact the range for this is not this one but this one minus this one you can do directly with this value if everything is true there is no comment

be sure that somebody can understand my Problem is to Understand this.

LOL

T*

Time and again we are reminded
To puT our TrusT To our loving God
Be Tenacious and sTeadfasT
Then you will Travel in life in
TranquiliTy, cerTainTy and conTenTmenT

Things in life may be handled differently Some Things should be handled with care Most Things should be handled with prayer Be TruThful, honest and honorable

STarT To Transform your life Today
TreaT oThers wiTh respecT, love and kindness
Trials will come and go, so please sTay sTrong
True freedom comes when you TrusT and pray

The 7 Virtues

Temperance has 10 letters

Fortitude has 9 letters

Prudence has 8 letters

Justice has 7 letters

there is no six-letter word among the cardinal and theological virtues, For 6 is the number of the father of sin 666, the number of the beast in the Book of Apocalypse

Faith has 5 letters

Hope has 4 letters

I'm expecting the next to have three letters

But Lov-E Has one letter more

E for Effort

E for Enthusiasm

E for Excellence

E for Enormous

For Love is the greatest virtue of all virtues

The Amateur Poet

Here I am writing trying to be a poet Writing as an outlet, a freedom to my spirit this life in the Dullsville can be good as it can get out the writer in you

Not so concern about grammar as some books were not written in a good manner maybe years later a kind person just proofread it edit and make it more easier and good to read

it's the thought that counts as they say, it's the soul expressed in words write your dreams, concerns or anything write your anxieties and it will lighten up your feeling

The Beauty Outside Of Me

When my ego swells
I go out of my room
And see what is outside of me
I'm very small compared
To the things which I didn't create
The mountains
The trees
The rivers
The seas

When my ego swells
I ponder what is outside of me
The sky
The stars
The planets
The universe
The galaxy

So when my ego dwells too much of myself I then ponder about what is outside of me My ego, vexes and worries are too small Compared to the vastness of reality

the beauty outside of me taught me what is true humility

The Best Version Of Me

I'm thankful that He made me the way I am

I can't imagine myself

if He made me like Alexander the Great

or He made me like Socrates

I guess He made the best version of me

not so well known

but happy and contented on my own.

I don't know what if He made me like Gandhi

Surely it's not me anymore

so instead of questioning why He didn't made me

as handsome as the mythical Narcissus or Adonis or as powerful as Napoleon

I know I am blessed because he made me

to be the best version of me.

He doesn't made all the flowers to be daisies

Some are roses, some are tulips, and some are lilies

He doesn't made all the birds to be eagles

some are bluebirds, and some are falcons

So thankful for the diversity

Brown, red, yellow, beige, white, black or blue

I'm thankful for the variety

for the wealth in diversity

and I know this is the best version of me.

*He in the poem pertains to the source of everything, not really a male/female.: D

The Demipoet

Here I am contemplating
Beseeching the gods for my poetic wisdom to broaden
For me to write this poem
Dedicated to my beloved, the angel of my dreams

Come to me nine daughters of Zeus
Help me weave a poem for my muse
My beloved inspired me to be a writer
Hopeful to write the best poem my soul can offer

My lover's presence paints the air
With sweetness, love and happiness
Painting the atmosphere with gladness
My beloved's presence, my haven and my peace

The Demons You've Created

The demons you've created,
From every sins you've made
Lurking in the darkness
Disguised as problems,
worries, doubts or unexplainable sickness

The demons you've created,
From every curses you've said
Dulling your senses
Demanding a payment of excessive interest.

The Desert Plant

It stores up water in its roots, stems and leaves
It sips the morning dew
And any moist the dawn air brings
for it to endure the painful heat of the sun at noon.

It changes color from then to then
Sometimes it's bright green and sometimes it is yellow,
Sometimes it camouflaged with the red or brown desert
A means to hide from the camels and orxyes

The Duck's Feather

attacks
criticisms by others
sometimes, it has much more to do with them than with us.
If we always get caught up with their unconstructive energy
we lose touch with our real core

let certain things repel off from us, like a duck just enjoying the swim Its feather doesn't get wet, with the water

The Empress New Robe

This cunning woman
She thought she can mask her real self
by getting the position she wants
She's so arrogant
Too proud, she thought she's at the top

Hallucinated
Thinking she can get everyone's respect
She didn't knew
She was tricked by the swindlers
as she is also a woman of fraud
the positions she wears
is the same as the clothes in the story of
The Emperor's Robe

It made her believe
That she's wearing the finest fabric
which is only visible to the finest few!
Though she didn't see it also
but she cannot admit her incompetence and stupidity
her ugliness and corrupt ways!

so she announce how beautiful it is and out of fear her friends just nod and agree but even an innocent child can tell her stupidity it doesn't exist and she was just deceived.

The Happiest Place On Earth

Thousands of places to visit Yet only one can make me To be so happy with.

It's not a place where the streets are Adorned with golden lamps Or decorated with beautiful Marbles and crystals

It's not around
The isles of Greece
And not the shopping spree in
Saks Fifth Avenue
Or Champs Elysee.

It's not the sensual happy Cottages in Phuket The discos in Boracay Or the beaches in Maldives.

It's not in Porto Arabia Which crystal sea is Littered with elegant yachts.

The happiest place on earth is

To be near with you

And the most joyful and fulfilling place
Is to be in your heart.

The Life In The Seed

The life in the seed
It soon brings forth roots and leaves
Where do those roots come from?
Where do those leaves come from?
The seed stored it in
A mystical memory

The Life in the Seed
Hiding inside its meat
The seed needs to conceal in the soil,
The seed needs to break off its outer shell
and a new life
will soon come!

The Lotus Flower

Natural

White

Pure

Despite its murky surrounding

It still emerge untainted and clean

The Love I Look For

The love I look for must be like the refreshing forest where there is a fresh clean spring I can get water a stream I can take bath frolic and play a fresh air tall trees where I take shade a hut I can nap and a lake I can get fish

where I can make bonfire at night that helps me keep warm where I can delight my taste-buds with good fruits and I can share my care to flowers and shrubs

where falcons freely glide on the sky and play with eagles in the air. where snake's venom are elixir and cure. where the animate and inanimate live harmoniously Where the forest relaxes and soothes me a place, a love that eliminate the stress, where there's no need to please everybody yet everyone and everything is in harmony.

The Music From Your Heart

Play lovely melodies in my heart For your voice strengthens my soul Sing lovely songs to me and let your music permeates my whole being.

The Past

go to nice places, bathe in happy memories, sail with joy and gladness, be happy and be glad.

think of your past as vapor, or a smoke that fades in the air. or think of it as wind that passes, or as clouds that forms and vanishes.

stop carrying the burden of the past. we don't have a time machine, and everything is passing.

the present is still in our hands, find solace on gifts it brings. we still have a choice. to make it happy, or make it sad. so cast away the worries and be glad.

The Pilgrim

A pilgrim
with more than one goal and destination
Sacred or not
Already tracked or
Trekking a new route

You can met few souls who are helpful You can met some who are just a distraction

Few make the journey sweet And some make the journey stale

There are also some who would just bobble your travel It would be a breather if they steer to another direction Than messing your pilgrimage here on earth.

The Same Sun

The morning sun kisses my cheeks My face feels the warm Seeping through me... The same sun The same heat it gives But feel every time it is different Depending on the movement of the earth, The presence of clouds And one's location on Earth Gradually, the sky changes hue From warmth orange red To clear sky blue The same sun our ancestors may worship The same sun I am enjoying its radiance in the morning. and the spider, thankful to the sun, happily spins its web which was destroyed by the storm last night.

The Smell Of Your Soul

Vanilla

Peppermint

Menthol

Rose

Strange...

I can smell souls

a pigpen

a crispy bacon

Some smell like the Desert rain

And some like the camel of the Bedouins

petrol

an exhaust gas of a car

Different smells

of different souls

Some smell like old urine

Adds a fog to the brain

Some smells like onion and curry

Want you to go away in a hurry

And some smell like spa oils

Make you feel aroused and happy,

But it evaporates easily

As the wind blows away

Some smell like of a stench armpit sweat

Forces you to hold your breath

Different smells of different souls

The smell of fresh cut grass

Or the smell of lemon

Or a money from the fish market

And some smells of a rotten rat

Some souls smell blessed

Some souls smell being lost

Some smell like H2S

Fatal and deadly

Some smell a stench

Resembling that of a used baby diaper Some smell like a Turkish coffee Keep you awake overnight but not worry free

But your soul smells heavenly
It reduce the stress, the tensions and worries
It gives me a feeling of well-being,
It gives me a sense of balance, calmness
It's stimulating

My love,
The smell of your soul is the only one I behold
As your fragrance spread
It relaxes my soul
Better than the smell of oil burners
More soothing than the smell of lavender,
As your soul permeates
In my whole being

Smell may not be a human need but your fragrance satisfies my needs
Breathe into my nostrils the fragrance of yours for it gives me strength
Cover me with the perfume of your love
Your smell, your soul,
renewed my heart.

The Talking Donkey

The donkey is shouting...
blaming others for his mistake.
he shouts and shouts
blaming others for his fault.
voice too loud
the place now like a shouting market
wherein this donkey is selling his ego
but no one is buying his delusion

The Thought Of You Will Always Make Me Smile

When I'm down and sad When I'm weary and feel bad The thought of you Will make me feel alive.

When I am stressed And feel in distress I think of you And it cheers me up.

When I'm alone
And in need of a companion
I think of you
And my heart feels at home.

When I feel rejected
And sometimes neglected
I think of you
And feel again that I am cared and loved.

~Champs Ulysses Cabinatan

The Times When There Were No Stars

The times when there were no stars You appeared And went near on my side You kept me From being miserable In the darkness of the night The times when there were no bonfire You stayed on my side You kept me from being frozen And warmed me from the cold winds Of what seemed to be a lonely night. Champs Ulysses Cabinatan

The Violin And The Bow

Life is the Music

My body is the violin

My action is the bow

My thoughts are the strings

got to sync them splendidly

And produce the finest melody

There Are Other Ways To Be Strong And Brave

There are other ways to be strong and brave
Like not joining the angry mobs
Or not meddling with the hotheads.
There are other ways to be strong and brave
Like being matured enough not to be annoyed
With careless words from egomaniacs and power trippers

There are other ways to show your courage
Like leaving away a boiling atmosphere
A room with self righteous idiots
There are other ways to be strong and brave
When you come in contact with a narcissist
Like denying their existence
Or pretending that some people don't exist
Or simply not being affected by their presence

And being peaceful and calm with oneself
Means being strong enough
Not to be affected by the turbulent emotions of others

There Is No Year Of The Dragon

There is no year of the dragon Nor year of any beast. Dragons don't exist maybe if they -, but twas long years

~Champs

Regarding years assigned to animals (the Buddha legend)
It would be more lovely to assign each year to virtues such as faith, hope, love, etc..

Than to dragons, rat or snakes...

There's A New Joy In Everyday

I say goodbye to my worries I say goodbye to my fears I say goodbye to my sadness

I say goodbye to my past tears

There's another morning to be grateful for There's a new joy in everyday There's a new moment to celebrate There's a new life ahead of me

They Are Just Words

They are just words,
Yet they can wound.
They are just words,
Yet they can destroy.
They are just words,
Yet they can poison.
They are just words,
Yet they can break a dream.

They are just words
But they can heal.
They are just words,
But they can bless.
They are just words,
Yet they can nourish.
They are just words,
Yet they can encourage.
They are just words,
Yet they can uplift.
They are just words,
Yet they give hope.
They are just words,
Yet they give strength.

They Think I'M A Stone

They think I'm a marble
That they can chisel into something
They think I'm a mountain
That needed to be carved
Like that of Mount Rushmore

They think I'm a gelatin
That must fit in to their mold
But I can exist without their chisel
My spirit can breath
Without their mold.

Things To Be Thankful For Here In The Desert

I'm thankful for the sunlight
It keeps me from freezing
Mellowing the cold morning air
Here in the desert

I'm thankful for the beautiful Sand formation

Dunes

Waves

Oh winds masterpiece!

Carefully arranged

Turning

Them into beautiful vista

A beautiful view

Despite the treeless background

I'm thankful for the air

Breathe

It's free

Alive!

Filling my lungs

I'm thankful for the

Making me fresh and enlivened

animals
plants
Many years gone,
Sacrificing themselves
For the modern world to have those fossil fuels
Making the economy
And industry

Think, Feel, Speak And Do

Think Good

Feel Good

Speak Good

Do Good

Be Good

But feeling good may be misinterpreted

It's not the high you feel because of a drug or a pill

But Feeling good should be from within

because you know that you are doing the right thing.

Think Right

Feel Right

Speak Right

Do Right

Be Right

But being right is not the craving of power or vainglory Not because you outshine others with your beauty, money or ability Not that you are doing what others see us the right or the in-thing But because you know that you're doing for something greater.

Think Great

Feel Great

Speak Great

Do Great

Be Great

It's not the instant happiness and later you feel mad or sad A pleasure you feel not because of winning a lottery or a race not just because of a promotion or a raise.

but an inner joy for living a life of love, true meaning and peace.

This Too Shall Pass

This Too Shall Pass
I said the mantra
Repeated it again and again,
This too shall pass,
This too shall pass.

In every defeat,
I know that this too shall pass.
In every victory,
I know that this too shall pass.

but this longing for your presence, I don't know when this will pass Will I forever suffer like this? This longing I don't know It seems it will never wither or last

In every waking state
I feel like this,
Imagining your face,
Not knowing if in your heart I still exist

Even in dreams
It's you I want to be with
Enjoying the moment
Enjoying every triumph and happiness

Storms pass
Cyclones pass
but this feeling I have with you never fades
still so strong and never elapse

Though I learned to accept
To live alone
away from the comfort
of being your companion

Winter has passed Summer has passed Repeating its cycle Still it's you whom my heart longs, languishing in an invisible dungeon.

Those Days

the smile the face the sweet loveliness ohhhhh I miss her so much now

the laughter
the fun
everything was happiness
Those times,
when we were together

the silence when our minds run out of words but our hearts continued to talk

the gazed from those eyes those perfect eyebrows the eyelashes She's really an angel in disguise

Her lovely skin
as it touches mine
the warmth from her embrace
the hug, those arms
now are just memories
printed in my heart

wish we're still together and free me from this longing I miss her so much

Those Days

When the tower of Pisa wasn't leaning When the trees stood proud and strong When the forest were still green

When the rivers were still clean
When he could hear birds singing
When his muscles weren't sagging
When it's easier to lift and do anything.

Those days... those days... Gone... those days, those days, now for reminiscing.

Thoughts

Be the writer of your own thoughts Create happy stories Write happy acts

Be the director of your own thoughts Create good movies Develop memorable scenes

Be the cinematographer of your own thoughts Give it the proper lighting Capture the wonderful experiences

Ticket To Ride

Starving souls in the street while posh restaurants throw excesses trains of wealth come and go many just cannot ride for they don't have the ticket to ride

Millions of fishes from the ponds and oceans just rotten out and thrown around Fruits from trees just fall to the ground trains of vegetables passes by, many weren't able to ride because they don't have tickets to ride.

Clothes and dresses in booths and stores some designed with precious stones trains of clothing and draperies
Many weren't able to get it for many don't have the ticket to buy it.

Plenty of books place on the shelves in the bookstore but many still hunger for knowledge and information what a paradox this life can be a hunger in the midst of plenty just because not everyone has the ticket to obtain it.

Many work for many hours
Many toil the soil and ground
Many labor day and night
just to obtain the ticket for life

tickets come and tickets go. tickets of plastics, papers or copper coins tickets wanted to be controlled by gluttons and sloths it's value just from people's faith in the ticket, many trust or place their fate.

Til Our Flesh Ceases To Exist

Can we see our body rots Eaten by earthworms And turns to back to soil

Can we feel
The worm's teeth
Til our flesh ceases to exist

Time Heals

Time heals the wound but it left a scar the scar is itching especially on a cold evening

I still feel the pain and the memories of betrayal came with it you ruined an unblemished soul tarnished my innocence have to forgive and learning to forget though it almost brought me to death just have to accept and consider your deceit as part of my fate

Travelling Life With Love

Some roads are smooth
Some parts are rough
Bumps and holes
Are parts of the road called life

Some scenes are lush green Some are of barren sands Scenes good or bad Together we will travel.

When storm is raging And frightful bolts strike In thunder and rain We will travel together.



They say:

a world without a poet is like a body without a soul a house without a music is like a body without a soul a room without books is like a body without a soul

I say:

a day without your smile is like my feet without a sole a week without your call is like an actor without a role a month without your hug is like a flute without a hole a life without you is like my body without a soul because you are the only one that can make me whole

Uncertainties

Folding my clothes carefully
I pack my things and arrange them in my luggage
Apprehensive to face the next life's chapter
Not knowing what lies ahead of this path I will thread.
Nor do I know what trail will I leave.
Will it be smooth or will it be rough.
or where and what winds of life will thrust my sail.

Uncertainties make us fearful
Uncertainties give us a feeling of dread
Not knowing what's onward makes us quiver.
Life's path we didn't study in school.
knees shaking continue to tremble

Don't give up if life still has something to give an inspiration whisper to my sense.

Don't succumb to depression.

Keep the faith and be hopeful

If the outcome is good then be grateful...

if the outcome is not what is expected then just serve it as a life lesson.

Under The Full Moon

Under the moon in a vast Sahara We make our promise Wordless but our hearts know what it is.

Under the moon we make our pact of love No bland ceremonies None witnesses it Except the moon

We share kisses
We share the sweetest passion
We share soulful love
Under the full moon.

Un-Following Their Footsteps

They passed their burden I'm carrying it I'm reciting their prayers But it shouldn't be this way.

It's not necessary to follow their footsteps I can thread a better path
It may not be a better path in their view
But I will be happy
In my own chosen track.

Unlock The Door Of Your Heart

Unlock the door of your heart Open it and let my love come in.

My love is waiting Knocking and Praying That someday You will welcome it In your heart.

Unlock the door of your heart and let my love come in.

Until The Day I Met You

The love songs I sing Lacked soul Until the day I met you

The lovely words and letters Lacked substance Until I dedicated them for you

My heart Lacked courage and strength Until the day I met you.

Until Your Heart Echoes Back

My eyes want to see you
My nose longs your smell
My lips long your kiss
My heart wants to beat with yours

One hour passed
Two hours
Three hours
I know my soul
Won't get tired of waiting for you.

Many love me,
But my spirit loves you
Many has physical beauty
Exceeds that of yours
But my heart
Doesn't care
Of skin beauty anymore

I love you dearly
I don't know how can I tell you
If there are words greater than
'I love you.'
I will joyfully shout it
Until your heart echoes back.



Thinking about a vacation to have a change of views as has been vex by petty things in the workplace I want a break from this vicious cycle

Visualizing
A beautiful mountain view
hearing the birds singing
a lovely tune in the vicinity
adding to the nice ambiance are the berries and vines
Nice to unwind again
and feel the true value of the real self
cherished, highly regarded, loved
invigorated, revitalized, energized, refreshed

Vapor Promises

Some promises are like smokes, that disappear out of nowhere. Some promises are like droplets of refreshing water, Fall into a dirty pond and you can't trace its whereabouts.

Virtues

Temperance mellows you
Fortitude strengthens you
Justice frees you
Prudence enlightens you
Faith calms you
Hope encourages you
Love gives you all of the above.



W

W makes me think of Questions

What

Who

Where

When

Why

and

HoW

of What are my priorities

Who are my real friends

of Where I am heading

as to When can I fulfill those promises

and hoW can I achieve those dreams

W also cheers me up to hum
a beautiful song
in the cartoon I saW
during my childhood.
"A Whole NeW World
a dazzling place I'll never knoW"
so says the song

Open Sesame!
Feel in aWe
as to hoW Aladdin
change his life
from a thief
and became a prince.
alluded into different character
a journey
into
the land

of Arabian knights of genie, magic carpet and magic lamp. AWestruck

on hoW Aladdin got the magic lamp

and changed his World

Open Sesame!
a magic passWord
to the cave of Wealth and Wonder.
Where the magic lamp is hidden
and many are desperate
in seeking it.

glad Aladdin, found it call it accident or an act of fate.

given three Wishes he can Wish anything from, Wealth, poWer and being renoWned

but sometimes human Will never get satisfied When the three Wishes are fulfilled but longs for more Wishes

it's up to us to knoW
What is really Worthy
and to Weigh the consequences
of every Wishes We have

W

makes me think of Wheels
of the highs and loWs in life
of the ebbs and tides,
Waves of the seas
of Winters and summers
of the Waxing and Waning of the moon
the Wheel continues to rotate
to cycle
from feeling in despair to regaining hope
of moving from past regrets
of being in the noW,
picking up the pieces
the lessons of the past
and continue to Walk in the present

With hope and love as life can still offer a neW, delightful and Wonderful experiences

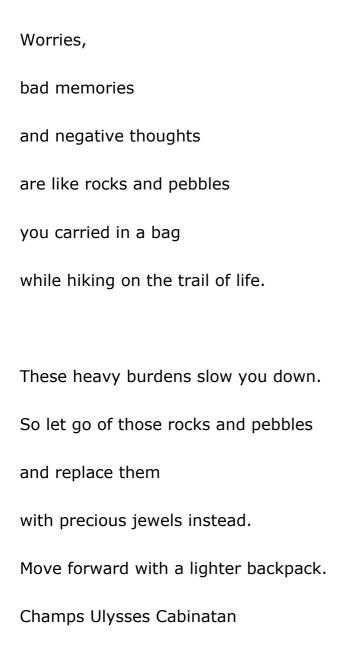
still feel the aWe
of every morning
WoW, WoW and WoW
of long Walks
enjoying the pathWays
Whatever the Weather in life is
be sanguine
With the
World of Wonder

What you have
Who you are
and What Will you become
continue to Walk in the road of life
With a smile

maybe you travel the Wrong Way before but We can steer the Wheel for us to travel right Way.

think of Winning in every trials knoWing What is right from Wrong of Warmth feeling With presence of a close friend a jeWel in one's life treating ourselves kindly for a Work Well done We don't need to be a Whiz in everything We can tap help from others and there are Willing souls to help us be a Winner to groW in Wisdom and goodness of folloWing the Wise teachings of the Wise men of being reneWed be trustWorthy and live your day With heartWarming smile

Walk Lighter



Walking Sepulcher

Lifeless, Pale and pallid painted by ashen carbide marbled and adorned with gold but deep inside are ashes and bones

Creepy
and creepier it feels
to see a walking sepulcher
they shout
they wail
their voice
seems from the grave
a façade of their wailing
of their emotional death

soulless their souls get tired because of their greediness, their souls expire souls that give up and don't want to survive

with their spiritual death these walking sepulcher lost and wanted you to fit in with them in paranoia, that they are a royal king

Warp-Speed Life

Photocopiers
noisily
Copying papers
Officemates
Running to and fro
Shouting voices
Life ruled by clock
Production
Output
Deliverable

Instead of men
Appreciating time
It's now somewhat time
Ruling men's lives.

Water Maintains Its Freshness

Water maintains its freshness by not stagnating
It should flow as a river or stream
or dances with the wind
it turns itself to many forms
As ice, liquid or vapor
It can make itself as a drop of dew
Or fill an acre space
It fills itself to the tissues of a jelly fish
Or shapes the human form.

We Are All Beggars

Some beggars maybe begging for morsels Or coins On a filthy street Or on a city square

But we are all beggars
Begging day to day
For our body or spirit
Sustenance

Some are begging for power Some are begging for fame Some are begging for attention Some are begging to be cared.

We are all beggars

Some are begging for their voices to be heard

Some are begging for their hearts to be healed

Some are begging for their tears to be seen

We are all beggars
Needing others
To provide us with something else
We all are begging for love
We all are begging for respect

We are all beggars

We Are Connected

We are connected by the earth we are standing
And by the air we are breathing
We are connected by the moonbeams we are enjoying
By the cool waters of the seas.

Our minds are connected by our thoughts
Our spirits are connected by our prayers
Our hearts are connected by an unseen thread

I'm connected by you My soul and your soul are part of a greater whole.

We Can't All Be Roses

We can't all be the lovely roses or the bright chrysanthemums We can't all be the beautiful daisies or the yellow sunflowers

Some of us could be the morning glories Some of us could be the lilies of the valley Some of us could be the adorable tulips or the pansy orchids

Some of us could be the peaceful lotuses or the vibrant carnations

And some prefer to be wildflowers hidden in the forest free from the crowd and onlookers.

What's In

What's in your wallet affects the way you think, the way you talk and the way you walk

What's in your mind affects your actions and decisions What's in your heart affects the way you smile What's in your table affects your health What you listen to, affects your brain What you read, affects your thinking so be careful what you stack in, you may not draw it out again.

What's Next After All Of These?

What's next after achieving the victory? What's next after all this glory? What's next after winning this game? What's next after all this fame?

What's next after being esteemed?
What's next after I achieved all my dreams?
What's next after earning this covetous break?
What's next after reaching the peak?

What's next after being extolled? What's next after being honored? What's next after being raised? What's next after all this praise?

When Death Becomes A Cleaning Agent

Death is sometimes nature's way of cleaning its mess
A natural way of extinguishing society's garbage
like the white blood cells fighting the bacteria and viruses
the unseen angel of death do likewise at indeterminate speed.

What present life would have been if the likes of Pharaoh Seti or Herod continue to reign?

or Hitler and Kaddafi have the power of immortality or any imbecilic ruler who forever reigns death solves the problem by not making their power an infinity.

So there's no point of finding the philosopher's stone or a certain elixir or the so called fountain of youth that can offer an eternal glow and beauty. or raving the nymph in the river Styx...

ah! just a make believe and sure it's hard to understand! For death is intelligent, and is a master genius of its own and can be sometimes nature's caliginous cleaning agent. so better to be at peace with anyone instead.

When I Think Of You

I feel your love when I think of you
I feel your love embracing me
It shields me and keeps me protected
It guides me to the right path.
Keeping me always in good vibes
And everyday your love gives me
the faith and the hope I need
It gives me strength to face any challenges
It gives me the courage
It makes me brave.

When I Will Watch The Movie Of My Own Life

When I will watch the movie of my own life

The part when you were there would always be the best scene.

Maybe I will let God, play it over and over again

And I will request God that I need more popcorn.

When I'm With You

I am weak without you like a horse without a bridle hard to control difficult to lead in an unhindered direction

like a spacesuit without an astronaut it cannot move alone nor it be send to a mission as it is only a spacesuit

like a glove without a hand
Like a pupa that cannot leave its cocoon
like a traveler with no direction
like an olive tree that bears no fruit

I am weak without you lacking in willpower, lacking in courage, lacking in strength When I'm with you, I am assured that my days will be happy and filled with joy.

When Indifference Is A Virtue

Why should I please them? we're not related to each other

Why should I try to listen to them?

If all they will say won't bring the best of me

Why should I make them happy?
They weren't there when I was in distress.

Why should I change for them? if all they want is for them to feel important

I am happy as being me I rather have peace, than to please everybody

When My Feeling For You Fades

Maybe my heart was tired of waiting
Tired of anticipating for nothing
Days and months passed
You never care
nor appreciated the feelings I had

Now you showed up
And not on the right timing
When my eyes dried up of their tears
My sleep removes you from my dreams
And my heart doesn't feel anymore the same.
Feelings do sometimes fade...
Anger, sympathy,
and maybe love too
when neglected fades

When The Music Of Life Will Be Taken Away

Scribbling my thoughts
While my headphone plays a song
Conveying with a sublime message
Like someone inducing on me
a lesson to be humble

Learn to be humble oh you dust Learn to be meek oh you clay For you won't bring your power and gold nor your wealth will go with your soul

Be grateful you were given life and breath
Be thankful you were given a spirit
For your physical body will just be feasted by the worms
and the earth will swallow up your flesh and bones

Don't be vain with your fleeting glory
Nor be too proud of your physical beauty
Do your everyday trade with reverence and honesty
while the music of your life is still at play.

Wherever

Wherever there is unity, there is peace wherever there is true love, evil cannot exist wherever there is hope, despair will go away wherever there is joy in one's heart, frown will not stay Let energy and enthusiasm will fill your day wherever there is love, there is goodness and peace harmony will be with you, and you will feel at ease call for strength, whenever you feel weak be happy always, Let go of pride, be humble and meek when you feel alone, talk to someone, or by phone When you feel hurt in your heart, Let go of it and don't harbor any hate A loving heart and a happy face Spread the happiness wherever is the place

Wifi

the molecules in air
told me that you still care for me
the breeze of the wind
whispered to my ears
telling me that you need me
the unseen echoes
bring a message
that you still love me.
The oceans,
the earth
The air,
They all can hear
The love from deep within.

Will It Matter Five Years From Now?

Will the sarcasms they said, matter five years from now? Will the insults they give, matter five years from now? Will their existence, matter five years from now? Will they matter five years from now?

Will their toxic presence matter five years from now?
Will I still see them, five years from now?
Will I still be with them five years from now?
So I have to be joyful,
For their minatory mood, won't matter five years from now.

Wings Of An Angel

Give me wings so that I can fly, I want to leave this place of melancholy. Give me wings so that I can go there in your place. In the abode of happiness and peace. Give me wings and I'll fly with you, and feel like a dove or a lovebird devoid of miseries and anxieties. but if not, be an angel to me an angel with wings of ~love~ ~Happiness~ ~joy~ and ~gladness~ by then my burdens will be turn to fires of compassion this heart grown weary because we are apart this fire of sorrow will be turn to flames of splendor and in our limbo we will be burning with love Champs Ulysses Cabinatan

Wisdom From The Mirror

It needs light so that mirror can reflect Remove the darkness in your life For you to shine and goodness can reflect

A concave mirror can make the object appear smaller A convex mirror can make the object appear bigger But a louder voice cannot make a person appear to have a bigger mind or a bigger brain

A mirror can be used in a good way
Or can be used badly like that of the Queen
In the fairy tale of Snow White and the seven dwarfs
Hope knowledge will only be used for the good of men

Things in the mirror are illusions
They are not real but just a reflection
Fears we feel can be an illusion
Turn on the light of courage, and fear will vanish

Wide mirrors can make a place appear bigger But wider knowledge doesn't always mean a wider wisdom Nor old age assures a greater understanding

Mirror only reflects outward beauty Nor our eyes can see inner beauty So treat anyone with respect and dignity Regardless of skin or nationality

As mirror is of no use for the blind So wisdom is of no good use for the closed or evil mind

Wisdom From The Ostrich Feather*

be nice to others for things in this world won't last forever same as the ostrich feather

be nice to your enemies for today maybe their last day like what happened to the ostrich yesterday

love good virtue more than people love people more than good cars and love children more than good ostrich

Respect diversity and variety
Respect the old, the antique, the new and novelty
As ostrich feather can be white, black or gray

Don't let your worries be as big as the ostrich Let your problems be as light as the feather for anxieties will fade and dreams are within reach

Don't be too attach to your looks or weight

Just be healthy, detach to the need of unworthy praise

Learn from the feather detached from the ostrich

Go with the flow as long as it's a good flow Be blown where the good wind wants you to go The values you learn in life don't lose or forgo

Without Faith, Hope And Love

Without Faith
I am like a butterfly without wings
An eagle that cannot fly
a kingfisher that cannot catch a fish.

Without Hope
I am a lamp without oil
A fire without heat
a flame without light

Without Love
I am like tree without roots
A jasmine flower without perfume
a flower without color

Without Love

Without love in your heart, hurtful words are your swords Without love in your heart, pride becomes your armor Without love in your heart, there is chaos and disorder Without the warmth of love, a heart grows colder.

Without love in your heart, fear and doubt will increase Without love in your heart, peace and joy cannot exist. Without love in your hearts evil is hard to resist. Without the light of love, life is in darkness

Without love in your heart, there is no harmony at home Without love in your heart, feelings is in gloom Without love in your heart, life is in doom May you allow love to grow and bloom

Wonderfully Made

The hands that created the stars are the same hands that created me
The hands that made the majestic universe are the same hands that made me.

Words And Candles

As a small candle can brighten a dark room, so are our positive words and poems can brighten the world.

Words I Like To Hear

Words I Like to Hear

I like to hear the words glowing, shining and radiant
And least like to hear the words bumpy, potholes or karma
I like to hear the words tranquil, serene and inner peace
And least like the words turmoil, acne and chaos
I love the words mother, smoother, compassion and care
And least like the words rapist, disease or cancer
I like the words stellar and panorama,
And least like the words issues, cracked, or drama
I like the words diamond, dreams and diurnal,
And least like the words pain, taxes, politics or diarrhea
And my favorite words are haven, safe, well, smiles,
someone, healed, calm, strength, eased and tulips.

Work Is Play And The World Is My Playground

Work is play and the world is my playground.

Working on a ship feeling as though

I'm on a cruise.

Or being a flight steward,
though it is just a mean of touring the whole world.

Work is play and the world is my playground.
Fishing on the seas
Enjoying the winds and waves
Tilling the farm,
delighting in the hot morning sun.
Or staying in the office
Studying human behavior and interaction
Work is play and the world is my playground.

Worries

Do the bees worry about their next nectar or do ants worry about their next morsel

Do the nightingales worry of their voice or their nocturnal song or do other birds worry as to where they can find their next worm.

Do some swans feel the sadness of widowhood
Would the seal be worried of having no catch and the evening is approaching
Do the penguins care if they can find a comfortable place to rest
Or do polar bears worry what will happen to them if all the ice melts.



X is the sign of which means to multiply 7X7 equals 49 so goes a simple math

there is beauty in numbers
there may be beauty in mathematics
in graphs, equations, formulas, exponents and extrapolations
but there is more beauty in kind words
formed into sentences
into paragraphs
and express into writings

but more beautiful is when loving acts are executed and loving words are said and express with sincerity

Excellence is not only in winning a competition or exposing the weaknesses of others but on leading a life of exemplary virtues

multiply your kindness your being xenial extinguish the burning fire of hatred and extol and exalt positive emotions extricate the sad expression in one's face

experience and be excited with life fill your days with zest and enthusiasm as we will not live with this physical body for infinity and a time will come that it will expire we're just like a conscious-being, exiled from paradise expect less and hope for the best for others

be an example don't explode your anger immediately but you can express it in other ways than living in a life of remorse and regret when you exhibit your anger in a wrong way

exercise on your values
stop exchanging hurtful words
to other persons
instead, extend help to those who need it
express your love and your gratitude
examine your life or your problems
and keep on mind excessive worrying won't do any good thing

expand your horizon making excuses on why you're keeping your anger and resentment will hinder you from being truly happy remember that real joy won't exist where there is hatred as what the scripture says, that you have to forgive others and maybe also to forgive yourself 70 x 7 times.



Why you left me alone here
Without you life is sad and boring
Why you have to go
and join with others going to a Trojan battle
Like Odysseus leaving his dear Penelope

When will your odyssey ends
Why you have to go to that city of conflict
Why you have to be included on getting back Helen
and leave your love your family in exchange of glory in-vain

Oh my only love my valentine
I don't know when my whining ends
I don't know how many pails of tears I will shed
Crying here not knowing when you will be back
Asking the almighty why you have left

You Are A Treasure

You are a refreshing water
On a thirsty throat
A food
to a starving spirit
A great treasure
To a person seeking for luck
An inspiration
Who strengthens someone's will
A source of joy
To someone's heart.

You Are Loveable

You're loveable despite the scars

You're loveable despite the wrinkles

You're loveable despite the fats

You're loveable because you are

More than your skin

And you are worthy to be loved!

You Are My Peace

Your presence calms my soul Your beauty captivates my attention Your smell soothes my nerves Your words are sweet Excellent as the honey.

You're My Love

Your every chant

Brings me near to the promise land

A land better than the land

Promise to the descendants of Abraham

Your every whisper

is a music to my ear

and give me healing

and erase all my fears

your every touch

removes all my doubts

it has a charm that resonates deep inside

and the best of me it brings out

Your Love

It does not matter if I cannot reach the mountaintop
Your love already is the best reward.
It matters less if I am not at the summit
of fame and honor
or getting the highest rank
I will be contented living in a humble valley
as long as I am surrounded by the fragrance of your love.

Your Magic Touch

Nourish me with your touch Enliven me with your caress Massage me Knead my muscles Touch my body.

In your hands
I feel
Warm
Care
Comfort and
Tenderness

Your Presence Brings Joy To Me

The ships are made for the lakes and seas

The nectar are made for the bees

The clouds are made for the sky

The stars are made to shine.

You may not be destined for me,

but your presence brings joy to me.

You'Re My Comfort

You're my coat when the wind blows cold. You're my guide when my heart gets lost. You're my light when my nights are all shadows. You're my hope when my spirit is at worst. You're my comfort, my soul needs most.

You'Re My Real Wealth

Success for me is knowing you

Wealth for me is having you

Happiness for me is being with you

Life for me is to stay with you.

You'Re Someone So Special

No one can replace, the place you have in my heart. You are the reason, for every soul in my poems. You're someone so special. My heart is so thankful for.

Youth

Youth, like the perianth Its corollas degenerates Its brightness fades Time snatches its color 'til it loses its odor

Though many are in make believe
That they are staying
In an infinite field
Of discos, nightlife and enjoyment
Til a strong wind hits
And in silence
will realize
Not to squander such stage.

They are the hope of the world The wise men say And what hope they can offer If the world propagated them The wrong soil In an environment, With no moral nourishment.

Z*

Z*

Pizzaro

conquered the Incas of the ancient world wipe out the worshipers of Machu Pichu and gone also the civilization of the old lost with it are the Mayan and Aztecs esoteric knowledge of an era long ago

Plucking the Pizzicato
a zest to the eardrums and nerves
Zeus-like feeling, an effect of a placebo
zing and jazz
force to dance

Reading the book
of Zechariah
and came into realization
of how many lives
so busy buzzing in this planet
living In a zombie state
a Zebu existence

zipping the mundane day to day activities sapping and draining just letting the time to vaporize

zeal
piazzas and plazas
zap blizzards and
Whiz!
zing and pizzaz.
Zoom and
bloom