

Poetry Series

Cate Jade
- poems -

Publication Date:
2013

Publisher:
Poemhunter.com - The World's Poetry Archive

Cate Jade(03/17/1996)

A Better Place

I cant Fight No longer
gravity is pulling me down
i have no reason to be stronger
cause it tares me apart every time i start
why do i bother even fighting
the tears are falling from my eyes
when inside my soul is dying.
i give up even trying

they say that time heals every pain
but the rain pours down and the sky is grey
when all the hope is lost to gain
its another hopeless day
The light leaves my eyes
my arms wont hold mu sorrow
as part of my soul dies
i m out of hope to borrow
as i take my last breath of air
i see the light in the distance
i know it will take me there
i let myself give in to the resistance
cause i know someday ill be free
living the life i want it to be
where no pain will consume me
under my shady tree.

Cate Jade

A Male Vistor

A male vistor with the features of a man but different eyes
grabs my mind and consumes it with every word which posions my mind
a good person but hiding in the shadow is his disguise,
when cutting myself is the only thing he assigned

take the blade in your hand and slowly drag it down your arm
watch yourself bleed till your arm starts to burn like the fire
till suddenly you feel the connection and disarm
the pain in my arm and head shot up like a wire

no tears fell from my eyes no sorrow made me cry
the emotions i feel are nothing more than what they tell me
emptiness deadness and blank grey sky
cause the feeling is dead as they watch you bleed.

Cate Jade

A Man

Different man same story
nothing glorious but ends up the same
everything gory
playing the same game

A man like no other
old but different
i feel the smother
when life is uncertain

tears and sadness that fall from my face
cause the voices to press on and on
until it takes of the soul at its base
which means I've lost and hes won.

Cate Jade

A Vase Of Flowers And Me

flowers symbolises beauty and love'
'like the soft emotions of a dove
soon to be filled and consumed with hope
i will be able to cope

leaves show the veins of flowers
the blood tastes sweet and soir
in my veins happiness is growing back
as long as the good thoughts are what i pack

the stem of the flower holds me up
like a spin held in a cup
a ribbon holds us together
to hope to live forever

Cate Jade

Adam

i used to often think of you its so much less now
maybe what it would be like and what would of happened
i dont know if you still feel something but i cant see to bow
cause i miss you and it really brings me sadness

i cant relive the past or force the future
but i miss what was i cant let go
i dont want too feel reliant and like a loser
but i know deep down what i feel and its like a flow

i remember the times we've shared
and the arguments we had
im happy but still somethings not cured
cause there was so much we could add

adventurous was the plans we've had together
dreams we shared with together like a feath
another life and memory lost without you
as long as your happy i can be happy too

Cate Jade

Away

Endless Walking away from something i can't run away from
Its like riding a slide as a young child happy on top but sad on the way down
whispering hateful words hitting my mind like a drum
My heart slowly fades and drowns

it hurts to breath it hurts to smile
but i do it anyway to move on
it only lasts a while
cause it soon will be gone.

Cate Jade

Better Now

we are both better now
time has healed all our pain
it just happiness preventing our downs
now im traveling the endless train
to remind me of the memories that remain

on my train i watch the window
watching the day and night go by
as the wind slowly starts to blow
the pain in me fades into the sky

im not alone on this mission
im strong enough to fight this pain
cause love stories are only fiction
cause its emptying me like a drain

try try and try again
never give up life doesn't end
we will always be friends
cause your heat will always mend

Cate Jade

Bipolar

life is horrible and hard
why do bad things happen to good people
why cry when you can feel better
why feel empty when you can feel so full
why is nothing going my way
what i want is not too hard to give
feel happy when im sad
laugh instead of cry
we all want stuff we cant have
but what i want is not that much
just the happiness that people get
that lasts that moment
not the sadness that lasts a life time
you dont know me but you could understand me
feel what i feel know what i go through
just realize we arent alone

Cate Jade

Confused Mind.....Confused Message.

My mind as empty as the blue sky cloudless and clear
as the rain starts to fall on my face it hits me like a spear
my clothes drenched with blood as the rocks rub against my body
like the bright red splotches of the war poppy.

the stars fall from the sky as the burst of fire leaves my eyes
numbing my body leaving my body paralysed
the hands piercing my head like knives
spinning in circles slowly taking my lives

drop low into the darkness and the flooding shadows
watching the devils eyes as the slowly follow
walking down the maze as dark as the blackness in a monster
searching for the mere answer

Cate Jade

Confusion.

The voices in your head send me falling to the ground
the stares burn darkness into my soul and i cant be found
the moments the bring me down cause endless pain
the endless roller coaster i can never get off and will never gain

the waves crash on me the sun burns me down
but i still go out and touch the waves
the amount od trying keeps you going keeping you safe and sound
but ends up keeping me hurt lost in the darkest caves.

the person out there they all believe in where is he for me
why the moments i need it the most you are never there
the feelings of belief stops coming when prayers are never seen
sometimes i stop fighting just cause i feel scared.

Cate Jade

Crush

tonight we might be together
tomorrow you might leave me
the feeling for you is endless and its forever
but im lost and blind

you make me smile and laugh
the emotions spin crazy when im with you
my love increases like a graph
when all i think about is you

Cate Jade

Cry

The sad feelings growing on me
Filling me with nothing but pain
my heart i never ending flame tree
endless no hope to gain

I want help but i feel nothing
just myself to hold me up
but the sadness keeps gushing
till I'm left nothing but an empty cup

Take me with you
to the world different from the reality
maybe i can be like you
and learn whats its like to be a better me

Cate Jade

Darkness That Haunts Me

tears that fall from the gentle face are tears of.....
emptiness, pain, sorrow and loss
the faith in herself lost like someone lost beloved.
walking marking the ends of her hands with a cross

as she slowly pulls the knife in the shapes in the mirrors
each drop of blood represents the feelings of the gentle face
weight, looks, boys, grades and the deepest darkest fears
to face them would be the worse feeling removing the dark trace.

Cate Jade

Devil

Waiting for the clock to go by
every second seems to fly
slowly the happiness starts to fade
locked in the darkness suddenly afraid

the sprits grab me and pul in me closer
closer into the deep hole of the composer
injecting my head with endless pain
slowly eating away at my soul like a drain

you stare at me with your yellow eyes
as i follow him down the maze hypnotised
the tunnels and fires curse my soul
spinning me out of control

in the end im left on the ground
lost and deep in thought without a sound
crawling barely in breath
slowly leading in to death

Cate Jade

Empty

I feel empty, useless and sad
Lost and can't find my way back
Feel like crying but can't seem to know why
but feel sad for no reason what so ever
i was so happy before.

To feel this way is weird like riding a roller coaster
never being able to get off
dropping with no one to save me
tell me every things alright

Time Time Time
i don't have enough
happy ones are priceless to some
but nothing to me
cause i have none

Life endless and hopeless
lost and can't be found

Cate Jade

Exams

the loudness of breath the sweat the drops from the persons face
the tables that align the students the sounds of typing and feeling of disgrace
nervousness filled the room as i waited hoping to do some last minute revision
even the notes i remember and the times ive reviewed just blurred my vision

i make my way to the table with my name stuck on a piece of paper
but everything i seem to do seem like vapor
as i listened to the instructions given during the test
i can feel my heart slowly start to press

i feel the hard texture marks against the paper with my fingers
holding on till the end just watching the paper linger
answering the questions but still never sure
but i never get the teachers answers aren't reassure

as i slowly leave the room which seems like forever
i leave the room with my best endeavour
cause to leave the room with sadness
could suddenly lead to madness

Cate Jade

Exams 2

the loudness of breath the sweat the drops from the persons face
the tables that align the students the sounds of typing and feeling of disgrace
nervousness filled the room as i waited hoping to do some last minute revision
even the notes i remember and the times ive reviewed just blurred my vision

i make my way to the table with my name stuck on a piece of paper
but everything i seem to do seem like vapor
as i listened to the instructions given during the test
i can feel my heart slowly start to press

i feel the hard texture marks against the paper with my fingers
holding on till the end just watching the paper linger
answering the questions but still never sure
but i never get the teachers answers aren't reassure

as i slowly leave the room which seems like forever
i leave the room with my best endeavour
cause to leave the room with sadness
could suddenly lead to madness

Cate Jade

Falling

im dropping falling from the sky
broken tared wings i cant fly
i dont know where the wind will take me
and what my journey will set out to be

help me wind to find my way
my path to safety
cause its another day
cause i havent been feeling good lately

Cate Jade

Falling Down

im dropping falling from the sky
broken tared wings i cant fly
i dont know where the wind will take me
and what my journey will set out to be

help me wind to find my way
my path to safety
cause its another day
cause i havent been feeling good lately

Cate Jade

Finding Strength

The path Began with you and me
feeling so alive and free
endless happiness and smiles
got me feeling so good for a while

now that what we have is gone
i know im strong to carry on
cause even without you i can feel free
smiling happily like i used to be

you in my life brought endless joy
but your just a boy
deep down i knew it would end
hoping you would still be my friend

thanks for making the time worth while
now i must walk my mile
to be strong and walk away
easier than staying another day

Cate Jade

Graveyard

Walking Down the Path way Squares coloured lay ahead
I stand at the archway as i feel my soul slowly drift drift away
As i Look into the skies i see Rain Falling down my forehead
As my Pain slowly Fades away
My Angel Lying Deep into the ground I know being there makes others sad
But i would do anything to be where you are
They say that Theres a better life after death is that true
is there a paradise a never ending happiness
Is there more to life for you besides a graveyard
Crying deep inside broken and lost are you finding your way
are you living the life you wanted and full filling you deep dreams
As i walked Down the path way i wonder if theres a better life
Besides a grave yard.

Cate Jade

Guardian Angel

Guardian Angel Listen to me Help me
Guide me Save me Im Falling
Hold My Hand Pull me up

Listen to Me Hear my words
Help Me feel the feeling of happiness
Guide Me lead me in the right direction
Hold my Hand while we walk so i can tell you
How i feel inside

You are doing so well guiding me
but together we have to realise there is something wrong
your stronger than me don't run away
I've spent most of my time running
Now you have to take my hand and lead me on

Guardian angel deep down you know somethings wrong
Fight with me don't listen and break down
cause your stronger than me and you can fight
Im lost and empty Save me

Cate Jade

Head Screaming

all the words are coming out but my mind makes it into mush
the teachers fast words my mind slowly tunes it out
my mind is being slowly crushed into slush
and my head is aching wont stop the shout

the mind and my eyes slowly close
muting out all the sound
watching the guys voice slowly froze
as my mind slowly starts to doze.

Cate Jade

Healing Part 1

someday i will better my thoughts since they are semi clear
thoughts feelings and emotions turn into fear
telling me to hurt telling me to die and cry
all of your words are scary but i know now are lies.

my brains spins and pounds sends me falling to the ground
leaving me breathless making no sound.
i hope someday to heal mentally and get out
of that maze the manipulates the mind that walks about

Its slow but i feel empty and lonely inside
but ill heal im strong to fight i wont back down
im stronger than that side
that makes me frown

Cate Jade

Healing Part 2

Im tired but its part of the medicine
voices seem to be dying but always come back around
i know what im not i know im a sin
i feel like im better less and less sound

im relaxed, hyper tired and sad
but im slowly finding myself.
i realised you can be mad
in order to improve my health

Cate Jade

Her The Haunts Me

My mind controller feeding on the bad but seems to be good
watching with the yellow eyes as she makes the days seem so blue
feeding on the sadness pushing out the madness lost on what i should
grabbing my happiness which last only a minute making it black dew

out of air but im not backing down
not matter how much im down im standing with a fight
the happiness with the frown wont keep me from drown
im a standing wall and wont back down im a sight

Cate Jade

Hospital

hospitals white as clouds in heaven pale
empty like the windows of an old house
blood pressure and temperatures like a jail
as plain as white old blouse

no visitors no leaving stuck and lost
food as tasteless as plastic
fading and appearing like frost
thoughts and emotions turn drastic.

Cate Jade

I Cant

i cant run anymore
im still learning to let go
i can see in your eyes
it is time to say goodbye

down that road i walk alone
as my heart breaks inside
tears that fall down my face
as my strength weaks and dies

i know its better for you
but it hurts me too
as i walk away

as i walk away i dont turn back
even though it makes me sad
i have to go and leave u
lost for words i miss you

Cate Jade

I Wanna Let Go

I wanna let go
forget everything
drop everything
no more

i wanna smile
laugh and sing
live for everything
i want more

i wanna feel strong
fight away the bad times
keep the good times
i wanna fight

the memories of pain
the tears and sorrow
no more

i want feel light
light from the darkness
shading life from pain
light

I want to remember
only good times
forget the bad
forget the pain
dragging me

Cate Jade

Im Not You And I Never Will Be Cause Im Me

why do you care you don't know me
you don't understand me and can't help me
Stop pretending to feel my pain cause you know nothing

im not you don't compare me to you
im me no one else every word i hear is nothing
cause all you do is criticise me
leave me alone if your not happy

leave me out of your life
i don't need any of this.
you are you and i am me

No one else can change me

Cate Jade

Im Tired

Im tired of waiting
i want things to come to me
Im tired of aching
I want things to get better

Im tired of crying
i want things to be happy
Im tired of running
I want time to stop going

Im tired of being strong
when everyones putting you down
im tired of saying yes
when i really dont agree on anything

Im tired of being me
when everyone wants me to be someone else
Im tired of being someone else
Cause its not me.

Cate Jade

Improv

trying to say something but words wont come out
nervousness spreads through my body making my whole being numb
im drowning as my voice gets as dry as a drought
im standing clueless feeling really dumb.

deep down inside i know what to say
but im scared to spit it out
im a innocent caught by my prey
as i took the long route

Cate Jade

Inspiration Of A Confused Mind

Soaring through the air as my body lightly touches the pillow
floating down until i slowly look out the window
im wake and i feel free inspired and full of smiles
with each and every moment full of trials

im open to more than what they give me
im more than what they seem to see
im inspired to write even just for a while
like the moment you walk down the aisle

im better im scared but im free
to be the person im set out to be
im not better but living freely
finally able to see clearly.

Cate Jade

Jump

Sometimes i imagine myself on a ledge
feeling the breeze through my hair as i slowly jump
as my arms reach and stretch
i feel my heart beat like a pump

i jump of the high dive imagining it as a water fall
the beauty and the sight of the jump makes my heart skip beats
the adrenaline hit me like a baseball
as i made my way into the water in defeats.

Cate Jade

Keep Me Hanging To You.

I am a dog on a leash you let me off the leash to run wild
Until you call and i come running back to you
i can't be controlled this way I'm not a child
I can't be pushed around and used

one night you want me and pull me close to you
another night you stop talking to me and push me away
i want you and i don't know what to do
i need to leave but i want so badly to stay

Cate Jade

Life

life is horrible and hard
why do bad things happen to good people
why cry when you can feel better
why feel empty when you can feel so full
why is nothing going my way
what i want is not too hard to give
feel happy when im sad
laugh instead of cry
we all want stuff we cant have
but what i want is not that much
just the happiness that people get
that lasts that moment
not the sadness that lasts a life time
you dont know me but you could understand me
feel what i feel know what i go through
just realize we arent alone

Cate Jade

Max

i knew when we met our eyes connected like magic
you were meant to be mean forever and ever
you approached me like no other and it was fantastic
and we took you home which was even better

you were shy but slowly got to love me
i loved you and cared for you over and over
until you were my puppy happy as can be
i would watch u come closer and closer

we had so much fun together watching you grow
and watching moments come and go
i love you so much max and its forever in a glow
ill never let you go

my little puppy max
always looking for scraps.

Cate Jade

Mind

My mind like a spinning ride in a amusement park
like a shark racing in my mind till it all turns dark
then someone drills a hole into my head
as my mind turns numb and i internally starts to shred

walking and endless road till i come to a cross road
stuck lost and cant seem to crack the code
this maze im stuck in this lady im following
scared cant move barely even swallowing

drenched in blood sweat and tears
walking facing all my deepest fears
scared to keep on going
for the dark unknowing

Cate Jade

Mirrors

Mirrors the jagged edges distorting the image of what used to be
feeling myself slowly changing like the leaves blowing away
take my soul and my every being with me changing my inner me
feeling my whole body and mind start to betray

Cate Jade

Music

Should define who you are nothing like a car
its should fill you up inside keeping you alive
like a candy bar to a small child it brings out who you are.
fills you up inside and inspire you to thrive.

which each note flowing from the lips of the composer
the lyrics brightesn and show how you feel
it only makes you want to get up and come closer
when nothing in the world seems real.

Cate Jade

My Friend

my friend i will never forgive you but ill help you stand
ill never remember you but ill always be there
you will push me down but then grab my hand
why be right there when you dont even care

my head falls on my hands crying deep down inside
you fill everyones head with absolute lies
i know this is not you so all i can do is cry
because of your stupidity and being unwise.

Your a fool and your words trick everyone
but deep down inside it only hurts me

Cate Jade

My Paradise

I as slowly drift into sleep
my body is like water absorbing into the soft bed
As my whole self falls into deep darkness
i drifted and dreamed

As my Mind lays a walk my body starts to disappear
fade into the darkness and the softness of the bed
im walking down a road and i dont know where im going
but i know what im looking for.

A paradise among no other
where the sun is bright and the sea is blue
where no one would ever hurt you.
Im Home at paradise
where the light never leaves my eyes.

Cate Jade

Not Me

everyday is an internal scar that burns my body with every touch
no ones aware but its as red as blood and as black as the sky
as my happiness slowly starts to fade and smudge
my soul suddenly leaves and dies

tears that fall to the ground are words that slap me hard against my face
as i slowly drop down the ground my heart burns the hole that will never be
filled.

and walking back home i will never find my place
cause im being rebuilt

Cate Jade

Notes Of Love Happy Mothers Day

to be someones hero is the greatest honour you can give
its both a challenge to accomplish and a gift
a person not only kind at heart but respective
is the highest medal which anyone can uplift.

to this on this day of honour and respect
let me be your hero on this day
for every moment we reflect
how you made each moment better than today

your special to me and no day should prove what i feel
to have a wonderful mother to share every hour with
even when i cant deal i know you will always feel
and with this no moment in time will change that gift.

Im proud to be part of your life
the compassion we share the stories we compare
you make me feel alive and taught me to believe
and with you its like walking on air

one day in a life time every year to explain how i feel
you deserve appreciation everyday every minute
let me be your hero and ill put everything i feel
and you'll never have an unfruitful day

Happy Mothers Day Mom.

Cate Jade

Other Side.

you cant run away cause you dont know where your going
you cant close you eyes and the nightmares keep flowing
you can walk forward with your head held high
while watching the dreams soar and fly

The branches of the trees in the forrest try to grab you
but the light is trying to save you as if nothings new
The sea is trying to drown you take all your happy thoughts
but you control the boat and starts fixing all the holes and knots

The tunnel leads you no where
And the hope leads to nothing and no one seems to care
but deep down inside
even though your soul feels like it might die
theres always light on the other side.

Cate Jade

Random Anger

Some people look in the mirror and feel judged by the image of themselves
but who needs the mirror when everyone around you is a mirror waiting to shoot
words at you

you gather your happiness and keep it in a jar to have it saved on shelf
just to have someone knock it down and take it from you too.

Some people eat food and feel fat but you can't get away from the feelings you
feel

cause every where around you people are saying the same thing judging
everyone.

life is a magazine everyone says things but no one really knows you
what you go through and what you feel people don't understand and know its
real.

crying doesn't make you weak but people think it does. being mean don't make
you feel any better when you realise the long term effects on the person.

Cate Jade

Relying On Me

Im tired of listening to peoples excuses and words of lies
keep it coming i wont listen im lost im deep cries
i dont want to hear you cause you take credit for my effort
its just like working and putting effort into some sort

putting time in a project worth a same grade
does help my pain and as it slowly fades
im worn down my body aches
numbness like riding the bikes stopping the breaks

its like being in a movie with a tragic back story
without the tools and skills in my inventory.
im falling down and dying aching sighing
deep down my soul is empty and crying.

my body drowning and i cant swim
in the deep fire loosing my limb

Cate Jade

Replay

Replay the good memories
cause i can't seem to remember any
nothing stands out in my mind
only the tears i cry

its like drowning your whole lungs fill with water
hurting to breath but trying to much till it hurts
running the mile even though your legs ache
just to feel the feeling the feeling i feel sometimes

Smile but its so easy to smile
cause deep down its easy to fool people
but its hard to fool yourself
when deep down you know the truth.

Cate Jade

Riza

What are you, my guardian angel or maybe someone i just know
gentle eyes, soft hands voice like god brought me to safety
will always be there and never will ever go
because you've helped me greatly

thanks for the guidance and loving care you gave me
my heart will always be thankful if only i could give you back the same
someday will we meet again but for now its the memory of you and what will be

the future holds so much for you and me
someday will meet again the times together have been countless and the best
ever

i cant imagine a better person and i can see you fil me with glee
we have a life time but i will never forget you.

Cate Jade

Short Poem - Home

Im traveling a far away journey on my own road
i don't know where it takes me
but i follow the one that leads me home
shelters me and hides me from my fears

lights my happiness and dries my tears
My home where i feel wanted
when all the lonely nights disappear
i no longer feel haunted

Cate Jade

Someone I Love

Strangers now once friends became lovers
distance never bothered us but the comments of others.
strong love or what it was intense words brought us closer
which each day the love increased with the song from a composer

living in the dreams but not in reality wanting something we could never have
wishing for what it could be not realising what we've had
young but crazy in love turned into the darkest days over distance
destroyed what we've had and our entire existence.

arguments torn what we had apart distance got us further.
all that was left now was pain and sorrow we weren't able to catch it firmer
It had to end it was pulling us down but part of us wanted it to last
but i was tired of crying the pain just kept lashing

some many things i could say to you
but with you ignoring me i cause its over for us too
i miss you and always will the song will remain in my mind
because you brought me joy and it will last a life time

Cate Jade

The Stranger

you smile at me brightly but its seems dark and mysterious.
you look at me intensely but it seems empty and sorrowful.
you walk by me and it seems as cold as ice but it feels like fire.

they way you talk to me seems natural but in the end only seems incomplete
the way you tell me jokes are funny but inside my soul is dying.
the way you talk to me alone seems like a fantasy but its really an empty dream

Cate Jade

Times And Moments

when times get rough ill stand right beside you
holding your hand keeping you strong guiding you
my hands will hold you and never let go
my words will soothe you telling you to let go

keep fighting cause as long as we are alive
time will keep going till we die
so cherish each moment as if you will fade
cause you can't re live a memory of an old day

Cate Jade

Today

i cant seem to sleep
theres a pounding in my head
screaming words ring deep
as anger penetrates me in my bed

the world seems useless and people seem pointless
every moment harder than the next scars me
whenever i hear theses voices
when my fighting with my mind we cant agree

i feel nothing but anger and it spreads everyday
when every feeling is the deepest shade of gray
im lost with nothing else to say
cause nothing seems right today

Cate Jade

Untitled

To give up is to stop believing
staying strong makes you a fighter
open your eyes and start seeing
that your life is worth believing

To close your eyes is to stop seeing
the happiness and pain we are feeling
cause you cant find forever
life is an endless trip we must endeavor

As the sun goes down each night
i sit and think what might be
but i will not put up a fight
cause i hold the key
to the life i want it to be.

Cate Jade

When I Feel

when i feel sad i feel empty
when i feel lost i feel lonely
when i cry its endless pain
getting nothing loosing everything

its like the sky mixed with darkness and light
like a contrast in a painting
the darks and lights after rain

but when happiness comes its a bright red streak
standing out amongst all colours
but it doesnt last
cause the artist re paints the darkness

Cate Jade

Whenever

I feel Strong
I Can do anything
Im here where i belong
I can never stop believing

Happiness Fills me keeps me up
Days that are sad don't matter in the moment
cause days that are good makes life worth while

Cate Jade