

Poetry Series

**Amber Millar**  
**- poems -**

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## Amber Millar(18/10/1995)

I have always enjoyed writing and the Harry Potter books have always been my favourite books. I have been enjoying reading since I was 5 and I have been getting more intellectual at it. I now also enjoy reading Dan Brown novels and I also like Lorelei Mathias novel, Step On It Cupid. I also love the works of Elizabeth Laird, Keith Gray, Louise Rennison and Tom Pow.

# A Cracked Heart

A hairline fracture run through your heart,  
You take a gasp before the ache starts,  
Inside it throbs in time with your tears,  
Your face feels wet and your thoughts are unclear,  
You clutch at your chest, you sob out your pain,  
You try to stay calm but it's far too much strain,  
Take deep breaths but your hurt is too strong,  
You thought he was right but you turned out wrong,  
Too much going on inside your head,  
Trying to figure out what you did or you said,  
That caused so much anguish to befall your life,  
But every thought just twists the knife,  
That sits snugly in the centre of your heart,  
An invisible weapon that tears you apart,  
A fracture is better than a break, you see,  
But you care to stand and disagree,  
A break can be supported right from the start,  
But nothing can be done for your cracked open heart...

Amber Millar

## And Just Because...

Just because she comes off strong,  
That doesn't mean she doesn't cry herself to sleep,  
Just because she says nothing's wrong,  
That doesn't mean she's OK,  
Can't you see she's lying through her back teeth?  
If only you saw her,  
Cracks in the pavement are just reminders that no matter how strong you are,  
Everything falls apart,  
Just because...

Amber Millar

# Apologise

It's too late to apologise,  
Wow, you're sorry,  
That solved absolutely nothing,  
You caused too much pain to be forgiven,  
You can't just expect me to forgive you after all of this,  
You can go and grovel somewhere else,  
I don't need this,  
You can't just go for years and then reappear and expect me not to care,  
I've grown up,  
You missed your chance,  
It's come and gone,  
I'm not your little girl anymore,  
I know what you are,  
I know what you've done,  
I'm sorry,  
You're miles too late,  
It's too late to apologise...

Amber Millar

# Behind Those Eyes

You smile and you giggle,  
And you say everything just right,  
Every joke and every laugh,  
You're always right on cue,  
So full of fun and larger than life,  
But I can see it, right behind your eyes,

Your beauty is a mask,  
A self conscious smile flutters,  
On those pretty little lips,  
Your confidence comes across so strong,  
You're the proudest in the room,  
But I can see it, right behind your eyes,

That quick witted remark stings,  
The look of scorn you give burns,  
Every insult and every dismissal,  
Every look of loathing, every nasty smirk,  
You're the one who cannot stand me,  
But I can see it, right behind your eyes,

I stand and watch you from a corner,  
I see all those smiles, all those laughs,  
All that brightness and all that beauty,  
Can heard those nasty words and hateful hints,  
Can see those glares and ashamed frowns,  
But I can see it, right behind your eyes,

Right behind your eyes...  
You just need a friend.

I will always be here.

Amber Millar

# Cry Myself To Sleep

Cry myself to sleep,  
Nearly every night,  
Smudges on my pillow,  
No one's listening,  
No one's caring anymore,  
All because of her,  
My best friend,  
The one I thought I could count on always,  
The one who always made me laugh,  
Who gave me hugs,  
Who laughed at my jokes,  
And listened when I ramble on about the same old rubbish,  
Who could look me in the eye and tell me that she would always be there for me,

Always and forever,  
But she broke her promise,  
Now I can see her eyes that the bond is gone,  
So short-lived,  
Such good times,  
In the past,  
But the future seems bleak and dull without her,  
The colour in my life,  
Gone,  
I'm all alone now,  
And I'll cry myself to sleep again,  
With smudges on my pillow,  
With tears running down my face,  
So lonely,  
So alone.

Amber Millar

# Did You Know?

Did you know,  
That when I sleep at night,  
I wake in a cold sweat,  
After seeing your face?

Did you know,  
That when I hear our song,  
I cry another thousand tears,  
Because it reminds me of you?

Did you know,  
That when I smell your scent,  
My chest aches,  
Because it brings you straight back?

Did you know,  
That when I walk into my room,  
My legs crumple beneath me,  
Because of where you have been?

Did you know,  
That when I wake up every morning,  
I regret just being here,  
Because of what you did?

Did you know,  
That every second I am breathing,  
I am hurting,  
Because I miss you?

Amber Millar

# Every Fire Comes From Somewhere

Every fire starts with a spark,  
And every spark starts with a kiss,  
We lit the sky up with our sparks that night,  
Filled the air with those forbidden kisses,  
Our secrets, our moments,  
Every brush, every touch,  
I cannot forget, however I try,  
Every grazing of hands,  
Every gaze full of pain,  
I hurt that night,  
But I could not stop,  
Because it is how I get by,  
Playing the game,  
Losing my dignity,  
Dealing with pain,  
I feel weak now,  
I wonder if you do too,  
But I know, deep down, the answer to that,  
You don't feel weak.  
You feel strong,  
Well, you should,  
You call the shots,  
And I am on my knees,  
You scream 'Jump'  
I ask how high,  
I do whatever you wish,  
And you reap the rewards,  
Every fire comes from somewhere,  
And I am the only one burning.

Amber Millar

# Fallen Angel

Fallen angel,  
All alone,  
Crying in the darkness,  
With no one to wipe away her tears,  
No one to listen,  
No one to care,  
No one to tell her everything's going to be alright,  
'Cause everything's not going to be alright,  
And she's still crying in the dark,  
Waiting for someone to come and make it all better,  
Someone who's never going to come...

Amber Millar

# Fine Valentine's Eve

As I lay here, hugging my pillow,  
I find it hard to conceive,  
Tonight is one of speciality,  
It's a fine Valentine's Eve,

A few bumps and a couple of scratches,  
Are the product of my day,  
I don't have to get my heart back,  
Because I never gave it away,

In my head, I hear the tinkling of glasses,  
The pour of expensive champagne,  
I know they're out having fun somewhere,  
While I sit alone and nurse my pain,

As I lay here in the darkness,  
Waiting for sleep to come,  
Thinking about the man I love,  
My one and only one,

As I lay here in the darkness,  
Waiting for dawn to break,  
My heart is already hurting,  
From this mistake I had to make,

I didnt want to love him,  
I tried to stop and turn away,  
But his big blue eyes they weakened me,  
And now alone here I still lay,

As I lay here, tears soaking my pillow,  
It's so very hard to conceive,  
Tonight is one of speciality,  
It's a fine Valentines' Eve...

Written on 14/02/08

Amber Millar

# Forget It

My heart's beating fit to bust,  
My palms are sweating and my stomachs in knots,  
His voice is filling my ears and I want to cry,  
He's everything I could ever hope for,  
But he'll never be mine,  
I fought my feelings for so long,  
Denying them, trying to forget,  
But nothing worked,  
Whenever she talks about him,  
I just want to cry,  
Please, I just want to forget,  
Let me forget,  
Let me get on with my life without regretting every second,  
I wanted him so bad,  
I want him so bad,  
But he'll never even know,  
Just...  
Oh, forget it,  
If you let me fall for him in the first place, God,  
I can't trust you to let me move on,  
No, I'll just have to carry on,  
Holding in the tears when i see his face,  
never being able to forget...

Amber Millar

# Forget Me Not, Forget Me Never

Forget me not,  
Forget me never,  
That's all I ask,  
I'll love you forever,

You smiled at me,  
And looked me up and down,  
I felt like I was floating in the sea,  
And this aching would make me drown,

It was all I could do,  
Not to grab you tight,  
And race you to the door,  
Out into the light,

We'd have run into the distance,  
Running as far as the sun,  
And we'd never stop until we'd escaped,  
Run, baby, run,

We'd have kissed in the moonlight,  
We'd have declared our undying love,  
We'd have held each other tightly,  
Love flying like a dove,

I shake from my fantasy,  
And you're still smiling at me,  
Looking slightly curiously,  
Wondering what my thoughts could be,

Forget me not,  
Forget me never,  
That's all I ask,  
I'll love you forever...

Amber Millar

# From Where I'M Stood

It feels like a million different voices are talking,  
All at once,  
And I can't really hear what's being said,  
Can't translate the meaning,  
That's what it's like,  
From where I'm stood,

It feels like I'm the only person in the whole room,  
When it's packed right to the brim,  
Like all the noise and laughter,  
Is really only my imagination,  
That's what it's like,  
From where I'm stood,

I feel like I want to run and run,  
From the walls closing in,  
But I can't quite move,  
With these limbs filled with lead,  
That's what it's like,  
From where I'm stood,

These tears streaking down my face,  
I didn't even know they were there,  
Until it was too late,  
People are looking but nobody cares,  
That's what it's like,  
From where I'm stood,

The spotlight's on me,  
Everyone's staring,  
I flush scarlet and run from the room,  
From people's prying eyes,  
That's what it's like,  
From where I'm stood,

I ran away,  
But only far enough for you to miss me,  
And come and find me,  
But you didn't even try,

That's what it's like,  
From where I'm stood,

Crying alone,  
Scared, confused,  
A knock at the door,  
You've finally come, my ray of hope,  
That's what it's like,  
From where I'm stood,

Tears are gone,  
Smiles replace them,  
It's you, it's you,  
You've saved me again,  
That's what it's been like,  
From where I've been stood...

Amber Millar

# Hate You, Love You

I love you but that doesn't mean I can't hate you too,  
You turn my world upside down and you wreck my life,  
But I can't help but love your smile,  
And your voice, your laugh,  
You smile that cunning smile and I know you'll do it again,  
But when you do, I just let it slide,  
Can't you just learn that one day I'll snap and I won't let you walk all over me,  
Every time you give me the puppy dog eyes,  
The guard comes down,  
I say that it's your last chance,  
For the millionth time,  
I let you in and tell you what I'm thinking,  
Then you just go and hurt me again,  
I know you'll do it again,  
But I trust you not to,  
You've betrayed that trust too many times,  
This really is the last chance...

Until you give me the look,  
With the tear-filled blue eyes,  
And I give in to you,  
It'll be OK this time, I tell myself,  
Who am I kidding? ,  
But the people who know just stand and watch,  
As I fall apart,  
And scramble in the dust for the broken pieces of my heart,  
Why do you do this every time?

For my friend Rose Russell, who has had too many chances and this really is the very last one.

Amber Millar

# Heart-Stopping

My heart's jumping, pumping hard,  
It's got a life of its own,  
Flying, bouncing,  
Making my chest hurt,  
So fast, so hard,  
I want it to stop,  
My hands are moving,  
Can't keep still,  
Legs are crossing and kicking,  
I'm restless, energised,  
He's just so good,  
So gorgeous,  
I want him so much,  
I just wish my love was heart-stopping....

Amber Millar

# How Can You Sleep At Night?

How can you sleep at night?  
Knowing what you did,  
Knowing the flesh you opened,  
The heart's that broken,  
The tears I cried,  
The part of me that died,  
You know it all,  
Deep down in your heart,  
How do you sleep at night?  
Knowing that you've hurt me.

Amber Millar

# How I Feel

I don't really know how I feel,  
I'm confused,  
I'm scared,  
I'm unbelievably in love,  
He makes me feel like I could float to the clouds,  
I have mixed up feelings,  
And mixed up faces,  
Everything's a blur,  
Everything's moving so fast,  
But I know I'm standing still,  
I feel like I'm still breathing,  
But I'm suffocating,  
I just don't know why,  
I want to make sense of how I feel,  
How the hell do I feel?

Amber Millar

# I Could

I could move mountains,  
I could cross the sea,  
But nothing will change,  
The way you feel about me.

I could walk on water,  
I could fly through the air,  
But nothing will make you love me,  
Nothing will make you care.

I could kiss the heavens,  
I could touch the sky,  
But nothing will make you love me,  
Even when you make me cry.

I could perform miracles,  
I could do anything, its true,  
But nothing will make you love me,  
Half as much as I love you.

Amber Millar

# I Don'T Feel Alone

I don't feel alone anymore,  
The part of me that was missing has been replaced,  
I'm not the same as I was before,  
I'm much, much better,  
When my life came cascading down around me,  
I had to put it back together all by myself,  
And now I have pillars to keep it up,  
Strong, defensive pillars who stand guard around me,  
I have wings to make me fly,  
I have a soul that's smiling,  
I have a heart that's revelling in laughter,  
I have a smile that never leaves my mouth,  
The piece of me that I lost is gone,  
But, in it's place, I have found something better,  
Something that keeps my soul smiling,  
Something that keeps my heart laughing,  
Something that sticky-tapes my smile up,  
I have found the thing I've been missing for so long,  
I have found friends with hearts of gold,  
I have found friends with laughter like wind chimes,  
I have found friends who love me exactly how I am,  
I don't need to feel alone anymore,  
I've got a constant reminder of the person I am,  
I don't feel alone anymore,  
My life is complete....

Dedicated to my best friends Jess and Sarah, who found me in the nick of time and have made my life the best that it has ever been.&#9829;

Amber Millar

# I Guess I Was Wrong

Love doesn't differentiate between what's right and wrong,  
I can only do what makes me strong,  
I try to think with my heart, not my head,  
But I always think with my head instead,  
I try to see things as they stand,  
But I found that black and white is just too bland,  
Please make your way to the very front row,  
To watch as I struggle and fail to let you go,  
Every glance from you is like a stab in the heart,  
Every smile from you takes me back to the start,  
I don't think with my heart but I love just as much,  
As anyone can when their life has been touched,  
By someone as great but as hurtful as you,  
As you turned away, clueless, my love only grew,  
I have to do what makes me strong,  
I thought you were right but I guess I was wrong...

Amber Millar

# I Missed You

I missed you last night,  
I missed how your breath feels on my neck,  
I missed how your lips feel on my cheek,  
I missed how your fingers interlink with mine,  
I missed how your voice sounds in the dark,  
I missed how your laugh sounds in my ear,  
I missed how your body feels pressed into mine,  
I missed everything about you,  
Every last detail of how you move,  
How you breathe,  
How you speak and how you laugh,  
How you smile,  
And how your eyes tell a story,  
But then I thought of the pain in my life,  
Of the weight in my chest,  
Of the mess in my head,  
Of your burning touches,  
That left scars upon my heart,  
Of your forbidden kisses,  
That left tears in their wake,  
Of your beautiful eyes,  
That told me a thousand lies,  
And then I did not miss you.

Amber Millar

# I Never Meant To Do This

I never meant to do this,  
I'm sorry,  
I never meant to fall for you,  
I'm sorry,  
You don't get it,  
I know you don't,  
That shirt you were wearing,  
Just yesterday,  
Was really cool,  
I wanted to ask you were you got it,  
But I was didn't have the courage,  
I always wonder what you're listening to when you have your earphones in,  
But I'm always too scared to ask,  
You always stare at me,  
It messes with me,  
You know that?  
Everytime your eyes meet mine,  
Everytime you smile that gorgeous smile,  
All the walls I put up crumble,  
All the defences I assembled shatter,  
Everything I put into locking you out,  
Falls and you walk straight in,  
Straight into my heart,  
Could you stop shaking your hair like that?  
Could you stop rolling your sleeves up when you work?  
Could you stop laughing so loudly when I'm in the next room?  
Could you stop walking past me?  
Could you stop staring at me all the time?  
Could you, please, just let me go?

I love you,  
But you just don't understand,  
I never meant for this to happen,  
I never meant to do this,  
But, somehow, I still did...

Amber Millar

# I Still Love You

You annoy me like I never thought you could,  
My anger bubbles when you come near,  
Your voice grates on my nerves so much,  
But I still love you.

I want to yell in your face,  
I want to scream for you to go away,  
I want to hit out at you and hurt you,  
But I still love you.

You're so imperfect,  
Your flaws make me angry,  
Your blemishes make me hate you,  
But I still love you.

You mess up my head so much,  
You jumble up everything till I can't speak,  
You make it so hard for me to think,  
But I still love you.

You hurt me like no one else can,  
You make my heart hurt with a simple glance,  
You make my head ache with just a smile,  
But, despite all this, I still love you...

Amber Millar

# In My Hands

Yes, I care what you think,  
I always have, always will,  
I make an impression but I always fall short,  
I could be so much more,  
More for you, more to you,  
If I just pushed a little further,  
Just worked a little harder,  
Maybe everything would be different,  
It could have been better, could have been worse,  
Maybe I was wrong to force myself into a box,  
Maybe I was right to make myself better,  
This is the only thing we have left,  
The only truth in all the lies,  
The statement amongst all the secrets,  
I can wish and wish that things were different,  
But this is my life and it will happen however it happens,  
I could let you take control,  
But this is in my hands now...

Amber Millar

# Invisible

I try to be invisible,  
Because if I'm invisible then no one can see my tears,  
No one can see me when I fall to pieces,  
If I was invisible, I could break down and no one would see,  
If I could melt into the darkness like smoke,  
Then I wouldn't have to make them understand,  
If I could disappear, no one would remember,  
I'd just be a voice they recognise but can't quite place,  
I'd be the person they knew, not a person they know,  
I cry in the rain so no one sees,  
That's the closest I can get to being invisible right now,  
But I'll try,  
I want to slowly fade away until you can see through my skin,  
Through my flesh, skin and bone,  
Let me fade away.

Amber Millar

# It's Time To Let Go

It's time to let go now,  
To release this breaking line,  
The only thing connecting us,  
Just because I've let go the pain won't stop,  
It won't cease,  
No matter how hard I try,  
Begging, pleading for you to come back,  
Dreaming of the day when I will be home again,  
Not in my house,  
My home,  
I am at home when I am in your arms,  
But you are not coming back,  
You have left me here without a goodbye,  
I realise now that it is time to let this go.

Amber Millar

# Just Walk By

I loved you,  
More than the sun, moon and stars,  
More than the world,  
More than life itself,  
I would have done anything for you,  
Given everything,  
Done anything,  
But it was never enough,  
I could have held the world in my palm,  
And it wouldn't have been enough,  
I could have taken a star straight out of the sky and laid it at your feet,  
And it still would never have sufficed good enough,  
Now I'm stood here,  
Listening to your footsteps die away,  
Hoping you'll change your mind,  
Hoping you'll come back and sweep me off my feet,  
And take me home,  
Wipe my tears,  
But you aren't coming back anymore,  
I blew it,  
It's gone,  
And I'm holding back the tears,  
I feel as if I'm going to explode,  
Someone asks if I'm OK,  
I say,  
'It's ok.'  
They say, 'Are you sure? '  
'Yeah, I'll be fine.'  
But the truth is,  
I'm still holding on to the possibility you might come back,  
The chance that you might realise you made a mistake,  
But you're not coming back,  
And I just let you walk by.

Amber Millar

# Life

Life isn't about doing what other people want,  
Just be who you want to be,  
Not what others want to see,  
You have three choices,  
Give up, give in or give it your all,  
So don't stand around waiting for all the bad things to go away,  
If you fall down get back up,  
If you make a mistake, just move on,  
Life is more than just doing everything right,  
It's about living for the moments that really count,  
Don't wait for the storm to pass,  
Keep smiling through the rain,  
Laugh your heart out, dance in the rain,  
Cherish the memories, ignore the pain,  
Love and learn, forget and forgive,  
Because you have to remember, you only have one life to live.

Amber Millar

# Little Angel

Little angel,  
If you're looking down on us,  
We all miss you,  
Shine your light down upon our lives,  
Illuminate the sky with your lovely smile,  
Spread your feathery wings and soar over the horizon,  
Let us all know that you're still here,  
Maybe not in person,  
But always in spirit,  
We'll cherish your memory forever,  
Locked, safe, in our hearts,  
As you close your eyes,  
To slumber in this new paradise,  
Remember, we love you,  
Sleep tight in heaven, little one.

For Stephanie Hammacott, the 9 year old girl who died in the Plymouth house explosion. She was loved by all who knew her. Miss you Steph, you were such a lovely little girl! R.I.P little angel...x

Amber Millar

# Little Angel Bunny

Little Angel Bunny,  
Fly into the sky,  
With your invisible wings,  
High above the clouds,  
Swoop like a bird,  
And see the real angels,  
Singing Gods' praises,  
But always return home,  
To your warm hutch,  
And your loving owner,  
Who loves you so much.

Amber Millar

# Little Glass World

You say that it's ok,  
That's it's all just a phase,  
That it'll go away,  
In this little glass case,

In this little glass world,  
Stainless steel and clean,  
They say it doesn't hurt,  
But they don't know what it means,

On show for the world to see,  
Never being able to hide,  
Wanting to run and run,  
But the world's far too wide,

They say they love me,  
They say they care,  
But if they did,  
Why do they stare?

I'm hanging on,  
An open book,  
Don't want to be read,  
Why do they look?

I want to stay closed,  
Shut, hidden, unable to see,  
In this little glass cage,  
Why don't they let me be?

In this little glass world,  
Stainless steel and clean,  
They say it doesn't hurt,  
But they don't know what it means...

This is for the people that just don't care about me and I feel like I'm under a magnifying glass.



# Look Right Through Me

Go on, just look right through me,  
Like I'm not here,  
The more you look, the harder you find it to see,  
So stop looking,  
Give up,  
And I'll appear,  
I'll be a little light in the corner of your eye,  
I'll grow and grow,  
And you'll finally see me,  
The tear stained cheeks,  
The ruffled hair,  
The pouting lips,  
But, most of all, the sorrowful, deep eyes,  
You'll see me at my worst,  
But you can make me my best,  
I cried because you ignored me like I wasn't there,  
But, if you could see, I'd hate it,  
So carry on looking,  
You'll never find,  
I'm too ashamed of my tears,  
Look and look and...look.

Amber Millar

# Loser Girl

Sat alone in a corner,  
Not quite being anyone,  
Watching from the shadows,  
Hidden from the sun,

The time crawling past,  
As her lips stay tightly closed,  
For fear that if she speaks,  
Her opinions will be opposed,

She's just the loser girl,  
The loner girl,  
Who never says her part,  
The loser girl,  
The loner girl,  
The girl with a broken heart,

No one approaches her,  
She just doesn't fit,  
The spark in her is gone,  
The candle that won't be lit,

Things happened long ago,  
That she'll never forgive,  
Someone broke her apart,  
Now she's terrified to live,

She's just the loser girl,  
The loner girl,  
Who never says her part,  
The loser girl,  
The loner girl,  
The girl with a broken heart,

I'm just the loser girl,  
The loner girl,  
Who never says her part,  
I'm the the loser girl,  
The loner girl,

I'm the girl with a broken heart...

This song is for the girls who pushed away and now I'm fast becoming the loser girl. Thanks a lot. I'll never be the same again.

Amber Millar

# Mask The Pain

I've masked the pain for so long now,  
No one sees through my act,  
That's all it is,  
It's a one man show,  
And I'm the best actress you could possibly find,  
I let the tale unfold and I play the part with humour,  
But the story everyone sees is make believe,  
It's what I choose for them to see,  
You must understand,  
That the story is all I have left to give,  
If it was not for that one tiny last grace,  
I would not be this person I seem to be,  
I would be a recluse, a wreckage,  
I wouldn't be the Beauty,  
I'd be the Beast,  
I would live my mistakes,  
I would be my mistakes,  
I would live as a monster,  
Not a person,  
It's easier to make you believe,  
Than you think it is,  
It's easier to make you believe,  
Then you don't have to see what you won't want to,  
I bow out gracefully,  
From my day pretending,  
And lay thinking of all the things I lied about,  
All the things I didn't say,  
All the things I didn't do,  
All the things I didn't think,  
For once, my mask slips,  
But no one's there to see it,  
This show hasn't finished, though,  
This performance is for ever,  
And this actress never stops acting...

Amber Millar

# Memoirs Of A Girl

These are my memoirs,  
Laughing until it hurts,  
Crying until there's no tears left,  
Screaming until my throat is sore,  
Smiling until my mouth aches,  
Hearing that song on the radio,  
And tears welling in my eyes,  
Hearing their giggles in my ears,  
And a smile appearing on my face,  
Pleading for help, when I'm lost in the dark,  
Reaching out a hand to a desperate friend,  
Crying alone, locked in by my grief,  
Hugging the soft folds of her jumper,  
Feeling so desperately lonely,  
Sensing warm fingers interlock with mine,  
Missing them like losing a limb,  
Laughing with them like they were never gone,  
These are the memoirs of a girl,  
Just a girl,  
Nothing more,  
Nothing less,  
No one special,  
Someone unique,  
With parts missing,  
But they make me a whole,  
Memoirs of a girl...

Amber Millar

# Memories Of The Good Old Days

Nee-naw, nee-naw,  
The ambulance whizzing past,  
Nee-naw, nee-naw,  
Another life defiled,

Sniffing, sobbing,  
I cry hysterically,  
Sniffing, sobbing,  
How I wish I could stop,

Fast forward, slow down,  
I'm back where I started,  
Fast forward, slow down,  
I'm not where I wanted,

Hiding, shrouded,  
Just make it all stop,  
Hiding, shrouded,  
Make it all go away,

Punching, screaming,  
I hate him so so much,  
Punching, screaming,  
How I wish I didn't love,

Sighing, hurting,  
This isn't what I planned,  
Sighing, hurting,  
It's never what I planned,  
All alone again,  
Trying to move on,  
All alone again,  
But I can't let go,

Memories of the good old days,  
Slowly fade away,  
Memories of the good old days,  
It's all gone away...



# Not Anymore

I am not going to listen anymore,  
To all the hatred and lies,  
I am not going to look anymore,  
At your sickly smiling face,  
Not anymore am I going to fall into the trap,  
Not anymore.

I am not going to smile with you anymore,  
Or joke with you about things,  
I am not going to be your friend anymore,  
Or be your little toy,  
Not anymore am I going to try and please you,  
Not anymore.

I am not going to be your barrier,  
To the rest of the big, bad world,  
I am not going to see the world you see,  
Not anymore am I going to try to be you,  
Not anymore.

Amber Millar

# Nothing Special

I'm nothing special,  
Just another face,  
Just another person that cries,  
Hates, loves more than anything,  
I'm simply ordinary,  
Not worth bleeding over,  
Not worth caring for,  
Not worth loving,  
Not worth all the anxiety,  
All the hurt,  
All the hate,  
All the pain,  
I'm not quite worth that,  
Never worth it,  
My civil blood makes their civil hands unclean,  
My civil tears makes their civil minds diseased,  
Nothing special,  
Well, not anymore...

Amber Millar

# One Day, I Changed

I used to be different,  
Not happy, not sad,  
I went through my stage of loneliness,  
Then the happiness,  
After that, I grieved her death for months,  
But the other day I woke up... changed,  
I knew that I'd finally made it through,  
The pain and sadness behind me,  
A long road ahead,  
It's gonna be hard to stay on track,  
But I'm gonna do it,  
I'm gonna make it to the end,  
he helped me see,  
that I don't have to be sad,  
I love too,  
She helped me through,  
he helped me too,  
They all did,  
In their very own way,  
I made it through,  
One day, I just changed...

For my bestest mate, Emily and the love of my life, George... x

Amber Millar

# One Or The Other

I recently discovered a choice,  
An ultimatum of sorts, I suppose,  
It's my prerogative, I have to decide,  
Whether I want beauty or brains,  
I can't have both,  
I chose brains,  
I don't want to die alone,  
But I'd rather have knowledge than a head filled with sawdust,  
I want the one I love to see that I'm good enough,  
But, for him, beauty's only skin deep,  
You have to have a beautiful face,  
And a figure like Pamela Anderson,  
To even be considered,  
So I'll die alone,  
Hugging a book,  
Quoting Shakespeare,  
'To be or not to be? That is the question, '  
We were not to be,  
I answered my own question,  
In my life, it's books not boys,  
And that's the way it'll stay,  
Brains not beauty,  
One or the other...

Amber Millar

# One Tear Left To Cry

There is always one tear left to cry,  
One tear left to fall,  
That cuts me up inside and just causes more tears,  
There is always someone there to tell you it's gonna be alright,  
But what do they know? ,  
They aren't me and they aren't inside my head,  
If they could see what I was thinking,  
Could they still say they know me?  
I'm a fighter but this battle finished me,  
I don't wanna fight anymore,  
I wanna give up and let someone else feel the pain,  
I loved him more than the world, the sky and the stars,  
I would have soared to the moon and back for his love,  
I would have held the sun in my palm if he had just stayed,  
I would have climbed the highest mountain and kissed the stars if he had just understood,  
But he didn't and now I am alone,  
Crying that one last tear,  
One more tear to cry.

Amber Millar

# Perfect Girl

I am not a perfect girl,  
I don't walk like I have a rod in my back,  
I don't dress like a princess,  
Or talk with a posh accent,  
I don't have a long fancy name like Esmeralda Jocasta Williams-Moore,  
I am plain old Amber Louise Millar,  
Who makes her friends laugh,  
And goes camping,  
I am not afraid to laugh at myself,  
And have a joke,  
I am me,  
And I am far from perfect.

Amber Millar

# Presence In The Night

I feel a presence in the night,  
An eerie creeping around the room,  
A tiptoe hopping silently past my face,  
I am alert and scared,  
I can't speak because my throat is too dry,  
I can barely breathe,  
Then swift hands pull from beneath my bed sheets,  
I can't remember anymore,  
Just the presence in the night.

Amber Millar

# Rockstar

I wanna be a rockstar,  
Wanna have money that I can roll in,  
I wanna spend, spend, spend til I drop  
I want my own private jet that flys so fast,  
I want my own mansion in Beverley Hills,  
I want my handprints in Hollywood,  
I want my face in the papers every day,  
I want to be adored, loved, treasured,  
Wanna be loved for spending money,  
And singing a few tunes,  
I wanna be famous,  
Want Bill Gates to fell honoured to meet me,  
I want to hang out in the coolest bars,  
Meet anyone who's anyone,  
Be best friends with Paris Hilton and Lindsay Lohan,  
I wanna be a rockstar...

Rockstar?  
Rockstar?  
In my dreams...

Amber Millar

# Running Through Those Veins

Merged in with my scarlet blood,  
A thick, black poison seeps silently to the tips of my fingers,  
To the creases in my hair and the bruises on my knees,  
This lethal mixture makes me feel broken,  
Lost, scared,  
I don't want to touch it,  
Feel it anymore,  
But it's still there,  
Slowly eating away at my heart,  
And he makes it multiply,  
Grow,  
I want to lose it,  
But it's part of me now,  
Like a growth that feeds on my despair,  
Like a sky at night that swallows all light,  
He's part of me now,  
Whether I like it or not,  
I just don't want to have this poison under my skin,  
Making my hair stand on end,  
My knees buckle,  
My palms sweat,  
It's taking over,  
It's taken over,  
Black blood, poisoned blood,  
Blood merged with unrequited love...

Amber Millar

# Save Your Breath

Don't tell me you're sorry,  
Because I don't believe a word,  
Don't tell me you love me,  
Because it will go unheard,  
Don't tell me you need me,  
Because it's just a lie,  
Don't tell me you're hurting too,  
Because we're both getting by,  
Don't tell me you didn't mean it,  
Because we both know you do,  
Don't tell me you still care, darling,  
Because we both know it's through,  
Don't ask me for another chance,  
Because you've had them all,  
Don't ask me to take care of myself,  
Because I think I just hit another wall,  
Don't give me all those reasons,  
Because I know what you really mean,  
Don't get so defensive, sweetheart,  
Because I'm just wiping this slate clean,  
Don't call me a hypocrite,  
Because we both know you're the same,  
Don't try and make me guilty,  
Because we both know you're to blame,  
Don't give me any more dishonesty, baby,  
Because I am truly sick to death,  
I don't need you to tell me anymore,  
Sweetheart... save your breath.

Amber Millar

# She Rocks

Amber gets picked on alot  
But people are jealous  
People are brainless  
She rocks too much for people to understand  
She loves  
She cares  
She keeps her feelings inside  
But now people need to know  
You hurt her  
You picked on her but never actually knew her  
With blue eyes and brown hair  
Shes beautiful in every way  
Amber ROX! And you people that hate here you are brainless.  
She thinks she has no friends  
But she has me, rachel, ellie, claire!  
The rest of you GET lost you brainless people  
Cus Amber Millar ROX!

By Katie Thorn

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Amber Millar

# Shining Star

You are my shining star,  
My pale slither of light,  
In the darkness that surrounds,  
My one and only glow in the constant blackness,  
My guardian angel in human form,  
My only shining star.

Amber Millar

# The Freak

It's constant, every-day abuse,  
Names and looks and spiteful laughter,  
Who cares about me?  
I'm just the freak,

It's relentless, daily bullying,  
Swift kicks and sly comments and cruel snarls,  
Who cares about me?  
I'm the just the freak,

Never-ending, ever painful,  
It's time for this to stop,  
But how can I change this?  
I'm just the freak,

So I make a run for it,  
I bolt away from all the mess,  
Hiding alone in my special place,  
'Cause I'm just the freak,

No one notices I'm here,  
Amongst the bustle of the crowds,  
I'm invisible to thier ignorant eyes,  
Well, I am just the freak....

Amber Millar

# The Prettiest Girl

I don't want this to sound cliché,  
Or even like a love song,  
But you always say you're ugly,  
And I just think that you're wrong,

You've got really lovely eyes,  
And a freckly pixie face,  
A lovely, cheeky little smile,  
That's never out of place,

You bounce around and make me smile,  
Your laugh is a beautiful noise,  
You smell just like pretty perfume,  
And you're always full of joy,

I know sometimes things get tough,  
And your gorgeous eyes get sad,  
But I'll always be here, through it all,  
Even if times gets really bad,

You'll always be a pretty girl,  
Right until the end,  
The prettiest thing about you, though,  
Is that you're just a fantastic friend (:

Amber Millar

# The Stars Are Lighting Up For You

The stars are lighting up for you,  
But you don't even care,  
I'm singing all my songs for you,  
But you're hardly even there,

My life is full of sleepless nights,  
Haunted by that could-have-been,  
I stare up at the ceiling,  
And feel your touch against my skin,

I remember every single kiss,  
And every single word,  
Those kisses seem so bitter now,  
And those promises seem absurd,

Your lies taste sour on my tongue,  
But I swallowed them all the same,  
All I wanted was to believe,  
That it wasn't just a game,

I'd shout it from the rooftops,  
I'd make sure everyone knew,  
I'd write 'I love you' in the clouds,  
If you only loved me too,

I realise now that it's all a joke,  
I got caught up way too fast,  
The best times I can remember,  
I should have known it wouldn't last,

I'm lighting up those stars for you,  
But you don't even care,  
I'm screaming all my songs for you,  
And you're not even there...

</3

Amber Millar

## The Sun Sets On Another Beautiful Day. 3

the sun sets on another beautiful day,  
and the fire in my heart burns bright,  
the stars come out to play,  
and i wish on every single one that,  
you will stay with me.

the sun sets on another beautiful day,  
and the smile on my face shines happiness,  
the moon comes out to play,  
and i ask him to listen and make,  
you stay with me.

the sun sets on another beautiful day,  
and the skip in my step is ever present,  
the dark night sky comes out to play,  
and i talk to the darkness, just hoping,  
you will stay with me.

the sun sets on another beautiful day,  
and i close my eyes on it,  
the night time floating around me,  
and i slip into a beautiful dream, knowing,  
you will stay with me.

<3

Amber Millar

# This Is My Oblivion

This is my oblivion,  
This is the moment before time stops,  
This is my forever,  
My last moment to shine,  
I'll scream it from the rooftops,  
That one last secret,  
That one last burden,  
I'll yell it until it's gone,  
Until its echo is just a whistle in the wind,  
Until every single dropp of pain in my heart,  
Is seeping into the horizon,  
Until every last word is out,  
Etching a path across the air,  
Until those final tears float away,  
Like a helium balloon into the sky,  
And then I shall fade away,  
No longer tethered to the world,  
No longer held here by a force unknown,  
No longer weighed down by my misery,  
I shall fade into dust,  
Into grains smaller than sand,  
And I shall fly away,  
Finally free from that one tiny truth,  
That has been so easy to keep,  
And so hard to say,  
Just those four words...

I STILL LOVE YOU.

And then...  
This is my oblivion.  
Come and watch me go.

Amber Millar

# This Love Is Killing Me

This torrent of love is pulling me downwards,  
Drowning all my good sense,  
I reach for your hand, hoping you'll help me,  
But what we had was just a pretense,

I look upwards and outwards, right through the storm,  
Yours is the hand that is holding me under,  
A tear in your eye and your touch oh-so-warm,  
Surrounded by the rain and the clap of the thunder,

But I forgive you, I forgive you,  
Please don't hurt me anymore,  
Just let me cry all my tears,  
And we'll settle the score,  
I'm not what you wanted,  
That's easy to see,  
Baby, take a look in my eyes,  
This love is killing me.

Amber Millar

# Untold Tale

This is the untold tale of my life,  
My real life,  
Behind the mask,  
The smiling faces and good grades,  
I'm just a silly little girl,  
Who doesn't really understand about anything,  
Well, that's what I am in their eyes,  
The real me does understand,  
I understand better than someone twice my age,  
I've thought things I shouldn't think,  
I've done things I shouldn't have done,  
I'm feeling things I shouldn't be feeling,  
I'm so confused,  
I'm sad but I'm happy,  
I'm so tired but I'm wide awake,  
I'm on auto pilot,  
Not concentrating,  
Saying the right things at the right time,  
But not really meaning it,  
I hide behind the black clothes,  
Hoping that no one will notice me,  
But they always do,  
I'm the girl in the class,  
Who always gives the right answer,  
And impresses the teacher,  
I just don't mean to do it,  
So, there we go,  
The untold tale of the untold girl...

Amber Millar

# Walk To The Ends Of The Earth

I would walk to the ends of the earth for you,  
Or with you if need be,  
Hold your hand as you plunge into reality,  
And when you are scared I will comfort you,  
And keep you safe from harm,  
In the worst of times, I will be there,  
As soon as you call my name,  
And I will be there until you want me to leave,  
I will be with you,  
Until you reach the ends of the earth.

Amber Millar

# Welcome To My Life

You never understand that I'm hurting,  
No one does,  
No one knows that I'm screaming inside,  
No one knows that inside I go over and over it in my head,  
If only I could actually cry,  
It would feel like a release,  
But, alas, I cannot,  
I do not want to burden other people with my problems,  
But they eat me up,  
I scream into my pillow,  
And screw up my eyes against the tears,  
Then I put on a big, cheesy fake smile,  
And force a laugh,  
Try to please everyone,  
But it always goes so so so wrong,  
I've messed up so many times,  
I apologise and apologise,  
But i forget what i'm apologising for,  
I need to let it out,  
My eyes start to sting,  
But I won't let it happen,  
So many times i've stopped it now,  
It is just my only reflex,  
I will not cry,  
I cannot cry,  
So if you ever feel like you're hurting inside,  
Or you just want to cry out,  
Than you will understand how I feel all the time,  
But for you it will get better,  
Someone will come and make it all alright again,  
Not for me though,  
I just have to grin and bear it,  
Welcome to my life,  
I hope you enjoy your stay...

Amber Millar

# Where The Devil Dwells

Under all the smiles,  
And fake, plastic exterior,  
Under all the laughs,  
And silly little jokes,  
Dig a little deeper,  
Beneath all the memories,  
Broken fragments of a half life,  
Past the burning grief,  
Mourning all the 'maybes' and 'could have beens',  
Further than anyone's ever been,  
Even myself,  
Look further than that,  
Deep, deep down,  
Past the things I'd thought I'd forgotten,  
And the memories I'd give anything to lose,  
Seek out my real heart,  
Under all the secrets and things I'll never say,  
That's where you'll find it,  
It's hotter than the sun,  
But colder than ice,  
Sharper than broken glass,  
Softer than a feather pillow,  
Harder than a rock,  
More delicate than hand-crafted crystal,  
The place that hides the real me,  
The girl, stripped bare,  
My dreams, hopes, ambitions,  
My fears, anger, sadness,  
Locked in a chest,  
Whose key was lost long ago,  
Maybe, you can find it for me,  
And open the cage,  
The unseen, unknown lair,  
The place where the Devil dwells.

Amber Millar

# Wishes

I make so many wishes,  
That she'd forgive and forget,  
That he'd realise what mistakes he's made,  
I need them to see,  
I make so many wishes,  
But they never come true,  
Ever.

Amber Millar

# Words Mean Nothing

Words mean nothing to me anymore,  
I need you to prove it,  
I need you to prove that you've gotten over it,  
You can say what you like,  
But I can still see the burning look of anger in your eyes,  
I didn't mean to hurt you, I really didn't,  
I got misguided, I know,  
But, come on, it's over now,  
The look you give me scares me to my bones,  
I can't look at you but I can't look away,  
You're angry and jealous,  
You're fed-up and a little upset,  
You don't tell me these things though,  
Words mean nothing to us anymore...

For my best friend Rose Russell, I know it's too late to turn back the clock but I don't want to lose you over this. My words mean nothing but the look in my eyes means I'm sorry.

Amber Millar

# You Are What I Need

You are what I need,  
So I can sleep at night,  
So I can be able to stand up and fight for I what believe,  
You give me the energy to get up in the morning,  
You keep me going when I am at the lowest of the low,  
When I feel like I just want to give up,  
I see your face and it doesn't seem so bad anymore,  
I need you so bad....

Amber Millar

# You Won'T Ever See Me Again

You won't ever see me again,  
I won't let you hurt me anymore,  
When you don't even know you're doing it,  
I made up your mind for you,  
When you didn't even now you had to make a decision,  
Now, get out of my head,  
Get out of my life,  
Get out of my heart,  
You chose her,  
I understand,  
It will get easier,  
In time,  
I will learn to understand your choice,  
But, you know, I could have been so much better,  
I would have made you so much happier,  
You would have been everything to me,  
But I would have never been everything to you,  
Life is as pitiful as a bird with a broken wing,  
But until you broke it, I was fine,  
I was healing,  
I would learned to move on,  
But you came along and ruined it,  
And I can't even ruin you,  
Because you won't ever see me again,  
If I see you in a crowd, I'll hide,  
If I see you in a shop, I'll walk away,  
If I see you in a dream, I'll wake up,  
If I see you at a party, I'll go home,  
I won't make you hurt like I did,  
I'll leave you to your little games,  
I'll see you,  
But you won't ever see me again...

Amber Millar

# You'LI Never Understand

You'll never understand,  
Because you don't want to,  
If you took the time to look inside,  
You'd see how many tears really pass through these eyes,  
How many times I've tried to scream for help and no one has heard,  
How much it hurts when you overlook me like I'm not good enough,  
And how I have to try not to fall apart,  
When nothing's right and everything's wrong,  
If you really looked,  
You'd see how much I really loved him,  
And how much I really miss him,  
How much I try to keep it together,  
When I'm consumed by grief,  
I really wish you'd try,  
Try, for heaven's sake,  
That's all I ask,  
If you saw the real me,  
You'd feel remorse,  
Because, between you,  
It's you that's made me like this,  
Twisted up inside,  
So so angry,  
And sad, too sad for words,  
A tear is sliding down my soft cheeks,  
I don't brush it away and try to compose myself,  
Why wipe my tears if I still want to cry?  
Why give up if I still want to try?  
So, I won't give up trying,  
Not quite yet,  
You've won the battle but you'll never win the war,  
I'll try and make you see,  
Make you see what you've turned me into,  
Only then will I be able to go on,  
Please understand,  
It's all I ask...

Amber Millar

# You'Re The Only One

You're the only one who makes my back tingle,  
Who sends shivers to the tips of my fingers,  
Who makes my stomach turn over and over,  
Who makes my heart feel like it's going to beat out of my chest,  
Who makes me want to cry at any moment because we'll never be,  
It's so unfair,  
You and your tarnished soul,  
Your imperfections that make you perfect,  
Oh, the only one...

Amber Millar