**Poetry Series** 

# Alvin Mingle - poems -



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### Alvin Mingle()

My name is Alvin Albert Okoe Mingle, born and raised in Accra, Ghana. I schooled in Achimota Secondary School where I took my GCE O & A Levels before proceeding to the United Kingdom. I undertook my tertiary education at the Loughborough University in Leicestershire and remained in the United Kingdom for most of my adult life.

My love for literature and poetry was kindled from infancy from reading with my mother. Teachers such as 'Ringo' have had a particular impact in my life and my love for the arts.



#### Expunged

Explain the Lofty attitude, Xylophones do not sound so Loud, Put away the tingling bells, Understand not all notes are the same, Not even when played together. Give to each one his own, End the play on a pleasant note, Deal with each other in Love and Kindness.

Alvin Mingle 30 Dec 2024



#### Retribution

Remain in your lane, Explain to no one. Time shall come and go Rest assured; all will know. Invest in the future, But acknowledge the past, Unless you have doubts. Time will always repay you, Interest up interest, Only the fair will know, Nothing lasts, and all will pass.

Alvin Mingle Nov 2024



#### Fear

They shall know fear Because I'm back, Those that stabbed me I will pay them back. Indescribable fear, Indescribable pain, Those that stabbed me I shall pay them back. Even as they walk, In this journey of life, Continue to look for me, Because I have come back.



#### **Endless Magic**

Two passing ships sailing in the night, They pause, and fleetingly stop, and carry on again. I thought of all the possibilities. The dreams and aspirations, What could have been, but never was, Then the rains came and stopped. And the sun begun to shine, The stars looked brighter, and twinkled like diamonds in the sky. I'm glad of the ships that passed in the night It opened my eyes to the endless magic Waiting in the wings of life.

Alvin Mingle 8 Oct 2024



#### The Butterfly

When you flapped your wings that day Little did you know, you just said come what may. The winds that blew that fateful day Ignited a flame, which burns today. That gentle soul sitting alone at the pool, Raised mighty winds, across many stools. Touching another lonely Soul One whom you never knew. So, flap your wings, gentle Butterfly. And let your bright light continue to shine. The gentle flame you set alight, Will continue to shine and burn abright.



#### Kaleidoscope

Every where I turn You see a different side of me Shades of Yellow, Blue, Pink and Grey They shimmer thru Each and every way So when you see one side of me Do not think that is all me Open your eyes and you will see All the colours within me



#### The Voice

She speaks to me With the voice of an Angel Words of wisdom A heart of courage The fear that engulfs me Fades away as a summer mist The winds of Terror That billow and rage Are wiped away; Let me listen to that voice of wisdom Let me feel that gentle touch That holds me dear and keeps me safe That voice with a gentle touch.



#### Dancing On My Grave

Day to Day the peace is shattered,

As your feet stamp on my grave,

The silence, once desired, is broken,

As you dance across the nave;

Why this solemn tune?

Why this endless song?

Even as you step all over my name,

REMEMBER;

It's because of you,

I remain the same.

Alvin Mingle 6 April 2020

Alvin Mingle

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#### The 2 Muses - Urania & Calliope

#### THE 2 MUSES

They held my hands when I was weak,

Calliope, the muse of Poetry and Eloquence; I shared my writings with;

Urania, with her diadem of stars and celestial globe; I always sat at her feet;

My sisters Aurore Urania and Calliope Hermione,

The names one hardly ever knew,

Took me under their wings of love,

And treated me as their own.

Aurore, the goddess of Dawn; The Mother to us all

Hermione, daughter of Zeus; The one I truly adore

These Angels on Earth,

Hard tasks to perform,

Draw strength from God,

Who takes care of us all.

by OkoB 26 June 2015

#### **Torrential Rain**

The rolling of Thunder The clapping of Lightning One eye opens and a tear drops A second eye opens and another tear drops Are these tears of joy or sorrow? As the rains begin to fall When the torrential rains end And wash the sands away I always wonder Whether they washed my sorrows away Torrential Rain come back and stay Keep my feet dancing, day after day

Okob May 24 2015



#### The Stallion And Its Master

They pace in majestically as they approach the field Helmut's and armor gleaming Tendons and muscles rippling As they march across the field the gaze of all descends As they break into a gallop Rider and Stallion become one At the point of ascent Inhibitions, beauty and confidence morph into one, warts and all Until the final descent Stallion taking instructions once again From its riding Master

(Okob) 23 May 2015

#### My Angel

Strolling along the sandy beach Warm winds blowing through her hair I hold her hand and gaze above and all I see is the halo around her head She is my Angel divine The one that leads me ashore When the storms rage And rivers overflow She carries me and takes me home When the storm clouds rise And the winds begin to blow She wraps me in her linen cloth then I know I'm home

Alvin Mingle Accra 23 May 2015



#### The Journey

It begins at dawn,

The palpable excitement as we ascend,

Banking left and banking right,

We rise & rise,

I close my eyes

I feel a gentle tap

A tall gentleman hovers over me.

I dream, I sleep

I suddenly feel

The impact of rubber on tarmac

The screeching of tyres

Sudden impact

I then realize

I'm Home.

Accra,18 January 2015

#### Don'T Cry

Do not cry for me

when the end draws nigh

I've lived my life

I've fought my fight

To some it may seem

a useless life

But I know in my heart

It was worth the fight

Alvin Mingle

(15th October 2014)

#### **Release Me**

Separate us from the cords that bind us together

Release us from the pains that we share

Restore unto me

My one and true self

The paths that we take

In many diverse ways

Intermingle and intertwine

But should that be the case?

Release me from the pains that I bear

So my mind can be free

For the rest of the world to see

(Accra, 3 July 2014)

#### Listen

I stand at the top and shout

But no one hears my cry

Although my words are clear and loud

My soul makes no sound

The burdens I bare

I only want to share

If only they would listen

They would hear me loud and clear

(Accra,19 June 2014)

Alvin Mingle

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#### Mighty Are You Lord

I sat beneath the clear blue skies

And gazed at the beauty of your works

The mountain heights

And the roll of the waves

Bear testimony to your great might

The green meadows

And the blue skies

Sing praises to your name

The rising sun

And the sparkling stars

Also do the same

Oh, how great are your works O' Lord Oh, how great are your works

(06 June 2014, Accra)

#### The Love Of A Daughter

You came into my life

At a time I needed you most

You counselled me

And made me believe

I could be whatever I wanted to be

Your impact in my life

Albeit so short

Will never be forgotten

Or never lost

My Father, my Teacher, my Mentor, my DAD,

I Thank YOU for all the joy you brought to my life

Although I hate to see you go

May your journey be peaceful

And your soul forever be at rest

(June 08,2014 Accra)

#### My Dear One

My confidant, my keeper, my friend How cruel can death be? Why have you taken him away from me so soon? When we met, you promised to be with me forever. You made me laugh, you made me smile, You touched my heart like no one could When you asked whether I could sleep alone when the time came, I answered flippantly, not knowing it would come so soon. Where are you my love? Where are you my love? This pain is too much to bear. My Dear One, I promise to keep your love in my heart forever I promise to keep your faith I promise to be the person you wanted me to be Till we meet again Adieu. (June 2014, Accra) Alvin Mingle

#### Where I Want To Be

The deep blue sea, Velvet, Mauve, Cucumber, Cream Held on the lawns of the Mount Nelson Tea, Tea, Earl Grey Tea Daffodils in bloom Is this where I want to be?

Sun, Moon, Birds, Flight Under the sky in Billabong Moon Taste of fine Roebuck; Steaks on the fire Orchids, Bougainvillia, Geraniums, Anthuriums Flowers in bloom Is this where I want to be?

Rain, Rain, torrential Rain Trees and birds that sing Dusty roads and places that sleep Smiley, Smiley sheep heads that smile Mountain, hills, valleys, seas On the way to Table Bay Is this where I want to be?

The Deep blue sea Is where I want to be Swirls of emotions Tears of Joy Sea Urchins, shells, frost flowers & bells THIS is where I want to be

(Feb 2014, Accra)

#### The Totem Pole

Dancing around the Totem Pole

They turn here; they turn there

With their gaping mouths

They sing words

Piercing words which lick at the Flames

Surrounding the Totem Pole

(March 2014, Accra)



#### Ode To 'H'

Deliver me O Lord My heart cannot rest Even as "H" crosses these fjords Help us get thru this test

Deliver us O Lord Let "H" find perfect rest Even through these difficult times Help us appreciate he tried his best

Deliver us O Lord As we lay "H" to rest May his journey not have been in vain And may our pain not remain

Deliver us O Lord May your love always remain From now till our dying day "H", our love will always stay the same

(March 2013, Accra)

#### Prayer

Lord, grant me eyes to see The hands that guide my feet by night Lord, grant me ears to hear Your words so dear Lord, wipe away the tears Why am I always in fear? Lord, grant me grace to forgive The LIPS that continue to clap and beat Lord, grant me peace of mind Help me Lord your Grace to find (April 2014, Accra)

#### Haze

Look to the East

Amidst the Haze

An outstretched hand appears

I ponder, I wonder

Is this the help I need?

I saunter closer and closer

And grasp the faceless arm

Until I disappear

Not to reappear

(Feb 2014, Ghana)

#### I Rise

I go to bed

I sleep, I cry

I see myself fly

To mountains & hills above

To valleys & lows below

I sleep, I cry

I wake up and I die

(Feb 2014, Accra)



#### The Warrior Queen

Some call her Operkoh Broni We know her as the Major The lone female Warrior Amongst seven pillars of rock She stands tall and proud Running to and fro As she leads the warrior tribes Down the Lokko Road To pay homage to her Nubian folk As the red and black flags fly Amidst the beating of the Obonu drums The lone warrior begins to dance Amidst the firing of musketery and guns The lone Major becomes a graceful Swan

(April 13 2014, Accra)

#### Light

Look into the Light The stars are so bright The layers of life peel away Has this burden come to stay?

Look into the Light The shadows begin to dance Reality has suddenly become so bright Surely, I'm not falling into a trance?

Look into the Light The past transgressions haven't taken to flight My burdens in Life, haven't ceased to Fight Am I alone at this time of NIGHT?

Look into the Light Bright stars shine so bright My Life on earth is certainly not done Look into the light, before the final flight.

(14 Feb 2013, Accra)

#### Hermione

Her beauty knows no bounds The timbre of her name resounds Her eyes blaze like fire Never to retire She marches on in life With her smile always alight Her hands of love she stretches forth Embracing all who knock on her door The pain she bares we never can tell As the passage of life meanders and turns She stands as tall as the Baobab tree Which withers not and many seasons see Hermione, my Mother, the Diamond so dear Your luster will continue to shine and glisten like Pearls

(13 April 2013, Accra)